AT YOUR SERVICE

A GUIDE FOR ENGLEWOOD SENIOR ADULTS

AGE-FRIENDLY ENGLEWOOD
The Community Chest
thanks the Age-Friendly Englewood Coalition
for its excellent work in making
this important information available to
Englewood's older adult residents,
their families and others who care
for them and about them.

The Community Chest was founded in 1933 -- during the
depths of The Great Depression -- by a group of caring and
committed community residents who were concerned about
the welfare of their neighbors.

Inspired by the neighborly spirit of our founders, we continue
to fulfill their goal of neighbors helping neighbors.

Help us celebrate our 85th anniversary by sharing and
enjoying the many events planned throughout the year.

For more information visit our website
www.thecommunitychestofenglewood.org
At Your Service
A Guide for Englewood’s Senior Adults

About this directory

This directory is designed to make it as easy as possible for older adult residents of Englewood, New Jersey – as well as those who care for them and/or those who care about them – to find and use the many resources that are available in our community.

This directory was developed and produced by Age-Friendly Englewood, a coalition of organizations and individuals who are working with the City of Englewood to make this a great place for people of all ages – especially for older adults who want to age-in-place in this wonderful city.

How to use this directory

This directory offers the names and telephone numbers of service providers in the Englewood area. Providers outside of the immediate area are also included when appropriate. It is our hope that Englewood residents will use this directory as a first place to look when they need information about available services.

We have made every effort to cover the full range of services and topics of interest to older adults. If you are aware of additional services or of corrections to the information in this directory, please let us know!

Age-Friendly Englewood
Website: www.age-friendlyenglewood.org
e-mail: agefriendlyenglewood@gmail.com
Phone: 201-591-5162

Second printing – August 2018
Our thanks to the organizations on these two pages, each of which is playing an integral role in helping the City of Englewood, NJ, become a city that not only helps older adults age in place with dignity and independence, but also is great for people of all ages.
About Age-Friendly Englewood

Age-Friendly Englewood is a project that is working to make it as easy as possible for residents of Englewood, New Jersey, to age in place with dignity and independence. Age-Friendly Englewood aims to help people throughout the community -- whether they live in an apartment, condo, single-family home, multi-family home or assisted-living facility -- live their lives as fully as possible, with access to a broad range of affordable services and amenities as they age.

Age-Friendly Englewood was launched early in 2016 with the formation of a coalition of organizations that provide services to Englewood residents, including nonprofit organizations, houses of worship, civic organizations, the Mayor, City Council and offices of City government. The coalition’s first task was to assess where Englewood is at the present time, determine where there are needs and/or gaps in service, and develop a plan to meet those needs over the months and years ahead. Our work builds off of the City of Englewood’s Master Plan and is guided by the World Health Organization’s aging-in-place framework and AARP’s Livable Communities initiative.

Our work focuses on helping the City of Englewood become more age-friendly within these broad categories:

- Housing
- Transportation
- Public Spaces (Parks & Streets)
- Communication & Information
- Access to Health Care and Social Services
- Civic Participation
- Social Inclusion

Age-Friendly Englewood operates under the auspices of the Community Chest of Englewood, which serves as fiscal sponsor of the program. Funding for Age-Friendly Englewood is provided by The Henry and Marilyn Taub Foundation, which is supporting similar projects in the Bergen County towns of Garfield, Ridgewood, Teaneck and Westwood.

Age-Friendly Englewood
Website: www.age-friendlyenglewood.org
email: agefriendlyenglewood@gmail.com
Phone: 201-591-5162
# At Your Service
A Guide for Englewood Senior Adults

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We have tried to include as many services for older adults in Englewood as possible. If you find errors, or if you know of additional services or organizations that should be included, please let us know!

Age-Friendly Englewood

Email: agefriendlyenglewood@gmail.com
Phone: 201-591-5162

Website:
www.age-friendlyenglewood.org
General Information

Bergen County Agencies & Services

Bergen County Division of Senior Services
Aging & Disability Resource Connection (ADRC)
Area Agency on Aging
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
201-336-7400
1-877-222-3737
www.co.bergen.nj.us/bcdhs/divisions/senior.htm

Bergen County Division on Disability Services
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
201-336-6500
Provides services for disabled adults. Call for information on eligibility.
www.co.bergen.nj.us/bcdhs/divisions/disability.htm

Bergen County Board of Social Services
218 Route 17 North, Building A
Rochelle Park, NJ 07662
201-368-4200
www.bcbss.com

Bergen County Department of Health Services
One Bergen County Plaza, 4th floor
Hackensack, NJ 07601
201-634-2600
Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing) through a county-wide partnership.

Crisis hotline: 201-262-HELP (4357)

Activities
In or Near Englewood

AARP NJ
Englewood, NJ and Princeton, NJ 08540
1-866-542-8165
local.aarp.org/bergen-county-nj
Variety of meetings and activities weekly/monthly.

Arts For Life-NJ
artsforlifenj.com
Arts for Life NJ: provides high quality arts classes for active adults 50+. Find a new love or reignite an old passion - acting, dance, photography, more.

Arts Horizons
1 Grand Avenue, Englewood
(212) 268-7219
artshorizons.org
Provides performing, visual, literary and media arts and artistic expression to diverse people of all ages and abilities.

Bergen Family Center, Older Adult Services
44 Armory Street, Englewood, NJ 07631
201-568-0817
www.bergenfamilycenter.org
Adult Day Care for frail and visually impaired adults. Care management services for homebound older adults.

BergenPAC
30 North Van Brunt St, Englewood
201-227-1030
www.bergenpac.org
A non-profit regional theater, Bergen Performing Arts Center (bergenPAC) presents more than 175 shows a year. To enhance the quality of life, bergenPAC provides free tickets to organizations serving individuals who otherwise would be financially unable to experience the live performing arts. Since 2016, this Arts Access Initiative has granted over 17,000 such tickets, primarily to seniors.
Elder Hostel (Road Scholar)  
800-454-5768  
www.roadscholar.org  
Provides low-cost educational travel programs for seniors to over 1,600 colleges, universities, and other facilities in the U.S. and abroad.

Englewood Public Library  
31 Engle St., Englewood, NJ  
201-568-2215  
www.englewoodlibrary.org  
The library presents a wide variety of free programs, including movies, health programs, concerts, and many other events of interest to older adults. The library always has a cart or two of free books available for the taking, as well as a tiny free library on the corner of Dean Drive and Demarest Avenue.

Flat Rock Brook Nature Association  
443 Van Nostrand Ave, Englewood  
201-567-1265  
flatrockbrook.org  
150-acre preserve and environmental education center situated on the western slope of the Palisades.

Kaplen JCC on the Palisades  
411 East Clifton Avenue, Tenafly  
(201) 569-7900  
www.jccotp.org  
The Kaplen Adult Reach Center's social day care program promotes independence, self-esteem and cognitive abilities for those living with dementia, in a vibrant, community center atmosphere.

Northern NJ Community Foundation  
1 Grand Avenue – Suite 3, Englewood  
201-568-5608  
nnjcf.org  
Promotes art and culture as powerful means of bridging diversity and bringing people together.

Senior Source  
310 Riverside Square Mall, Hackensack  
201-342-0962  
www.seniorsourcellc.com  
Socialization and education on a range of topics for older adults -- every weekday at no charge.

Southeast Center for Independent Living  
228 Grand Avenue, Englewood  
201-569-4080  
sescil.com  
SESCIL provides myriad services for adults 55+, including programs that exercise body and mind. Only senior center in Bergen County to provide such medical services as podiatry, dentistry and chiropractor.

YMCA of Greater Bergen County  
360 Main Street, Hackensack  
201-487-6600  
www.ymcagbc.org  
Offers a variety of fitness classes, including self defense and SMILE (Seniors Move In Light Exercise).

YWCA Bergen County  
214 State Street, Hackensack  
(201) 881-1700  
ywcabergencounty.org  
Offers a variety of programs for seniors, including aquatics, fitness and wellness classes at its facility in Ridgewood. Some programs are offered in Englewood. Call for information.

Englewood Parks

Englewood boasts a number of beautiful parks. A map of locations is on the city's website. Click on "living."

Englewood Dept. Of Parks & Recreation  
120 West Englewood Ave (The Gatehouse)  
201-568-3472  
cityofenglewood.org

Artus Park  
So. Dean & Linden  
Playground

Broad Ave. Courts  
Broad Ave & Rockwood Pl.  
Tennis & basketball

Cambridge Ave. Park  
Cambridge & Knickerbocker

Crystal Lake  
Sheffield Ave  
Dog run, pond, picnic
Senior Activity Centers
In or near Englewood

Senior Citizens 60+ and their significant other, regardless of age, are eligible to participate in Activity Center programs, services and activities. Social, health and legal counseling, group classes in painting, arts and crafts, ceramics, knitting/crocheting and exercise, as well as educational and cultural programs, are available. Some transportation may also be available. For information on transportation call the center.

Bergen County Senior Lunch Program
A nutritious mid-day meal is available for Bergen County senior citizens at the centers marked with an asterisk (*) below. Lunch is served Monday-Friday. Any Bergen County resident may attend any senior center. Residence in the town is not required, but transportation (where offered) may be limited to residents of the town.

Reservations for the meal must be made 1 day in advance. Below are Centers in or near Englewood.

Englewood*
Bergen Family Center
44 Armory Street, 07631
201-568-0817

Englewood
Southeast Center for Independent Living
228 Grand Avenue, 07631
201-569-4080

Fort Lee*
Richard & Catherine Nest Adult Activity Center
201-592-3670
319 Main Street, 07024

Hackensack*
Americas Unidas Multicultural Senior Center
101 Hudson Street, 07601
201-336-3320

Hackensack
Martin Luther King, Jr. Senior Center
375 First Street, 07601
201-342-2654
Korean American Senior Citizen Assoc. of NJ
1061 Slocum Avenue, #A, Ridgefield, NJ 07657
201-945-2400

Leonia
Leonia Recreation Center
370 Broad Avenue, 07605
201-302-9660

Teaneck*
250 Colonial Court, 07666
201-837-0171
201-862-1665

Tenafly
20 South Summit Street, 07670
201-569-2159

Tenafly*
Kaplen JCC on the Palisades
411 East Clinton Avenue, 07670
201-569-7900 ext. 1450

Tenafly*
Friends of Grace Seniors
Korean Community Centre
100 Grove Street, Tenafly 07670
201-541-1200

Adult Continuing Education

Bergen Community College
400 Paramus Road, Paramus, NJ 07652
201-447-7488
www.bergen.cc.nj.us
Extensive continuing education program

Fairleigh Dickinson University
1000 River Road, Teaneck, NJ 07666
201-692-6500
view2.fdu.edu/academics/continuing-education/
Extensive continuing education program

Institute for New Dimensions
973-291-8220.
email: IND.bergen@gmail.com
www.indbergen.org
Stimulating college-level courses for learners of all ages. Classes offered in Teaneck and in Paramus.

Institute for Learning in Retirement
Bergen Community College
400 Paramus Road, Paramus, NJ 07652
201-447-7156
bergen.edu/community/institute-for-learning-in-retirement/
Broad range of academic and cultural topics. No tests or grades. Programs sponsored jointly with Elderhostel; serves the intellectual and social needs of a vibrant community of lifelong learners.

