



# The Spire

First Baptist Church, Ames, Iowa

February 2023  
Volume 69, No. 2

## FIRST BAPTIST CHURCH

200 Lynn Avenue  
Ames, Iowa 50014-7188  
Worship Sundays 9:45 am

PHONE: 515-292-9612  
E-MAIL: [office@fbcames.org](mailto:office@fbcames.org)  
WEB: [fbcames.org](http://fbcames.org)

*First Baptist Church is an open and caring family of faith where worship is central and faith engages both heart and mind. We are warmly ecumenical, delight in our diversity, and cherish our Baptist heritage of freedom. We are called by Christ to share God's love with the campus, community, and the world.*

*As we seek to follow the way of Jesus, we welcome all people to fully participate in our fellowship: all ages, colors, backgrounds, political affiliations, and physical and mental abilities; male and female, gay and straight, rich and poor, single and married. We are all God's children, and all are welcome here.*

### Pastor's Word

I have been having a few issues with my computer. It was a nice Windows 7 laptop that we got on clearance shortly after Windows 8 came out (it was at a good price). But that was more than 10 years ago. More recently, Tom Logue replaced the original hard drive with a larger solid state drive and upgraded the operating system to Windows 10. It has been a good computer and I've gotten a lot of mileage out of it, but as I said, there are some issues.

For one thing, the touchpad doesn't work anymore. I usually use a mouse so I'm not sure when the touchpad quit working, but re-installing the driver and other attempts to revive it have not helped. And then a weird thing is that during Zoom meetings, my screen will sometimes repeatedly flash and show the entire Zoom background including everyone's screen in the feed from my camera. This morning on Zoom there was just was my flashing green face, which was actually kind of frightening.

Tom suggested a utility that could find and repair corrupted files. I ran it, and it found and repaired a couple of files. I spent a considerable amount of time running scans, deleting unused programs, installing newer drivers, and generally trying to get the computer in better working condition. I'm not sure how much it helped, but at least I'm not looking like the Hulk on Zoom.

This kind of regular maintenance is a good idea for all kinds of things. We change the oil and rotate the tires on our cars, replace belts on the vacuum cleaner, and do a tune-up on the lawn mower. From time to time we get new appliances or replace the water heater or do some painting around the house. And then there are junk drawers and closets that have to be gone through every once in awhile. A garage sale or trip to Goodwill can help clear out the clutter.

But let's be honest: it's not just stuff. It's us! (This reminds me: I need to make an appointment for a haircut.) We go to the doctor for check-ups or when there is a health issue and sometimes, maintenance is required.



The same thing is absolutely true for our spiritual health. You might think of the season of Lent as a time especially given to looking at our lives and our faith and maybe doing a little maintenance. Lent begins with Ash Wednesday on February 22 – a day for looking squarely at who we are, with all of our humanness, frailty, and limitations. On Ash Wednesday we start a journey that begins with repentance and ashes and ends with resurrection. I invite you to join us for the journey!

Blessings,  
Dave



# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>2p PD Singing</i>	2 10a Virtual Coffee Shop <i>2p PD Dance/ Exercise</i> 5-8p Women United	3	4
5 9:45a Worship/ Communion 10:45a Church School	6	7 8a Men's Breakfast <i>2p PD Boxing</i>	8 <i>2p PD Singing</i>	9 10a Virtual Coffee Shop <i>2p PD Dance/ Exercise</i> 5-8p Women United	10 	11
12 9:45a Worship 10:45a Fellowship Time 11a Church School 5:15 Super Bowl Party 	13	14 <i>2p PD Boxing</i> 7p Trustees 	15 <i>2p PD Singing</i>	16 10a Virtual Coffee Shop <i>2p PD Dance/ Exercise</i> 5-8p Women United	17	18
19 9:45a Worship 10:45a Church School	20	21 8a Men's Breakfast <i>2p PD Boxing</i>	22 <i>2p PD Singing</i> 6:30p Ash Wednesday Service 	23 10a Virtual Coffee Shop <i>2p PD Dance/ Exercise</i> 5-8p Women United 7p Deacons	24 6:30p Virtual Trivia Night	25
26 9:45a Worship 10:45a Church School	27	28 <i>2p PD Boxing</i>				



**February 5:**

*Worship Leader* Phyllis Schrag  
*Ushers:* Julie Johnston, Aaron Stegemöller

**February 12:**

*Worship Leader* Randall O'Brien  
*Ushers:* Jere Maddux, Bob Parrish

**February 19:**

*Worship Leader* John Whitaker  
*Ushers:* Jerilyn Logue, Tom Logue

**February 26:**

*Worship Leader* John Anderson  
*Ushers:* Stephanie Goodman,  
Jon Pritchard



Aaron Stegemöller	6
Anastasia Lee	9
Tom Logue	9
Patrick Coffey	12
Kathy Clotey	15
Emma Phomvisay	17
Kaylinn Taggart	20
Michelle Hassler	27



Rosemarie and David Starrett 23

**Men's Breakfast**

All men are invited to join us for breakfast on the first and third Tuesday of each month. We meet at 8:00 a.m. at Perkins. There is no program and no agenda - just a chance to share food and fellowship, and possibly solve the world's problems.



**Super Bowl Party**



Everyone is invited to join us for a Super Bowl party February 12 at 5:15 p.m.. We will watch the game in the lounge. Bring a snack to share!



VS



**Ash Wednesday Service**

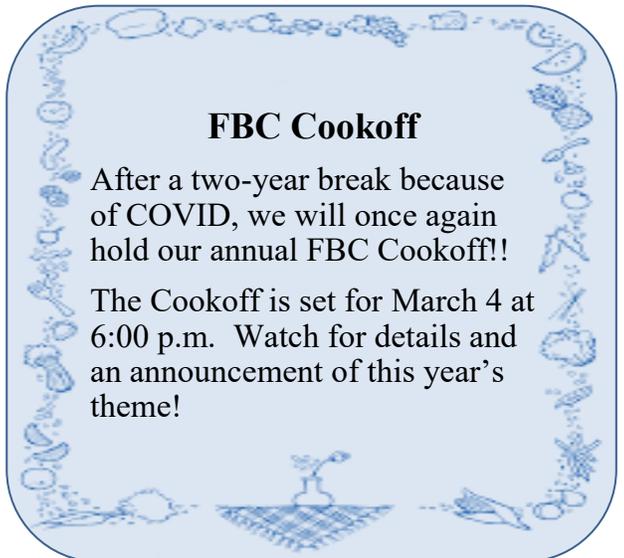
A meditative service of music and prayer with ashes. We will gather in the lounge at 6:30 p.m. on Wednesday, February 22— please join us!



**FBC Cookoff**

After a two-year break because of COVID, we will once again hold our annual FBC Cookoff!!

The Cookoff is set for March 4 at 6:00 p.m. Watch for details and an announcement of this year's theme!





**First Baptist Church**

**AMES**

**200 Lynn Avenue**

**Ames, Iowa 50014-7188**

**Our Church Staff:**

Rev. Dr. David Russell	Pastor
Mindy Phomvisay	Director of Music
Emma Phomvisay	Music Intern
Elizabeth Stegemöller	Choir Accompanist
Charyl Winterink	Office Manager



**Worship Sunday mornings 9:45 in person or on ZOOM**

**Details for connecting via ZOOM at [fbcomes.org](http://fbcomes.org)**



**FRIDAY, FEBRUARY 24 – 6:30 pm**

We had a good group for our January Trivia Night and invite you to join us this month! You can join us on our regular Sunday morning Zoom link. Not necessary, but helpful for planning: if you plan to play, send an email to Pastor Dave.