

## MAY DATES OF NOTE:

Monday, May 1 by app't  
Sole Solution Footcare (see p 9)

Tuesday, May 2  
Aging In Place Safely 12:30pm

Wednesday, May 3  
Crafting w/Sonya 1pm

Thursday, May 4  
Chair Yoga with Wendi 1:30pm

Tuesday, May 9  
Greenland Sounds & Villages 9am  
Blood Pressure Clinic 11am  
GAMETIME w/Wyngate 1pm

Wednesday, May 10  
Board Meeting 10:15am  
Alzheimer's Conversation 12:30pm

Thursday, May 11  
PRODUCE TRUCK 8am  
Chair Yoga with Wendi 12:30pm

Tuesday, May 16  
COMMODITY BOXES 8am  
Blood Pressure Clinic 11am

Wednesday, May 17  
OSHIIP COUNSELING 8:30am

Thursday, May 18  
Chair Yoga with Wendi 12:30pm

Saturday, May 20  
Round & Square Dance 1-3pm

Thursday, May 25  
PRODUCE TRUCK 8am  
Chair Yoga with Wendi 12:30pm

MONDAY, MAY 29  
BUILDING CLOSED ALL DAY

Wednesday, May 31  
OSHIIP Representatives 11am

BIRTHDAY LUNCH 11:30AM  
Remember to RSVP!

**PICKAWAY SENIOR CENTER**  
2105 Chickasaw Drive  
Circleville OH 43113  
740-474-8831  
[www.pickawayseniors.org](http://www.pickawayseniors.org)

# P S C

## Pickaway Senior Center

### *From the Desk of the Director*

Hello all! I hope this finds you well. Spring is in the air, it's nice to see everything greening up and blooming!

A huge thank you to everyone for all the help and support in making the Annual Fundraiser a success. I'm always in awe at the way the community rallies around and supports the seniors and the senior center. We are blessed by all of you! Thank you!

Sole Solutions has appointments available Monday, May 1. If you are interested in the foot clinic with Cathy Maxon, RN, call the Center ASAP to schedule. She visits the first Monday of each month. Cost is \$35.

Pickaway Manor will host a craft event on Wednesday, May 3 at 1pm. All are welcome.



On Tuesday, May 9 Tony Dzik will be in to talk about all things Greenland at 9 am. Stop by for an interesting chat about travel. In the afternoon, Wyngate will host a fun, interactive game at 1 pm.

MidOhio FoodBank Produce will be distributed on Thursdays, May 11 and 25, starting at 8am; Commodity boxes will be in Tuesday, May 16.

The May Birthday Party will be on Wednesday, May 31 at 11:30 am. Please RSVP to 740-474-8831. May birthdays eat FREE.

The center will be closed Monday, May 29 for Memorial Day.

Lunch is open to everyone. Please call ahead if you would like to join us! Lunch is served Monday through Friday starting at 11:30 am.

Please join us for an activity or lunch at your Senior Center!

  
Holly Cottrill Romine,  
Executive Director





**Pickaway Senior Center  
BOARD OF DIRECTORS:**

Sally Galecki	President
Tonya Thompson	Vice President
Lisa Robbins	Treasurer
Al Canarsky	Secretary & Membership President
Holly Cottrill	Executive Director
Dennis Bothel	Fiscal Officer
Bob Mabe	Ed Boyer
Ellery Elick	Jackie Rish
Sheriff Matthew Hafey	

**Pickaway County  
Commissioners:**

Jay Wippel  
Gary Scherer  
Harold Henson

SUGGESTED LUNCH DONATION  
**increased to \$4.00 on**  
WEDNESDAY, FEBRUARY 1

**PICKAWAY  
SENIOR CENTER**

2105 Chickasaw Drive  
PO Box 565  
Circleville OH 43113

[pickawayseniors.org](http://pickawayseniors.org)

Office	740-474-8831
Toll Free	888-397-7246
Nutrition	740-474-8617
Fax	740-477-8114

**Office Hours:**  
**Monday-Friday**  
**8am — 4pm**

*\* Due to COVID-19: some services,  
hours and days have changed.*

*Services provided Monday ~ Friday*

**Adult Day Care:**

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

**Services available**  
**Tuesday—Thursday**  
**9am—1pm.**

Transportation and lunch provided.