Project Literacy Greater Bergen County
355 Main Street, Hackensack
201-489-7066
www.project-literacy.org
Free tutoring services by trained volunteers to adults in need of basic literacy, math and ESL.

Senior Net Program
Kaplen JCC on the Palisades
411 East Clinton Ave., Tenafly, NJ 07670
201-569-7900
Computer classes

SESCIL - Southeast Senior Center for Independent Living
228 Grand Avenue, Englewood
201-459-4080
www.sescil.com
Offers a variety of educational programs.

Bereavement Services

AARP Grief & Loss Program
800-687-2277
www.aarp.org/griefandloss
Offers a wide range of resources on grief and loss. Family members welcome.

Englewood Health Bereavement Support Group
15 Engle Street, Englewood
201-894-3333
Bereavement services offered through the Visiting Nurse Association of Bergen County, located in Englewood.
Business Services

Chamber of Commerce
P.O Box 8161, Englewood
201-567-2381
englewoodnjchamber.com.
Provides directory of stores, restaurants, services and culture and entertainment, portal to bergenPAC and Englewood Health, City Government, chamber events, community events and community fundraisers and more.

Economic Development
Special Improvement District Management Corporation was formed in 2018 to promote growth and employment in the central business area. Its six members, who are appointed by the City Council, all have long-term business experience in Englewood.
201-510-8206

Caregiver Support Services

Caregiver Coalition of Bergen County
B.C. Division of Senior Services
One Bergen County Plaza, Hackensack
201-336-7427
Supportive and caring individuals who share a commitment to improving the lives of caregivers in Bergen County. Promotes knowledge of, sensitivity to and action around issues impacting caregivers. Groups meet regularly.

In-Home Caregiver Education and Support Program
Bergen County Division on Disability Services

Adler Aphasia Center Caregivers
Support Group
60 West Hunter Avenue, Maywood, NJ
201-368-8585
Meets every second Monday, 7:00pm-9:00pm

Care2Caregivers
800-424-2494
151 Centennial Avenue, Piscataway, NJ 08854
Free, ongoing peer support for caregivers taking care of people with dementia
care@care2caregivers.com

NJ Self-Help Group Clearinghouse
800-367-6274

National Organization for Empowering Caregivers
425 West 23rd Street #9B, New York, NY 10011
Empowering caregivers with resources, private counseling and healing circle.
www.care-givers.com

Family Caregiver Alliance
800-445-8106
Provides education information with factsheets on caregiving & depression, dementia behavior and caregiving planning, etc.

The Gallen Center’s Caregiver Support Group
A program from the Jewish Home Family
10 Link Drive, Rockleigh, NJ
201-784-1414
jewishHomeFamily.org
Under the auspices of Alzheimer’s New Jersey, Caregiver Support Groups are held monthly, free of charge and open to the public to address the emotional and practical issues of caring for a loved one in a supportive atmosphere.

Holy Name Medical Center Caregiver Support Group
Holy Name Medical Center Day Away Center
725 Teaneck Road, Teaneck
201-833-3757

Vantage Health System Caregiver Support Group
2 Park Avenue, Dumont
201-385-4400, ext. 3084
Spouse Caregivers Support Group meets twice-monthly to dine and discuss issues; spouse care recipients are supervised with therapeutic activities & dinner. Agency also has an Adult Child support group. Call for days and time.
Kaplen JCC on the Palisades Caregiver Support Group
Adult Reach Center
201-408-1450 or 201-569-7900 ext. 439
411 East Clinton Avenue, Tenafly
Caregiver’s support group, meets twice a month, 2nd Monday at 7:00 pm and 4th Tuesday at 10:30am.

Parkinson’s Support Group
Cedar Hill Christian Reformed Church
422 Cedar Hill Avenue, Wyckoff, NJ 07481
Ron773h@yahoo.com  aweldon@optonline.net ratner2@optonline.net

Dorot Caregivers’ Connection
212-769-2850 or 1-877-819-9147
Informational workshops and support groups conducted through telephone conference calls. Caregivers share concerns, suggestions, and get much needed information in comfort of their home. www.dorotusa.org

Crisis Services

Adult Protective Service (includes Elder Abuse)
201-368-4300
Investigates reports of suspected abuse, neglect, and exploitation of vulnerable adults living in the community.

Care 2 Caregivers
Peer Support Helpline for Dementia Caregivers
800-424-2494
Provides peer support, guidance on coping, counseling and education. Call or email: care@care2caregvers.com

Psychiatric Emergency Screening Program
Care Plus NJ, Inc.
610 Valley Health Plaza, Paramus, NJ 07652
201-262-HELP (4357)
Designated screening center for Bergen County. Services available 24/7/365.

Drug & Alcohol Abuse
Reachnj.org – addition, recovery & intervention
844-732-2465 Toll free 24/7

Grandparents as Caregivers
Kinship Navigator Hotline: 201-398-9110
Kinship Caregivers – P.O. Box 717, Trenton
201-797-2660 or 609-888-7400
Information, referral and advocacy services for family caregivers. Request a copy of the brochure which lists services for grandparents raising grandchildren.

Grandparents Raising Grandchildren Support Group
Bergen Family Center/Family Success Center
44 Armory Street, Englewood
201-796 6209 ext. 102
Grandparents share experiences and approaches that help with challenges of raising grandchildren. www.fsobergen.org

Respite Care Services

Respite programs offer temporary relief to help alleviate some of the physical and emotional demands of caregiving. Services may include companions, homemaker/home health aides, medical/social adult day care, short-term inpatient care, skilled nursing, etc. Call programs to inquire about eligibility and waiting lists. Many skilled nursing facilities also offer respite care.

Kaplen JCC on the Palisade Adult Reach Center (ARC)
411 E. Clinton Avenue, Tenafly
201-569-7900
Social Adult Day Care

Statewide Respite Care Program
Bergen County Division on Disability Services
201-336-6500
One Bergen County Plaza, Hackensack
Provides relief services to caregivers.

New Bridge Medical Center (Formerly Bergen Pines/Bergen Regional)
Long-Term Care Division
201-967-4073
230 East Ridgewood Avenue, Paramus, NJ 07652
Provides temporary residential care (beds) for a minimum of 3 days and up to 30 days. Meals and round-the-clock nursing care. Must complete
application. Call to inquire about fees and/or to visit the facility. Medicaid and private pay.

Alzheimer’s New Jersey
The Respite Care and Wellness Program
400 Morris Avenue, Suite 251, Denville, NJ 07834
www.alzni.org
888-280-6055 or 973-586-4300
Call for information and eligibility requirements
*NOTE: Some home health agencies provide respite care services; call agencies to inquire about fees for service. Some nursing homes also provide respite beds on a temporary basis; call individual nursing homes to inquire.

Clubs & Social Groups
All listed are open to interested participants. May require membership fees/dues and requirements for participation.

Elks Ideal Lodge #470
17 Bennett Road, Englewood
201-567-8707
Founded by African-Americans who migrated to Englewood with strong southern roots, the Lodge is used by the diverse population of Englewood. Holds computer classes for elders. Available for events.

Englewood Rotary Club
P.O. Box 412, Englewood, NJ
International service organization whose motto is “Service Above Self.” Meets every Tuesday at 12:15 PM at the Crowne Plaza Hotel, 401 South Van Brunt Street.

League of Women Voters
201-390-8830
Call for Information and meeting locations. Dedicated to ensuring that all eligible voters – particularly those from traditionally underrepresented or underserved communities, including first-time voters, non-college youth, new citizens, minorities, the elderly and low-income Americans – have the opportunity and the information to exercise their right to vote.

Woman’s Club of Englewood
187 Brinckerhoff Court, Englewood
617-285-4074
Brings together women interested in intellectual and cultural advancement, develops community and promotes its well-being through a philanthropy program. This mission is exclusively charitable and educational.

De-Cluttering Your Home

Not-for-Profit Thrift Shops
These shops generally accept used, clean clothing and household items in good condition. They do not pick-up at your home.

Caring About The Strays (CATS)
80 Kinderkamack Road, Westwood
201-666-5444

Goodwill Industries
809 Route 17 (Southbound side), Paramus
201-444-0596

National Council of Jewish Women Thrift Shop
75 Washington Ave., Bergenfield
201-385-4847

These Agencies Pickup at your Home
Call or go online to schedule a pickup at your home

Big Brothers Big Sisters
877-336-8828
www.bbbspickupservice.org
Accepts just about anything except large furniture and appliances.

Green Drop
gogreendrop.com
Schedule pickup online.
Donated items are sold to benefit charity of your choice: American Red Cross, Society of St. Vincent DePaul, National Federation for the Blind, Military Order of Purple Heart Service Foundation.
**Habitat for Humanity ReStore**
121 Carver Ave, Westwood, NJ
201-500-5009
bergenrestore.org
Accepts furniture, appliances and building materials in good condition. Call or schedule pickup online.

**Lupus Foundation of America**
888.445.8787
lfapickupservice.org
Accepts just about anything except large furniture and appliances.

**Salvation Army**
1-800-728-7825
satruck.org
Accepts anything. Call or schedule pickup online.

**Vietnam Veterans of America**
pickupplease.org
Accepts just about anything except large furniture and appliances.

**Drop-off**
These agencies accept dropped-off donations

**Adult Care Brief Bank**
**Kaplen JCC on the Palisades**
411 East Clinton Ave., Tenafly, NJ 07670
201-569-7900
Accepts adult absorbent products.

**Bergen County Animal Shelter**
100 United Lane, Teterboro 07608
201-646-3200
Accepts clean blankets & bedding, gloves, mops, buckets, etc. New pet supplies.

**Pawsitively Furever Dog Rescue Center**
Hackensack, NJ
201-410-8566
www.pawsitivelyfurever.org
Accepts blankets, towels, cleaning supplies

**Ramapo-Bergen Animal Refuge, Inc.**
2 Shelter Lane, Oakland NJ 07436
201-337-5180
www.rbari.org
Accepts pet supplies.

**Women’s Rights Information Center**
108 W. Palisade Ave, Englewood
201-568-1166
Accepts women’s business clothing that is clean, in-season, on hangers and in good condition.

**Donate Books**

**Bergen County Jail**
160 South River Street, Hackensack
201-336-3500, ext. 4355
Accepts paperback books. Absolutely no hard cover books and no books with spiral binding. Drop off between 9AM-5PM.

**Englewood Public Library**
31 Engle Street
201-568-2215
Accepts used books in good condition. Call 201-768-1272 for pickup

**Better World Books**
Drop-box at the Cresskill Library
53 Union Ave, Cresskill
www.betterworldbooks.com
They sell books that have been donated. Proceeds benefit nonprofits that provide literacy programs.

**Emergency Services**

**For a health, fire or life safety emergency**
call 911

**Englewood Police Department**
75 S Van Brunt Street, Englewood
201-568-2711 (non-emergency)
www.cityofenglewood.org/

**Bergen County Office of Emergency Management**
285 Campgaw Road, Mahwah, NJ 07430
201-785-5757 or 201-336-7705

**American Red Cross**
(responds to natural disasters)
973-797-3300
Adult Protective Services
Bergen County Board of Social Services
201-368-4300 or 800-624-0275 (after hours)
For vulnerable adults who are being subjected to abuse, neglect or exploitation, and who cannot protect or care for themselves.

