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VOLUME MMXXV, #2

APRIL 2025

How to Recognize Scam Text Messages

Cell phones are great for texting people you know. However, if you get a text message from an unknown sender, it could be a scammer trying to steal from you.

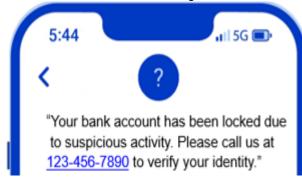
A scammer is like an old-fashioned con artist; someone who pretends to be helpful but is really trying to fool you. Our use of cell phones and computers makes it much easier for these people to fool us, because we never actually see them.

You may think they cannot hurt you, because they cannot see you either. But in today's society, your personal and financial information — such as passwords, account numbers, social security numbers, birth dates, etc. - are much more valuable to scammers than the few dollars you carry in your wallet.

Here are some tips on how to spot a text from a scammer, and what to do if you receive one.

Fake text messages

Scammers are very good at making fake text messages look real. Consider this text message:



It sounds like your bank has found a problem and wants to help you out. They have even provided a phone number for you to call.

The first warning is the bank isn't identified. Even if the bank was identified, you cannot be sure it is from that bank.

The second warning is the phone number. When a word or number is a different color and is underlined, it is usually a "link". Links do not always send you to the place you see. **DO NOT** ever click on a link in a text from an unknown sender.

What could happen?

If you click the link, your call will likely be answered by a friendly person who will be glad to help you. Of course, they will need to "verify" your identity, so they will ask personal questions.

Remember, when you call your bank, they ask personal questions to make certain of who you are. If you give that information to an unknown person, it's like giving them keys to your bank, home, credit cards – everything you own.

What should you do?

If you get a text message you weren't expecting, **DO NOT** click on any links. Simply delete the text. If you choose, you may contact the Federal Trade Commission to report the text.

If you think the message might be real, contact the company using a phone number or website you know is real. **DO NOT use the information in the text message**.

Other kinds of text scams.

Scammers will use any tactic necessary – including company logos - to get the personal information they need. Here are a couple other sample scam texts which have been seen in recent months.





Other scam texts may promise free prizes, coupons, nointerest credit cards, help paying a student loan, fake invoices for toll charges – the list goes on and on.

Use and enjoy the benefits of your cell phone. But, be vigilant and protect yourself from scammers.

Info for this story was obtained from Federal Trade Commission https://consumer.ftc.gov/articles/how-recognize-and-report-spam-text-messages



Volunteer Hours Report <u>DUE 15 JUN</u>
June Bulletin Input is <u>DUE 1 MAY</u>
Report Unit Officer Changes Promptly

Please refer to the current MWAN Procedures Manual or contact your Regional Representative listed on Page 10 of this bulletin, if you have questions.

Presidential Ponderings

by GinaMarie Doherty, National President

Happy Easter Sisters! May you be surrounded by loved ones and beautiful spring weather! Your Board of Directors (BOD) will gather in Petaluma, CA. in August of this year for the purpose of conducting MilWomen business. If you have any issues or concerns you would like to see brought before the MWAN BOD, please contact the Regional Representative for your state (See list on Page 10 of this bulletin.)

Welcome to our two newest members of the MWAN BOD; Region 4 Representative Rose Cooper and Region 12 Representative Terri Cook. Thank you, sisters!

A special thank you to our Webmistress Lynne Pine for providing a place for us to stay informed. Check our website for MWAN references such as governing documents and forms, past and present bulletins, a map of our regions, breaking news, scholarship updates, and important details about our organization including MWAN's purpose:

"...to encourage patriotism, loyalty, and devotion to God, country and family; for each member to help one another and her community, state, and nation; for each member to be of actual assistance; and to keep up each other's morale."

Please get out there and find your sister veterans.

Fiscal Findings

by Maura Mooney, Vice President for Finance

Please note I have a new mailing address for all MWAN financial business (dues payments/transmittals, new applications, donations, MAL renewals, etc.). Also, please do not write "Finance VP" on the outside of the envelope. While items mailed to the old address should still be received, please use the following address in the future:

Maura Mooney, PO Box 750841, Petaluma CA 94975

All applications & forms have been updated with the new address and may be downloaded from milwomen.org.