**Congregate  
(Shared) Meals**

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



**Meals on Wheels:**

A hot, nutritious lunch delivered to your home five days a week.



**Transportation**

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

**National Family  
Caregiver Support  
Program**

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

**Supportive Services**

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

**PROVIDED MONTHLY**

**Commodity  
Supplemental Food  
Program (CSFP)**

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on second Tuesdays.



**Produce Market**

Mid-Ohio Foodbank delivers 2500 pounds, or more, of fresh produce on the second and fourth Thursday of each month.

**For additional  
information on  
any of these  
services, call  
Pickaway  
Senior Center:**

**740-474-8831**



**The Pickaway  
Senior Center  
is a non-profit  
organization.**

**We are supported by  
financial  
contributions from:**

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers





## MAY BIRTHDAYS — HAPPY BIRTHDAY!



### MAY 1

Linda Downs  
Patricia Featheringham  
Shirley Lorick  
Lindsey Hill

### MAY 2

Mary Fuls  
Mary Moss  
LouAnn Smith

### MAY 4

Charles Maxwell  
John Hoffhines

### MAY 5

Judy Hatfield

### MAY 6

Dale Edwards  
Kathy O'Bryan  
Forrest Traylor

### MAY 7

Anne Pack  
Wanda Evans  
D Kempton

### MAY 8

Carolyn Cornwell  
Carol Carter  
Harriet McClish  
William Snyder  
Annemarie Stewart  
Douglas Schoepfoerster



### MAY 9

Joellen Jacobs  
Jeffrey Peters

### MAY 10

Gracille Kuhn  
Jack Huffman  
Tom Spring  
Joe Cavinee  
Teresa Riffle

### MAY 11

Connie Damron  
Judy Fenwick  
Anna Neal

### MAY 13

Terrie McDaniels  
Clark Redding

### MAY 14

Shirley Norris

### MAY 15

Diana Reisinger

### MAY 16

David Betz

### MAY 17

Ruby Baylous  
Wayne Atwood  
Lois Peck  
Mary Ann Willard

### MAY 18

Bob Bensonhaver  
Dave Horning  
Jackie Congrove

### MAY 20

Linda Dunkle  
Vianna Borders

### MAY 21

Anna Hedges  
Sulayne Streitenberger

### MAY 22

Bertha McGuire

### MAY 23

Glenn Park

### MAY 24

Olamae Cox  
Diane Smith  
Penny Savage  
Deborah Schooley

### MAY 26

Serena Isaac

### MAY 27

James Rhymer

### MAY 29

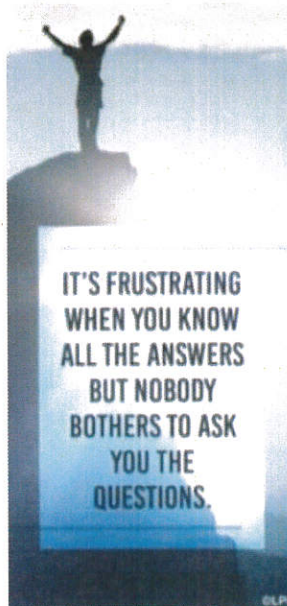
James Graves

### MAY 29

Carol Reichelderfer

### MAY 31

Della Whitten  
Naomi Adkins  
Donna Murphy  
Joann Van Buskirk  
Rose Kennedy



## OUR GRATITUDE TO DONORS!



### FUNDRAISER

The Fundraiser was Friday, April 28, two weeks after this went to press.