Bergen County’s United Way Compassion Fund
6 Forest Avenue, Paramus
211 or 201-294-4050 or 877-652-1148
Provides help with urgent financial needs from utility bills to medication and healthcare to help families remain in their home.
www.nj211.org

Housing, Health & Human Services Center
120 South River Street, Hackensack
201-336-6475
Temporary shelter, meals, and links to community services.

Family Promise of Bergen County
100 Dayton Street Ridgewood, NJ
201-833-8009
Helps working families who are facing homelessness. Monday-Friday 9:00am-5:00pm

Alternatives to Domestic Violence
One Bergen County Plaza, Hackensack
201-336-7575
Offers services including crisis intervention; counseling; legal assistance; individual, group and family counseling; etc. Calls remain confidential.

Center for Hope and Safety
12 Overlook Ave, Rochelle Park, NJ
201-498-9247
201-944-9600 HOTLINE
Assists women and children who are victims of domestic violence, including emotional, economic, sexual and physical abuse. Provides emergency and transitional housing, emotional support, and a diversified continuum of services focused on safety, empowerment, and self-sufficiency.
www.hopeand safetynj.org

Healing Space -YWCA
214 State Street, #207, Hackensack
201-487-2227 24-hour Hotline
Provides a confidential 24/7 hotline to survivors of sexual assault and abuse, their families and friends. Support is available to anyone who has experienced sexual violence, whether it happened years ago. Its Time Is Now Action Coalition is developing a plan to support those who have stepped forward to say #MeToo.

SeniorHaven for the Prevention of Elder Abuse
Program of Jewish Home Family
855-455-0555
Shelter available for individuals over 65 who are victims of abuse. Abuse may be physical, sexual, financial, verbal, emotional, or psychological. Referral from a professional is required.
jewishhomefamily.org/seniorhaven

Employment Opportunities

Re-Launch Career Services
Jewish Family & Children’s Services of Northern New Jersey
1485 Teaneck Road, Teaneck
201-837-9090 x225
Provides FREE guidance in career direction for job seekers of all ages. Revamp your resume, create a compelling cover letter and interviewing skills

ReServe North Jersey
877-290-6145
Matches retired professionals age 55+ with part-time service opportunities at nonprofits and public institutions in order to strengthen their communities while earning a modest stipend.
www.reserveinc.org/newark
info@reserve.org

New Jersey State Employment Services
Vocational Rehabilitation Services for the Disabled
Unemployment and disability Insurance
One-Stop Career Center
60 State Street, Hackensack
201-996-8940 or 201-996-8970
Offers services such as workshops, counseling, job search, skilled training, etc.
Senior Community Service Employment Program (SCSEP)
Easter Seals
194 Route 17 North, Rochelle Park, NJ
855-215-4541 or 201-845-0247
Provides job training and employment opportunities for eligible individuals aged 55+

English as a Second Language

Englewood Library
31 Engle Street, Englewood
201-458-2215 ext 236
www.englewoodlibrary.org/adults
ESL classes open to men and women.

Greater Bergen Community Action
Offers ESL classes in Cliffside Park and Palisades Park
201-366-1020 ext. 7236
www.greaterbergen.org
Call for details

Korean-American Senior Citizen Association
1061 Slocum Ave, Ridgefield, NJ
ESL program will service the Korean Population 60+; English instruction for communication in Health and Citizenship

Project Literacy Greater Bergen County
355 Main Street, Hackensack
201-489-7066
www.project-literacy.org
Free tutoring services by trained volunteers to adults in need of basic literacy education, math and ESL.

Women’s Rights Information Center
108 Palisade Ave., Englewood
201-568-1166
www.womensrights.org
ESL classes open to men and women.

Financial Benefits & Assistance

Consumer Credit Counselling
888-726-3260
www.cccsnj.org
Financial counseling for older adults 65+

Greater Bergen Community Action
Economic Security Initiative
316 State Street, Hackensack
201-488-5100 ext. 7166
www.greaterbergen.org
Assists older adults in completing a comprehensive economic review; helps them learn about services and resources in such areas as financial management, housing, employment, public benefits, health, and legal issues.

Medicaid

Bergen County Board of Social Services
218 Route 17 North, Rochelle Park, NJ 07662
201-368-4200 or 201-368-4785
Apply for general Assistance, SNAP (food stamps), Family Care, TANF, Institutional Medicaid, etc.
www.bcbss.com

Funeral-Burial Support Program (Medicaid)
Bergen County Board of Social Services
218 Route 17 North
Rochelle Park, NJ 07662
201-368-4200

Medicare Health Insurance
These programs pay or help pay for the cost of medical care for older adults and disabled persons.

MEDICARE (www.medicare.gov)
www.medicare.gov
1-800-MEDICARE
1-800-633-4227

MEDICARE PART A
Hospital insurance. Covers inpatient hospital care
800-633-4227

MEDICARE PART B
Covers physician and some out-patient services.
800-633-4227
MEDICARE PART C
Medicare advantage plans. HMOs, PPOs, and other health plan options provided through one network. Plan benefits may include vision, hearing and dental screening and/or discounts, Rx drug coverage and/or health club membership.
800-633-4227 or 800-633-4227

MEDICARE PART D
Optional prescription drug plans which add drug coverage to original Medicare.
800-633-4227

State Health Insurance Program (SHIP)
201-336-7413
Assistance in completing Medicare and other health insurance claim forms; information on supplemental policies; evaluation of specific claim forms and health insurance needs; information on prescription coverage and Medigap policies.

Absolute Insurance Management
(Medicare Made Easy)
973-470-8333
Provides evaluation, at no charge, of the various available options for Medicare.

Medicare Rights Center – Medicare Interactive
888-466-9050
www.MedicareInteractive.org
Provides help with Medicare appeals process.

N.J. Property Tax Relief Programs

Property Tax Deduction/Credit
Englewood Tax Office
2-10 North Van Brunt Street
201-871-6607
Homeowners and tenants who pay property taxes, directly or through rent, on their principal residence in N.J. may qualify for either a deduction or a refundable credit on their N.J. resident income tax return. Tax benefit varies depending on amount of the taxpayer's income, amount of property taxes or rent paid, and filing status.

Pharmaceutical Assistance Programs
These programs may help reduce pharmaceutical costs to seniors, veterans, and disabled persons.

Pharmaceutical Assistance to the Aged & Disabled (PAAD)
800-792-9745 or 201-336-7400
Prescription discount program for elderly and people with disabilities.

Senior Gold Prescription Discount Program
800-792-9745 or 201-336-7400
Prescription discount program for elderly and disabled NJ residents who do not qualify for PAAD.

Extra Help with Medicare Prescription Drug Plan Costs
800-772-1213
Federal program that helps pay full or partial costs of Medicare prescription drug coverage.
www.socialsecurity.gov

State Health Insurance Program (SHIP)
201-336-7413
Provides Medicare beneficiaries with assistance and information about health insurance policies, claim forms, prescription coverage, and evaluates health insurance options.

Partnership for Prescription Assistance
May help patients who are uninsured or underinsured access the medicines they need through the program that is right for them.
www.pparx.org

Reverse Mortgage

Reverse Mortgage Counseling
Home Equity Conversion Mortgages
Division of Senior Services
ADRC-Aging & Disability Resource Connection
201- 336-7569
The Division of Senior Services offers a trained and certified counselor to advise seniors age 62 and over on ways to access their home equity so they can remain at home and age-in-place.
Social Security & SSI

Social Security
Continental Plaza
401 Hackensack Avenue - 2nd fl., Hackensack
800-772-1213

Supplemental Security Income (SSI)
Must be 65 years of age, blind, or have a disability and limited income. www.ssa.gov
Apply online: www.socialsecurity.gov/myaccount

Utility & Telephone Assistance

Low Income Home Energy Assistance Program (LIHEAP)
Federally funded program that provides financial assistance to low-income households and individuals with heating and medically necessary cooling costs. Apply between Oct. 1 through April 30. Hotline: 1-800-510-3102 for further information.

The TRUE and PAGE Program-Energy Assistance Program; Universal Service Fund
Temporary Relief for Utility Expenses & Payment Assistance for Gas & Electric programs provide relief on natural gas and electric bills for low to moderate income households experiencing a temporary financial crisis. USF provides credit for utility bills.
Call (732) 982-8710 for further information
www.housingall.org for eligibility requirements.
Or call Greater Bergen Community Action at 201-968-0200 Ext 7008 or Bergen County Division of Senior Services/ADRC at 201-336-7400 *Apply Nov 1st thru March 31st

Cooling Assistance
Heightened Independence and Progress (hip)
131 Main St., Hackensack, NJ 07601
201-996-9100 ext. 18
Air conditioners can be provided for Bergen County residents. Call for eligibility requirements.

Lifeline Utility Credit Program
Gives a $225 credit per year on your Public Service bill. Eligibility requirements same as for PAAD program.

How to Apply:
Call PAAD/Lifeline 800-792-9745 or Bergen ADRC Division of Senior Services 201-336-7400 or Greater Bergen Community Action 201-968-0200 Ext 7008

Comfort Partners
Provides energy saving home improvements and energy education programs for low-income customers. Sponsored by Board of Public Utilities - NJ Clean Energy Program. Eligibility: At or below 225% of the Federal Poverty Guidelines.
How to Apply: Call 888-773-8326 or go to www.njcleanenergy.com

Winter Termination Program (WTP)
Electric or gas utility companies cannot discontinue services to certain households between November 15th - March 15th. Participants in LIHEAP, Lifeline Credit Program, PAAD, SSI, USF are eligible as long as they make a “good faith” payment if possible. Persons unable to pay their utility bills because of circumstances beyond their control are also eligible. For information contact Customer Assistance at 800-624-0241.

NJ SHARES
Provides assistance to households in need of help paying their energy bills due to a financial crisis.
800-272-1325 or SUEZ Cares Water - 888-942-8080. Applicants must have a history of good-faith payments with their energy company and not be eligible for LIHEAP, USF, TRUE or PAGE programs. www.njshares.org

Weatherization Assistance Program
Improves energy efficiency with repairs and replacement if necessary. Eligibility: Households must meet income guidelines below 200% of Federal Poverty Level.
How to Apply:
Apply thru the LIHEAP or contact Greater Bergen Community Action Weatherization Program at 973-546-1441
www.GreaterBergen.org/home-energy
Verizon New Jersey Communications LifeLine
Low-income residential customers may be eligible to receive discounted local telephone service.
**How to Apply:** 800-837-4966 or visit www.verizon.com/lifeline

**FOOD**

**Food Stamps**
B.C. Board of Social Services
218 Rt. 17 North, Rochelle Park, NJ 07662
201-368-4200
www.bcbss.com
Supplemental Nutrition Assistance Program (SNAP) helps low-income people buy food. Eligible to low-income elderly or disabled individuals.

