Vol 5: Issue 9



RecoveryWerks!

Changing the world through recovery one **under**served community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.

Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens andfamilies in our community. Visit our website for online giving or for more info. www.recoverywerks.org Thank you!

OUR HERITAGE

This month we hosted a staff "PDAP Culture" workshop. PDAP stands for the Palmer Drug Abuse Program which was started in Houston in 1971. The culture of PDAP is specific for teens and families and when combined with additional recovery services makes what we call today, Alternative Peer Groups. One of the many topics was "Kind vs Nice" written by Eric Daxon. It's mainly geared to the family group but all ages can benefit from his thoughts.

Kind vs Nice

Our unconditional love is a "kind" love not a "nice" love. Kind and nice are closely related words that many believe are very different, and the difference is important in recovery. (Blackburn Center, 2020), (Caparrotta, 2020), (Shi, 2016) "Nice" is often described as being pleasing or agreeable; while "kind" is often described as acting out of a sense of benevolence and caring. Putting it more plainly, nice is giving someone what they want. It is giving a child all of the candy they want. Nice is not taking the child to the dentist because the child is afraid. It is paying bail for someone arrested on drug charges. It is paying the rent and providing food for an indigent family member with Substance Use Disorder. (*Continued on back*)



SEPTEMBER IS NATIONAL RECOVERY MONTH COME & CELEBRATE WITH US!

SEPTEMBER 2022

Saturday - September 17, 2022

7:30PM – 10PM Outdoor Movie – "Inside Out" Bring lawn chairs or blankets to sit on.

The community is invited to come join us for an outdoor movie, live music, food trucks, games and prizes. Bring your friends and neighbors and have some fun!

. **NEWS ALERT**

Rainbow Fentanyl is an incredibly dangerous, toxic, and <u>often fatal version</u> of fentanyl, a synthetic opioid, that resembles candy or sidewalk chalk. People get it through illegal drug markets. Drug dealers are targeting youth with this <u>colorful substance disguised as candy</u>. It has a <u>heroin-like effect</u> and is highly addictive. Fentanyl has become a popular additive due to its easiness in creating a high, making it a cheaper option.

RecoveryWerks! Page 2 of 2

Meeting Schedule <u>Teens (up to 18):</u> Monday & Wednesday 7-8pm in person only @ 790 Landa Street, New Braunfels Thursday 7-8pm in person only @ 1781E Ammann Rd, Bulverde

Young Adults (18+):

Monday & Wednesday 7-8pm in person only @ 790 Landa Street, New Braunfels Thursday 7-8pm in person only @ 1781E Ammann Rd, Bulverde Family Members (18+):Monday & Wednesday 7-8pm in person* @ 790 Landa Street, New Braunfels *Call for Zoom option Thursday 7-8pm in person only @ 1747 E Ammann Rd, Bulverde New Gens (Family members **between 9-17)** *Must have a family member participating in the program Monday 7-8pm in person only

@ 790 Landa Street, New Braunfels These services are available at

no cost to clients because of generous donors and support community partners.







Kind is giving someone what they need whether they want it or not. Kind is regulating the candy intake of a child and taking them to the dentist. The dentist can cause pain but does not harm and benefits the child in the long run. Kind is letting the loved-one with SUD feel the consequences of their drug use. Kind is not enabling their drug use. Kind is not bailing someone out, not paying the rent, and not buying food. Kind is calling the police when that is the right thing to do. Kind is not allowing them to take advantage of you. Kind is not wanting their recovery more than they do. Kind is recognizing that you are just as important as they are. Kind is enforcing a tough boundary. These acts of kindness are painful for the loved-one and the family, but they are what the loved-one needs for their sobriety. They are also what family members need for their recovery.

Eric Daxon, RSPS

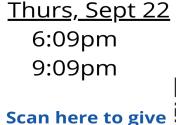


Want to <u>Double</u> your donation?? With our

\$15,000 Matching Grant

you can!!

Or donate on line at these times & your donation may be <u>*TRIPLED!*</u>





<u>Fri, Sept 23</u> 8:09am 9:09am 10:09am 11:09am

Stay Connected!



Like RecoveryWerks! on Facebook and Instagram.

For more resources visit <u>www.recoverywerks.org</u> 790 Landa Street, New Braunfels, TX 78130 (830) 310-2456 or (830) 310-2585