

Brandeis

BRANDEIS NATIONAL
COMMITTEE
Phoenix Chapter

2021 * 2022 STUDY GUIDE

Phoenix, Scottsdale,
Sun Lakes, Southeast Valley
and West Valley



About Brandeis University

Characterized by academic excellence since its founding in 1948, Brandeis is one of the youngest private research universities in the United States, as well as the only nonsectarian Jewish-sponsored college or university. It is regarded as one of the pre-eminent liberal arts and research universities in the country. Brandeis counts among its faculty and alumni a Nobel Laureate, MacArthur Foundation "genius grant" recipients, Pulitzer Prize winners and a number of Emmy Award-winning actors, broadcasters and producers. The university stresses an interdisciplinary approach to knowledge and the solution to real life problems. The campus community remains devoted to the concept of social justice, a legacy inherited from the namesake of the university, U.S. Supreme Court Justice Louis D. Brandeis.

BNC Mission Statement

Brandeis National Committee (BNC) is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, non-sectarianism and service to the community.

BNC Phoenix Chapter Presidents' Message

On behalf of the Brandeis National Committee's (BNC) Phoenix chapter, we are excited to welcome you to the 2021- 2022 Study Group year, one of a long legacy, offering educational and fun learning opportunities. While the pandemic limited the way we offered study groups this past year, we are excited that we are able to offer both in-person and virtual study groups this fall. As you read through the Study Group Guide, you will see how many terrific and diverse groups are being offered.

Our mission as a BNC chapter is to provide philanthropic support to Brandeis University, a university with a history dating back to 1948 and one that has achieved acclaim as one of the finest research universities in the country. A great university needs a great library and BNC chapters are instrumental in raising funds to expand the library and digitize the library's unique collections highlighting social injustice. Our current national campaign, "Honoring Our History," strives to provide global availability of these collections, in order to fulfill the University's founding principles of access, inclusivity and tolerance.

Our Phoenix Chapter's study groups complement the University's commitment to excellence. By offering so many diverse virtual groups, our chapter has increased access to outstanding programming for chapter members, wherever they may reside. We are proud to offer this Study Guide, which presents numerous opportunities to expand knowledge, engage in new experiences, connect with other members and have fun! Our study groups are led by talented chapter members who offer their time and expertise to serve as facilitators. We can't thank them enough for their commitment to our mission and the chapter.

We want to give very special thanks to our Study Group Vice Presidents, Stephanie Klopper, Joyce Steinberg and Barbara Stern. These three women, along with a very dedicated Study Group Committee, have worked for many, many hours in order to provide our incredible study group programs.

In order to register you must be a paid-up member of the chapter. We hope you will find many groups of interest to keep you busy and engaged.

Wishing you all good health in the year ahead!

Jan Lebovitz and Linda Ullman
Co-Presidents, BNC Phoenix Chapter



Dear Members,

We are very excited to share with you the Study Groups in this year's Study Guide. There are lots of new groups for you to try out and we are especially excited to see many of our favorite groups returning from hiatus. As you will see, some of our volunteer facilitators are choosing to have their groups meet online using Zoom, while others are moving to in-person meetings, following strict COVID protocols. You can review those [guidelines for in-person meetings](#) on page 7 of the guide.

Since study groups are available only to current members of the Brandeis National Committee (BNC), now is the time to join or renew, which you can do online. See page 5 for detailed instructions for joining or renewing your [membership](#).

The study groups schedule was created to contain as few conflicts as possible. With that said, we are fortunate to have so many groups, which means you will have to make some choices, Please keep in mind that many of our groups fill up quickly, so plan to register as soon as possible. Make sure your email is current with the chapter and watch for the eblast that tells you when you can register. **The registration link will not be active on the Study Group page of the [BNC Phoenix website](#) until General Registration is opened for everyone at the same time.**

We suggest you review the instructions for [How to Register](#) on page 6 of the guide in advance, and then make a list of your choices BEFORE going into the BNC online registration application. This will make for a more positive experience.

We encourage you to share this Study Guide with any of your friends who are not yet members of BNC and talk to them about joining. Remember, your study group fees are used to offset the administrative expenses of our local BNC Phoenix Chapter, with any surplus going to the Brandeis University library.

We hope you will take advantage of all that our BNC Phoenix Chapter has to offer for 2021-2022

Your Study Group VPs,

Stephanie Klopper, Joyce Steinberg, and Barbara Stern

If you have any questions, we can be reached at
2021phxstudygroups@gmail.com or at **480-256-9515**.
<http://www.brandeisphoenix.org/study-groups.html>

Membership Information

To join our Brandeis National Committee Phoenix Chapter, please follow the instructions below

The membership year is July 1st through June 30th. For individuals, dues are \$60; for couples it is \$100 and covers our fiscal year through June 30, 2022. Here are step-by-step instructions for completing your membership online:

1. [CLICK HERE to go to the BNC membership page](#)
2. Choose your membership level: “Regular” or “Couples.”
3. Under **Designations** you will see “BNC Annual Membership” with either \$60 or \$100 pre-selected, depending on what you chose in Step 2.
4. For **BNC Chapter**, scroll the drop-down until you see “Phoenix” and select it.
5. Click “Next.” [Please skip the Scheduled Payments box.]
6. Fill in the **Personal Information** fields.
 - a. **Couples:** If a couple has the same last name, enter it in the Last Name(s) field. Enter both first names in the First Name(s) field (e.g., Joe & Ann). If the couple has **different last names**, enter one full name (first and last) in the First Name(s) field and enter the other’s full name in the Last Name(s) field.
 - b. Enter Email address and confirm.
 - c. For **Preferred Class Year**, scroll the drop-down arrow until you see “N/A” and select it (unless you actually attended Brandeis University).
 - d. For **Relationship to Brandeis**, scroll the drop-down arrow until you see “BNC Member” and select it.
 - e. Enter at least one Phone Number and additional ones as you prefer.
 - f. Complete the Home Address fields.
 - g. Click “Save and Continue.” Or “Back” to edit the previous entries.
7. Fill in the **Billing Information** to **PAY WITH YOUR CREDIT CARD**.
8. Click “Next.”
9. Once you see the “THANK YOU” page, print the page. You will also receive a confirmation email.

If you need assistance with online registration:

If your last name begins with A – L, call Irene Lubin at 480-948-3773.

If your last name begins with M – Z, call Bruce Galin at 480-661-0842.

How to Register for Study Groups

BEFORE YOU BEGIN, PLEASE READ ALL INSTRUCTIONS

Please be sure your BNC Phoenix chapter membership is current and your contact information is up to date. Make certain your email is unique to you — partners/spouses may not share an email.

WATCH FOR THE EBLAST ALERTING YOU TO WHEN REGISTRATION IS OPEN AND THE LINK IS ACTIVE.

- ⇒ If you are registering for the first time, click on the **REGISTRATION LINK** on the [BNC Phoenix Study Group webpage](#)
- ⇒ Fill out your personal data, scroll down and hit “save and continue.” You will be asked if you are a BNC member or not, and if you wish to join or renew your membership. You can complete that process at this time.
- ⇒ The next pages list all study groups. You can scroll through the list to find your preferred group using the Study Guide as a reference.
- ⇒ Open the drop-down box to add the registration fee.

You must click on that box.
- ⇒ Select all groups you wish to register for and hit “next.”
- ⇒ If the group(s) are no longer open, you will see a message saying there is no longer availability. At the bottom of the form, you may add your name to any waitlists for groups that are not available.
- ⇒ The screen that opens will summarize your personal information, list the total price for your group (s) and ask for your credit card information. Enter the requested information and click on “next.”
- ⇒ The last screen lists the group(s) for which you registered and paid.

Verify all information. Then click on “submit.”
- ⇒ A final screen will open with the completed registration form. It will include any groups for which you are waitlisted. You are not charged for any waitlisted groups.
- ⇒ You will receive an email from BNC with your registration information, which can also serve as a receipt. **SAVE THIS EMAIL!**
- ⇒ This confirmation email contains a link that you may use to add to your registration at a later time. Click on the link that that says “Edit my registration” and continue to add study groups. **Do not create a new record under a different email address!**

Any questions, please contact 2021phxstudygroups@gmail.com or call 480.256.9515

COVID PROTOCOLS FOR IN-PERSON GROUPS

- All members must be fully vaccinated and must provide proof of vaccination prior to attending any in-person chapter study groups or events.
- Masks must be worn indoors, except when actively speaking, eating or drinking. Masks are not required outdoors.
- Maintain physical distances, if requested.

By registering for events or study groups, participants agree to comply with BNC Phoenix safety guidelines and understand that only participants in compliance with chapter policy will be permitted to participate. BNC does not assume responsibility for the health of any participant.

Since the situation is evolving, we will continue adhering to guidance from Brandeis University and the Brandeis National Committee (BNC), while keeping current local health conditions in mind.

If you have questions, contact:
vaxproof.bncphx@gmail.com,
or call 480-359-7262



ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

[Aging is Not for Sissies *NEW*](#)

[Ancient Peoples of Central Arizona](#)

[Arizona Authors Speakers Series](#)

[Arizona Change Makers *NEW*](#)

[Artist in Residence *NEW*](#)

[Aspects of Interior Design *NEW*](#)

[At the Ballet](#)

[A Bissel Yiddish and a Nosh *NEW*](#)

[B-Puzzled: Mystery and Suspense](#)

[Beginning Tai Chi *NEW*](#)

[Book Brothers](#)

[Books for the Armchair Traveler *](#)

[Boomers](#)

[Brandeis Cycling Group *NEW*](#)

[Bridging It!](#)

[Camelview, Shea 14 - Review and Lunch](#)

[Canasta for Beginners *NEW*](#)

[Canasta Mavens *NEW*](#)

[Contemporary Fiction Book Group *](#)

[Contemporary Issues Discussion Group *](#)

[Contemporary Reads Book Group *](#)

[Current Events](#)

[Ethnic Dining—Travel the World on Your Belly *NEW*](#)

ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

[Explore the World of Interior Design](#)

[Exploring Children's Books \(New Week\)](#)

[Foreign Film Zoomies](#)

[Gals Who Do Brunch *NEW*](#)

[Get Out of the Valley "Light" Hiking *NEW*](#)

[Golden Age of Radio](#)

[Great Decisions](#)

[Guys & Gals...Ask Away!](#)

[Hands on Art *NEW*](#)

[Holocaust Studies: Fiction Book Group *NEW*](#)

[Hooked on Books *NEW*](#)

[Intermediate Hatha Yoga](#)

[Intermediate Hiking Club](#)

[Intermediate Loom Knitting *NEW*](#)

[Intermediate Mah Jongg](#)

[Intermediate Recreational Bridge *NEW*](#)

[Jewish Book Group](#)

[Jewish Films Watch Party *NEW*](#)

[Just Desserts](#)

[Knit A Mitzvah](#)

[Le Cinéma Français](#)

ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

[Learn to Play Pinochle *NEW*](#)

[Leisure Hiking](#)

[Let's Talk Travel—The World is Our Limit *NEW*](#)

[Mah Jongg for Beginners](#)

[Managing Life's Conflicts *NEW*](#)

[Meditation](#)

[Men for Brandeis Activities \(MBA\) formerly Men of Brandeis](#)

[Men's Canasta - November/December *NEW*](#)

[Men's Canasta - January 2022 *NEW*](#)

[Minutes to Meals *NEW*](#)

[Mitzvah Mavens](#)

[Monday Mystery Ladies *](#)

[Movers and Shakers](#)

[Movies of the Heart](#)

[Neighborhood Haunts](#)

[Neighborhood Walks](#)

[New Yorker Short Stories Discussion Group *NEW*](#)

[Nonfiction Book Group *](#)

[North Scottsdale Friday AM Book Group *](#)

[Off the Beaten Path](#)

[The Original Snowbird: Frank Lloyd Wright *NEW*](#)

[Phoenicians](#)

[Poets Laureate](#)

ALPHABETICAL LISTING

Click on the [group name](#) to go to the page with the description.

