

Sermon Themes and Scriptures

Date: May 2, 2021 Title: Living The Resurrection Theme: Abide in Me Purpose: Cultivating habits for lifelong worship is a part of what we do when we gather for worship. Old Testament: Psalm 22:254-31 New Testament (Epistles): 1 John 4:7-21 New Testament (Gospel): John 15:1-8	Date: May 9, 2021 Title: Living The Resurrection Theme: No Greater Love Purpose: Saying "thank you" to those mothers among us who do help us find our way into the grace of God. Old Testament: Psalm 98 New Testament (Epistle): 1 John 5:1-6 New Testament (Gospel): John 15:9-17
Date: May 16, 2021 Title: Living the Resurrection Theme: We Are Yours Purpose: Making disciples of Jesus Christ for the transformation of the world. It is who we are. We belong to Christ. Old Testament: Psalm 47 New Testament (Epistle): Ephesians 1:15-23 New Testament (Gospel): Luke 24:44-53	Date: May 23, 2021 Title: When the Spirit Moves (Sermon Series) Theme: Spirit Poured Out Purpose: Let the Spirit be poured out on all y'all. It was because they were gathered together that this happened. Old Testament: Ezekiel 37:1-14 New Testament (History): Acts 2:1-21 New Testament (Gospel): John 15:26-27; 16:4b-15
Date: May 30, 2021 Title: "When the Spirit Moves" (Sermon Series) Theme: Born of The Spirit Purpose: Let's be reminded that we are made new in the Spirit, continually renewed in the Spirit. Old Testament: Isaiah 6:1-8 New Testament (Epistle): Romans 8:12-17 New Testament (Gospel): John 3:1-17	Sunday's Service Information Traditional Service – For those that love that "Old Time Religion", we have a traditional worship service that meets every Sunday at 8:30 am. Blended Service – Not too bold, not too mild...just right. Our Blended service combines the best of our traditional and contemporary worship services. The Blended service is every Sunday at 10:30 am. There is also Children's Church available for kids K through 5 th grade and a nursery for infants and toddlers.

Church Contacts

Phone: 305-852-2581, Fax: 305-852-4917

Email: burtonmemorial@bellsouth.net Pastor: pastor.foote@comcast.net

Administrative Assistant: bae_bmumc@att.net Web Site: www.BMUMC.net

Office Hours: Monday – Thursday: 9:00 am to 4:00 pm. Friday – Office Closed.

Newsletter and Bulletin Deadlines

We have a lot of ministries and events going on at Burton and it is important to get the word out regarding them. So, please remember the **deadline for getting information into the weekly bulletin is on Wednesdays. The deadline for monthly Beacon articles is the 20 of each month.** Please send all information that you want placed in the bulletin or in the Beacon to the office at bae_bmumc@att.net

DON'T MISS
THE DEADLINE!

May Birthdays:

May Anniversaries:

DAY	DAY	DAY
Shawn Shaw 3	Fara Cummings 23	Mark & Susan Hulsbeck 1
Gail Preston 4	Finley Cummings 25	Patrick & Fara Cummings 2
Normand Gonsalves 9	Leslie Bennett 25	Allison & Richard Barry 7
Elizabeth Frampton-Hickman 10	Patricia Fincannon 25	
Vicki O'Meara Gassaway 13	Sheila Novak 29	
Brad Kunkel 15	Sue Peacock 29	
Delores Leber 16	Gregory Klifman 30	
Nick Koffman 22	Kathy Lasseter 30	
Liam Shannon 22		



The Beacon

a monthly newsletter publication of Burton Memorial UMC
May 2021

Pastor Kerry's Corner

We have a new sermon series that will kick-off on Pentecost Sunday (May 23, 2021).

Title: When the Spirit Moves

Dates: (May 23rd – June 27th) Every Sunday

Time: 8:30 and 10:30 Worship Services

Place: INDOOR sanctuary



When the Spirit moves, amazing things happen. But they happen through the people who allow that Spirit to motivate them, to guide and direct them, to empower them for the work of making disciples for Jesus Christ for the transformation of the world.

This isn't a small thing, not just a personal, in-house thing. This is a transforming the world thing. And all would agree that this needs transformation.

This series is about what can happen when a people submit to the Spirit. It is a journey through the lectionary texts that will help us see and understand how to be a Spirit-filled people of God.

