



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

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ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

BANANA LEAF LUNCH
 (date) **Sunday, 5 May, 2024**
 (time) 11.30 a.m. till 2.30 p.m.
 (venue) OMPH parish hall.

Thanks to all who are supporting this project. The Cafeteria is almost ready. If all goes as planned we will be able to use the Cafeteria by mid-May.



OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-Board and around the church for your kind donation.

Every cent helps us maintain our building, our facilities and compound.

Thank you for your support. (Parish priest)

COMBINED LITURGICAL COMMITTEE MEETING

(date) Sun. 5 May, 2024.
 (time) 7.00 p.m
 (venue) St.Mark’s room.

MAY ROSARY DEVOTION

May is the month dedicated to Mary. The first apparition at Fatima. We will pray the Rosary 20 mins before the morning Mass. Come and join us to promote Marian devotion.

MARY & the Catholic Charismatic Renewal by Rev Fr Paul Kee CSsR

Wednesdays in May 2024: 8 & 22
 Time: 7.30pm
 Followed by Coffee fellowship
A love offering will be taken up
All are welcome

ASCENSION OF THE LORD

(date) **Thursday 9 May, 2024.**
 Mass at 6.45 a.m. (church)
 Rosary at 7.45 p.m.
 Mass at 8.00 p.m. (E) (church)

ALTAR SERVERS A.G.M.

(date) **Sun. 5 May, 2024**
 (time) 4.00 p.m.
 (venue) St.Mark’s room

PARISH ACTIVITIES & MEETINGS:

(May, 2024)

- * 5/5/2024 - 11.30 a.m. - Banana Leaf lunch (parish hall)
- 4.00 p.m. – Altar Servers (St.Mk.Rm.)
- 4.00 p.m. - Choir (C) (Senali Rm.)
- 7.00 p.m. - Combined Liturgical Comm. (St.Mk.Rm.)
- * 6/5/2024 - 7.00 p.m. – CCR practise (church)
- 8.00 p.m. - Chinese Apostolate (St.Mk.Rm.)
- * 7/5/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 8/5/2024 - 7.30 p.m. - CCR (E) prayer meeting (church)
- * 10/5/2024 - 7.30 p.m. - Caritas OMPH (St.Mk. Rm.)
- 8.00 p.m. - RCIA (C) (ven Francis Xavier Rm.)
- * 11/5/2024 - 12.00 noon – Infant Baptism session (St.Mk.Rm.)
- * 12/5/2024 - 1.00 p.m. – Lectors/Commentators (C) (ven Francis Xavier Rm.)
- * 12/5/2024 - 4.00 p.m. - Choir (C) (Senali Rm.)
- * 12/5/2024 - 7.00 p.m. - Parish Pastoral Council (St.Mk.Rm.)
- * 12/5/2024 - 7.00 p.m. - BM fellowship (Cafeteria)
- * 13/5/2024 - 7.00 p.m. – CCR practise (church)
- * 14/5/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 15/5/2024 - 7.30 p.m. - CCR (E) prayer meeting (church)
- * 16/5/2024 - 7.30 p.m. – Pentecost Triduum Day 1 (church)
- * 16/5/2024 - 8.00 p.m. - Tamil Choir (St.Paul Rm.)
- * 17/5/2024 - 7.30 p.m. – Pentecost Triduum Day 2 (church)
- * 18/5/2024 - 5.45 p.m. – Pentecost Vigil Mass (church)
- 8.00 p.m. – Pentecost Vigil Prayers (church)
- * 19/5/2024 - 8.00 a.m. - Pentecost Sunday (church)
- * 19/5/2024 - 1.00 p.m. – Chinese group fellowship (parish hall)
- * 19/5/2024 - 4.00 p.m. - Chinese choir (Senali Rm)
- * 19/5/2024 - 6.00 p.m. - RCIA fellowship (Cafeteria)
- * 20/5/2024 - 7.30 p.m. – CCR meeting (St.Mk.Rm)
- * 21/5/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)

BIBLE REFLECTION & HOME-GATHERING:

- * 10/5/2024 - 8.00 p.m. – BEC St.Francis De Sales; Home of Tony Xavier & Mary.
- * 16/5/2024 - 8.00 p.m. - BEC St.Peter (C); (Cafeteria)
- * 24/5/2024 - 8.00 p.m. – BEC St.Francis De Sales; Home of Michelle Koak.