**We are grateful for our Sponsors (\$1000 +)**

**The Savings Bank American Legion Post 134**

**Rader Oil**

**VFW Post 3331**

**(\$250-999)**

**Living By Faith Ministry**

**Mt Pleasant Presbyterian**

**Wichert/Trimmer Insurance**

**Anthem Insurance**

**(\$100-249)**

**Homeland Credit Union**

**Nutter Excavating**

**Elks Lodge No 77**

**Vinton County National Bank**

**Logan Elm Health Care Center**

**Dennis Shaw**

**Edward Jones, Tom & Diane Hill**

**Circleville Township**

**Keith & Elsa Peters**

### \$10 Fund Donations

Linda Harden  
Anonymous  
Linda Morrow  
Jerry & Betty Wolford  
Dennis & Carol Blaney  
Linda & Glenn Reeser  
Carolyn Barton  
Nancy Fee  
Patricia & Bob Swaim  
Barbara Smallwood  
Sally LeMaster  
Lydia DeLong  
James & Sheila Gee  
Patricia & Dale Edwards  
Sara Jackson  
Shirley Thompson  
Ruby Baylous  
Linda Dunkle  
Carolyn Barton  
Sondra Starkey  
Bonnie Watson  
Judith Hatfield  
Marcella Johnson  
Laura Groves  
Susan Beckley  
Sharon Arledge  
Allen & Margaret Rickey  
Charles & Susan Patrick  
Kenneth Hardesty  
Jeane Crider  
Mary Steele



**In Memory or Honor of...**

*Recognition Gifts to the Pickaway Senior Center are very thoughtful gifts  
which allow others in Pickaway County to be helped.*

Enclosed is my gift of \$ \_\_\_\_\_

In:

☐ Memory of: or ☐ Honor of:Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by: \_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

**Pickaway Senior Center**

PO Box 565

Circleville OH 43113

**REMINDER**

You are invited to renew your membership by MAY 5! Unpaid memberships will be removed from the birthday and mailing list before the next newsletter.

Please renew to ensure you continue to receive the monthly newsletter.

**Dues are \$10.00** per year per person. Thank You.

-----  
MEMBERSHIP DUES ARE \$10 PER PERSON, PER YEAR

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_

BIRTH DATE \_\_\_\_\_

MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$ \_\_\_\_\_

CHECKS PAYABLE: Pickaway Senior Center

MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113



## WELCOME NEW MEMBERS!



### New Members

Shelia Braid  
Rick Braid  
Nancy Calder  
Betty Coleman  
Jackie Congrove  
Barbara Davis  
Jo Ann Echelbarger  
Linda Foster  
Dave Horning  
Laura Horning  
Robert Kiger  
Phil Leahy  
Nancy Lieber  
Diana Reisinger  
Bruce Rickerd  
Cindy Rickerd  
Teresa Riffle  
Kathy Ritchie  
Bill Sark  
Susan Sark  
Mary Woods

BIG THANKS TO 91 EXISTING  
MEMBERS WHO RENEWED IN  
MARCH, with the total number  
of renewals now 448!

### Memorial/Honor of Donations

In Memory of  
Judith E Fee Myers  
Given by,  
Nancy Fee

## IN HONOR & IN MEMORY WITH GRATITUDE...

In Memory of  
Roma Conrad  
in honor of her May 13 birthday  
Given by,  
Glenn & Linda Reeser

In Memory of  
Kenneth Harness  
Given by,  
The Spence Family  
Delores "Dee" Mason  
Diana, Kim & Lisa Harness  
Tammie Harness  
Bill & Patti Danison  
Steve & Teresa Riffle  
Pam Patrick  
Michael & Pamela Johnsen  
Meg & Don Kadunc

In Memory of  
Phillip Gullata  
Given by,  
Gregg Augustine  
Petals & Possibilities  
Chelsea Hedrick's Christmas Kids  
Amanda Fire Fighters  
Tony & Marge Gullatta  
Jim & Janice Morrow  
Lori Herron & David Cuthbert