[Raise Your Consciousness, Change Your Life](#)

[Red Wine Connoisseurs *NEW*](#)

[Restless Minds Discussion Group *](#)

[Restless Minds for Men](#)

[The Rise of China and the Changing Global Order *NEW*](#)

[Rock 'N Roll is Here to Stay *NEW*](#)

[Second Tuesday AM Book Group](#)

[Second Wednesday AM Book Group *](#)

[Second Friday Films & Feasts \(New Week\)](#)

[Seriously Canasta *](#)

[Simply Scrabble](#)

[Sizzling Sundays: Evening Movie Discussion & Dinner *NEW](#)

[Stitchery *NEW*](#)

[Studio Art & Bistro Lunch](#)

[Study with the Best: Potpourri of Classic Movies](#)

[Theater Lovers Happy Hour \(New Name\)](#)

[Third Thursday AM Book Group *](#)

[Weekends are for Brunch *NEW*](#)

[The Women Behind the Presidents *NEW*](#)

[Writing Your Stories](#)

* Designates this group has a limited registration

GROUPS BY DAYS OF THE WEEK

Click on the [day of the week](#) to go to the page where the groups meeting on that day begin

Monday

1. Monday Mystery Ladies *
2. Arizona Authors Speaker Series
3. Aging is Not for Sissies *NEW*
4. Hooked on Books NEW*
5. Writing Your Stories
6. Intermediate Loom Knitting *NEW*
7. Exploring Children's Books
8. Guys & Gals.... Ask Away! *NEW*
9. B-Puzzled: Mystery and Suspense

Tuesday

10. Intermediate Hatha Yoga
11. Arizona Change Makers *NEW*
12. Current Events
13. Great Decisions
14. Meditation *New*
15. Theater Lovers Happy Hour *New Name*

Tuesday (continued)

16. Second Tuesday AM Book Group
17. Le Cinema Français
18. Camelview, Shea 14 - Review & Lunch
19. Off the Beaten Path
20. Intermediate Mah Jongg
21. Bridging It!
22. The Rise of China and the Changing World Order *NEW*
23. Managing Life's Conflicts *NEW*
24. Beginning Tai Chi *NEW*
25. Canasta Mavens *NEW*
26. Rock 'N Roll is Here to Stay *NEW*
27. Raise Your Consciousness, Change Your Life
28. Seriously Canasta *
29. Ancient Peoples of Arizona

* Designates this group has a limited registration

GROUPS BY DAYS OF THE WEEK

Click on the [day of the week](#) to go to the page where the groups meeting on that day begin

Wednesday

30. Men for Brandeis Activities (previously MOB)
31. Knit A Mitzvah
32. Second Wednesday AM Book Group *
33. Holocaust Studies: Fiction Book Group *NEW*
34. Golden Age of Radio
35. Movies of the Heart
36. Foreign Film Zoomies
37. Nonfiction Book Group *
38. Contemporary Fiction Book Group *
39. Family Dynamics *NEW*
40. Just Desserts
41. Canasta for Beginners
42. The Women Behind the Presidents *NEW*
43. Neighborhood Walks
44. Learn to Play Pinochle *NEW*
45. Stitchery *NEW*
46. Men's Canasta—November/December *NEW*
47. Men's Canasta—January *NEW*

Thursday

48. Leisure Hiking
49. Jewish Book Group
50. Book Brothers
51. Study with the Best: Potpourri of Classic Movies
52. The Original Snowbird: Frank Lloyd Wright *NEW*
53. Simply Scrabble
54. Intermediate Recreational Bridge *NEW*
55. Minutes to Meals *NEW*
56. Mah Jongg for Beginners
57. Contemporary Reads Book Group *
58. Poets Laureate
59. From Print to Reel *NEW*
60. Books for the Armchair Traveler *
61. Intermediate Hiking Club
62. Aspects of Interior Design
63. Contemporary Issues Discussion Group *
64. *New Yorker* Short Story Discussion Group *NEW*

GROUPS BY DAYS OF THE WEEK

Click on the [day of the week](#) to go to the page where the groups meeting on that day begin

Thursday (continued)

66. Third Thursday AM Book Group *
67. Neighborhood Haunts
68. A Bissel Yiddish and a Nosh *NEW*

Friday

69. Second Friday Films & Feasts
70. Studio Art and Bistro
71. Hands On Art *NEW*
72. North Scottsdale Friday AM Book Group *
73. Let's Talk Travel—The World is Our Limit *NEW*
74. Artist in Residence *NEW*
75. Restless Minds Discussion Group for Men
76. Explore the World of Interior Design

Saturday

77. At the Ballet
78. Red Wine Connoisseurs *NEW*

Sunday

79. Gals Who Do Brunch *NEW*
80. Sizzling Sundays: Movie Discussion & Dinner *NEW*
81. Weekends are for Brunch *NEW*
82. Brandeis Cycling Group *NEW*
83. Jewish Films Watch Party *NEW*
84. Restless Minds Discussion Group *
85. Get Out of the Valley "Light" Hiking *NEW*

Various Days

86. Boomers
87. Mitzvah Mavens
88. Phoenicians
89. Ethnic Dining: Travel the World on Your Belly *NEW*
90. Movers and Shakers

2021-22 Study Group Descriptions

Monday

1. MONDAY MYSTERY LADIES *

This book group will analyze mysteries written from 2000 to the present. We will meet initially on Zoom and when safe to do so, in person for lunch. **Our first meeting will be October 4.** Maximum 16.

First Mondays, 12:00 pm (October - May)

Facilitator:

Irene Mieszcanski miesirene@aol.com



2. ARIZONA AUTHORS SPEAKERS SERIES



Our state of Arizona contributes much to the literary world, with authors and also with story settings. This group will focus on both. Once a month, for six months, we will be treated to an appearance by an author who is either from Arizona, resides in Arizona now or uses Arizona as a locale for a book. The author will speak to us about their life and writing. There will be a question and answer period, followed by book signings. You do not need

to read the author's book in advance but you are, of course, welcome to do so. Books will be available for purchase that day. The authors do not charge us for their appearance, but selling books is how they make their living, so it is always nice for our group to support them. You must RSVP to Merrill each month to assure a seat. **The first meeting will be October 18.** Maximum 150.

Location: JCC, 12701 N. Scottsdale Road, Scottsdale 85254. **Study Group fee includes a \$5 facility fee.**

Third Mondays, 12:30 - 2:00 pm (October - March)

Facilitator: **Fee: \$25**
Merrill Kalman mskbfo@aol.com 480-296-3355

Monday

3. AGING IS NOT FOR SISSIES *NEW*

Join us for a fun-filled casual discussion on how aging affects us all. We all have fun stories to share and it's nice to discuss with others who have similar experiences. We meet via Zoom. **The first meeting is October 4.** Maximum 25.

First Mondays, 10:00 am (October - April)

Facilitators: **Fee: \$20**

Sheila Landau buildor2@cox.net 602-809-5100

Joan Davis davis6j@gmail.com 602-499-8357

With Age comes skills
It's called MultiTasking

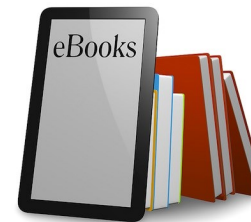
I CAN
LAUGH, COUGH,

SNEEZE, AND PEE ALL

AT THE SAME TIME.



4. HOOKED ON BOOKS *NEW*



If you like to read fiction, this group is for you. We will be reading books that are meaningful and enlighten us about life and the human spirit. **Our selection for our October 4 meeting is *Things We Lost to the Water* by Eric Nguyen, a summer reading selection by President Barack Obama.** We plan to meet in person, following safety protocols. Only vaccinated

members may register. Location will be emailed after registration. If necessary, we will move to meetings on Zoom. Minimum 10, maximum 20.

First Mondays, 1:00 pm (October- May)

Facilitators: **Fee: \$20**

Ruth Lerner ruth.bncphx@gmail.com 480-223-8831

Linda Ullman linda@lindaullman.com 520-405-7972

Hannah Meyerson hannahm1016@gmail.com 520-403-1034

Monday

5. WRITING YOUR STORIES

Every person has stories to write, life experiences to share or new ones to create. With writing prompts and discussion in a non-judgmental group atmosphere, we will encourage you to find your words and put them on paper, tablet or laptop. This group is for both new and experienced writers. We will meet in person unless circumstances warrant a switch to Zoom meetings. Location to be announced. **Our first meeting will be on Monday, October 11.** Minimum 6, maximum 12.



Second and Fourth Mondays, 1:30 - 3:30 pm (October - May)

Facilitator: **Fee: \$20**
Judy Mosbacher judeinphx@gmail.com 602-228-4138

6. INTERMEDIATE LOOM KNITTING *NEW*

Easy on the hands, loom knitting is the craft technique of using a loom instead of needles to create beautiful knitted items. This group is for those with more than beginning skills in loom knitting, including the ability to follow stitch patterns. We will explore double knitting and using knitting boards, along with the basic round looms. Join us each month as we get together and knit and kibitz. **The first meeting will be October 11.** Location information will be provided before the first session.. Minimum 6, maximum 10.



