

WHITE TIGER MARTIAL ARTS

Sr.Green Belt

Vocabulary: all answers must be followed with "sir"

Long Stance: Ap-koo-bee

Back Stance: Dwee-koo-bee

Horse Stance: Joo-chum Su-gee

Knowledge:

What is the bow:

The bow is the Korean form of greeting.

Why do you bow?

We bow to show sincerity of respect.

When do you bow?

We bow to the Master/Instructor anytime and anywhere we see them. We also bow as a group at the beginning and end of every class.

Counting Numbers

31. Su-run Ha-nah 32. Su-run Dool 33. Su-run Set 34. Su-run Net 35. Su-run Da-Sut
36. Su-run Yu-sut 37. Su-run Eel-gop 38. Su-run Yu-dul 39. Su-run A-hop 40. Ma-hun

Home Rules: Age 13 & under Numbers 1-8