In Memory of  
Estalena Gee  
*with Thanks to the Senior Center  
for lunch deliveries*  
Given by,  
Jim & Sheila Gee

In Memory of  
Jim Harber  
*in honor of our May 25  
wedding anniversary*  
Given by,  
Rhea Harber

In Memory of my Mother  
Annie Mowery Ruff  
Given by,  
Donna Raines

In Memory of  
Rose Hardesty  
Given by,  
Kenneth Hardesty

In Loving Memory of  
Judith A Gary  
1949—2023  
Given by,  
Stephen A Gary  
C J Gary

In Memory of  
Tom & Doris Boyer, Jr  
Given by,  
Ed & Debby Boyer

In Memory of  
John & Annabelle Ruehling  
Given by,  
Ed & Debby Boyer



## SPECIAL ENCORE PRESENTATION!



### GREENLAND:

## *Sounds & Villages*

a visual tour w/Tony Dzik

**TUESDAY, MAY 9, 2023**

**9:30 AM**

Join Tony for a fascinating — and jaw-dropping — look at Greenland, also known by Kalaallisut Kalaallit Nunaat, to its Inuit population.

This, the world's largest island, is noted for its immense glaciers, vast tundra, colorful villages, and beautiful waterways.



**NIAGRA TRIP CANCELED. REFUNDS TO BE SENT THIS MONTH.**



### WASHINGTON DC

Friday– Tuesday, September 8-12

- Motorcoach to DC area with four nights lodging, eight meals
- WWII, Korean, Vietnam Memorials; Embassy Row, Smithsonian, Capital Hill; Lincoln Memorial and more!
- Night Tour: Memorials/Monuments
- Admission to Museum of the Bible
- Admission to Mount Vernon Estates
- Tram through Arlington Cemetery
- \$725 per person double occupancy
- \$934 single occupancy

**Sign up due by Friday, June 30**



### MYRTLE BEACH

## *Holiday Shows*

Monday–Saturday,  
November 13-18

- Motorcoach to Myrtle w/overnight stay; three overnights in Myrtle
- Three evening Christmas shows: *Legends in Concert*, *Carolina Opry*, *Alabama Theater*
- *Le Grand Cirque Christmas*
- *The Man of a Thousand Voices*
- Beaches, Boardwalks, LW Paul Living History Farm
- \$740 per person double occupancy
- \$939 single occupancy

**Sign up by Friday, September 8**



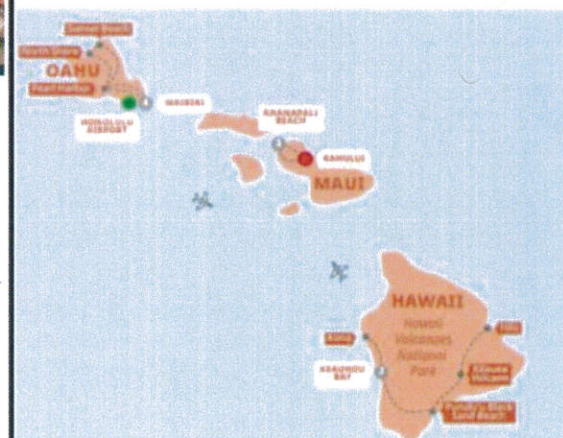
### CANYONS + NATIONAL PARKS

October 3: 13 days/12 nights

Fly to Vegas: Grand Canyon, Flagstaff, Lake Powell, Monument Valley, Bryce Canyon, Zion, Salt Lake City, Grand Tetons, Jackson, Yellowstone, Cody, Little Bighorn, Sheridan, Crazy Horse, Keystone, Mt Rushmore, Rapid City

- \$3,575 per person, double occupancy
- \$4,600 single occupancy
- \$3,240 per person, triple occupancy

Pick up registration information from the Volunteer Office.