**Center for Food Action**
192A West Demarest Street, Englewood
201-569-1804
cfanj.org
Mon.-Fri. 9-5, 10-2 on first Sat. every month.
Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families.
Additional locations throughout Bergen County.

**Jewish Family & Children's Services of No. NJ**
1485 Teaneck Road, Teaneck
201-837-9090
Call for appointment and to find out what documents are needed to qualify.

**Office of Concern - St. Cecilia Church**
85 Demarest Ave., Englewood
201-568-1465
officeofconcern.com
Mon-Thurs. 9-1 Provides food and other basic needs to low-income people of all ages, regardless of religion, race or culture.

**Senior Farmers Market Program**
1 Bergen County Plaza, Hackensack
201-336-7420
www.co.bergen.nj.us/580/Nutrition
Provides vouchers so eligible senior participants can buy fresh produce locally.

**Also:** Contact houses of worship in your neighborhood to see if they have a food pantry.

**Health & Wellness Programs**

**Englewood Department of Health**
73 South Van Brunt Street, Englewood
**201-568-3450**
Our local public health department provides many services needed to protect and promote health. The Health Department conducts inspections of restaurants, pools, and other facilities to ensure proper sanitation, and investigates public health nuisance complaints such as trash or rodents. Issues birth, death and marriage/civil union certificates, marriage/civil union licenses and retail food and pet licenses, provides health clinics for children, and health promotion programs for all ages.

**B.C. Dept of Health Services**
One Bergen County Plaza, Hackensack
**201-634-2600**
Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing).

**Hospitals**

**Englewood Health**
(formerly Englewood Hospital)
350 Engle Street, Englewood
**201-894-3000**
www.englewoodhealth.org
Acute-care hospital offering a full range of services in Englewood

**Hackensack Meridian Health**
30 Prospect Avenue, Hackensack
**201-996-2000**
www.hackensackmeridianhealth.org
Acute-care hospital offering a full range of services near Englewood
Holy Name Medical Center  
718 Teaneck Road, Teaneck  
**201-833-3000**  
www.holyname.org  
*Acute-care hospital offering a full range of services - near Englewood*

New Bridge Medical Center  
(Formerly Bergen Pines/Bergen Regional)  
230 East Ridgewood Ave., Paramus, NJ 07652  
**201-967-4000**  
www.bergenregional.com  
*Regional hospital providing long term, behavioral health and acute care.*

**Chronic Disease & Disability Health Issues**

**Alzheimer’s Disease**

**Act Now Foundation**  
830 Bergen Ave, Ste. 8A, Jersey City, NJ 07306  
**201-721-6721**  
*Raises awareness, provides educational workshops, memory screenings, support groups for caregivers and seniors with early stage dementia, and other resources. Serves Englewood.*

**Alzheimer’s Association**  
**800-272-3900**  
24-hour helpline **800-883-1180**  
*Caregiver Information Referral Line. For other details visit [www.alz.org](http://www.alz.org)*

**Alzheimer Disease Education & Referral Center**  
**800-438-4380**  
*Comprehensive Alzheimer disease information and resources including caregiver skills for behavioral problems and all other information.  
www.nia.nih.gov/alzheimers*

**Alzheimer’s New Jersey**  
Northern Regional Office  
690 Kinderkamack Rd., Ste100, Oradell, NJ 07649  
**201-261-6009**  
Helpline: **888-280-6055**  
*Education, respite care and wellness programs  
[www.alznj.org](http://www.alznj.org)*

**Lifesaver International Program of the B.C. Sheriff’s Office**  
2 Bergen Plaza, Hackensack  
**201-336-3540**  
*Provides rapid response to reduce potential for serious injury for those with Alzheimer’s, dementia, autism, Down syndrome and other related disorders.*

**COPSA Alzheimer’s Resource Center**  
100 Metroplex Dr., Suite 200, Edison, NJ 08817  
**800-424-2494 or 732-235-8400**  
*Statewide program that includes a dementia clinic and a resource center to help families and caregivers of people with dementia. Institute staff train and provide consultation to geriatric professionals throughout New Jersey.*

**Holy Name Hospital Asian Dementia Center**  
718 Teaneck Road, Teaneck, NJ 07666  
**201-833-3399**  
*Screening, education programs, family support groups.*

**Other Diseases**

**Adler Aphasia Center**  
60 West Hunter Ave., Maywood, NJ  
**201-368-8585**  
[www.adleraphasiacenter.org](http://www.adleraphasiacenter.org)  
*Broad range of programs and activities to assist those with aphasia and their caregivers. Trains health care professionals to improve service delivery to people with aphasia.*

**Arthritis Foundation N.J.**  
555 Route 1 South #320, Iselin, NJ  
**888-467-3112**  
[www.arthritis.org](http://www.arthritis.org)  
*Provides information and resources, access to optimal care, advancements in science and community connections.*

**Cancer**

**American Cancer Society**  
20 Mercer Street, Hackensack  
**201-343-2222**  
*Funds and conducts research, shares expert information, supports patients, and provides information about prevention.*
Cancer Care, Inc.
141 Dayton Street #204, Ridgewood, NJ 07450
201-444-6630
www.cancer.org
Provides counseling, education, support groups, publications, financial assistance and community programs. Serves Englewood.

Diabetes
American Diabetes Association
800-342-2383
www.diabetes.org
Professional organization that provides research, information, advocacy and support for caregivers.

Englewood Health/Home Care
350 Engle Street - 4th Floor, Englewood
201-894-3335
In-home services for diabetes management; call for eligibility requirements.

NJ Chapter-American Heart Association
1 Union Street, Robbinsville, NJ 08691
609-208-0020
www.heart.org
Information & referral, listing of groups for stroke survivors/families/caregivers and professionals.

HIV/AIDS
Buddies of New Jersey
149 Hudson Street, Hackensack
201-489-2900
www.njbuddies.org
Offers network of support: case management, substance abuse treatent and counseling, housing assistance, dental services, support groups, transportation and food bank.

Lupus Foundation of America – N.J. Chapter
64 E. Northfield Road, Livingston, NJ
973-379-3226
Devoted to solving the mystery of lupus.
www.lupusnj.org

American Parkinson Disease Assoc.
New Brunswick, NJ 08901
732-745-7520
apdanj.org
Provides support services to help those with Parkinson’s disease live life to the fullest.

Stroke
National Stroke Association
800-767-6537
www.stroke.org
Information about stroke and guidance in starting stroke support groups.

Post-Stroke Program, B.C. Division of Disability Services
One Bergen County Plaza, Hackensack
201-336-6502
Offers several support groups throughout Bergen County, including Englewood.

Sickle Cell Disease
Sickle Cell Disease NJ Chapter
1016 Broad Street, Newark, NJ 07102
973-482-9070

Sickle Cell Disease Assoc. of America
Baltimore, MD
800-421-8453
www.sicklecelldisease.org
Provides information and advocacy.

Dental Services
Bergen Community College
400 Paramus Road, Paramus
201-447-6532
Dental Hygiene Clinic

Hackensack Meridian Health Center for Dentistry
30 Prospect Ave., Hackensack
551-996-2111
Dental clinic provides a comprehensive spectrum of oral and dental services at reduced fees.
SESCIL  
(Southeast Center for Independent Living)  
228 Grand Avenue, Englewood  
201-569-4080  www.sescil.com  
SESCIL provides myriad services for adults 55+, including dental services at very low cost.

Hearing Loss

Hackensack University Medical Center Audiology Department  
30 Prospect Street, Hackensack, NJ 07601  
551-996-5327  
Screening, evaluation and treatment.

Hearing Loss Association of New Jersey  
Bergen County Chapter  
201-995-9594 (Voice)  
Provides information about hearing aids, assistive technology, arts access, legal rights, and other topics. Inductive loop assistive listening system and CART (real-time captioning) available at meetings. www.hearingloss-nj.org

Division of the Deaf & Hard of Hearing  
PO BOX 074 Trenton, NJ 08625  
800-792-8339 (Voice, TTY) or 609-588-2648  
Information/referral, interpreter and CART (real-time captioning) referral service, advocacy, workshops, assistive listening devices demonstration center. Aims to eliminate barriers and promote increased accessibility.

Hearing Aid Assistance to Aged & Disabled  
A $100 reimbursement to to those eligible. Eligibility requirements are same as for the PAAD program.  
201-336-7400 or 800-792-9745  
Need for hearing aid must be attested by a physician

Mental Health

National Alliance for the Mentally Ill  
304 Valley Blvd, Wood-Ridge, NJ  
201-635-9595  
www.nami.org  
Provides information and support for adults with mental illness and their families; conducts monthly educational seminars.

Bergen Co. Div. of Mental Health Services  
1 Bergen County Plaza, Hackensack  
201-634-2745 Emergency/Crisis hotline: 201-262-help (4357)  
Contact if you or a family member are experiencing symptoms of mental health problems.

NJ Self-Help Clearing House  
673 Morris Ave-Suite 100, Springfield, NJ 07081  
800-367-6274  
www.njgroups.org  
Database of thousands of self-help support groups and organizations in NJ. Information and referral services as well as training to form self-help groups.

Psychiatric Emergency Screening Program (PSEP)  
201-262-HELP (4357)  
Emergency assistance. Located at New Bridge Medical Center (formerly Bergen Regional/Bergen Pines) but serves all of Bergen County.

Reachnj.org – Addiction and Recovery  
844-732-2465 Toll free 24/7  
Addiction and recovery information and resources.

Vantage Health System  
93 W. Palisade Ave., Englewood  
201-567-0059  
Services elders with mental health, addiction, developmental and eldercare challenges

Vantage Health System/Northern Valley Adult Day Health Center  
2 Park Ave, Dumont  
201-385-4400, ext 3086  
Geriatric Consultation. Evaluation of needs, care options and geriatric counseling if needed.

Uninsured

Bergen Volunteer Medical Initiative  
75 Essex St #100, Hackensack  
(201) 342-2478  
bvmi.org  
Free primary healthcare care for low-income adults without insurance, referrals to specialty care and chronic disease management. Interpreters available.
North Hudson Community Action Corporation
Englewood Health Center
197 South Van Brunt Street, Englewood
201-537-4442
nhcac.org/
Provides services in Internal medicine, pediatrics, and womens’ health.

Urgent Care Centers

A+ Urgent Care
46 Union Ave., Cresskill
201-205-2172
Provides a wide range of medical services in a state-of-the-art facility in Cresskill. Open evenings and weekends. No appointment necessary.

City MD Urgent Care
282 Route 4 (Westbound), Paramus
(551) 222-0800
Walk-in clinic where board-certified doctors treat minor urgent care needs quickly and reliably, 365 days a year.

MD Partners
1 North Washington Ave., Bergenfield
201-374-9106
Physicians network of Englewood Health offers primary care evenings and weekends for sick visits, non-emergency injuries, routine vaccinations, and other primary care needs.

Vision Loss

Bergen Family Center
44 Armory Street, Englewood
201-568-0817
www.bergenfamilycenter.org
Only Adult Day Care program in northern New Jersey that accepts visually impaired clients.

Adjustment to Vision Loss Project
Heightened Independence & Progress (HIP)
131 Main Street, Suite 120, Hackensack
201-996-9100
Provides information & referral to services and resources throughout N.J. Peer Support groups meet at several locations in Bergen County.

