

## Child Intake Questionnaire

Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Current Address: \_\_\_\_\_  
Street apt # City Zip Code Phone Number

I am seeking counseling services for my child because: \_\_\_\_\_

When did it start? How often does it happen? How does this problem affect life? \_\_\_\_\_

Parents are: \_\_\_\_\_

(Please circle) <sup>Father</sup> Still together <sup>Mother</sup> Divorced One of both deceased Other: \_\_\_\_\_

Child has seen other counselors: \_\_\_\_\_ yes (who/where) \_\_\_\_\_ no

Child has taken medication for mental health challenges: \_\_\_\_\_ yes (what) \_\_\_\_\_ no

Child has been seen at Community Mental Health (CMH): \_\_\_\_\_ yes (where) \_\_\_\_\_ no

Trauma (head injury, childhood abuse, domestic violence) in child's past? \_\_\_\_\_ yes \_\_\_\_\_ no

List them briefly: \_\_\_\_\_

Mental illness or substance abuse in the family? \_\_\_\_\_ yes \_\_\_\_\_ no

Who / what: \_\_\_\_\_

Do they have any medical conditions? \_\_\_\_\_ yes \_\_\_\_\_ no

List current medications. Dosage, how often do they take it and the prescriber for each medication.

Has your child ever overdosed on a medication? \_\_\_\_\_ yes \_\_\_\_\_ no

If yes, what were the circumstances? \_\_\_\_\_

Supplements: \_\_\_\_\_

How do they sleep? \_\_\_\_\_

How's the health of their diet? \_\_\_\_\_

Are they physically active on a regular basis? \_\_\_\_\_

Are you aware of any delays in their childhood development? \_\_\_\_\_ yes \_\_\_\_\_ no

(Walking, talking, potty training, socializing, delivery complications, other) \_\_\_\_\_

Current grade and school my child attends: \_\_\_\_\_

Were they ever in Special Education (for what subject) or held back a grade? \_\_\_\_\_

My child has \_\_\_\_\_ siblings and their names and ages are: \_\_\_\_\_

Please list all other individuals you consider to be a part of your family and what is your child's relationship is like with them: \_\_\_\_\_  
\_\_\_\_\_

What is life like for your child as they are growing up, at home? \_\_\_\_\_

What is life like in school? \_\_\_\_\_  
\_\_\_\_\_

What are their friends like? \_\_\_\_\_  
\_\_\_\_\_

Are they involved in any volunteer or social groups? \_\_\_\_\_yes \_\_\_\_\_no  
If yes please list: \_\_\_\_\_

For relaxation or for fun my child enjoys: \_\_\_\_\_  
\_\_\_\_\_

Please list any current legal or Child Protective Services history (custody issues, probation, civil, criminal, PPO's in the family, jail of family members, etc): \_\_\_\_\_  
\_\_\_\_\_

Have you noticed any recent changes in your child's:

Sleeping Patterns \_\_\_\_\_yes \_\_\_\_\_no Behavior \_\_\_\_\_yes \_\_\_\_\_no

Eating Patterns \_\_\_\_\_yes \_\_\_\_\_no Energy \_\_\_\_\_yes \_\_\_\_\_no

Physical Activity \_\_\_\_\_yes \_\_\_\_\_no Weight \_\_\_\_\_yes \_\_\_\_\_no

Increased tension/  
nervousness \_\_\_\_\_yes \_\_\_\_\_no Disposition \_\_\_\_\_yes \_\_\_\_\_no

If yes to any of the above, describe:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What strengths and abilities are you or your child bringing to sessions: \_\_\_\_\_  
\_\_\_\_\_

What needs or preferences do you have that will help us be successful? \_\_\_\_\_  
\_\_\_\_\_

What else is important to know that will help make our time more effective? \_\_\_\_\_  
\_\_\_\_\_

Signature of Parent / Guardian

Date