We are equipped to be communities of faith who are ready to go when the Spirit moves.

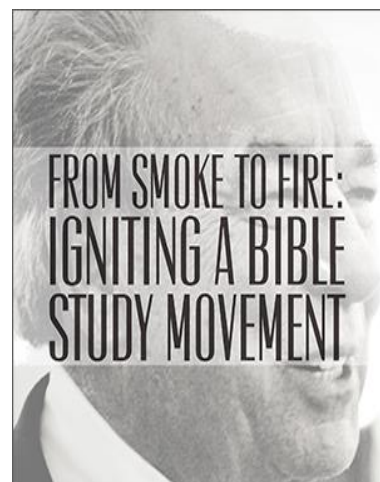
Smokin Monday Adult Bible Study

We will be hosting a Monday Night Bible study that will coincide with our sermon series “**Living the Resurrection**”. The reason for the smoke, is because the pastor will be preparing meals using his Pit Boss wood pellet smoker. The evening starts at 6:00 pm with a fellowship meal. The meat will be provided by Pastor Kerry, and those attending are asked to bring a side dish to share.

Then the Bible Study will begin at 6:30 pm and end at 7:30 pm. Those that are uncomfortable meeting at the parsonage in person can attend the Bible Study via Zoom. Invites for the Zoom meeting will go out every Sunday afternoon via e-mail.

The Pastor's address is: 123 High Street, Tavernier FL 33070.

If you have any questions, you can call Pastor Kerry at 305-407-7040.



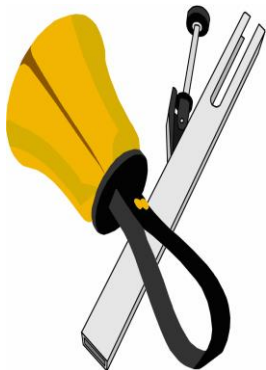
May 16th will be the last Smokin Monday Bible Study.

Choir News

We are still not singing in church due to the pandemic. The choir will start again as soon as it is safe to do so. Until then, keep singing safely, in the car, in the shower, wherever you can. "This too shall pass."



Ringling News



The Burton Ringers, our advanced handbell choir, is taking a break until June 2, when we will resume rehearsing on Wednesdays at 4:30 pm in the sanctuary. We are always seeking new ringers. If you have handbell/music experience, we would love to have you! See any bell choir member or director RaeLeigh Gonsalves for more information.

Baby Belles and chimes are also taking a break! ***But starting June 2, join us on Wednesdays at 3:30 pm in the sanctuary for beginner belles and hand chimes.*** Our beginner handbell/chime ministry is looking for a few more new ringers. We would love to have a few more! Ringing techniques and basic music education are provided. No experience necessary. God offers the best benefit package around! Come and join us.

Altar Flowers

Now that we are all worshipping in the sanctuary, we are opening up the Flower Calendar for 2021! Please consider placing an orchid on the altar in memory of a loved one, in honor of someone or something (such as a ministry or event) or to the Glory of God. In 2021 we will not have altar flowers on Communion Sundays – the Sacrament will be our focus. The rest of the year is almost completely open – so sign up! Cost is \$20.00 per arrangement. The calendar is in the Narthex or you can contact the church office. Please, only two arrangements per Sunday.



College Ministry

The following students are currently enrolled for this college term: James Kirkman, Kyrié Foote, Makenzie Wright, Kayla Lynn de Vroedt, Daniel Walker, Brooke Peacock, and Reid Bennett. Please keep them in your prayers as they continue with their studies. ***Please contact the church office at 305-852-2581 with any changes.***

Status of Offerings

Please remember that the weekly offerings pay the expenses of our worship services, as well as contributing to the various church ministries. Below are the offering and website collections for the past four services.

Last Four Weeks					Year to Date		
Week	Date	Offering	Plan	+ / -	Offering	Plan	+ / -
14	4-Apr	\$4,659	\$3,310	1,349	\$45,929	\$46,340	-411
15	11-Apr	\$5,699	\$3,310	2,389	\$51,628	\$49,650	1,928
16	18-Apr	\$2,658	\$2,013	645	\$54,286	\$51,663	2,623
17	25-Apr	\$2,297	\$2,013	284	\$56,583	\$53,676	2,907



While our services have reopened, we are continuing with our Facebook Live service at 10:30 am, with videos posted on Facebook. If you do not feel safe at this time to come to the church, please help us by either mailing your normal donation by check to Burton Memorial UMC, 93001 Overseas Highway, Tavernier, FL 33070, or go to our website and click on Give Online to set up a payment online.