### TRAFALGAR'S

### BEST OF HAWAII

November 10 — 10 days/9 nights

Waikiki, Oahu's Beauty, Honolulu, The Big Island, Kona, Volcanoes National Park, Maui Flora & Fauna, Luau and Farewell dinner.

- \$5,186 per person, double occupancy
- \$6,347 single occupancy
- \$ 4,933 per person, triple occupancy

Pick up registration information from the Volunteer Office.



**HOME HEALTH**

Tuesday, May 2,  
12:30pm

**Accessing YOUR  
Home Health Benefits**

Less than 20% of all Medicare beneficiaries utilize their home health benefits each year.

Learn how to age in place, gracefully, within your home, accessing benefits you deserve!

Come learn how to do so, with Mike from Purpose Care (formerly Honor)!

Snacks provided.



**Promedica/  
Heartland  
BP Clinic**

NOW ON 2nd &  
3rd TUESDAYS  
EACH MONTH!

**ALL ARE WELCOME!**

Tuesday, May 9, 11am  
Tuesday, May 16, 11am

**Promedica/Heartland  
*Palliative Care  
or Hospice Care***

**What's the difference?**

**Wednesday, May 31,  
12:30pm**

**AARP SMART DRIVER COURSE/ CLASS**

**WHEN:** May 18, 2023

**WHERE:** Pickaway County Library, Koch Meeting Room 1160 North Court St. Circleville, OH 43113

**TIME:** 12:30 p.m. to 4:30 p.m.

Dale Gillette, retired deputy from Pickaway Sheriff's Office will be the instructor for the **AARP Driver Class**. AARP does charge for the classroom course, but **Pickaway County S.A.L.T. Council** will pay the cost for **50 and over Seniors**, Class is also available to those that are not Seniors, but must pay for cost ( **\$26.95 for members and \$29.95 for non-members**). You must sign-up by calling **Gail Howard, S.A.L.T. President** at **419-460-1452**. Please bring **AARP** card, if applicable, and your **Driver's License**. Certificate of Completion is good for 4 years for a possible insurance discount. (Contact your Insurance carrier).  
\*Coffee, Water & Snacks will be provided.



**LOGAN ELM**  
— HEALTH CARE —

THE RIGHT PLACE. THE RIGHT CHOICE.

**370 Tarlton Rd.  
Circleville, OH**

**740.474.3121**



**All new 18 private  
rehab Suites**

*You have a choice*





# HEAP

## SUMMER CRISIS PROGRAM

HEAP Summer Crisis Program provides assistance with paying an electric bill, help with the cost of central air conditioning repairs, and/or purchase of window air conditioner or fan.

Eligible households must include an elderly member (age 60+), or provide physician documentation that cooling assistance is needed for a household member's health. The program typically runs July 1 - August 31.

Appointments encouraged:  
CALL (833) 359-2804.

## The Wyngate at Circleville

*Senior Living Community*

**TUESDAY, MAY 9**

**12:30 PM**

Each month, Wyngate will bring us a fast-paced game of some sort. There are prizes and fun for everyone!

There's no need to RSVP just show up and bring your friends!



**DON'T BE A SQUARE!  
GET YOURSELF THERE!**

## Fun Dance



### Square & Round Dance

*as called by: Ed Laurenschiagen*  
Planned by Belva Pritchard

**Saturday, May 20**

**1—3pm**

\$5 per person

**LET'S GROW YOUR BUSINESS**  
Advertise in our Newsletter!

**CONTACT ME Dan Goben**

[dgoben@lpicommunities.com](mailto:dgoben@lpicommunities.com) • (800) 950-9952 x2633

### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace

• Providing affordable housing for  
elderly/62 years or older and/or disabled

176 Rustic Drive • Circleville, Ohio 43113

740-477-2514 • Fax: 740-477-7456

email: [pmha@pickawaymha.com](mailto:pmha@pickawaymha.com)

TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer



### Trusted In-Home Care

Live life your way! From a few hours to 24/7 care, we're there when and where you need us.

