

SUCCESS STORIES

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Stephanie Moore (Sunrider Sport)

To most of my mom's business associates, I'm the typical student athlete; but to my friends, I'm a human machine, playing a zillion sports a week and working on the weekends. Maintaining a 3.5 GPA and trying to stay injury free puts massive amounts of stress on my body. Playing soccer, running cross country and track, working as a waitress, and helping out in the children's ministry at my church doesn't give my body much time to rest.

The Sunrider® foods give my body the fuel it needs to keep me playing my hardest all the time. The NuPlus® and Quinary® that I take every morning and night provides my body with the energy to make it through both halves of my soccer games, practices, and workouts. Instead of drinking the Gatorade that most athletes swear by, I find that drinking Fortune Delight® hydrates better when I go for the long 5K and trail-blazing runs.

During cross-country season I strained my hamstring, but with Joi® and SunBreeze® I was able to power through the pain and make a speedy recovery in time to run in the state finals. At the state finals, I came prepared with my usual NuPlus® and Quinary®, Joi®, Ese®, SunBreeze®, Fortune Delight®, and Evergreen®. Knowing that no matter what injury might come my way Sunrider® foods will provide the proper nutrition to put me right back into the game gives me peace of mind to focus on the game at hand.

Every day, I expect my body to deliver 110%. No Sunrider, no game.

Stephanie Moore, daughter of Barbara Moore

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