Second Mondays, 10:00 am (October - April)

Facilitator: **Fee: \$20**
Joyce Steinberg joyces12003@gmail.com 602-538-2561

Monday

7. EXPLORING CHILDREN'S BOOKS



There are lots of groups that read and discuss all types of literature for adults, but what about books that we want to read with our children or grandchildren, or even for our own enjoyment? Each month we will share some of our favorite children's and young adult books and authors and be introduced to new literature aimed at small children all the way up to teenagers. We will meet with local librarians and book store owners (either on Zoom or, when safe, in person) to introduce us to the latest entries to the market. Come join us on this journey. **Our first meeting will be October 25** via Zoom. Minimum 6, Maximum 25

Fourth Mondays, 1:00 - 2:00 pm (October - May)

Facilitator: **Fee: \$20**
Patti Grossman psgrossman717@gmail.com 602-885-0158

8. GUYS & GALS..ASK AWAY!

Open to ALL chapter Gals and Guys. Are you ready for a fun Zoom Group?
How to deal with stress in your life? Ask the Pros.
How to deal with a crisis.? Ask the Pros.
The secrets behind living and fulfilling a successful life? Ask the Pros.
Conversations with the experts will change the way you think and act. There will be lots of laughs, true confessions and just plain old fun. **First meeting via Zoom will be on November 8.**



Second Mondays, 10:00-11:30 am (November, January, February, March, April)

Facilitators: **Fee: \$20**
Roni Nassberg ronika1@aol.com 602-790-7603
Lorrie Cohen lorriecohen@aol.com 973-632-4477

Monday

9. B-PUZZLED: MYSTERY & SUSPENSE

This book group will focus on mystery and suspense. Books are chosen by participants and range from classic “whodunits” (Agatha Christie) to current mysteries (Louise Penny), spy novels (Daniel Silva) and psychological thrillers (A. J. Flynn). **The first meeting will be via Zoom on October 25** and the first selection will be *The Thursday Murder Club* by Richard Osman. Subsequent meetings will be in person when safe to do so. Minimum 10, maximum 15.



Fourth Mondays, 12:00 pm (October - April)

Facilitators:..... **Fee: \$20**
 Arlene Gluck agluck1128@gmail.com 760-559-7558
 Alyce Helfman ahelfman2002@yahoo.com 551-427-8365



Luncheon and boutique sales; author presentations and book signings.
A cocktail reception and dinner with the authors, for *Bookmark* donors, the evening before the luncheon, March 17.

Watch for eblasts and registration information in your chapter bulletins.

Tuesday

10. INTERMEDIATE HATHA YOGA

In this class, we will practice and experience the many benefits of yoga, including better flexibility, more energy, and more resilience to meet our challenges in a healthy way. Each session will end with a calming savasana - a complete relaxation - and handouts will be provided so participants can practice at home. Since this is an intermediate class, participants should have a basic practice of the standard postures (asanas). If you have a pre-existing condition or specific questions, please contact the facilitator before registering.



Dr. Nancy Siefer, a registered and certified yoga instructor with over 20 years of teaching experience, will lead the classes via Zoom. Have a mat, water and any prop (block, belt, etc.) you like to use. **Our classes will meet on eight consecutive Tuesday mornings, beginning January 11.** Maximum 24.

Eight Tuesdays, 8:30 - 9:30 am (January 11 - March 1)

Facilitator:..... **Fee: \$20**
 Nancy Siefer n.siefer@gmail.com 480-577-1439

11. ARIZONA CHANGE MAKERS *NEW*



This Study Group is designed to inspire, inform, and offer unique insights into eight remarkable change makers, whose significant contributions have shaped Arizona. Through lively, interactive conversations you will receive a behind-the-scenes look at our state as they share their life journeys, their challenges, and the changes that resulted through their work. All meetings will be via Zoom.

The first meeting will be October 5. No minimum or maximum registration.

First Tuesdays, 4:00- 5:00 pm (October - May)

Facilitators:..... **Fee: \$20**
 Ellen Widoff ebwidoff@gmail.com 602-513-3138
 Debby Finkel deb612nf@gmail.com 602-576-1432

Tuesdays

12. CURRENT EVENTS



Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation and some research is the key to great discussions. **The first meeting will be via Zoom on Tuesday, October 5.** When safe to do so, members will be asked to hold meetings in their homes and/or provide refreshments, and an optional lunch will follow the discussion. Maximum 30.

First Tuesdays, 10:00 am (October - April)

Facilitators: **Fee: \$20**
Stephanie Klopper rednoz@aol.com 480-251-0815
Nancy Sacks nhshobo@aol.com 480-299-1792
Bonnie Furst jjsgrandma32@gmail.com 561-704-3276

13. GREAT DECISIONS

This discussion group will be based on the topics in the Foreign Policy Association (FPA) *Great Decisions 2022* briefing book. The FPA series is America's largest discussion program on world affairs and critical global issues facing the U.S. today. Participants will need to purchase the *Great Decisions 2022* briefing book. The facilitators will provide access to videos that augment the book. **The facilitators will select the topic for the first meeting on January 11, 2022.** For the rest of the meetings, members will select and lead a discussion topic from among those in the materials. Members will be expected to lead discussions and, when it is possible to meet in person, to host meetings. Facilitators will send group members the pricing and ordering information for the briefing book. Minimum 10, maximum 20.



Second Tuesdays, 1:00 pm (January – April)

Facilitators: **Fee: \$20**
Georgia Heller georgiaheller@gmail.com 203-524-0053
Jane Coleman jane6973866@gmail.com 480-248-7574

NOTE: There may be an additional charge for the book/CD

Tuesdays

14. MEDITATION

Meditation is an intentional practice, where you focus inward to increase calmness, concentration and emotional balance. Join us each week for eight evening sessions via Zoom, where we will practice a variety of guided meditation techniques. Different aspects and purposes of the meditative process will be introduced and incorporated in each session. This study group is suitable for beginners as well as those who have an established practice. To enhance this experience, we will invite a variety of meditation practitioners to guide us. For those who attended previously, it is an opportunity to reinforce and habituate what we learned last year. **We will meet for a series of 8 weekly sessions via Zoom beginning Tuesday, October 26.** No Minimum or maximum.



Tuesday Evenings, 7:00 – 8:00 pm (October 26 – December 14)

Facilitators: **Fee: \$20**
Nancy Siefer n.siefer@gmail.com 480- 577-1439
Ellen Widoff ebwidoff@gmail.com 602-513-3138

15. THEATER LOVERS HAPPY HOUR

For Brandeis theater lovers only. Following mandated season cancellations, due to the Coronavirus, theaters worldwide have been making their archives available on the internet. Members will view one 1 ½ - 3 hour production per month, which may include repertory classics, recent productions from the National Theatre and Lincoln Center, musicals, Shakespeare, and live televised plays from TV's golden age. While currently available at no cost, some offerings may have a small viewing charge. The group will meet on selected Tuesdays for discussion and theater talk. Cocktails optional. **Our first meeting will be on Tuesday, October 5 via Zoom.** The details of the selected performances will be emailed to participants. Minimum 12, maximum 28.



Tuesdays,, 4:00 pm (October 5, November 2 on Zoom; In-person meeting on January 11)

Facilitator: **Fee: \$20**
Andrew Tievsky atievsky@yahoo.com 214-477-5762

Tuesdays

16. SECOND TUESDAY AM BOOK GROUP



This group reads new and new-ish novels that make us THINK! Most of the books will be selected from a list of suggestions submitted by the members of the group. We will meet from November through May in members' homes. The facilitator will send out a monthly email with the name of the book and the person to whom you must RSVP. **Our first meeting will be November 9.** Maximum 18. Our first

book is *The Burning* by Megan Majumdar, and the second will be *The Paris Library* by Janet Skeslien Charles.

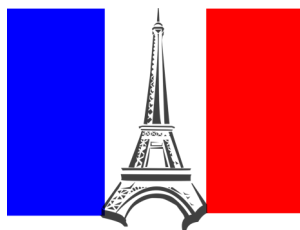
Second Tuesdays, 10:00 am (November - May)

Facilitators: Fee: \$20
Leslie Kiefus lk907@yahoo.com
Marcia Langer marciala@msn.com 914-943-7804

17. LE CINÉMA FRANÇAIS

If you love film, foreign film and, in particular, French film, join us for three sessions of viewing a French film from Amazon Prime or Netflix, followed by a discussion. The group will meet online or in person, as circumstances permit.

The first session will be Tuesday, January 11. When we are able to meet in person safely, location details will be emailed to participants. Minimum 10, maximum 20.



Second Tuesdays, 10:00 am - 12:00 pm (January, February, March)

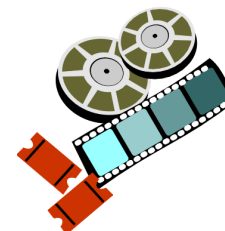
Facilitator: FEE: \$20
Jeri Benoit paristulips@mac.com 480-353-012

Note: There are several film groups offered this year; so they may occasionally select the same film.

Tuesdays

18. CAMELVIEW, SHEA 14 - REVIEW & LUNCH

Enjoy a thought-provoking movie each month at your convenience. A discussion will follow via Zoom, conducted at 10:00 am. Movies will be chosen from Netflix, Amazon Prime, HBO, or potentially what is playing at the local movie theater and will be discussed online. Meeting notices will be emailed to participants each month, about five to seven days before the meeting date (after movie schedules are set), with the name of the movie and where to find it. **Our first discussion will be via Zoom on Tuesday, October 19.**



Third Tuesdays, 10:00 am (October - May)

Facilitators: Fee: \$20
Sheila Landau buildor2@cox.net 602-809-5100
Harriet Schwartz harriet0715@gmail.com 602-738-0801

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

19. OFF THE BEATEN PATH



Join us as we go off the beaten path to enjoy flavors from different locales or ethnicities in restaurants around the Valley. Our outings may include visits to nearby sites of interest. **Our first lunch will be Tuesday, January 25.** Please note: some restaurants may require cash. Maximum 30.

Fourth Tuesdays, 11:30 am (January - March or April)

Facilitators: Fee: \$20
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
Michelle Fischler michelleyles@gmail.com 602-667-0313
Beth Messer bethmae721@gmail.com 516-857-2551

Tuesdays

20. INTERMEDIATE MAH JONGG

This weekly group is intended for intermediate/experienced players with a thorough knowledge of the National Mah Jongg League rules and a steady pace of play. We will be playing at Sanctuary at Desert Ridge Clubhouse, 22995 East 46th St., Phoenix, Arizona 85050 The gate code will be provided after people register.