Officers' Call

Volunteer Service Hours

by Karen Albert Warren, Volunteer Chair

Time flies when you're having fun. You ladies are busy in your communities and doing some amazing things. Did you remember to track your hours? All hours are to be submitted by **June 15th, 2025**, for the period of June 1st, 2024 – May 31st, 2025.

The new Procedures Manual (located at MilWomen.org) contains the necessary forms and guidance. Units are to use the Unit Data Update form on Page 25, and MALs are to use the Member Data Update form on Page 18. Don't forget to include bullets which highlight your activities and/or projects. I would like to share a few with others!

Please email your submissions with a subject of "Volunteer Hours" to volhours@MilWomen.org. If you do not use email, then please give me a call (contact info on Page 10 of this bulletin), and I will provide my mailing address.

Supply Snapshot & Special

by Linda Coffield, Supply Locker Officer

CLOSE OUT SALE AT THE SUPPLY LOCKER

Women Proudly Served Dog Tag Lapel Pin – <u>Two left</u> US Navy Patriotic Ribbon Lapel Pin- **Seven left**

These pins (pictured below) have been reduced to \$4 each. Very few remain and they will not be replenished.

Help clean out the Supply Locker! Write the desired item and quantity in the margin of the order form (on Page 11 of this bulletin) and include payment. First paid order(s) will get the remaining pin(s).



Military Women's Bulletins are sent **BULK MAIL** and will <u>NOT be forwarded</u> by the Post Office. Please include MWAN on <u>ALL Address Changes</u> in order to keep receiving your bulletin. Please send the address change 60 days before moving. **Consider Receiving Your Bulletin via Email.** Contact Finance@MilWomen.org for details.

ADDRESS CHANGE FORM

| PLEASE P | RINT | | PLEASE PRINT | |
|---|------|-----------|-----------------|--|
| NAME: | | MWAN ID # | | |
| NEW Address: | | City: | ST: Zip: | |
| Email: | | Phone: | Effective Date: | |
| Mail to: Maura Mooney, MWAN VP, P.O. Box 750841, Petaluma CA 94952-3682 | | | | |
| OR send via F-mail to: Finance@MilWomen org | | | | |

Miscellaneous Information ❖ 1. Military Women's Bulletin is the official newsletter for Military Women Across the Nation, Inc., a nonprofit, veteranservice organization originally chartered in California in 1979 by co-founders Jeanne Palermo, Loda Mae Dobbins and Esther Govorchin. ❖ 2. This newsletter is published six times per year in February, April, June, August, October and December by Harbor Printing Inc., 3 Graf Road, Newburyport MA 01950. ❖ 3. Items for publication may be submitted via electronic mail to Editor@MilWomen.org and must be received by the 1st of the month PRIOR to publication. ❖ 4. Submit all changes of address as soon as possible. ❖ 5. Returned newsletters will NOT be re-mailed.

KEYSTONE WOMEN VETERANS

Unit #006 (PA) – Ruthie Severino was recognized this past November by Newtown Township for her example, commitment and service to her community. Two days later, she was presented with the Freedom Medal at the Delaware County Veterans Memorial Association's 10th Annual Freedom Medal Dinner.

For the past 25 years, Ruthie has served as either Vice President or President (currently) of Keystone Women Veterans, supporting many military events, charitable functions, and participating in parades, funerals and veteran's affairs. Her resolution states, "Newtown Township congratulates Ruthie on this distinguished honor and we thank her for her service and commitment to our community and our country."



Ruthie is pictured above with two members of the Newtown Township Board of Supervisors.

REDWOOD EMPIRE MILITARY WOMEN

Unit #77 (CA) – We held our first meeting of the year on January 11th concluding with a potluck lunch which gave us an opportunity to visit and discuss upcoming events and opportunities. We also welcomed our newest member, Kathryn Cyr, who is on active duty with the Coast Guard, where she serves as Executive Officer at PETRACEN.

On January 10th, member Bethany LaRosa was promoted to Chief Petty Officer. In support of Bethany's achievement, the ceremony was attended by several unit members.

February found members Maura Mooney and Rose Nowak, who also serve with American Legion Post 28, participating in interviews for California Boys and Girls State candidates. This is always a rewarding experience, but also difficult to narrow candidates to the few slots available.



Left to right are Rose Nowak, Bethany LaRosa, Emily Sousa & Maura Mooney at Chief LaRosa's promotion ceremony.

