Vol 5: Issue 5



RecoveryWerks!

Changing the world through recovery one **under**served community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.

Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens andfamilies in our community. Visit our website for online giving or for more info. www.recoverywerks.org Thank you!

Welcome Roy!

Roy is a recent addition to our recovery team at RecoveryWerks!. He works part-time with the teens leading their meetings, having appointments, going to coffee and sober activities. Here is his story:

My name is Roy Reina and my sobriety date is May 9, 2015. I was born in San Antonio, Texas in 1984 and I got sober when I was 30. The first time I tried drugs was 9. My addiction really took off when I turned 18. Up to that point using drugs was something I did to fit in and have fun.



MAY 2022

From 18 to 30 I was using pills, heroin, meth, and anything else I could get my hands on. Using drugs became a way of surviving my days. I was in and out of jail and constantly fighting with my family. I wasn't able to maintain a job, hold down a relationship, and every vehicle I ever had I wrecked.

One day I showed up to the Palmer Drug Abuse Program, PDAP, and asked how I could stop using drugs. They told me to go to meetings, get a sponsor, and come to activities. I didn't believe them but I decided to try it anyway. After a year of coming to the group I got arrested after a meeting and decided that it was time for me to do something different. I went to treatment for six months. When I left treatment I moved into a sober living home where I lived for two years and made lifelong friends. Recovery showed me how to love myself which is why I was using drugs to begin with. I never really loved the person I was. Recovery gave me many blessings including a beautiful wife, my family's trust, a house, a truck and so many friends who I consider family. Recovery has taught me that if I look for the positive then every situation in my life becomes surrounded in positivity. The life I live today is beyond anything I could have expected from making the best decision ever. Living in Recovery!

MAY IS MENTAL HEALTH AWARENESS MONTH IT'S OKAY TO ASK FOR HELP



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Meeting Schedule Teens (up to 18):

Monday & Wednesday 7-8pm in person only @ 790 Landa Street, New Braunfels Thursday 7-8pm in person only @ 1781E Ammann Rd, Bulverde

Young Adults (18+): Monday & Wednesday 7-8pm in person only @ 790 Landa Street, New Braunfels Thursday 7-8pm in person only @ 1781E Ammann Rd, Bulverde

Family Members (18+):

Monday & Wednesday 7-8pm in person* @ 790 Landa Street, New Braunfels *Call for Zoom option Thursday 7-8pm in person only

@ 1747 E Ammann Rd, Bulverde
<u>New Gens (Family members</u>
<u>between 9-17)</u> *Must have a family member participating in the program
Monday
7-8pm in person only
@ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.





The Meadows Foundation Serving the People of Texas







BETTY STIEREN KELSO

If you haven't gotten your tickets yet...NOW is the time!!

May 20, 2022

The guy no one thought would get sober, Brandon Novak! Don't miss your chance to hear him in person at the McKenna Events Center in New Braunfels, TX

To get tickets, visit: www.recoverywerks.org/events.html

Presenting Sponsor:

The GVTC Foundation



Recovery Champion Sponsors: Laurel Ridge Treatment Center & McKenna Foundation



A very special **THANK YOU** to these new funders for their operational support that keeps recovery available in Comal County!



NB Women GO

Thank you for providing security & lighting to RecoveryWerks! Thank you for bringing the power of music to RecoveryWerks!

Stay Connected!



Downtown

Rotary

Club of New Braunfels

Like RecoveryWerks! on Facebook and Instagram.

For more resources visit <u>www.recoverywerks.org</u> 790 Landa Street, New Braunfels, TX 78130 (830) 310-2456 or (830) 310-2585 Scan Here for Easy Giving