Our first meeting will be Tuesday, October 5. Minimum 4, maximum 20. Only fully vaccinated people may register.

Every Tuesday, 12:30 - 3:00 pm (October - May)

Facilitators: **Fee \$20**
Sharon Agopian agopsh@agopian.us 216-849-5771
Eileen Nelson enelson3@aol.com

21. BRIDGING IT!



This group meets for a fun afternoon of lunch, bridge and camaraderie. Members should be experienced bridge players who are willing to enjoy a non-competitive and relaxed afternoon of bridge. We meet from October to May on the fourth Tuesday of each month. Location details will be emailed to the participants. **Our first meeting will be Tuesday, October 26.** Minimum 6, maximum 20.

Fourth Tuesdays, 11:30 am - 3:00 pm (October - May)

Facilitators: **Fee: \$20**
Marlene Allen marlen07@cox.net 480-473-1619
Gloria Sappol gloriasemail@aol.com 480-313-0222

Tuesdays

22. THE RISE OF CHINA AND THE CHANGING GLOBAL ORDER *NEW*

This Study Group meeting format will be lectures with discussion. The meeting topics selected by the discussion leader may include: The U.S./Western perception of China and the Chinese perception of the U.S. and the West; The Communist Party comes to power during the Cold War and remains in power after the Cold War ends; China emerges into the world of nation states; U.S. political, economic and military dominance, 1945 until the present; Can the “Thucydides’ Trap” be avoided as China rises to contest U.S. power?; Three major Chinese Communist leaders, Mao, Deng, Xi, and their eras; The “Hundred Years of Humiliation” as a portal to understanding contemporary China; China, as an emergent superpower: The “Belt and Road” project and the “China 2025 Plan.” Only fully vaccinated people may register.



The first meeting will be October 5. Maximum 15.

First and Third Tuesdays, 7:00- 8:30 pm, (October - April)

Facilitator: **Fee: \$20**
Mark Stern mstern@shepherd.edu 540-664-0480

23. MANAGING LIFE’S CONFLICTS *NEW*



This group will be addressing the various types of conflicts that occur between parents and their adult children. We will also address interpersonal conflict between senior adults and how to mediate, negotiate and resolve those conflicts. Our goal is to provide strategies and techniques that maintain and strengthen these relationships while resolving the conflict. **The first meeting will be November 2** via Zoom. Maximum 30.

Consecutive Tuesdays, 3:00 – 4:00 pm (November - December)

Facilitators: **Fee: \$20**
Larry Waldman, PhD larrywaldmanphd@cox.net 602- 418-8161
Cary Silverstein, MBA csilve1013@aol.com 414-403-2942

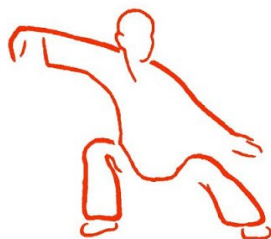
Tuesdays

24. BEGINNING TAI CHI *NEW*

Tai Chi is an ancient Chinese art combining body & mind. Tai Chi's slow and relaxed movements are sometimes referred to as "meditation in motion." There are many benefits, including, but not limited to: stress reduction, improving balance, endurance and agility. This group will meet twice a week for six weeks at a Scottsdale location, participants will be emailed the location after registration.

The first meeting will be October 5.

Minimum 3, maximum 8.



Tuesdays and Thursdays, 10:00-11:00 am (October/November)

Facilitator: **Fee: \$20**
 David Burns bogieb4@aol.com 520-444-1255

25. CANASTA MAVENS *NEW*

Canasta Mavens is for "seasoned" canasta players only, who have a solid understanding of rules, splashes, and nuances and are looking for a congenial, fun game. The location is centrally located off Shea Blvd., near Tatum (NOT a restaurant). **There is a one-time \$40 room rental fee per player collected at the first session.** Location information and other details will be emailed to participants, along with our canasta game rules, prior to our start date. **The first game will be Tuesday, October 26.**

Out of respect for our fellow Brandeis members, we expect everyone to be fully Covid-19 vaccinated. Maximum 36 players.

Tuesdays, 10:30 am - 12:30 pm (October - April)

Facilitators: **Fee: \$20**

Anne Mondlick	anne@mondlick.com	315-289-7499
Carol Kadet	carolkadet@gmail.com	415-828-1299
Louise Kapner	kapnerlouise@aol.com	914-672-5396
Joy Siegelheim	j.siegelheim@gmail.com	201-424-3343



Tuesdays

26. ROCK 'N ROLL IS HERE TO STAY *NEW*

This in-person group is for men who love rock 'n roll and rock 'n roll trivia. I will have many trivia questions about rock and roll from the fifties through the eighties, but some stuff from later decades, as well. Questions will range from easy to difficult. There will also be activities, class discussions, and perhaps some singing and dancing. The group will share information and tell stories about how music affected their lives. **The first meeting will be January 25.** Location details will be emailed to participants. Maximum 10.



Fourth Tuesdays, 3:00 pm (January - April)

Facilitator: **Fee: \$20**
 Jeffrey Glassman jefgg47@sbcglobal.net 847-212-1699

27. RAISE YOUR CONSCIOUSNESS, CHANGE YOUR LIFE

Are you interested in meeting like-minded people and exploring ideas where spirituality meets science, such as healing modalities, the mind-body connection, meditation, mindfulness, being healthier, visualization, the power of thought or unlocking your full potential? If you want to participate in a "mind, body, spirit/metaphysical" nonfiction book group that focuses on issues related to health and well-being, this is the group for you. We will also explore topics viewed as metaphysical, such as energy systems in the body, reincarnation and levels of consciousness.

The first meeting will be Tuesday, October 26 via Zoom. The group may transition to in-person meetings in January. The details of the first book will be emailed to participants in mid-September. Minimum 3, maximum 30.

Fourth Tuesdays, 11:00 am (October, January - April)

Facilitator: **Fee: \$20**
 Carol Wolf peanuts526@aol.com 847-207-9954



Tuesdays

28. SERIOUSLY CANASTA *

Join our weekly Tuesday afternoon canasta group for **ADVANCED, EXPERIENCED** players. **This is NOT an instructional group.** We will provide our enhanced rules before the first meeting. Plan on making new friends and facing great competition. We will meet at 18 Degrees restaurant (next to the Ice Den) for lunch and canasta. **Note: The purchase of lunch each week (minimum \$15) is required.** If possible, **the first meeting will be November 2.** Maximum 64.



Tuesdays, 11:30 am - 3:30 pm (November - May)

Facilitators: **FEE: \$20**
Nancy Lirtzman nlirtzman@gmail.com 847-217-6963
Pat Miller patmiller@gmail.com 205-249-8363

29. ANCIENT PEOPLES OF CENTRAL ARIZONA



A thousand years before the Europeans arrived, earlier peoples built irrigation systems and farms throughout the Valley of the Sun. Participants will meet four times to learn from experts about how this stone age culture worked and to study what they left behind. We will also learn about the current Native American residents of this area and their relationship to the earlier culture. The tours/meetings will involve

some walking; they will be about one hour with an additional hour for discussion and a nosh. **Our first meeting will be on Tuesday, January 11** at the Pueblo Grande Museum where we will have an in-depth tour of the indoor museum collection. The agenda will be tailored to the consensus of the group, the current public health regulations and the availability of the venues. Entry fees may apply. Minimum 5, maximum 22.

Second Tuesdays, 1:30 pm (January, February, March and April)

Facilitators: **Fee: \$20**
Simon Burrow simonburrow@mac.com 626-221-7808
Andrew Tievsky atievsky@yahoo.com 214-477-5762

Wednesdays

30. MEN for BRANDEIS ACTIVITIES (MBA) [Formerly known as Men of Brandeis (MOB)]

The MBA, formerly known as Men of Brandeis (MOB), is now in its 10th year. Starting in October, we will return to our pre-Covid programming, with a guest speaker every other month. When meeting at the JCC, many of us come early and have a nosh at the J's in-house eating establishment at noon. On alternate months we visit a local place of interest in the Valley, followed by lunch. **Our first meeting will be on October 13** at the JCC on Scottsdale Road. **Study Group fee includes a \$5 facility fee.**



Second Wednesdays, 1:00 pm (October - April)

Facilitator: **FEE: \$25**

Leith Baletin lbaletin@gmail.com 480-874-9434

31. KNIT A MITZVAH

If you knit or crochet and want to be a part of a wonderful group that makes scarves and hats (donated to JFCS) and newborn baby caps, chemo caps and lap blankets (donated to HonorHealth Scottsdale Shea Medical Center), then this is the group for you! We will meet at Coffee Plantation (7366 E. Shea Rd, Scottsdale) for knitting or crocheting, kibitzing and sharing ideas one afternoon a month. It will be a stitch!



The first meeting will be on October 13.
Maximum 20.

Second Wednesdays, 1:00 - 3:00 pm (October - May)

Facilitators: **FEE: \$20**
Ronee Siegel ronees@aol.com 917-273-0393
Joan Davis davis6j@gmail.com 602-499-8357

Wednesdays

32. SECOND WEDNESDAY AM BOOK GROUP *

Stimulating reading and discussion of both fiction and nonfiction books. Participants will be asked to lead book discussions and/or volunteer their homes for meetings, when it is safe to do so. **The first meeting will be via Zoom on Wednesday, October 13.** Maximum 20.



Second Wednesdays, 10:00 am (October - May)

Facilitator: FEE: \$20
Geri Gould gerijim@hotmail.com 480-305-0123

33. HOLOCAUST EDUCATION: FICTION BOOK GROUP *NEW*



We will explore and discuss the Holocaust using themes woven into fictional books. When available, guest speakers may be invited to discuss books chosen. A list of books will be given in advance, two months at a time. **The first meeting will be October 27** and we will be discussing *The Kommandant's Girl* by Pam Jenoff. Meetings will be held in available participant homes. Vaccinated participants only, please. Minimum 6, maximum 16.

Fourth Wednesdays, 2:00 pm (October - March)

Facilitators: FEE: \$20
Jan Lebovitz janice.lebovitz@gmail.com 847-772-2922
Terriann Kleiner tkleiner@gmail.com 314-503-3132

Wednesdays

34. GOLDEN AGE OF RADIO *NEW*

Stroll down memory lane and listen to and discuss the origins and casts of old radio shows from the early 30's to the 50's - from the twilight of the Jazz Age to the dawn of the Space Age. We will meet online until it is safe to meet in person. **Our first discussion will be via Zoom on December 15.** Minimum 4, maximum 15.