Unit 77 is making plans and looking forward to hosting the 2025 MWAN Board of Directors meeting this summer. We celebrated Military Women's History Week by joining our 'Coasties' for lunch at the base on March 21st. Wishing everyone a Happy Spring!

OCEAN STATE

Unit #118 (RI) – Greetings all. Spring is just around the corner, and our unit has continued to meet and plan activities throughout the winter season.

We enjoyed our annual tea service at the Bristol Veterans' Home on March 15th. We opened this gathering up to our members, various state veterans' officials, women veterans who live in the home and representatives from the Veterans' Administration.

We continued recruitment efforts which resulted in two new members joining our unit. We are very glad to welcome Sharon Harmon and Lorrie Casucci.

Unit officers have designed a unit flag which we can use when participating in parades and ceremonies. It is three by five feet with a white background and blue lettering, and features the MWAN logo.

Here are a few tidbits for your information:

- ★ Recently, Congress passed The Dole Act (also known as P.L.118-210) which became effective January 2nd. This law expands home care services and care giver benefits.
- ★ Also, breast cancer is now on the VA presumptive list.
- ★ Finally, don't forget to spread the word about the MWAN annual scholarship. Help today's youth continue their education and remind them women are veterans! That is all for now, Happy Spring from Unit #118.

MEMPHIS BELLES

Unit #151 (TN) – On January 7th, four unit members attended the groundbreaking ceremony for the new VA Community-Based Outpatient Clinic (CBOC) in Millington. The CBOC is slated to be the largest in the state and will serve more than 7,000 veterans when it opens in 2026.

We earned just over \$80 at our quarterly bake sale held at the Kickin' Pony. We had fun, but our hearts broke when a young girl came up and said she would like to give us all the money she had (\$3-\$4). She was there with her grandma, who was one of the band members. The girl's father was in the Army and had committed suicide. There were no words, but Valarie was first to give her a huge hug.

Memphis Belles #151 continued on Page 4.

MEMPHIS BELLES #151 (continued)



Above, left to right: Jean Jungkans, Kathy Desjarlais, Linda Coffield & Anne Day are pictured beside an artist's rendition of the new VA CBOC at the ground-breaking ceremony.

Below, left to right: Kathy Desjarlais, Betsy Stahl, Valarie Bennett, Becky Dickinson, Jean Jungkans, & Sami Phillips at the bake sale





Valarie, Anne, Sami, and Kathy all attended the January Veteran of the Month reception. Like most of us, Anne (pictured at left) was representing various organizations.

We are very pleased to announce the attendance at our January meeting was the largest in quite a while!

January meeting attendees pictured below are (from center front & going right around the table): Valarie Bennett, Anne Day, Stacy Harris, Patricia Duncan-Harris, Sami Phillips, Kathy Desjarlais, Linda Coffield, Becky Dickinson, Jean Jungkans, Betsy Stahl, & Denesse Torpoco.



Anne, Linda, and Kathy participated in a "Friends" trivia night at the museum in February. Anne and Linda were on the winning team! Linda and Sami also participated in one of the local animal rescue Bingo afternoons.

The end of our February meeting was dedicated to training for those who still needed to set up alternate MyHealtheVet access and for those who needed assistance. Fortunately, one of our members, Denesse, works at The Vet Center and was able to help everyone, including an American Legion member and his spouse who were invited.



Above: MyHealtheVet training attendees (left to right, around the table) were: Sami Phillips, Patricia Duncan-Harris, Stacy Harris, Anne Day, Denesse Torpoco, Jean Jungkans, Meribeth Patton & Linda Coffield. Kathy Desjarlais attended but was not pictured.

In March, Anne, Sami, and Linda participated in vintage game night at the museum. Fun was had by all, and many happy childhood memories resurfaced.

Our area experienced unusually cold and snowy weather this year. In conjunction with the new director of the West Tennessee State Veterans Cemetery, Jennifer Heilselman, we collected more than 50 coats and other assorted coldweather gear for our veterans at the Lt. Col. Luke Weathers, Jr., VAMC in Memphis. Jennifer is retired Navy, and we were more than happy to partner with her.

MILITARY WOMEN OF TIDEWATER

Unit #152 (VA) – Recently, unit members came together for a special social gathering during one of VFW 4809's Friday Night Dinners, showing their appreciation for the venue which hosts our meetings.