Message from the Green Team

Knowing the Climate Crisis is the number one issue facing the world today, considering the climate issues multiply injustice, and realizing “We can’t recycle our way to a fossil free economy,” United Methodist Women has turned to the country’s decision makers for leadership by holding a Federal Climate Justice Advocacy Day. Hundreds of members of United Methodist Women from 40 states met with more than 80 members of the United States Congress, both Senators and Representatives, on April 14, to advocate for Climate Justice. As women of faith our priority is both concern for the environment and for the those disproportionately impacted by the climate crisis including: 1) frontline communities like the Florida Keys facing sea-level rise; 2) fence-line communities, predominantly low-wealth, rural, Tribal and Indigenous communities whose lands abut waste dumps, power plants, and factories; and 3) inner city neighborhoods often communities of color who are subjected to high levels of toxic emissionsas well as 4) those workers being displaced by the transition from a fossil fuel economy to clean, renewable energy.

Surprisingly, we learned that our leaders do not hear from their constituents about climate as often as would be expected considering most citizens support climate legislation and the fact that we need urgent and radical changes. Advocacy addressing the visible injustices that engender passion and controversy is voiced loudly. Unfortunately, the need for reduced emissions, (like that of diesel school buses that not only endanger the invisible protective layers of the atmosphere but risk the health of the children inside the buses) doesn’t galvanize us into action and advocacy, even though the devastating and permanent effects of climate crisis are exponential.



If the Climate Crisis concerns you, please, please contact both your State and Federal Representatives and let them know we are depending on them to prioritize climate action...for God’s sake.

Faith, hope and love in action,
Burton Green Team



God’s Kitchen/Food Pantry

Our food pantry is starting to see a few less clients each month. We are still serving about 100 takeout meals for Thursday night God’s Kitchen Free Dinner. If you are able to help with our dinner, cooking, cleaning, or boxing up meals on Thursdays, or if you can help with our pantry, creating grocery bags or handing out food, please call the church office at 305-852-2581.

Stamp Out Hunger

For more than 20 years, the National Association of Letter Carriers (NALC) has conducted an annual nationwide food drive on the second Saturday in May. This is the second year NALC has moved the drive online due to the *coronavirus pandemic*.

Rather than leaving bags of food by their mailboxes on the second Saturday in May, postal customers will be urged to donate to their local food pantry. Of course, in our case, this is Burton’s Food Pantry. ***Many thanks to all of you that already donate your time, food or money to the Food Pantry.*** If you wish to make a donation, please put your donation in the offering plate on Sunday, or mail a check to Burton Memorial UMC at 93001 Overseas Highway, Tavernier, FL 33070. Please make sure to indicate Food Pantry on your checks or offering envelopes.



Health and Wellness

by Debbie Premaza, RN, BSN (304-546-6682)

Self-care article summary - Part 1 of 3-part series - <https://draxe.com/health/self-care-checklist/>

You'd think that "self-care" is a series of intuitive actions that are done naturally, but that's not really true, is it? Practicing self-care really requires reflection and motivation. Your self-care checklist may differ greatly from your spouse's, mother's or child's, so it also needs to be customized to suite your needs. But don't underestimate the benefits of self-care, especially during stress-inducing times. Over time, those who take care of themselves will experience greater overall health and longevity.

What Is Self-Care? Self-care is really what the name implies — taking care of your personal health and well-being. You are responsible for your physical, emotional and mental health, and keeping these elements balanced requires so much consistent self-love. Researchers [define](#) self-care as "the set of activities in which one engages throughout life on a daily basis." These activities are meant to: >promote optimal health >prevent illness >detect symptoms early >manage chronic disease. Self-care is essential. Although it's sometimes viewed as a luxury — trips to the spa, retreats, getaways and take-out juices, it's really made up of small, everyday steps you take to enhance your overall wellness.

How to Use This Checklist: This self-care checklist is a compilation of activities and habits that can be added to your daily routine to promote your overall health. You don't have to implement all of these ideas, necessarily, but you can choose which ones are needed to promote your personal well-being. For the most part, these activities are practiced daily or several times per week. Remember that one of the best self-care strategies is sticking to a routine and making these actions part of your everyday life.