Third Wednesdays, 1:00 pm (December, February and April)

Facilitator: Fee: \$20
Allan Goldberg allangoldberg13@yahoo.com 480-628-0763

35. MOVIES OF THE HEART



Join us as we view and enjoy four films ripe with TLC! Together, we will explore their positive messages of hope and resilience. Is there no firmer bedrock to stand upon to get us through these challenging times? All of the films will be available either on Netflix or Amazon Prime. Everyone will watch the films prior to each discussion. **The first meeting will be via Zoom on October 6.** Minimum 10, maximum 24.

First Wednesdays, 1:30 pm (October, December, February, April)

Facilitators: Fee \$20
Gale Gradus ggradus13@gmail.com 480-939-2917
Nyles Gradus negradus@gmail.com

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

Wednesdays

36. FOREIGN FILM FOODIES

Join us as we explore the world of foreign films. To begin the year, the films chosen will be available on Netflix and the discussions will be online. When safe to do so, you can either come to the designated showing or you can see the film on your own and join us for lunch to discuss. Please note, the films may be subtitled. We will provide the name of each film in advance so you can plan ahead. **Our first discussion will be via Zoom on Wednesday, November 10.** Minimum 5, maximum 30.



Second Wednesdays, 3:00 pm (November, December, January, February and March)

Facilitators: Fee: \$20
 Ileen Herberg ihenberg@aol.com 602-460-0047
 Joyce Steinberg joyces12003@gmail.com 602-538-2561

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

37. NONFICTION BOOK GROUP *

Join us to explore nonfiction over a wide range of topics: history, current affairs, biography and more! The October meeting will be via Zoom. Based on the virus situation we will consider moving to in-person meetings. Books will be selected by the group and each discussion will be led by a member(s). **The book for the October 27 meeting will be *Zero Fail: The Rise and Fall of the Secret Service* by Carol Leonig.** Maximum 20.



Fourth Wednesdays, 1:00 - 2:30 pm (October - April)

Facilitators: Fee: \$20
 Georgia Heller georgiaheller@gmail.com 203-524-0053
 Janis Lipman janislipman@gmail.com 203-216-0177

Wednesdays

38. CONTEMPORARY FICTION BOOK GROUP *

This is an ongoing group, reading fiction only. Participants will be asked to lead book discussions. The first book title will be emailed to participants. **The first discussion will be via Zoom on October 13.** There may be a small facilities fee. All participants must be fully vaccinated. Maximum 30.

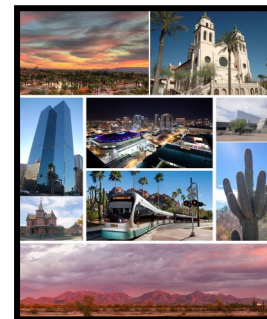


Second Wednesdays, 10:15 am (October - May)

Facilitators: Fee: \$20
 Sara Leopold sara1225@gmail.com 480-525-1575
 Susan Rollins serollins52@gmail.com 480-563-0411

PHOENIX ADVENTURE FROM A TO Z Fall Fundraiser

**Saturday, October 30 or Sunday,
 October 31**



Solve clues! Complete challenges! See historic buildings, cultural landmarks and public art in downtown Phoenix in a new way! Work together in teams to unravel secrets of the city!

Wednesdays

40. JUST DESSERTS

Are you in the mood for something yummy and decadent? Join this group and discover new places to satisfy your sweet tooth - this year, the focus will be on ice cream! **Our first sugar high will be on Wednesday, November 3.** All members at in-person sessions must be fully vaccinated with masks being worn upon facilitators' request. Maximum 20.



First Wednesdays, 2:00 pm (November, December, February, April)

Facilitators: **Fee: \$20**
Iris Wigal wiggley@cox.net 602-980-5436
Wendy Cohen wencohen@cox.net 602-316-2993
Gail Tenn gdtenn@hotmail.com 818-216-1129
Sara Leopold sara1225@gmail.com 480-525-1575

41. CANASTA FOR BEGINNERS



Meet new people, have fun and learn a classic game all at the same time! This group is offered as a consecutive 3-week session in December, with meetings once a week. Each lesson will cover a different and fundamental element of the game, building each week, so it is important to attend all 3 sessions. Please do not sign up if you have a scheduling conflict. Location details will be emailed to participants. **Our first session will be on Wednesday, December 1.** Maximum 6.

Three Wednesdays, 1:00 - 4:00 pm (December 1, 8, 15)

Facilitator: **Fee: \$20**
Cheryl Senkfor senkfor14@gmail.com 216-272-1697

Wednesdays

42. THE WOMEN BEHIND THE PRESIDENTS *NEW*

First ladies of the United States have evolved over the years and are more than fashion icons and ribbon cutters. In this group, participants will delve into the women behind the presidents to see how they have been advisors and advocates not only for their husband's agendas, but for their own causes as well. As a result, they have had an impact on political and social history. Join us to discuss the lives and legacies of our first ladies. **The first meeting will be October 6 via Zoom.**



First Wednesdays, 1:00-2:00 pm (October-April)

Facilitators: **Fee: \$20**
Ileen Herberg iherberg@aol.com 602-460-0047
Patti Grossman psgrossman717@gmail.com 602-885-0158

43. NEIGHBORHOOD WALKS



Join with other Brandeis members for a moderately paced walk in and around one of the valley's many unique neighborhoods. In some cases, a resident of the selected neighborhood may be able to lead us and some months may include historical information. **Our first walk will be on Wednesday, November 17.** You will be notified of each location and whether or not there will be a pre-walk lunch by email the week prior. Minimum 6, maximum 20.

Third Wednesdays, 12:30 - 3:30 pm (November-April)

Facilitator: **Fee: \$20**
Marcy Strauss mss29@comcast.net 612-710-6291

Wednesdays

44. LEARN TO PLAY PINOCHLE! *NEW*



Anybody can learn to play pinochle! It's a lot easier than Canasta, but just as much fun. This group is offered as a four-week session with meetings once a week at the facilitators' home in Carefree. Location details will be emailed to participants. You are welcome to join us for Happy Hour at an eatery in Carefree after our gaming is over. **The first session**

will be Wednesday, February 2. All members must be fully vaccinated, with masks being worn at the facilitator's request. Minimum 8, maximum 16.

Wednesdays, 2:00 - 4:00 pm (February 2, 9,16, 23)

Facilitators: **Fee: \$20**
Abby Tucker skyranch52@gmail.com 480-575-3162 (landline)
John Poremba

45. STITCHERY GROUP *NEW*

Open to members who would like to gather in person to do any type of stitching. Examples include, Needlepoint, Canvas work and Embroidery. We can also discuss stitching methods and problems that arise. If anyone wants to know how to design a canvas, I will instruct in that, as well. Location to be emailed after registration. **First meeting will be November 17.** Minimum 4, maximum 12.

Third Wednesdays, 2:00 pm (November, January, February and April)

Facilitator: **Fee: \$20**
Helen Greenberg hln.greenberg@gmail.com 602-432-2016



Wednesdays

NOTE: Men's Canasta lessons for beginners is offered twice this year, in November and January. The rules used will be Modern American. Register for only one group.



46. MEN'S CANASTA LESSONS - November/December *NEW*

This group is offered as a series of four consecutive canasta lessons per study group session. You will learn how to play and some of the strategies involved in playing. **It is important to attend all four lessons** as each will cover a different fundamental element of the game. Location details will be emailed to participants. **First session is Nov 17.** Minimum 8, maximum 15 men.

Wednesdays, 3:30 - 5:30 pm (Nov 17, Dec 1, 8 & 15)

Facilitators: **Fee: \$20**
Rich Kleiner rich.kleiner@gmail.com 314-503-3132
Mike Lebovitz michaellebovitz@hotmail.com 847-924-0659
Robert Ullman ubert888@gmail.com 520-977-0595

OR

47. MEN'S CANASTA LESSONS - January *NEW*

This group is offered as a series of four consecutive canasta lessons per study group session. You will learn how to play and some of the strategies involved in playing. **It is important to attend all four lessons** as each will cover a different fundamental element of the game. Location details will be emailed to participants. **First session January 5.** Minimum 8, maximum 15 men.

Wednesdays, 3:30 - 5:30 pm (January 5, 12, 19 & 26)

Facilitators: **Fee: \$20**
Rich Kleiner rich.kleiner@gmail.com 314-503-3132
Mike Lebovitz michaellebovitz@hotmail.com 847-924-0659
Robert Ullman ubert888@gmail.com 520-977-0595

Thursdays

48. LEISURE HIKING



If you like the natural beauty of the desert, exercise and camaraderie, these bi-monthly hikes in Phoenix, Scottsdale and beyond will take you to beautiful trails at a comfortable pace. This group is not meant for those who want to go "all out" or on very steep trails, but some hiking experience is necessary. We recommend that participants wear proper hiking shoes. The group has been going strong for six years, and is open to men and women. Plan on a 3.5-5 mile round trip, around 2-2.5 hours of hiking.

The outdoor temperature and time of year will determine the designated start time, but generally it will not be earlier than 8:00 am or later than 8:30 am. (We start on time as a courtesy to other members.) **Our first official hike will be Thursday, November 4, but we will likely schedule an October warm-up hike.** Members will be notified by email prior to each hike as to the destination, expected duration and difficulty of the hike. After the hike, the group may meet for breakfast at a nearby restaurant. No maximum.

First and Third Thursdays, am (November - April)

Facilitators: **Fee: \$20**
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
Bob Kirschenbaum bobkirschenbaum@gmail.com 602-614-5212
Simon Burrow simonburrow@mac.com 626-221-7808

49. JEWISH BOOK GROUP

The first meeting will be November 4 via Zoom and the book will be *Beyond the Ghetto Gates* by Michelle Cameron. All meetings this year will be via Zoom. If you would like the complete list of books, call Ellen. Participants must RSVP to Ellen by the Tuesday prior to each meeting. **First meeting will be November 4.** Maximum 15.



