

Rajiv Gandhi University of Health Sciences

Second Year B.Sc. Nursing (Basic)
Degree Examination – May 2007

[Time: 3 Hrs.]

[Max. Marks : 80]

**GROWTH & DEVELOPMENT INCLUDING NUTRITION
(Revised Scheme)**

QP Code: 1687

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary.**LONG ESSAY (Answer any TWO)****2 X 10 = 20 Marks**

1. Explain the role of Heredity and environment on growth and development
2. Explain the emotional problems during old age
3. a) List the minerals in Food
b) Explain the deficiency of phosphorus in Diet

SHORT ESSAY (Answer any EIGHT)**8 X 5 = 40 Marks**

4. Assessment of GP + Growth and development – Tools and techniques
5. Vitamin D – Functions and Deficiency
6. Vegetable Soup – Preparation and use
7. Factors influencing in planning a balanced diet
8. Physical changes during puberty
9. Developmental hazards of a toddler
10. 'Under one is tender one'
11. Methods of cooking
12. Sense of trust Vs mistrust
13. 'Lack of oral gratification leading to negative personality' - Freud

SHORT ANSWERS**10 X 2 = 20 Marks**

14. Protein diet
15. Precautions of introduction of weaning diet
16. Food adulteration act
17. Sense of industry Vs inferiority
18. Phallic stage
19. Hegar's sign
20. Concept of growth
21. First aid steps for a drowned child
22. Sense of hopelessness in old age
23. Effect of late menarche