PHYSICAL HEALTH : One of the most important aspects of health is physical self-care, which benefits not only your body, but your mind, too. To take care of yourself physically, you need to move and fuel your body. Healthy lifestyle habits like engaging in regular physical exercise, eating a well-balanced, whole-food diet, and supplementing with health-promoting herbs and nutrients will have a lasting impact.....Another study, this one published in *American Family Physician*, [highlights](#) that "diet is the single most significant risk factor for disability and premature death." Here are the top physical self-care ideas:

1. Get enough sleep: Try your best to get at least seven hours of sleep every night, perhaps with [natural sleep aids](#). Without enough sleep, you face an increased risk of issues like depression, increased weight gain and inflammation, and decreased attention span.

Practice frequency: Each evening.

2. Exercise daily: Physical activity, in any form, should be a priority. You can go for a jog or walk, do yoga, lift weights, ride a bike — you name it. Moving your body is key. Practice frequency: Engage in some kind of physical activity every day.

3. Eat a well-balanced diet: We know that diet plays a leading role in your health, so focus on eating a well-balanced diet that's filled with whole, fresh foods whenever possible. Practice frequency: Daily.

4. Support your gut: Your gut health impacts so many aspects of your overall wellness, from immunity, to nutrient absorption, mental health and digestion. It's important to support your gut by taking [probiotics](#), eating healing foods like bone broth and fermented veggies, and avoiding inflammatory foods. Practice frequency: Daily. **5. Boost immune function:** Support the health of your immune system by using immune boosting herbs like echinacea, elderberry, ginseng and astragalus root, foods like bone broth and green tea, and supplements like vitamin D and zinc. Practice frequency: Daily.

[Mark 12:30-31](#) Love the Lord **your** God with all **your** heart and with all **your** soul and with all **your** mind and with all **your** strength.' The second is this: 'Love **your** neighbor as yourself.' There is no commandment greater than these."



Bereavement Support Group

We are providing a bereavement support group weekly at Burton on Fridays in the Fellowship Center starting at 11:00 am. For more information, please contact Cindi Miller, 786-236-6336 or cynthia651@msn.com.



**United
Methodist
Women**
Faith • Hope • Love in Action



We really want to thank the congregation for stepping up and giving their monetary donation to the World Thank Offering and our non-tea this year. Hopefully, we will be able to do some kind of tea next year. The World Thank boxes are a continuing fund drive for UMW, and you if you want to help children youth and women around the world, those donations are always being collected. Thanks 🙏 again.

May's monthly meeting on May 24 will be at 9:00 am at Harry Harris Park down by the baseball ⚾ fields, under one of the covered picnic tables. For those that don't drive at night and for the rest of us who are tired of ZOOMING, we will be having a semi potluck breakfast with Kim Young doing oven French-toast. After the breakfast, we can sit around and talk about what you see UMW doing in the coming year and visit. So please come with a little something to contribute, or not, as I am sure there will be plenty to eat and talk about. Hope to see you. If you need a ride, please call me at 305-394-3878 and we will get you to our breakfast on time 😊

Mary Lou Wilkinson, President

Prayer Bead Ministry

Did you know that the month of May is known as the month of *Poetry and Love*?

Okay, don't worry, I won't bore you with another poem. But speaking of *love*, Sunday, May 9, is Mother's Day!

Please consider our beautiful prayer beads as a gift for your Mother or someone who has given you love beyond measure. .

If you would like more information, just call Linda Norman at 305-393-2589. Please feel free to call or text or email to lindalillonorman@gmail.com.



Prayer Shawl Ministry

Prayer shawls are made for all occasions, so just let us know what you would like. Some ladies knit and crochet at home. The picture to the left shows Deborah Shelley with a baby blanket she has made.

Every Thursday evening, we meet for fellowship, to knit and crochet. You are welcome to join us at 7:00 pm in the Joy Classroom. We will teach and we have supplies, or just come for conversation. For more information call Virginia Spear at 305-522-2978.

Membership and Information Class

If you would like to discover more about Burton Memorial United Methodist Church and what it means to be a member of the United Methodist Church, *please contact Pastor Kerry to set up an appointment*. Call or text him at 305-407-7040 or email him at pastor.foote@outlook.com.