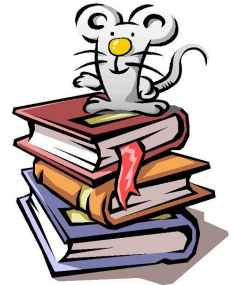
First Thursdays, 10:00 am (November - May)

Facilitator: **Fee: \$20**
Ellen Tuckman 602-953-9307
Colleen Espinoza colleenE1122@aol.com 480-483-8622

Thursdays

50. BOOK BROTHERS

Men read too! This book group will focus on history, biography and historical fiction. Books will include, but not exclusively focus on, Jewish themes, individuals, and events. Our first book will be *Saving Monticello*, by Marc Leepson. The reading list for the year will be distributed to registered participants prior to the first meeting. Meetings will be held in person at Congregation Or Tzion in Scottsdale. There will be a one-time facilities donation to the synagogue. The amount has yet to be fixed, but will not exceed \$18. Lunch will follow for those interested. **The first meeting will be October 14.** Maximum 25.



Second Thursdays, 10:00 am - 12:00 pm (October - May)

Facilitators: **Fee: \$20**
Joe Widoff jwidoff@gmail.com 703-946-8869
Frank Lange franklange@cox.net 602-768-3631

51. STUDY WITH THE BEST: POTPOURRI OF CLASSIC MOVIES



Using Brandeis-authored and other materials, Potpourri of Classic Movies explores four Hollywood films that will engage us in lively discussions. The films will be available on Netflix or Amazon Prime and participants will view them prior to the discussions. **The first meeting will be via Zoom on November 4.** The film selection details will be emailed to participants. Maximum 35.

First Thursdays, 12:30 pm (November, December, February, March)

Facilitators: **Fee: \$20**
Carol Kern cak8219@gmail.com 602-315-1595
Stephanie Klopper rednoz@aol.com 480-251-0815

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

Thursdays

52. THE ORIGINAL SNOWBIRD: FRANK LLOYD WRIGHT *NEW*

Join Larry Berle, a former guide at many of the 11 Frank Lloyd Wright-designed buildings in the Greater Phoenix Area, in visits to these sites on Zoom or in person, if possible. Also included are



some virtual visits to other national locations such as UNESCO World Heritage Sites, Falling Water and the Guggenheim. Guides from the virtual sites may participate as well. We also will talk about his involvement in the Arizona

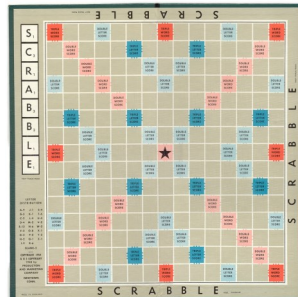
Biltmore. **The first meeting via Zoom will be October 14.**
Minimum 12, maximum 30.

Second Thursdays, 3:00 to 4:15 pm (October - March)

Facilitator:..... **Fee: \$20**
Larry Berle larryberle@gmail.com 612-386-5236

53. SIMPLY SCRABBLE

Playing Scrabble changes the way you use your brain. This is an opportunity to enhance your skills, challenge your brain and have fun. All levels are welcome. We will meet in the Starbuck's, located inside the Safeway store at Tatum and Greenway in Scottsdale. Masks will be required while playing. Members may be asked to bring a Scrabble set. **Our first game will be**



Thursday, October 28. Minimum 8, maximum 18.

Fourth Thursdays, 10:00 - 11:45 am (October- May, except Thanksgiving)

Facilitator:..... **Fee: \$20**
Marcia Langer marciala@msn.com 914-943-7804

Thursdays

54. INTERMEDIATE RECREATIONAL BRIDGE *NEW*

Are you an intermediate bridge player searching for a friendly game among fellow Brandeis members? If so, this group is for you. We will play using the Trickster app. Games will have facilitated coordination by Michael Lebovitz and Nan Waldman, two experienced online players. **The first game will be October 21.** Minimum 4, maximum 16 players.



Third Thursdays, 1:00-3:00 pm (October – March)

Facilitators:..... **Fee: \$20**
Michael Lebovitz michaellebovitz@hotmail.com 847-924-0659
Nan Waldman nanlarry46@gmail.com 602-410-5639

55. MINUTES TO MEALS *NEW*

No time to cook? From prep to serving in a Flash! Reduce prep piddling, revitalize and recreate recipes with shortcuts to savor healthy meals. **Our first meeting via Zoom will be on November 18.** Recipes will be sent out in advance of the session. Maximum 20.



- Session 1: how to transform leftovers
- Session 2: layered casseroles
- Session 3: think out of the box, prep and serving
- Session 4: soups, hot & cold

Third Thursdays, 1:00- 3:00 pm (November, January, February and March).

Facilitators:..... **Fee: \$20**
Lori Roth lori.rothaz@gmail.com 480-440-4429
Joan Davis davis6j@gmail.com 602-499-8357

Thursdays

56. MAH JONGG FOR BEGINNERS

If you've always wanted to learn how to play "The Game of a Thousand Intelligences," this group is for you! You will learn how to read and thoroughly understand the playing card, set up and deal the tiles, choose a hand and acquire basic strategies for playing the game. You will need to purchase a current Mah Jongg card prior to the first meeting. If you have a Mahj set, please let the facilitator know after you register for the group. Location details will be emailed to participants. There may be an additional facility fee. After the last session, optional supervised play may continue with Hannah Meyerson. **The first meeting will be Thursday, October 28.** Minimum 6, Maximum 12.



Thursdays, 9:30 - 11:30 am (October 28 - December 2)

Facilitators: **Fee: \$20**
Daron Barness MajByDaron@gmail.com 602-619-1136
Hannah Meyerson hannahm1016@gmail.com 520-403-1034

PHOENIX ADVENTURE FROM A TO Z
Fall Fundraiser
Saturday, October 30 or Sunday, October 31



Solve clues! Complete challenges! See historic buildings, cultural landmarks and public art in downtown Phoenix in a new way! Work together in teams to unravel secrets of the city!

More details to follow in upcoming eblasts and chapter bulletins.

Thursdays

57. CONTEMPORARY READS *

This group meets on the second Thursday of the month at 1:00 pm, October through April. We read both contemporary fiction and nonfiction. **Our first meeting will be on October 14** at the BJE at the JCC on Scottsdale Rd. There is a small facilities fee that will be collected at the first meeting. Maximum 26.



Second Thursdays, 12:45 - 3:00 pm (October - May)

Facilitators: **Fee: \$20**
Joyce Grant jhgrant35@gmail.com 847-877-5793
Hillary Kaminsky hillary.kaminsky@gmail.com 602-953-3213

58. POETS LAUREATE

The focus of this study group will continue to be poets laureate - those artists who have been awarded the highest honor in the land by the Library of Congress, including champions of poetry preceding the official title conferred in 1985. We will discuss reading strategies to enable a deep understanding of the sound and sense of the poems. The goal is to penetrate the surface of the poem as well as the heart of the poet. The facilitator is Freyda Libman, Professor Emerita, a published poet in love with poetry. Meetings will be held via Zoom initially, and at participants' homes when safe to do so. **Our first meeting will be October 28.** The required text is *The Poets Laureate Anthology*, published by the Library of Congress and edited by Elizabeth Schmidt, obtainable on Amazon. This group will continue our study of American Poets Laureate and use the same anthology for our readings. Minimum 8, maximum 20.



Fourth Thursdays, 1:30 - 3:00 pm (October - April except Thanksgiving)

Facilitator: **Fee: \$20**
Freyda Libman poetprof329@gmail.com 630-926-3193

Thursdays

Thursdays



Luncheon and boutique sales; author presentations and book signings. A cocktail reception and dinner with the authors, for *Bookmark* donors, the evening before the luncheon, March 17.

Watch for eblasts and registration information in your chapter bulletins

60. BOOKS FOR THE ARMCHAIR TRAVELER *

This group reads books that take place in foreign locales. We will initially meet online, then resume meeting in each others' homes based on group consensus and when safe to do so. As responsibilities are shared, members are asked to lead/co-lead discussions and/or host when we will meet in person again. **Our first meeting will be Thursday, October 21**, when we will discuss *Strange Weather in Tokyo*, by Hiromi Kawakami. Maximum 33.



Third Thursdays, 10:00 am (October - May)

Facilitators: Fee: \$20
 Linda Burech lburech@mac.com 480-794-1988
 Bruce Galin bruce.phxbnc@gmail.com 480-661- 0842
 Nancy Sacks nhshobo@aol.com 480-299-1792

61. INTERMEDIATE HIKING CLUB

Join us if you enjoy the fresh air, the natural beauty of the desert, exercise and camaraderie these bimonthly hikes, in Phoenix, Scottsdale and beyond, will take you on some challenging trails and elevations. This group is for intermediate hikers, who will average 4-6 miles per hike. Hikes are usually three hours or less, plus travel time. Our start time will be determined by the outdoor temperature, but it will be approximately 7:00 am - 9:00 am. Although we have hike facilitators, individual hikers will choose and lead their favorite hikes, thus allowing for more variety and participation of hikers. Members will be notified prior to each hike of place and time. We hope you can join us for brunch after the hike, to give us time to socialize. **Our first hike will be January 6.** Maximum 30.

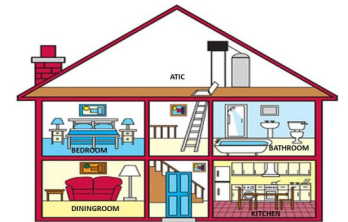


First & Third Thursdays, am (January - April)

Facilitator: Fee: \$20
 Andrea Greenspan andreagreenspan@comcast.net 847-668-0409

62. ASPECTS OF INTERIOR DESIGN *NEW*

Learn from David Landy, who has many years' experience as a professional interior designer. This group will discuss the many aspects of interior design with numerous examples. Discussion will include how to start an interior design project, selecting proper furnishings and paint colors, dealing with vendors, putting together swatch boards, and how to purchase and sign off on delivery. Meetings will be at the designer's home. All participants will need to have completed vaccines and proof of vaccines will be necessary to participate. **The first meeting will be January 6.** Minimum 10, maximum 15.



First and Third Thursdays, 7:00 pm (January and February)

Facilitator: Fee: \$20
 David Landy dsign4u4@gmail.com 516-297-7831

Thursdays

63. CONTEMPORARY ISSUES DISCUSSION GROUP *

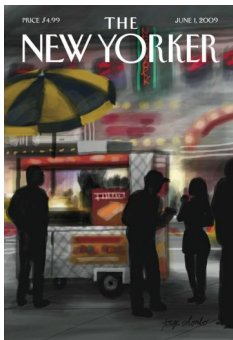
Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation by everyone is the key to great discussions. **The first meeting will be via Zoom on Thursday, October 21.** When safe to do so, members will be asked to hold meetings in their homes and/or provide refreshments. Maximum 22.



