

Some Women Are Born Beautiful. Most Of Us Need A Little Help!



Forever Young

Repair • Refresh • Rejuvenate

Dr. A. David Rahimi

By Suzanne Takowsky

But is it true SOME women are born beautiful and stay that way, and MOST of us need some help? Or, is it more true that some women are no doubt born beautiful... Nevertheless as the years roll by ALL of us need help turning back the clock? Living in the City of Youth & Beauty for 40+years, having worked in the beauty industry, and publishing a Beverly Hills magazine for 20+years, I've met a million women, and I have discovered there is a marked difference between women who look ageless, and women who look plastic surgiered beyond recognition: Women who look beautiful and ageless do everything right. They choose a qualified anti-aging doctor who's up-to-the-minute on the latest and greatest of Repair, Refresh and Rejuvenate; a doctor who knows how to get the job done correctly. Also, women who remain looking ageless year after year commit themselves to regular skincare maintenance, and they stay far way from zero-to-100 face transformations that anyone with eyes can see they went overboard overhauling their faces. Women who remain ageless year after year work with their doctor to nip, tuck, inject, resurface, laser, peel on a regular basis. There is never a drastic change; it's an ongoing process of Repair, Refresh, Rejuvenate—a little here a little there for mission accomplished. Ageless and Forever Young!

Founded in 1999, by Board Certified Dermatologist and Surgeon— A. David Rahimi MD, FAAD FAACS, his Forever Young, Inc., medical facilities are located in Westlake Village and Beverly Hills adjacent. Offices are staffed with registered nurses, estheticians, Board-Certified Dermatologists and Cosmetic Surgeons who offer their patients an array of endless rejuvenating and repair options: Laser, anti-aging procedures, Dermatology, Aesthetic Rejuvenation, FDA-approved cutting-edge anti-aging skin rebirths, non-surgical cosmetic and reconstructive procedures. Both of his offices serve as the Fountain of Youth for celebrities, socialites and women and men all ages from all walks of life who are looking to turn back the clock. Dr. Rahimi and his team have earned the esteemed reputation of providing patients with discrete, personalized

attention that has been built on a philosophy of holistic patient care that looks natural and heals fast. In both of his offices, Dr. Rahimi works with medical pioneers including, Theodore Sutnick, MD, FAAD who created Manual Epidermal Dermabrasion (MED), a gentler alternative to chemical peels and lasers.

Dr. Rahimi: “Too many doctors believe if a little is good—then a lot is better. Patients tell me they were treated by a doctor who used a smaller amount of filler and Botox and they weren't happy with the result. The patient went back to the doctor and complained. The doctor then made the decision to double the amount—more of the same—instead of analyzing the patient's face to see what was really needed. This is where unnatural looking faces come from. There is an epidemic of doctors over-filling faces. Because of this, I have an increase of patients who want me to take some of the filler out to restore a normal balance to their faces.”

Artisan of Non-Invasive “NO Cutting Surgery”

Having personally performed more than 100,000 laser and light treatments during his medical career on all types of ethnic skin: Hispanic, Asian, Armenian, African American, Middle Eastern... some of Dr. Rahimi's patients rely on his expertise for more than anti-aging. Some need his help to correct skin conditions that have long presented feelings of embarrassment in their lives. Dr. Rahimi's non-surgical, cutting-edge, skin resurfacing treatments are the solution. Dermatology, Aesthetic Treatments, Botox, Fillers, Acne, Acne Scarring, CO2 Fractional Lasers, Stem Cell Fat Grafting, RF-Tightening, Chemical Peels, Dermabrasion—all offer maximum results without invasive surgery. One widely acclaimed procedure of Dr. Rahimi's is the “NO Cutting Surgery Face lift” which he developed—ONE treatment ONE week downtime. As we age, skin loses its elasticity, brown spots develop, skin is ultimately damaged from sun exposure, wrinkles pop up out of no where, and we lose fat volume in the cheek area making our faces look gaunt. And, let's not forget fine lines around our mouths and crevices in our foreheads. With NO cutting surgery, Dr. Rahimi restores, revitalizes and rejuvenates the face and neck.

Dr. Rahimi: “Chemical peels, fillers, Botox and lasers offer exceptional non-surgical lifts. It sounds simplistic, but it works if done correctly. Each modality does a different job. You can't substitute a filler where laser or Botox is needed. The process for an entire face takes about an hour and a half. I believe more people would choose this option if more doctors knew how to do it, and offered it as an alternative to cutting surgery.”