Every last Friday at

8.00 p.m.in St.Mark’s room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year.

You are requested to register six (6) weeks before the weekend

EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For Tamil marriage preparation course 2024 –

Dormitory St.Anne, Bukit Mertajam	Aug 24 & 25 Nov 16 & 17 (Closing date on: 1st day of each month)
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Please see your Parish Priest for registration.

EVENTS:

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

OMPH Catholic Charismatic Renewal Group WEEKLY PRAYER MEETINGS

ALL ARE WELCOME to CCR PRAYER Meeting on Wednesdays @ 7.30 p.m. Join us in praise and worship, intercessory prayers, ministering and Word of God.

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

WEDDING BANNES:

- Linnox Ivan a/l Wilfred & Jennifer a/p Anttonysamy

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance.

Next Infant Baptism will be on Sunday, 12 May 2024.

KID’S BIBLE CAMP 2024

(date) **May 25, 26, 27**
(venue) Church compound
(Time)
Day 1 – 8.00 a.m – 5.00 p.m
Day 2 – 7.30 am. – 10.00 a.m
- 1.30 p.m – 6.00 p.m.
Day 3 – 8 a.m. – 5 p.m.
Organized by the OMPH Sunday Catechism Team

Enjoy your Golden Years

A weekend seminar for all those who are 55 till 80 years old. This will be held at OMPH parish hall from 10.00 a.m. till 5.00 p.m. on **Sat. 6 & Sun. 7 of July 2024.**

Presenters: John & Joann Ooi from Singapore.

A love offering of RM50/- per person inclusive of lunch and tea and writing materials.

- This seminar deals with –
- 1) Phases of retirement
 - 2) Confronting fears – about aging and suffering.
 - 3) Dealing with loneliness and depression.
 - 4) Happiness and meaningful life.
 - 5) Relationships with loved ones.
 - 6) Preparing for the fourth age.
 - 7) Moving forward.

In-take limited to 100 persons. Register at the parish office confirming with payment of RM50/-.
Kindly book early.

FREE HEALTH SCREENING SUNDAY 26th MAY, 2024

At 8am till 1pm in the Parish Hall.
Organised by : CARITAS-OMPH

CCR Meeting – Mon. 20 May, 2024

at 7.30 p.m. in OMPH,St.Mark’s room.
For whom: Core, Worship, Music, Intercessory, socmed, youth team members.

Come and Celebrate the Birthday of the Church

ABLAZE & FUELED BY THE HOLY SPIRIT FOR COMMUNION, PARTICIPATION & MISSION

Preached Masses by Rev Fr Patrick Massang CSsR

Triduum 1 - Thursday 16 May @ 7.30pm w/ fellowship

Triduum 2 - Friday 17 May @ 7.30pm w/ fellowship

Pentecost Vigil Mass – Sat 18 May @ 5.45pm

Pentecost Vigil Prayers – Sat 18 May 8-10pm

Pentecost Sunday 19 May @ 8am. (organised by OMPH-CCR)

R.C.I.A. IN-TAKE 2024

For Whom:

- 1) A person who has not been baptized and would like to know more about the Catholic faith with the intention of becoming a Catholic.
- 2) A baptized christian of another denomination who would like to learn about the catholic tradition.
- 3) A baptized person of a catholic church who has not received the Sacrament of Holy Communion and/or Sacrament of Confirmation and would want to become one in the catholic faith.
- 4) You have a non-Catholic member in your family and you want him/her to become a Catholic and do not know who to approach.

We, Parish Priest & R.C.I.A Team Welcome you.