New Eyes for the Needy, Inc.
549 Millburn Ave., P. O. Box 332, Short Hills, NJ
973-376-4903
Provides prescription eyeglasses to medically indigent, visually impaired, older adults who are N.J. residents. Referrals must be in writing from social service agencies. www.neweyesfortheneedy.org

NJ State Library Talking Book & Braille Center
2300 Stuyvesant Avenue, Trenton, NJ 08618
800-792-8322 or 609-278-2640
Provides hands-on training in technology and long-term loans of digital audiobook players and audiobooks and has audio news-reading services. All services are delivered to the home without cost. www.njstatelib.org

NJ Commission for the Blind & Visually Impaired
153 Halsey street 6th floor, Newark NJ 07101
973-648-3333
Education, vocational rehabilitation, social work, health screenings; teaches rehabilitation & independent living skills; referral assistance.

Assistive Technology Center
Johnson Public Library
274 Main Street, Hackensack
201-343-4169 ext. 22
Provides opportunities to learn to use adaptive technologies on iPads and desktop computers for people with visual impairments, age 55 and older.

Houses of Worship

Englewood Health Chaplain
350 Engle Street, Englewood
201-894-3228

Shiloh AME Zion Church
129 William Street, Englewood
201-568-5560

Church of Jesus Christ Apostolic
135 Lafayette Pl, Englewood
201-871-3310
Englewood Assembly of God
70 West Ivy Lane, Englewood
201-567-4576

Baptist

Community Baptist Church of Englewood
224 First Street, Englewood
201-568-6369

Ebenezer Baptist Church
216 4th Street, Englewood
201-569-1156

Englewood Baptist Church
320 Tenafly Road, Englewood
201-569-6648

First Baptist Church of Englewood
351 Englewood Avenue, Englewood
201-568-3410

Genesis Community Baptist Church
215 West Englewood Ave, Englewood
201-568-5505

Mount Calvary Baptist Church
90 West Demarest Avenue, Englewood
201-567-0113

Mount Olive Baptist Church
181 Warren Street, Englewood
201-569-5092

New Jerusalem Baptist Church
191 1st Street, Englewood
201-816-8839

Mision Bautista Hispana
351 W. Englewood Ave, Englewood

Charismatic Christian

True Vine Christian Center
50 E. Palisade Ave, Englewood
201-894-9118

Christian Science

Christian Science Church and Reading Room
75 Engle Street, Englewood
201-568-1221

Christian – Multi-Ethnic

Metro Community Church
office: 291 S. Van Brunt St.
Services: Greico School, 50 Durie Ave., Englewood
201-646-4765

Church of God

Church of God of Prophecy
192 W. Demarest Ave #2, Englewood
201-871-3750

Episcopal

St. Paul’s Episcopal Church
113 Engle Street, Englewood
201-568-3276

Jehovah’s Witness

Jehovah’s Witness Congregation of Englewood
315 W. Palisade Ave., Englewood
201-567-1636

Korean

Englewood Grace Church
66 West Hudson Avenue, Englewood
201-541-7670

Joy Christian Fellowship
70 West Ivy Lane, Englewood
201-731-3216

Salvation Army Community Church
380 S. Van Brunt St, Englewood
201-503-9400

Yul Bang Mission Church
192 W. Demarest Ave #2, Englewood
201-421-6446

Jesus Christ is God’s Church
138 W. Palisade Ave., Englewood
201-569-7731

Korean Community United Methodist Church
147 Tenafly Road, Englewood
201-816-1284
Mormon – Church of Latter Day Saints
Church of Jesus Christ of Latter Day Saints
62 East Forest Ave, Englewood
201-541-1211

Lutheran
St. John’s Lutheran Church
245 Tenafly Road, Englewood
201-567-6266

Methodist
First United Methodist Church
128 West Demarest, Englewood
201-568-1941
Galilee United Methodist Church
325 Genesse Avenue, Englewood
201-567-0009

Muslim
Mehfil-e-Shahe Khorasan
28 Tenafly Road, Englewood
201-567-6577

Orthodox Christian
Antiochian Orthodox Church
358 Mountain Road, Englewood
201-871-1355

Pentecostal
Englewood Church of God in Christ
191 Humphrey St., Englewood
201-567-3197
Refuge Temple Church of God in Christ
244 Waldo Place, Englewood
201-894-0808

Presbyterian
First Presbyterian Church/Englewood
150 East Palisades Avenue, Englewood
201-568-7373
Young Nak Presbyterian Church
113 Engle Street, Englewood
201-567-0797

Bethany Presbyterian Church
62 West Palisade Ave., Englewood
201-567-4132

Roman Catholic
St. Cecilia’s Church
55 West Demarest Ave., Englewood
201-568-0364

Seventh Day Adventist
Community Seventh Day Adventist Church
245 Tenafly Road, Englewood
201-871-6022
Englewood Spanish Seventh Day Adventist
135 Lafayette Pl, Englewood
201-476-1127

Synagogues
Congregation Ahavath Torah
240 Broad Avenue, Englewood
201-568-1315
Congregation Shomrei Emunah
89 Huguenot Avenue, Englewood
201-567-9420
East Hill Synagogue
255 Walnut Street, Englewood
201-569-4008
Kesher-Community Synagogue of Tenafly & Englewood
509 Engle Street, Englewood
201-227-1117
Kol HaNeshamah
113 Engle Street, Englewood
201-816-1611

Unitarian Universalist
Unitarian Universalist Congregation of the Palisades
228 Grand Ave. (Services at SESCIL)
Mailing address: 162 Cambridge ave, Englewood
no phone number
Housing

Affordable Rent-Subsidized Properties

Englewood Housing Authority
111 West Street, Englewood,
201-871-3451
Preference given to people living or working in Englewood, NJ at their two primary locations:
Vincent K. Tibbs Senior Building: 152 apartments (111 West Street)
Westmoor Gardens: 64 apartments (West Street and Slocum Avenue)

Greater Englewood Housing Corporation
1 Rock Creek Terrace, Englewood, NJ
201-871-0178
270 apartments of various sizes

King Gardens
71 Dubois Ct., Englewood, NJ
201-871-1270
100 apartments of various sizes around the Humphrey & Williams Street area

Up With Housing
70 Jay Street, Englewood, NJ
201-541-8003
8 apartments

Englewood II
68 William Street, Englewood, NJ
973-282-1100 x5035
32 apartments

Pindle East
270-272 Pindle Avenue, Englewood, NJ
201-342-9523
32 apartments

Council on Affordable Housing (COAH)
Has a few rental units in Englewood
Vivian: 75 Sterling Blvd, Englewood, NJ
201-568-5554
Sign up for wait list updates

Housing Choice Voucher (Section 8)

Englewood Housing Authority
111 West Street, Englewood, NJ
201-871-3451
Call to find out if there is a wait list

N.J Department of Community Affairs (DCA)
Bergen County DCA Field Office
100 First Street, Hackensack, NJ
201-996-8990
www.nj.gov/dca/divisions/dhcr/hc_vouchers.html

Home Improvement, Safety & Repairs

(See Home Safety Check List on page 33)

*NOTE: Fire Department (201-871-6696) or Police Department (201-568-2711) may offer free home safety programs. Call to find out.

Home Improvement Loan
Bergen County Community Development
One Bergen County Plaza, 4th Floor, Hackensack,
201-336-7200
Provides resources to rehabilitate existing homes. Eligibility is based on income, family size and type of improvement. The homeowner may be eligible for deferred loan for eligible home improvements.

Home Modifications/Home Repair
Heightened Independence & Progress (HIP)
131 Main Street, Suite 120, Hackensack
201-996-9100
Assists with adaptive equipment, and barrier-free home renovation projects- ramps, etc.

Chore Volunteer Handyman Service
Bergen Volunteer Center
64 Passaic Street, Hackensack
201-489-7790
Minor household repairs without charge (except for materials).
Greater Bergen Community Action
973-910-2500

Weatherization Assistance Program
Free program that improves energy efficiency of homes by providing insulation, weather stripping, new windows or doors, work on heating systems or water heaters, energy efficient refrigerators, etc.

Lead Remediation Program:
Free program tests homes built prior to 1978 for the presence of lead due to lead based paint. If lead is detected it will be remediated using special techniques, materials and containment methods.

Habitat for Humanity of Bergen County
121 Carver, Westwood, NJ
201-457-1020
Provides critical home repairs and accessibility modifications at no or minor cost (materials only) for low-income homeowner. Construct and install access ramps, refit bathrooms and interior access areas for low-income seniors and any family member with a disability.

Rebuilding Together North Jersey
PO Box 1389 Ridgewood, NJ 07451
201-447-8886
Provides critical home repairs and accessibility modifications and installs smoke alarms and carbon monoxide detectors at no cost for low-income homeowners or anyone with a disability.

Safely@Home – Home Improvements/Repairs
Jewish Home at Home in partnership with Brad-Core
10 Link Drive, Rockleigh, NJ 07547
201-518-1175
Subscription-based service providing a single point-of-contact for needed repairs and modifications. Member of the Jewish Home Family

Home Insurance Policy Review
Renee Johnson
Rjohnson.metropa@gmail
646-404-2040

Home Valuation
Eileen O'Driscoll/Century 21 Concept 100
201-385-7100. or 201-220-0579
eileen.odriscoll@century21.com
FREE service to evaluate the value of your home and how much equity you have invested in it.

Rental Assistance & Tenant Services
Fair Housing Council
131 Main Street, Hackensack, NJ 07601
201-489-3552 or 201-489-4692
Provides counseling for the buyer or renter; legal counseling in connection with discrimination complaints; foreclosure counseling.

NJ State Rental Assistance Program
100 First Street, Room 207, Hackensack
201-996-8990
Assistance with rent for eligible older adults.

Advance Housing Inc.
100 Hollister Road, Teterboro, NJ 07608
201-288-0545
Helps meet housing needs of people with mental illness through direct services, education, information, and referrals.

Section 8 Housing Voucher Program
Housing Authority of Bergen County
One Bergen County Plaza, 2nd Floor, Hackensack
201-336-7600
Provides rental assistance to eligible older adults and families. Preference is given to those who reside within Housing Authority member communities. (Englewood qualifies.)

Greater Bergen Community Action
Bergen County Housing Coalition
392 Main Street, Hackensack
201-488-6767 or 201-488-5100
Provides tenant outreach, legal guidance, information and referral, workshops, speakers.

Homeless Prevention Program
201-488-5100
May pay back utility bills or rent (arrears); security deposit or first month’s rent payment in order to obtain new rental housing.
Urban League for Bergen County
12 Tenafly Road, Englewood
201-568-4988
Housing counseling, referrals, rental assistance and tenant/landlord disputes.

Shared Housing

Women’s Rights Information Center
Shared Housing Program
108 West Palisade Avenue, Englewood
201-568-1166
Personalized service that matches those who are looking for housing with those who are looking to share their home or apartment.

Income Tax Assistance

AARP Foundation Tax-Aide
Toll-free: 888-687-2277
Toll-free TTY: 877-434-7598
Email: taxaide@aarp.org

Bergen Volunteer Center
Volunteer Income Tax Assistance (VITA)
Call 201-489-9454 or 2-1-1 to make appointment.