Third Thursdays, 9:30 - 11:30 am (October - May)

Facilitators:..... Fee: \$20
 Janis Lipman janislipman@gmail.com 203-216-0177
 Joyce Goldstein joyce@goldstein.us 973-715-6475

64. NEW YORKER SHORT STORY DISCUSSION GROUP *NEW*



Short stories in *The New Yorker* can be literary gold mines or incomprehensible, and either case warrants discussion! This study group meets on the first Thursday morning of the month from November through May in members' homes. The facilitator will send a monthly email with the links to the 3 stories to be discussed, the location of the meeting and the person to whom you must RSVP. It is not necessary to subscribe to *The New Yorker*. **Our first meeting will be November 4.** Story selections for the first meeting will be listed in

our welcome email in September. Minimum 10, maximum 18.

First Thursdays, 10-1130 am (November - April)

Facilitators:..... Fee: \$20
 Leslie Kiefus lk907@yahoo.com
 Marcia Langer marciala@msn.com 914-943-7804

Thursdays



Luncheon and boutique sales; author presentations and book signings. A cocktail reception and dinner with the authors, for *Bookmark* donors, the evening before the luncheon, March 17.

Watch for eblasts and registration information in your chapter bulletins

66. THIRD THURSDAY AM BOOK GROUP *

This is an ongoing group where the books are chosen by committee. **Our first meeting will be November 18** via Zoom and the book will be *Educated* by Tara Westover. Please contact one of the facilitators below for the books to be read before signing up. **We will meet on Zoom on December 16** and then transition to in-person meetings for January through April. Attendees must be vaccinated and wear masks. Maximum 15.



Third Thursdays, 10:00 am (December, January - April) [with the exception of January 7 (First Thursday)]

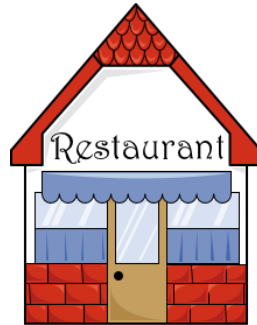
Facilitators:..... Fee: \$20

Ellen Tuckman 602-953-9307
 Colleen Espinoza colleene1122@aol.com 480-483-8622

Thursdays

67. NEIGHBORHOOD HAUNTS

Foodies ...are you ready to experience some new and interesting neighborhood haunts? Join us for lunch as we sample four different locales, each offering up a different flavor. Cash payment is preferred. This is a wonderful chance to meet new people in a fun setting! **Our first lunch will be January 27.** Minimum 10, maximum 35.



Fourth Thursdays, 12:30 pm (January -April)

Facilitators: Fee: \$20
Sheila Landau buildor2@cox.net 602-809-5100
Harriet Schwartz harriet0715@gmail.com 602-738-0801

68. A BISSEL YIDDISH AND A NOSH *NEW*



Make new friends schmoozing over a light lunch at Squarz Bakery Cafe in Scottsdale. We'll share poetry, songs and fond memories of growing up in Yiddish-speaking homes. Speaking Yiddish is not required, but we do ask that you spend a minimum of \$10 per person plus tip for lunch. **Our first nosh will be January 13.** Minimum 6, maximum 12.

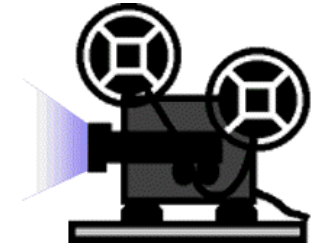
Second Thursdays, 11:30 am - 1:00 pm (January - March)

Facilitators: Fee \$20
Sharon Messing sharmess@optonline.net 718-930-4164
Marlene Harris mrh1212@yahoo.com 847-433-0240

Fridays

69. SECOND FRIDAY FILMS & FEASTS

We view interesting movies (including mainstream, indies, foreign language films and documentaries), or limited series streaming on Netflix or Amazon Prime. We'll email the group in advance with the movie title, and will discuss the selection on Zoom, starting at 10 am and ending no later than noon. **Our first meeting will be October 8.** Minimum 5, maximum 60.



Second Fridays (NEW WEEK), 10:00 am (October - April)

Facilitators: Fee: \$20
Stephanie Klopper rednoz@aol.com 480-251-0815
Joyce Grant jhgrant35@gmail.com 847-877-5793
Roni Nassberg ronika1@aol.com 602-790-7603

70. STUDIO ART & BISTRO LUNCH

Expand your artistic and culinary horizons. Travel with us as we discover three different artists in their studios and then discuss their works over lunch. **Join us at 10:30 am on January 28, February 25 and March 25 at the artists' locations.** Note: Dates are subject to change due to unexpected scheduling for the artists. Sufficient notice will be given if any changes are necessary. Please note that all participants must be fully



vaccinated. Maximum 40.

Fourth Fridays, 10:30 am (January, February, March)

Facilitators: Fee: \$20
Michelle Fischler michellyules@gmail.com 602-380-1559
Susie Sacks susan.sacks@gmail.com 201-887-0319
Merle Tarnow tarnowm@aol.com 617-571-7337

Fridays

71. HANDS ON ART *NEW*



Explore your inner creativity. We will have three art classes teaching the skills needed to paint on silk, make fused glass and paint on canvas. Each lesson will be 2 1/2 hours and you will leave with your personal creation. Location details will be emailed to participants. **The first meeting will be October 8.** All participants must be vaccinated. The cost of each class is \$45 plus the cost of materials, which ranges between \$4-10. Minimum 10, Maximum 18.

Second Fridays, times will vary, (October - December)

Facilitators: **Fee: \$20**
 Joellyn Pollock joellyn_pollock@yahoo.com 602-257-4327
 Sharon Polan duchyof2@gmail.com 203-253-7276

72. NORTH SCOTTSDALE FRIDAY AM BOOK GROUP *

Join us for stimulating reading and discussion of a variety of both fiction and nonfiction books. Participants will be asked to lead book discussions. We will meet initially via Zoom, but participants will be asked to volunteer their homes for meetings or provide refreshments when safe to do so, as long as everyone is fully vaccinated and each member is comfortable with not being able to social distance. **The first discussion will be on November 5.** Maximum 25.



First Fridays, 10:00 am (November - May)

Facilitator: **Fee: \$20**
 Eilene Raiden eraiden@aol.com 480-563-5737

Fridays

73. LET'S TALK TRAVEL - THE WORLD IS OUR LIMIT *NEW*

Join our travel group as we explore and discuss the world with a different theme or topic each month. Members will be notified in advance of the topic (to be determined by the group) in time to prepare and participate. **The first meeting will be via Zoom on November 5** and further in-person meetings will be determined by the consensus of the group. We are very excited as our universe is continuously evolving! Minimum 7, maximum 20.



First Fridays, 10:00 am - 12:00 pm, (November - May)

Facilitators: **Fee: \$20**
 Helen Abrams hsbbcd@aol.com 312-593-4456
 Marcy Strauss mss29@comcast.net 612-710-6291

74. ARTIST IN RESIDENCE *NEW*



We will visit the "Celebration of Fine Art" in January and February for a private tour and to speak with several artists about their work. In March, we will return to see their progress. Lunch will follow in the big tent cafe. **The first meeting will be Saturday, January 29.** Subsequent meetings will be the third Friday of the month. There will be a one-time group entry fee of approximately \$10, which will allow you to visit all season. Maximum 20.

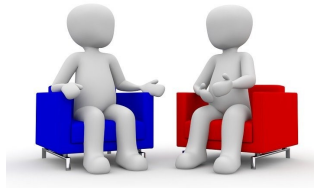
Third Fridays, 10:30 am (January - March) [except for first meeting on Saturday, January 29]

Facilitators: **Fee: \$20**
 Joellyn Pollock joellyn_pollock@yahoo.com 602-257-4327
 Sharon Polan duchyof2@gmail.com 203-253-7276

Fridays

75. RESTLESS MINDS FOR MEN DISCUSSION GROUP

We will meet online until it is safe to meet in person, for an hour and a half, and discuss what is on our minds. We will meet for lunch each month, with the discussion group leader selecting an interesting topic. Location details will be emailed to participants. **The first meeting will be via Zoom on October 8.** Minimum 6, maximum 12.



Second Fridays, 11:00 am - 12:30 pm (October - May)

Facilitator: **Fee: \$20**
Marvin Kestenbaum digsee@me.com 480-883-7639

76. EXPLORE THE WORLD OF INTERIOR DESIGN



Join professional designer Sheila Landau to explore the latest trends in interior design. You can email your photos for kitchens or bathrooms you would like to update or renovate. Sheila will answer your questions and show you some of the newest products and creative ideas. There will be tours of various design showrooms. **The first meeting will be October 15.**

Third Fridays, 11:00 am (October – April)

Facilitator: **Fee: \$20**
Sheila Landau buildor2@cox.net 602-809-5100

Saturdays

77. AT THE BALLET

Do you love the Ballet? Would you like to go more often with your friends? This group will get tickets at a group rate for three of this year's performances. The sooner you sign up, the sooner the checks can be collected and the seats requested. NOTE: Once the tickets are purchased, they will be mailed to the facilitator, who will hand them out at lunch, prior to the first performance. If a participant cannot attend a performance, that person is solely responsible for finding a substitute. **The first performance will be November 6.**



Minimum participation for the group discount of 30% is 10 people, maximum 20.

These are the performances we will be seeing and the locations:
November 6 - *Contemporary Moves* at the Dorrance Theater
March 26 - *All Balanchine* at the Orpheum Theater
May 7 - *Juan Gabriel* at Symphony Hall

The ticket price for the series is \$245 per person.

There is an optional performance, *An Evening at the Desert Botanical Garden*, May 17- June 2, which can be purchased separately.

For more information about the performances and locations, see the Ballet Arizona website: www.balletaz.org.

Saturday Matinees, 2:00 pm

Facilitator: **Fee: \$20 plus the tickets**

Sheila Berkowitz sberk327@gmail.com 602-469-8600

Saturdays

78. RED WINE CONNOISSEURS *NEW*

Each get-together will be themed to explore various California and Washington state wine regions such as Napa, Sonoma, Lodi, Paso Robles, Mendocino County and Columbia Valley. Members are asked to sign up in pairs. Each pair will be asked to bring a bottle of the wine type/area of the month at a price point of approximately \$25-\$30, plus an appetizer large enough to share with the group. Participants will be asked to give the group a brief description of their wine/winery. The hosts will provide water and dessert. Fully vaccinated participants only, please. Location details will be emailed to participants. **The first meeting will be December 4.** Maximum 22.



