Vocabulary: all answers must be followed with “sir”

**Long Stance**: Ap-koo-bee  
**Back Stance**: Dwee-koo-bee  
**Horse Stance**: Joo-chum Su-gee

**Knowledge:**

**What is the bow:**
The bow is the Korean form of greeting.

**Why do you bow?**
We bow to show sincerity of respect.

**When do you bow?**
We bow to the Master/Instructor anytime and anywhere we see them. We also bow as a group at the beginning and end of every class.

**Counting Numbers**

**Home Rules**: Age 13 & under Numbers 1-8