Information & Referral

BergenResourceNet
Bergen County’s mobile and social media friendly, online directory of wellbeing-related programs, events, services, groups, webinars, and other type of resources for your family. Each page can be translated into multiple languages and is printable. It is the fastest way to find the community resources that provide natural supports to families – keeping them connected to their communities.
www.bergenresourcenet.org

Aging & Disability Resource Connection (ADRC)
Bergen County Division of Senior Services
One Bergen County Plaza, Hackensack
201-336-7400
www.co.bergen.nj.us/578/Senior-Services
Helps older adults, individuals with disabilities over the age of 18, and their caregivers, access the complex, long-term care, community-based, health and human services.

NJ 2-1-1
Dial 2-1-1 or 1-877-652-1148
1-877-746-5211 (from a rotary phone)
TTY users - dial 7-1-1 first
www.nj211.org
Free, multilingual, confidential information & referral service connects people in need of assistance with services that can help; maintains resource database with 10,000+ services for assistance with all of life’s basic needs; and provides LIVE help 24/7/365 by phone (Dial 2-1-1), online chat (www.nj211.org) or text (text your zip code to 898-211). Need help? Start here.

NJ EASE (Easy Access, Single Entry)
1-877-222-3737
Toll-free information about statewide programs and services for older adults and their families.

National Council on Aging
www.ncoa.org
Information and resources on a broad range of issues related to aging.

National Institute on Aging
National Institutes of Health
www.nia.nih.gov/about
Leads broad scientific effort to understand nature of aging and to extend the healthy, active years of life. NIA is the primary Federal agency supporting and conducting Alzheimer’s disease research
**In-Home Services**

**Assistive Technology**
An increasing array of devices are coming onto the market. A word of advice: learn to use the technology while you and your loved ones are able. This website can help you make decisions: www.retailmenot.com/blog/assistive-technology-buying-guide.html

**In-Home Emergency Response Systems**

**Medical Alert Devices**
Each typically has a monthly cost of $20-$30

**American Medical Alert Devices**
A medical alert device that is covered by Medicare.
800-423-8684

**American Medical ID**
Medical ID bracelet or necklace that describes medical conditions, DNR orders, or allergies to ensure appropriate medical care.
800-363-5985

**Bay Alarm Medical Alert**
Trained operators respond quickly and call friends, family, neighbors, and if necessary, your local 911 emergency services.
877-522-9633

**Life Alert NJ**
Single button initiates two-way communications between the senior and emergency operators, who contact fire, police, relatives or neighbors as needed.
800-338-9090

**Life Watch**
24/7/365 remote heart monitoring and other services that help physicians detect and analyze symptoms before they become major health problems.
877-774-9846

**Philips Lifeline**
Fast access to help, 24/7. Easy to use and can help you remain independent in your own home.
800-587-5128

**Safe Link Wireless**
Income eligible customers may enroll to receive a free cell phone. Apply on line or by phone.
800-723-3546    www.safelinkwireless.com

**Grooming Services**
In-home care by licensed barbers and hairstylists at the homes of those who have trouble making the trip to a conventional barbershop or hair salon. The services listed below provide service in Englewood and will give you a price over the phone in advance.

**Cuts USA**
195 Valley Blvd., Woodridge, NJ    07075
201-939-7979
Will provide grooming care in the home. Call for an appointment and cost estimate.

**Home Care Services**

**CHEER Program/ Visiting Homecare**
Bergen Volunteer Center
64 Passaic Street, Hackensack
201-489-9454, x 203
Licensed aides assist in personal care. Also provide help with shopping, errands, light housekeeping, etc.

There are many home care agencies serving Englewood. The following organizations accredit home care agencies.

**Accreditation Commission for Health Care, Inc.**
(855) 937-2242    www.achc.org

**Commission on Accreditation for Home Care**
(201) 880-9135    www.cahcnj.org

**Community Health Accreditation Program**
(212) 363-5555 or (800) 669-1656, ext. 242
www.chapinc.org

**The Joint Commission (JCAHO)**
(630) 792-5000    www.jointcommission.org

**National Institute of Home Care Accreditation**
(703)901-2558    www.nihccaccreditation.com
Meals on Wheels
These programs deliver meals to Englewood residents.

Bergen County Division of Senior Services
Meals on Wheels Program
One Bergen County, Hackensack, NJ 07601
201-336-7420
For homebound B.C. residents age 60+, unable to shop or prepare meals, receives in-home assistance less than 4 hours per day, no special diet.

Kosher Meals on Wheels
Jewish Family & Children’s Services of Northern New Jersey
1485 Teaneck Road, Teaneck
201-837-9090
Delivers one box of 5 or 7 frozen meals once per week. Provides services to Englewood residents.

Moms Meals
1-877-508-6667
Fresh made meals delivered to clients. Special diet menus available.

In-Home Physician Services

Community House Call Providers
196 Jewett Avenue, Jersey City, NJ 07304
201-536-9000
Medical care for patients with difficulty getting out of their homes. Nurse practitioners make house calls under a physician’s supervision. Medicare covers 80% of the cost.
www.communityhousecallproviders.org

Visiting Physician Services, member of VNA Health Group
23 Main Street, Suite D1, Holmdel, NJ 07733
732-571-1000
Specializes in treating adult and geriatric homebound patients; makes house calls to private residences, senior housing buildings and assisted living facilities. Provides service in Bergen County.

Telephone Reassurance & Friendly Visitors

Good Morning Englewood
A service provided by Englewood Police and Fire Depts. An officer calls an individual every morning up to two times. If no answer, Emergency Medical personnel will respond to the home. Enroll by calling the Fire Department 201-871-6694.

Bergen County Wellness Check Program
201-336-7400
A daily electronic phone call will be made at a self-designated time. If the system cannot make contact, a call will be placed to designated family or friends. Available free of charge to Bergen County residents over the age of 60, homebound or disabled.

Jewish Family & Children’s Services of No. N.J.
1485 Teaneck Rd., Teaneck
201-837-9090
Matches seniors with volunteers who provide companionship through weekly visits.

Legal Assistance

Bergen County Bar Association, Inc.
15 Bergen Street, Hackensack, NJ 07601
201-488-0044 Referrals to lawyers.

Community Mental Health Law Project
One Bergen County Plaza, 4th floor, Hackensack 201-634-2762
Legal and Advocacy for the mentally ill. Monday through Friday 9:00am - 4:30pm, by appointment

Legal Services of New Jersey
888-576-5529
Provides advice and brief service over phone & possibly referrals. Mon.–Fri. 8:30am - 5:30pm
www.lsnjlawhotline.org www.lsnj.org

NJ Protection and Advocacy
210 South Broad Street, 3rd Floor, Trenton, NJ 800-922-7233
Consumer organization serving New Jersey designated protection and advocacy system for
disabilities with mental illness, social security beneficiary benefits, rehabilitation services, health care, and insurance matters.

**Northeast NJ Legal Services – BC Division Senior Law Project**
190 Moore Street, Suite 100, Hackensack
201-487-2166
Provides free legal services for seniors age 60+ of low income. Provides information on legal rights and entitlements, legal counseling, and education. Monday through Friday 8:30am - 5:00pm
Intake: Monday through Friday 8:30am – 12:00pm

**LGBTQ Resources**

**Garden State Equality**
40 South Fullerton, Montclair, NJ 07042
973-509-5428
www.gardenstateequality.org
Statewide advocacy and education for the lesbian, gay, bisexual and transgender community.

**GLARP - Gay & Lesbian Association of Retiring Persons, Inc.**
310-722-1807 or 310-477-0707
gaylesbianretiring.org
Nonprofit that calls attention to the aging issues in the LGBT community.

**Lambda Legal**
212-809-8585
National LGBT legal help center.

**Prime Timers**
P.O. Box 1073, Sparta, NJ 07871
973-727-5174
www.meetup.com/New-Jersey-Primetimers/
Social organization that ensures that mature gay and bisexual men have a rich and pleasurable social life with other like-minded men.

**SAGE -Services and Advocacy for GLBT Elders**
Elder Hotline - 888-234-SAGE
Hotline for LGBT elders in need of peer counseling, information and local resources.

**SAGE NJ-Services & Advocay for GLBT Elders**
32 Jones Street, Jersey City, NJ 07306
201-963-4779
www.hudsonpride.org
Men’s/women’s group where people meet and enjoy each others company. Discussions, guest speakers, video nights an outings.

**LGBT Houses of Worship**
(in or near Englewood)

**Church of the Atonement** - Episcopal
97 Highwood Ave, Tenafly
www.atonement-tenafly.org/

**St Mark's Church** - Episcopal
118 Chadwick Road, Teaneck
www.stmarksteanely.org

**St. Paul's Church** - Episcopal
113 Engle Street, Englewood
201-568-3276
www.welcome.stpaulsengelewood.org

**St Paul's Lutheran**
61 Church Street, Teaneck NJ
www.stpaulsteanely.org

**Unitarian Universalist Congregation of the Palisades**
228 Grand Avenue, Englewood
201-568-5540

**Long Term Care Services**

**Care Management**
One-stop service planning for older adults and people with a disability. Comprehensive assessment of needs and assistance with linkage to programs and services.

**Bergen Family Center**
44 Armory Street, Englewood
201-568-0817 ext. 127
www.bergenfamilycenter.org

**Catholic Charities-Older Adult Services**
57 Pink Street, Hackensack
201-441-9421
www.ccannj.org
Friends of Grace Seniors, Korean Community Center
100 Grove Street, Tenafly
201-541-1200
www.kccus.org

Heightened Independence & Progress (HIP)
131 Main Street, Suite 120, Hackensack
201-996-9100
For people with disabilities of all ages.
www.hipcil.org

Jewish Home at Home
10 Link Drive, Rockleigh, NJ
201-750-3077
Sliding scale for those people who are financially eligible.
www.jewishhomefamily.org

Jewish Family & Children Services of No. NJ
1485 Teaneck Road, Teaneck
201-837-9090
www.jfcsnnj.org

Aging Care Association Care Management
National Organization
3275 West Ina Road Suite 130, Tuscan, Az. 85741
520-881-8008
www.aginglifecare.org

Mental Health Service for Care Management
201-848-520

Adult Day Care Programs
These programs provide multiple health/social services in a congregate setting, enhancing the daily lives of participants and enabling their continued involvement in the community. These facilities provide a segment of time during the day or evening for the family/caregivers to engage in activities suitable to their personal needs. Transportation may be available.

Bergen Family Center
44 Armory Street, Englewood
201-568-0817
Social day care for the frail elderly.

Day Away Holy Name Medical Center
725 Teaneck Road, Teaneck
201-833-3757
Medical Adult Day Care

The Gallen Day Center
10 Link Drive, Rockleigh
201-750-4238
Medical Adult Day Care. Non-sectarian kosher facility providing a hot meal each day to participants. Door-to-door transportation provided for residents of Englewood. All are welcome!