Saturdays, 6:30-9:00 pm (December 4, January 8, February 5 & March 5)

Facilitators: Fee: \$20
 Jan Lebovitz janice.lebovitz@gmail.com 847-772-2922
 Linda Ullman linda@lindaulman.com 520-405-7972
 Sharon Nova sharonjill1@yahoo.com 704-996-9185

Sundays

79. GALS WHO DO BRUNCH *NEW*

Rise and Shine! Please join us for a brunch around town in honor of gals who brunch! Do you value good food, great friends, and everything in between? Brunch is the best meal of the week and we've made it our mission to find the best brunches around Scottsdale and Phoenix at well-reviewed & interesting restaurants, many with great views and outdoor dining. Seating will be in small groupings. RSVP's to the facilitator are required and confirmed attendees will be notified of the location. Actual times are subject to restaurant availability. **The first brunch will be October 17.** Minimum 8, maximum 20; a waiting list will be maintained.



Sundays, 10 or 11 am (October 17, January 16, February 20, April 3)

Facilitator: Fee: \$20
 Marcia Langer marciala@msn.com 914-943-7804

Sundays

80. SIZZLING SUNDAYS: EVENING MOVIE DISCUSSION & DINNER *NEW*



Join this coed group for a lively discussion of quality new movies that stimulate discussion. Participants will view the movies on their own. Most will be in movie theatres, but a few may be streaming. A monthly email will be sent in advance with the movie title and RSVP deadline. We will start off on Zoom and when safe to do so we will meet for dinner and discuss the films in a variety of restaurants that can accommodate our group. Please note that the restaurants hosting us require a \$10 minimum purchase, plus tax and gratuity, for every participant. **The first meeting will be Sunday, October 3.** Maximum 22.

First Sundays, 6:30 – 8:30 pm (October – May). Note: We may be skipping either the December or January meeting.

Facilitator: FEE: \$20
 Barbara Stern sternbts@gmail.com 540-664-3106
 Mark Stern mstern@shepherd.edu 540-664-0480

81. WEEKENDS ARE FOR BRUNCH *NEW*

Good friends, light fare, and fabulous conversations. Come meet the Guys and Gals of BNC Phoenix. Couples, singles, all are welcome, but please leave pets at home. Brunch is the best meal of the week and we've made it our mission to find the best brunches at well-reviewed and interesting restaurants in and around Scottsdale and Phoenix, many with great views and outdoor patios. Seating will be in small groupings. RSVP's to the facilitator are required and confirmed attendees will be notified of the location. Actual times are subject to restaurant availability. **The first brunch will be October 10.** Maximum 20; a waiting list will be maintained.



Second Sundays, 10 or 11 am (October 10, December 12, February 13, April 10)

Facilitator: Fee: \$20
 Marcia Langer marciala@msn.com 914-943-7804
 Gail Tenn gdtenn@hotmail.com 480-513-8462
 Dan Tenn

Sundays

82. BRANDEIS CYCLING GROUP *NEW*



Brandeis women and men will meet at the parking lot at 92nd and Shea (Bank of America located in the lot) to cycle along the Greenway to Goldman's Deli on Hayden Road in Scottsdale, where we will stop for lunch before returning. The ride is approximately 15 miles in total.

While this is not a demanding ride, relatively flat and on a designated path or sidewalk, it will be most enjoyed by experienced cyclists. Bring a helmet, plenty of water and a good bike lock. **First meeting will be November 7.** Minimum 10. No Maximum.

First Sundays, 10:00 am (November - April)

Facilitators: **Fee: \$20**
Ellen Widoff ebwidoff@gmail.com 602-513-3138
Joe Widoff jwidoff@gmail.com 703-946-8869

83. JEWISH FILMS WATCH PARTY *NEW*

Watch Jewish-themed movies & documentaries as a group and then discuss. Food provided! Once a month, come for pizza and socializing, view the movie in a home movie theater followed by discussion. Bring your beverage of choice. Location is in the far North Valley, north of Cave Creek Rd. Carpools can be arranged. Exact address to be provided after registration. **First meeting will be October 10.** Minimum 6, maximum 12.



Second Sundays, 5:00 - 8:00 pm (October - May) [no meeting in November]

Facilitator: **Fee: \$20**
Louis Lantz louis85331@gmail.com 480-381-5647

Note: There are several film groups offered this year; so they may occasionally select the same film.

Sundays

84. RESTLESS MINDS DISCUSSION GROUP *

Join this coed EVENING group and participate in stimulating conversations. Do you have an opinion on "What makes an educated person?," "Is there a war on Science?," "Can Socialism and Capitalism Coexist?" or other mind-expanding topics? The members of the group will suggest topics, research them and share in leading the discourse. Meetings will be held in participants' homes or community rooms and the host will provide refreshments. **The first meeting will be October 10.** Minimum 9, maximum 24.



Second Sundays, 7:00 - 9:00 pm (October - May)

Facilitators: **Fee: \$20**
Irene Kestenbaum irenek0426@gmail.com 480-734-7306
Marvin Kestenbaum digsee@me.com 480-883-7639

85. GET OUT OF THE VALLEY "LIGHT" HIKING GROUP *NEW*



We will be leaving very early in the morning and carpooling (or driving alone, if you prefer) to a designated trailhead. Everyone will meet at a parking lot that is convenient to the planned hiking route. Depending on the length of the trail, we will either take a packed lunch or eat at a restaurant following the hike. The group will meet monthly. **The first hike will be October 24.** The start time will depend on the season and weather. Participants will be emailed about time and location for the hike in advance. Maximum 20.

Fourth Sundays, am (October - May)

Facilitator: **Fee: \$20**
Louis Lantz, louis85331@gmail.com 480-381-5647

Various Days

86. BOOMERS

Boomers is a state of mind – it has nothing to do with age. Beginning January, 2022, we will offer 3 activities, -person or virtual, and require all in-person participants to be fully vaccinated. Our activities range from museums, lectures, field trips and more. The Boomers are back on the go. We will meet once a month from January through March, often in the morning, and our meeting day is based on the activity, with Friday preferred. Facilitators will notify members of specific dates and activities by email. Maximum 50.



Various dates/times, (January - March)

Facilitators:
 Michelle Fischler michelleyles@gmail.com 602-380-1559
 Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
 Susan Rollins serollins52@gmail.com 480-563-0411
 Ronee Siegel brandeisboomers@gmail.com 917-273-0393

87. MITZVAH MAVENS



The women and men in this group have made an impact over the last few years by volunteering at a variety of Valley non-profit organizations. We meet at the specific locations of the organizations on various dates, but due to the current situation, we will wait until January to begin our activities in the community. Should we

have an activity that can be done at home sooner, we will notify participants. Maximum participation may vary with the activity. Join us and feel good while doing good! Maximum 100.

Various dates/times, (October - May)

Facilitators:
 Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
 Nan Waldman nanlarry46@gmail.com 602-410-5639
 Ileen Herberg iherberg@aol.com 602-460-0047
 Patti Grossman psgrossman717@gmail.com 602-885-0158

Various Days

88. PHOENICIANS

This group will meet once a month from October through May for a potpourri of activities, primarily in central Phoenix locations. An exciting list of potential activities has already been generated. The particular day of the week, time and place will be determined by the planned activity. Details of the first meeting will be emailed to group participants. Minimum 10, maximum 60.



Various dates/times, (October - April)

Facilitators: Fee: \$20
 Joellyn Pollock joellyn_pollock@yahoo.com 602-257-4327
 Joyce Steinberg joyces12003@gmail.com 602-538-2561
 Terry Taubman terrytaubman@gmail.com 602-319-8351

89. ETHNIC DINING: TRAVEL THE WORLD ON YOUR BELLY *NEW*

Without leaving the state of Arizona, enjoy the cuisine of many cultures: Chinese, Peruvian, Mexican, Thai, Spain, Italian, and/or Middle Eastern. We will journey to 4 restaurants (dependent on availability) around the valley. We welcome couples, individuals and pairs. Welcome one and all! We will announce the restaurant a month before with an RSVP on a first come basis. **Our first dinner will be on November 11.** Minimum 6, maximum 22.

Various dates/times, 6:00 pm (November 11, March 3, May 5);
 11:00 am [Dim Sum] (January 9)

Facilitator:
 Terry Bachenheimer mrsbachy@mac.com 412-780-0730



Various Days

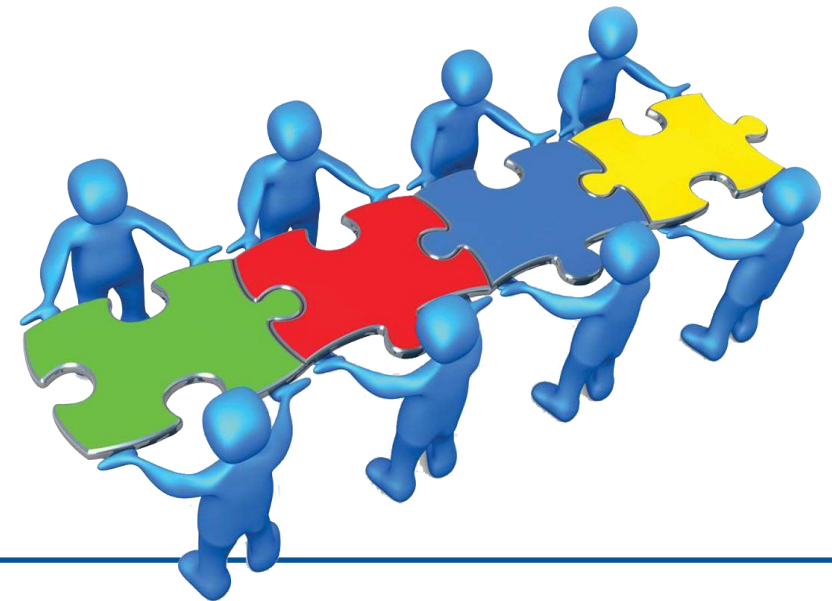
90. MOVERS & SHAKERS

Join us as we explore new and unusual venues in the Valley of the Sun, which may include historical tours, museums, exhibits, and participatory experiences followed by lunch, if possible. We will meet 4 times; October, December, February, and April. Days and times could vary depending on the scheduled event. Participants will be notified by email for each event with details of the specific activity. Activity fees may apply for individual events and the number of participants could be limited. Minimum 10, maximum 50.



Various dates/times, (October, February and April)

Facilitators: Fee: \$20
Harriet Schwartz harriet0715@gmail.com 602-738-0801
Sheila Landau buildor2@cox.net 602-809-5100
Sue Lawler suelawler9@gmail.com 480-502-9036



2021-2022 BNC PHOENIX STUDY GROUP GUIDE TEAM

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