Personal care, Housekeeping and More!

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[homehelpershomecare.com/lancaster](http://homehelpershomecare.com/lancaster)

Each office is independently owned & operated



*Our Mission is to improve your health and well-being.*

**PROMEDICA** | Your Health. Our Mission.

Formerly Heartland Hospice

116 Morris Rd. Suite B • Circleville, OH 43113

740-420-0605



**FREE**  
AD DESIGN  
with purchase  
of this space

**CALL 800-477-4574**



PROMEDICA PRESENTS:



**EACH THURSDAY AT  
12:30PM**



**CRAFTING WITH**  
*Sonya*  
of Pickaway Manor

**WEDNESDAY • MAY 3  
1PM • RSVP ASAP**

**CREDIT & DEBIT CARDS**

**THE CENTER NOW ACCEPTS  
CARDS FOR PAYMENT!**

You can renew membership,  
pay for a trip, make a donation,  
buy meal tickets for the week  
or month — with plastic!

The Pickaway Senior Center  
now accepts these payments  
through Credit and Debit cards  
(both Visa and MasterCard).

Please note:

- Cards only accepted for Center transactions (excludes other vendors, like Sole Solutions).
- There is a \$10 minimum requirement per transaction.

**SOLE SOLUTIONS**

*Nurse Delivered Footcare*



**NOW FIRST MONDAY, ONLY**  
**Monday, May 1**  
**9am—1:30pm**

**BY APPOINTMENT ONLY**

**Call the center  
740.474.8831**

**and set your  
\$35 FOR ½ HOUR  
APPOINTMENT**

**NEVER MISS  
OUR NEWSLETTER!**

**SUBSCRIBE**

Have our  
newsletter  
emailed  
to you.



Visit  
**www.mycommunityonline.com**

*"Discover where to Recover"*

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- PT, OT & Speech Therapies
- IV Services and Medication Management

391 Clark Drive | (740) 474-6036  
www.optalishealthcare.com

**PICKAWAY MANOR**  
AN OPTALIS HEALTH & REHABILITATION CENTER

**The Trusted Senior Care Provider  
For Over 125 Years**

**740.474.6238**



**BROWN**  
MEMORIAL HOME

**158 East Mound St • Circleville**  
**BrownMemorialHome.org**



**Pickaway Senior Center**  
2105 Chickasaw Dr.  
PO Box 565  
Circleville OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville OH 43113

RETURN SERVICE REQUESTED

Current Resident



## MARCH STATISTICS

### Transportation

31 people  
221 transports  
**3697 miles**

### Adult Day Care

6 people  
60 transports  
**600 miles**

### Hot Meals Delivered

**9634 meals**  
**8514 miles**

### Meals Served In Person

**581 congregate meals**

### Fresh Produce Disbursed

**4508 pounds of produce**

### Commodities Disbursed

**101 families served**

## DON'T MISS OUT

**Check out upcoming  
events and activities  
at the Center!**

Director's Desk ..... p1  
Overview of Services .....p2  
Birthdays & Donations .....p3  
Recognition & Renewal .... p4  
Welcome & THANKS..... p5  
Trips: Virtual & Real ..... p6  
Purpose Care, BP Clinic .....p7  
SALT Safe Driver .....p7  
HEAP: Summer is Coming. p8  
FUN DANCE & GAMES ..... p8  
Yoga, Crafts, Footcare ..... p9  
Credit and Debit Cards ..... p9  
\$4 Meal Menu .....p10  
Activities Calendar ..... p11  
Vital Stats, Generosity ..... p12



**Your donations  
are VITAL to the  
daily operations  
at the Center!**

Donations and new memberships received during the first 10 days of April are included in this newsletter.

Those received later in April will be included in June's newsletter.

**By completing the monthly Newsletters this way, the Senior Center does not pay for the printing and digital publication! This is a HUGE cost savings!**

Thank you for your generosity & understanding!