Vantage Health System/Northern Valley Adult Day Health Center
2 Park Ave, Dumont, NJ
201-385-4400, ext 3086
Medical Adult Day Care

Assisted Living, Residential Health Care Facilities and Nursing Homes
Check out “Selecting a Long-Term Care Setting – A Guide for New Jersey Consumers”
www.nj.gov/health/njhealth/ltc_guide
For information on long-term health care facilities in New Jersey go to www.medicare.gov and www.state.nj.us/health

Quality of Care Issues / Ombudsman
NJ Department Of Health & Senior Services
P O Box 852, Trenton, NJ 08625
877-582-6995
Promotes & protects the rights, health, safety and welfare of seniors, age 60+ and in healthcare facilities (nursing homes, residential healthcare facilities, etc.) investigates specific complaints.

Nursing Home Volunteer Advocacy Program
Trained volunteers advocate for residents, providing socialization and help with any concerns about their personal situation and care.
www.nj.gov/ooie/home/volunteerprogramdescipt.html
Assisted Living  
(in or near Englewood)

Actor's Fund Home  
155-175 West Hudson Avenue, Englewood  
201-871-8882  
Retired Theatrical Persons/Multi-Level Facility/Connected with a nursing home.

Arbor Terrace of Teaneck  
600 Frank W. Burr Blvd., Teaneck  
201-836-9260

Bright Side Manor  
300 Teaneck Road, Teaneck  
201-692-1000
Licensed Comprehensive Personal Care Home that provides assisted living services to people 60+ of all income levels. Accepts Medicaid without a private pay spend-down period.  
www.brightsidemanor.org

Brightview  
55 Hudson Avenue, Tenafly  
201-510-2060

Bristol Assisted Living  
412 South Van Brunt at Route 4, Englewood  
201-540-4444  
(anticipated opening in late 2018)

Five Star Premium Residences of Teaneck  
655 Pomander Walk Street A, Teaneck  
201-836-3634

Jewish Home Assisted Living  
Kaplen Family Senior Residence  
685 Westwood Ave., River Vale, NJ 07675  
201-666-2370
Glatt Kosher community and non-sectarian community open to all seniors regardless of race, religion, and national origin. Connected with a nursing home.

Sunrise of Cresskill  
3 Tenakill Park Drive East, Cresskill  
201-871-0300

Residential Health Care Facilities

Residential Health Care Facilities are licensed by the State. Licensed physician must certify that the resident does not have medical or personal care needs which exceed the level of services provided.  
Provides a home-like atmosphere, while maintaining continuous supervision of health care and daily activity needs.

Licensed Residential Health Care Facilities provide the following services: (1) 24-hour supervision; (2) Provision of Assistance with personal hygiene, management of funds for clothing and other purchases and supervision of all medication; (3) Health Maintenance and Monitoring Services include assessment of medical, social, and health history needs and corresponding plans to meet those needs. (Registered Nurse); (4) dietary services; (5) arrangement for activity participation in and outside the facility.

Buckingham at Norwood  
100 McClellan Street, Norwood, NJ 07648  
201-768-6222

Five Star Premium Residences of Teaneck  
655 Pomander Walk, Teaneck, NJ07666  
201-836-3634

Home for Armenian Aged  
70 Main Street Emerson, NJ 07630  
201-261-6662
Residential Health Care Facility/Multi-Level Facility –Medicare/Medicaid certified  
Connected with a nursing home

Facilities for People with Alzheimer’s or Dementia

Memory Care Living at Cresskill  
248 Madison Avenue, Cresskill, NJ 07626  
201-368-7070

Sunrise of Cresskill – Memory Care  
3 Tenakill Park Drive East, Cresskill  
201-285-5120
Nursing Homes
(in or near Englewood or serving specific groups)

The Actor’s Fund Home
155 West Hudson Avenue, Englewood
201-871-8882
For retired theatrical persons.
Medicare/Medicaid/Private Pay

Armenian Nursing & Rehabilitation Center
70 Main Street, Emerson, NJ
201-261-6662
Medicare/Medicaid/Private

Bergen County Health Care Center
35 suite B Piermont Road, Rockleigh, NJ
201-750-8310
Medicare/Medicaid/Private

Buckingham At Norwood
100 McClellan Street, Norwood, NJ
201-768-6222
Dedicated unit for Korean patients.
Medicare/Medicaid/Private Pay

Care One At Cresskill
221 County Road, Cresskill
201-567-9310
Medicare/Private Pay

Care One At Teaneck
544 Teaneck Rd., Teaneck
201-862-3300
Medicare/Private Pay

County Manor Health Care & Rehabilitation
133 County Road, Tenafly
201-567-7800
Medicare/Medicaid/Private Pay

Inglemoor Center
333 Grand Avenue, Englewood
201-568-0900
Medicare/ Medicaid/Private Pay

Jewish Home at Rockleigh
Nursing Home and Rehabilitation Center
10 Link Drive, Rockleigh, NJ
201-784-1414
Medicare/Medicaid/Private

New Bridge Medical Center
(Formerly Bergen Pines/Bergen Regional)
230 E. Ridgewood Avenue, Paramus
201-967-4170
Medicare/Medicaid/Private

Teaneck Nursing Home
1104 Teaneck Road, Teaneck
201-833-2400
Medicare/Medicaid/Private

NOTE: Some nursing homes provide respite beds/short stay services on a temporary basis. Call individual nursing homes to inquire.

Hospice Service/End of life

Home Care & Hospice Association of NJ
485D route 1 South, suite 210, Iselin, NJ 08830
732-877-1100
www.homecarenj.org
info@homecarenj.org

Englewood Health
Home Care & Hospice Services provided through Visiting Nurse Association, which is headquartered in Englewood
800-862-3330

Holy Name Medical Center Home Care Hospice Unit
718 Teaneck Rd, Teaneck
201-833-3188

NOTE: Some nursing homes provide hospice beds. Call individual nursing homes to inquire.

Nonprofit Organizations
In Englewood

Actors Fund Home
(Lillian Booth Actors Fund Home)
155-175 West Hudson Ave.
201-871-8882
Assisted living, skilled nursing care facility; provides a comfortable living environment for entertainment professionals on six acres of property.
Arts Horizons  
1 Grand Avenue 201-567-1766  
Promotes arts as fundamental to a child’s education; provides arts programs to diverse people of all ages and abilities.

Artworks - The Naomi Cohain Foundation  
96 Engle Street 201-608-0146  
Provides children and young adults facing chronic and life-limiting illnesses, and their families, access to empowering and expressive art programs.

Bergen Family Center  
44 Armory Street 201-568-0817  
Provides vital services to families, older adults, teens and toddlers; provides counseling and resources to help families manage challenges and improve the quality of their lives.

Bergen Performing Arts Center (bergenPAC)  
30 N. Van Brunt St. 201-227-1030  
Non-profit regional theater, bergenPAC presents more than 175 shows a year, providing free tickets to organizations serving individuals who otherwise would be financially unable to experience the live performing arts. Since 2016, the Arts Access Initiative has granted over 17,000 such tickets, primarily to seniors.

Calvary Cares Community Development Corp  
90 W. Demarest Ave. 201-568-2000  
Develops partnerships with public and private entities to improve the quality of life for residents

Center for Food Action  
192A West Demarest Ave. 201-569-1804  
Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. 
Additional locations in Bergen County.

Chamber of Commerce  
2-10 N. Van Brunt St. 201-567-2381  
Promotes business growth; serves as the eyes ears and voice of Englewood’s commercial, business, professional and industrial community.

Community Chest  
122 South Van Brunt St. 201-568-7474  
Strengthens the Eastern Bergen County community through partnership, leadership and philanthropy.

The Defining Moment Foundation  
126 Chestnut Street  
201-364-4322 or 201-871-9567  
Dedicated to the prevention of substance abuse and bullying in senior adults and children. Elder Consciousness and Mindfulness training workshops for senior adults.

Englewood Health  
350 Engle Street 201-894-3000  
www.englishwealth.org  
Acute-care hospital offering a full range of services in Englewood.

Englewood Volunteer Ambulance Corps.  
South Van Brunt (next to Police station) 201-569-7962  
Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians and First Responders.

Flat Rock Brook Nature Center  
443 Van Nostrand Ave. 201-567-1265  
flatrockbrook.org  
150-acre preserve and environmental education center situated on the western slope of the Palisades.

Friends of John T. Wright Arena  
Mackay Park 201-568-3133  
Helps to improve the facilities of Englewood’s only ice-skating rink and ensures programming that serves the city’s residents.

Northern NJ Community Foundation  
1 Grand Avenue – Suite 3 201-568-5608  
Promotes art and culture as powerful means of bridging diversity and bringing people together.

Office of Concern Food Pantry  
St. Cecelia’s Church 55 W. Demarest Ave 201-568-1465  
Dedicated to serving the invisible poor in our area
Planned Parenthood of Central & Greater North Jersey
46 No. Van Brunt Street 201-894-0966
Provides high quality, affordable reproductive health care

Southeast Center for Independent Living (SESCIL)
228 Grand Avenue 201-569-4080 sescil.com
Provides myriad services for adults 55+, including programs that exercise body and mind. Only local senior center that provides such medical services as podiatry, dentistry and chiropractor.

St. Paul's After School Choir Program
113 Engle Street 201-568-3276
Tuition-free professional choral training, voice and piano lessons, leadership development, academic tutoring, and mentoring to children and teenagers

Urban League for Bergen County
12 Tenafly Road 201-568-4988
Dedicated to empowering the economically disadvantaged residents of Bergen County and surrounding areas to elevate the standards of living in historically underserved urban communities.

Vantage Health System
93 W. Palisade Ave. 201-567-0059
Services elders with mental health, addiction, developmental and eldercare challenges

Visiting Nurse Association (VNA)
15 Engle Street 800-862-3330
Provides home health and hospice care in partnership with Englewood Health

Vincent K. Tibbs Child Development Center
183 William St. 201-568-3937

West Side Infant Teen Program
192 West Demarest 201-458-2571
Provides child care and counseling services to teen mothers and their families

Women’s Rights Information Center
108 W. Palisade Ave 201-568-1166
Provides extensive services in employment and career development as well as assistance with affordable housing, peer counseling, legal consultations and appropriate referrals.

YWCA of Bergen County
Hackensack (main office)
201-444-5600 x 400
Offers swim classes at the Crowne Plaza Hotel.

Transportation

Access Link
1-800-955-2321
Hearing Impaired: 1-800-772-2287
24-hrs access: 973-275-5555
NJ Transit provides curb-to-curb transportation to eligible people with disabilities located within 3/4 mile from bus routes. Reserve in advance.

American Cancer Society
20 Mercer Street, Hackensack
201-343-2222 or 201-457-3418
Transportation for cancer patients

Bergen County Community Transportation
178 Essex St, Lodi, NJ 07644
201-368-5955
Provides door-to-door scheduled transportation for elderly and frail residents of Bergen County.