National Day of Prayer

The National Day of Prayer was created in 1952 by a joint resolution of Congress and signed into law by President Harry S. Truman. In 1988, the law was unanimously amended by both the House and the Senate and signed into law by President Ronald Reagan on Thursday, May 5, 1988, designating the first Thursday of May as a day of national prayer. Every president since 1952 has signed a National Day of Prayer proclamation. The hope is that individuals, churches, and spiritual leaders in America, will humble themselves and unify in prevailing prayer for the next great move of God in America. We can come together in clear agreement that this is our greatest need. We can become a visible union, standing together in prayer. We can pray more than ever before, and practice extraordinary prayer for the next great move of God in America that will catapult the message of the gospel nationally and internationally. ***This year the National Day of Prayer Service is being celebrated at Matecumbe UMC at 7:00 pm on Thursday, May 6.***

Sunday Movie and Pancake Luncheon

Burton Memorial's **Sunday Movie and Pancake Luncheon** will continue through May for individuals that would like to join us in viewing "The Chosen" Season 2. The event will start at 12:00 pm with a pancake luncheon in the fellowship center followed by a viewing of the various episodes of "The Chosen" in the sanctuary.

(Mask will still be required in sanctuary)

We will need volunteers to prepare pancakes and sausage on Sunday mornings. If you are interested in helping, please contact the church at (305) 852-2581 and sign up for a Sunday. The batter and sausage will be provided, all you have to do is prepare the food and serve from the steam table.

To help those that are participating in our Health and Wellness "Biggest Loser" event, fresh fruit will also be provided as a substitute for the pancakes.

Post Covid-19 Party

Each and every day we are starting to get more and more good news about people getting vaccinations and how the number of deaths and hospitalizations are on the decline due to Covid-19. Now, I know we are not out of the woods yet, but I am starting to see a light at the end of the tunnel, and I see Reed Bennet's constant prayer for the removal of Covid-19 starting to come true.

With that said, **when** we are finally clear of this virus, we need to celebrate in a big way. So, right now I would like to take all your ideas and suggestions as to how we can celebrate. Call me or text me at (305) 407-7040.

Prayer for COVID-19

Jesus, during your ministry on Earth, you showed your power and caring by healing people of all ages from physical, mental, and spiritual ailments. Be present now to those who need your loving touch because of COVID-19. May they feel your power of healing through the care of doctors, nurses, and others who help them in any way. We pray you take away the fear, anxiety, and feelings of isolation felt throughout the world.

Compassionate God, who in your Son Jesus Christ healed the sick, touched the hearts of the troubled, and sent disciples to announce good news to the poor, we offer this prayer for peace and for the intentions of all those who are praying with us.

Amen.

— MAKE —
A SUGGESTION
Your Idea Counts!

MissionU

Below is the 2021 Mission u flyer. Register before May 15 by going to <https://www.eventbrite.com/e/148295725507>.

Join us as we Celebrate!
75th Anniversary
of Mission Education
in the
Florida Conference

Faith, Hope, and Love
in Action
at Mission u 2021!

Mission u 2021



There's Far More Here
THAN MEETS THE EYE

Welcome back
home to
"Mission u!"



Registration:
Opens: April 1
Closes: May 15

Safety
CDC
Guidelines:

Social
Distancing

Single
Rooms &
Family
Lodging

Smaller
Meal
Settings

Hand
Washing

Limited
Class
Size

**Masks are
Mandatory!**

Studies Virtual via ZOOM:
June 19 & 26; & July 15-17
Bearing Witness
Pushout: The Criminalization of Black Girls in Schools

Studies Onsite: July 15-17
Bearing Witness: Creole, Spanish, Korean, English
Pushout: English
Children & Youth Classes

*Total Onsite Adult-H.S. Youth:
Cost: Includes meals & lodging: \$150
Youth 6-8th \$100; Children K-5: \$80
Children under Age 5: No charge
Scholarships: Contact your District President!
***Registration: \$20 (For virtual or onsite)**
Deadline: May 15!

Pamela Davis, Dean &
Kenya Monroe, Asst
Dean
Welcome You!



Mission u 2021 Team
looks forward
to seeing YOU!



TO REGISTER ON LINE, CLICK LINK BELOW:
<https://www.eventbrite.com/e/148295725507>