

Nutrition Facts

Serving size

20 oz

Amount Per Serving

Calories

439

% Daily Values*

Total Fat 0.76g 1%

Saturated Fat 0.118g 1%

Trans Fat 0g

Sodium 6mg 0%

Total Carbohydrate 114.82g 42%

Dietary Fiber 7.9g 28%

Total Sugars 90.8g

Includes 0g Added Sugars 0%

Protein 4.63g 9%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.