EZ Ride - Ryde4Life
144 Park Place East, Wood-Ridge, NJ 07075
201-939-4242, option 4
www.ryde4life.org
Provides on demand transportation using Lyft for adults 18 years and older. No smartphone required. Monday - Friday 8am - 8pm, Weekends 8am - 5pm

GoGoGrandparents
855-464-6872
gogograndparent.com
Offers Uber and Lyft transportation to individuals over 50 years old anytime 24 hours/day. No smartphone is necessary. Subsidies may be available
iTNNorthJersey
205 Hillcrest Ave., Wycoff, NJ 07481
(201) 398-6885
itnnorthjersey.org
Membership based Senior Transportation using volunteer drivers in Bergen County

NJ Find A Ride
www.njfindaride.org
Finds agencies that provide transportation.

NJ Transit Reduced Fare Program
973-491-7112
www.reducefare@njtransit.com
Seniors or people with disabilities are eligible to pay no more than one-half the regular one-way fare on all interstate bus, rail routes, and most interstate bus and rail routes into adjacent states (NY and PA).

Lyft
www.lyft.com/cities/new-jersey-nj
On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card

Uber
www.uber.com
On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card

Also:
Check with your local religious organizations. They may provide transportation services

Driver Safety Programs

AARP Driver Safety Course
www.aarpdriversafety.org
Online course enhances driver safety and may lower the cost of automobile insurance.

Driver Evaluation Program of The Jewish Home Family
Email: driving@jewishhomefamily.org
201-518-1174
Can assess driving abilities and recommend adaptive equipment to maximize safety. Open to people of all faiths.

Veterans Services

United States Department of Veterans Affairs
151 Knollcroft Road, Lyons, NJ 07903
908-647-0180

Division of Veterans Services
One Bergen County Plaza, Hackensack
201-336-6325
Advises, guides, and assists Bergen County veterans and their dependents on the many veterans programs, services, and entitlements.

Veterans Affairs Benefits Administration (Regional Office)
20 Washington Place, Newark, NJ 07102
800-827-1000
Federal benefits for veterans and dependents. Call to inquire about services/benefits.

Veterans Health Benefits
N.J. Veterans Administration Health Care System
800-315-7909
Call toll-free for information and application packet. The VA Hospital is located in East Orange.

VA Healthcare Enrollment (New Jersey)
888-954-3553

Veterans Affairs Clinic
385 Prospect Avenue, Hackensack
201-342-4536

Veterans Memorial Home Paramus
1 Veterans Drive, Paramus
201-634-8200

Community Transportation for Veterans
178 Essex Street, Hackensack
201-368-5955
Transportation to VA hospitals and health care sites.

Veteran Employment Federal Positions
www.usajobs.gov
www.fedshirevets.gov
www.vaforvets.va.gov
Financial Assistance for Homebound Veterans

Aid and Attendance and Housebound Benefits
Newark Regional Office
20 Washington Place, Newark, NJ 07102
800-827-1000
www.veteranaid.org www.veteranaidbenefit.org
www.vba.va.gov

Property Tax Exemption for Disabled Veteran
Tax Office-City Hall
2-10 North Van Brunt St., Englewood
201-871-6607
Full exemption from property taxes on a principal residence for certain totally and permanently disabled war veterans and their unmarried surviving spouses or partners.

Senior Veterans Tax Freeze
800-882-6497
Apply through the State of New Jersey

Veterans Deduction on Property Taxes
Englewood Tax Office
2-10 North Van Brunt St., Englewood
201-871-6607
Annual deduction of up to $250 from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses.

Legal Services for Veterans

Northeast New Jersey Legal Services
190 Moore Street-Suite 100, Hackensack
201-487-2166
www.northeastnjlegalservices.org
Provides legal services to low-income and homeless veterans in the areas of health, housing, public benefits, consumer rights and employment.

Volunteer Services
In or near Englewood

Bergen Volunteer Center
64 Passaic St., Hackensack
201-489-9454
Engages volunteers to meet community needs. Online database matches prospective volunteers with hundreds of volunteer positions in Englewood and other communities in Northern NJ. The Center’s Redefining Retirement program focuses exclusively on helping those who are retired find meaningful volunteer positions.
www.bergenvolunteers.org

Englewood Volunteer Ambulance Corps.
South Van Brunt (next to Police station)
201-569-7962
Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians/First Responders.

Jewish Family & Children’s Services of Northern NJ
1485 Teaneck Road, Teaneck
201-837-9090
Seeks volunteers for several varied and interesting positions. RSVP focuses on volunteers age 55+
www.jfcsnnj.org

North Jersey Villages
201-888-7736
North Jersey Villages is a member of the Village to Village Network. www.vtvnetwork.org Intergenerational volunteers share their expertise and talents to develop neighborhood networks that foster friendships, exciting opportunities, and practical help for older adults who are choosing to age at home in Bergen County. Find out more at www.northjerseyvillages.org

Note:
Most of the Nonprofits listed on pages 28-30 engage volunteers. Call for information about volunteering with them.
Home Safety Checklist

How well does your home meet your needs?

Steps/Stairways/Walkways
___ Are they in good shape?
___ Do they have a smooth, safe surface?
___ Are there handrails on both sides of the stairway?
___ Do you have light switches at the top and bottom of the stairs?
___ Is there grasping space for both knuckles and fingers on railings?
___ Are the stair treads deep enough for your whole foot?
___ Would a ramp be feasible in any of these areas if it became necessary?

Floor Surfaces
___ Is the surface safe?
___ Nonslip?
___ Any throw rugs or doormats that might slip underfoot?
___ Is carpeting loose or torn?
___ Are there changes in floor levels?
___ If so, are they obvious or well-marked?
___ Do you have to step over any electric, telephone, or extension cords?

Driveway and Garage
___ Is there always space to park?
___ Is it convenient to the entrance?
___ Does the garage door open automatically?

Windows & Doors
___ Are windows and doors easy to open and close?
___ Are locks sturdy and easy to operate?
___ Do doorways accommodate a walker or wheelchair?
___ Can you walk through the doorways easily?
___ Is there space to maneuver while opening and closing doors?
___ Does the front door have a view panel or peephole at the right height?

Appliances, Kitchen & Bath
___ Is the room arranged safely and conveniently?
___ Do the oven and fridge open easily?
___ Are stove controls clearly marked and easy to use?
___ Is the counter the right height and depth?
___ Can you work sitting down?
___ Are cabinet doorknobs easy to use?
___ Are faucets easy to use?
___ Do you have a handheld shower head?
___ Are the items you use often on high shelves?
___ Do you have a step stool with handles?
___ Can you easily get in and out of the tub or shower?
___ Do you have a bath or shower seat?
___ Are there grab bars where needed?
___ Is the hot water heater regulated to prevent scalding or burning?

Lighting & Ventilation
___ Are there enough lights, and are they bright enough?
___ Do you have night lights where needed?
___ Is area well ventilated?

Electrical Outlets, Switches, Alarms
___ Can you turn switches easily on and off?
___ Are outlets properly grounded to prevent a shock?
___ Are extension cords in good shape?
___ Do you have smoke detectors in all key areas?
___ Do you have an alarm system?
___ Is the telephone readily available for emergencies?
___ Does the telephone have volume control?
___ Can you hear the doorbell ring all throughout the house?

Checklist courtesy of AARP
## Summary of Transportation Options

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<td>New Jersey Department of Transportation</td>
<td>Provides access to the full range of transportation options throughout New Jersey.</td>
<td><a href="http://www.transportation.state.nj.us">www.transportation.state.nj.us</a></td>
<td>866-308-2347</td>
<td><a href="mailto:info@transportation.state.nj.us">info@transportation.state.nj.us</a></td>
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<tr>
<td>NJ Transit</td>
<td>Offers various transportation services including rail, bus, and ferry services.</td>
<td><a href="http://www.njtransit.com">www.njtransit.com</a></td>
<td>973-275-5555</td>
<td><a href="mailto:info@njtransit.com">info@njtransit.com</a></td>
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<tr>
<td>NJ North Jersey Transportation Planning Board</td>
<td>Provides a comprehensive transportation plan for the region.</td>
<td><a href="http://www.transportationnj.org">www.transportationnj.org</a></td>
<td>201-888-5999</td>
<td><a href="mailto:info@transportationnj.org">info@transportationnj.org</a></td>
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<tr>
<td>GogoHandyRental</td>
<td>Offers a variety of rental options for transportation.</td>
<td><a href="http://www.gogohandyrental.com">www.gogohandyrental.com</a></td>
<td>855-444-0972</td>
<td><a href="mailto:support@gogohandyrental.com">support@gogohandyrental.com</a></td>
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### Membership Fees

- No change
- New Jersey Department of Transportation: Continues to offer membership fees as listed. New fees may be available at times.
- NJ Transit: Offers a variety of membership options, including discounted rates for seniors and students.
- NJ North Jersey Transportation Planning Board: Provides a comprehensive membership plan for the region.
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</tr>
<tr>
<td>Visiting Nurse Association</td>
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<tr>
<td>Visiting Physician Services, member of VNA Health Group</td>
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<tr>
<td>Vocational Rehabilitation Services for the Disabled</td>
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<tr>
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<tr>
<td>Westmoor Gardens</td>
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<td>Winter Termination Program</td>
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</tr>
<tr>
<td>Women's Rights Information Center</td>
<td>8, 10, 22, 30</td>
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<tr>
<td>YMCA of Greater Bergen County</td>
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<tr>
<td>Young Nak Presbyterian Church</td>
<td>19</td>
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<tr>
<td>Yul Bang Mission Church</td>
<td>18</td>
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<tr>
<td>YWCA Bergen County</td>
<td>2, 30</td>
</tr>
</tbody>
</table>

Please let us know of any errors or omissions in this Directory.

**Age-Friendly Englewood**

Email: agefriendlyenglewood@gmail.com  
Phone: 201-591-5162  
Website: www.age-friendlyenglewood.org
Thanks to the City of Englewood, NJ for supporting the Age-Friendly Englewood project
Age-Friendly Englewood

Thanks

for generous support of our efforts to make Englewood GREAT for all ages.
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency</td>
<td>911</td>
</tr>
<tr>
<td>City Hall/City Manager</td>
<td>201-871-6637</td>
</tr>
<tr>
<td>Mayor</td>
<td>201-871-6666</td>
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<tr>
<td>Police (non-emergency)</td>
<td>201-568-2711</td>
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<tr>
<td>Fire (non-emergency)</td>
<td>201-568-6301</td>
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<tr>
<td>City Clerk</td>
<td>201-510-8213</td>
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<tr>
<td>Health Department</td>
<td>201-568-3450</td>
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<td>Library</td>
<td>201-568-2215</td>
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<td>Public Works</td>
<td>201-568-3401</td>
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<tr>
<td>Recreation</td>
<td>201-568-3472</td>
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<tr>
<td>Tax Collector</td>
<td>201-871-6607</td>
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</tbody>
</table>

www.cityofinglewood.org

For information about programs and services that help NJ residents in need:

dial 211    www.nj211.org

To get involved and give back:
Bergen Volunteer Center
201-489-9454
www.bergenvolunteers.org

Jewish Family & Children's Services of Northern N.J.
201-837-9090
www.jfcsnnj.org

AGE-FRIENDLY ENGLEWOOD

c/o Community Chest of Englewood
122 South Van Brunt St.
Englewood, NJ 07631
www.age-friendlyenglewood.org
agefriendlyenglewood@gmail.com
201-591-5162