Pictured above (left to right) are: Ms. Helen (Betty Hand's mom), Marti Sansnury, Maggie Smith, Lesli Stidman-Carpenter & Betty Hand.

The event provided a wonderful opportunity for members and their families to enjoy each other's company in a relaxed and welcoming environment. It was a night filled with great food, laughter and meaningful conversations, reinforcing the bonds which make our unit so special.

We meet monthly at VFW 4809 in Norfolk. For meeting information, contact Lesli Stidman-Carpenter at Leslisue2010@yahoo.com or (904) 318-1055

TRISTATE WOMEN VETERANS

Unit #157 (TN) – At our fall meeting in October, we lined up a year's worth of activities which include parades, parties and – of course – plenty of food!



Above: Fall meeting attendees (left to right) were Patty Parks, Janet Duncan, Denise McDermott, ???, Carla Bell, Gladys Flores, Teena Gravitt, Susan Galloway, Penny Manna & Zaida Ringheimer. Below: Veteran parade participants pictured (left to right) are Jennifer Palmaer, Beth Wingfield, Susan Galloway, Teena Gravitt, Sheila Billings, Deborah James, Patty Parks & Zaida Ringheimer.



In November we headed south to Ft. Oglethorpe, GA, for the Veterans Day parade. Waiting for the parade to begin was a joyous time as the Chattanooga Shriners invited us to tour their pirate ship! Retired Navy Hospital Corpsman Teena Gravitt brought her WWII-era ambulance (below right), which was restored by her precious spouse Michael Ellis, and the Shriner pirate king awarded her with a lapel pin (below left)! What a great day!



Later in November, a few of us headed east to visit the Tennessee State Veterans Home in Bradley County. Unit member Susan Galloway participated in an honor flight last year where she met Air Force veteran Deborah Guinn (at right) who resides at the TSVH. Our visit (which has been repeated several times) was warmly received by Deborah who has also become







an MWAN member! We also discovered many service opportunities at the TSVH, which was recently completed and opened.

Late January found us at a local restaurant having a Red Shirt Luncheon. These adventures can happen at any unsuspecting restaurant and help remind our community that 'Women Are Veterans'! After a delicious lunch with too-good desserts, we broke out the scissors, stickers, cardstock and glue to begin building 70 Valentine cards for distribution at the local VA clinic and Chattanooga VetCenter. Our many, busy hands and limitless creativity succeeded in completing enough cards to surpass our goal!



Crafty members pictured are (left to right) standing: Wendy Burke, Patty Parks, Susan Galloway, Teena Gravitt, Danette Skyles, Sheila Billings Janet Duncan, Deborah James & Carla Bell. Those seated (left to right) are Penny Manna, Beth Wingfield, Cathy Brown, ???, Denise McDermott & Jennifer Palmer.



A couple of weeks later, Jennifer, Wendy and Patty (pictured at left, left to right) set up a table in the VA Clinic lobby to give the hand-made cards to brother and sister veterans, along with hand-made hats, bookmarks and mug-mats. Recipients were very grateful

with some saying it had been years since they received a valentine!



NEW ENGLAND

Unit #158 (RI) – 'Cathy House' opened in 2015 to fill a need for female-focused veteran supportive housing. Developed and managed by Montachusett Veterans Outreach Center (MVOC) in Garner, MA, the facility provides a safe, comfortable place to live which offers individual bedrooms and shared living spaces for women veterans and adult women family members of veterans.

New England #158 continued on Page 6.

NEW ENGLAND #158 (continued)

Unit 158 members have routinely provided support to MVOC which also provides veterans with financial assistance, mental health and wellness care, benefits counseling, a food and clothing pantry and transportation assistance, in addition to housing solutions. More information about MVOC is available at this link: https://www.veterans-outreach.org/services-programs/housing-support/



Pictured above (left to right) MVOC representatives Stephanie and Cathy receive gas cards valued at \$150 from Unit 158 Chaplain Suzanne Heiermann. Residents will use the gas to attend medical appointments.

LAKELAND ROYAL SWANS

Unit #159 (FL) – Welcome aboard to three new sisters: Cece Rauch, DJ Delgado and Kayla Bernard. Welcome aboard, sisters!

We held our Wreaths Across America Wreaths (WAA) retirement ceremony on January 4th, and are already looking forward to our next WAA event in December!



Pictured (left to right) Kathleen VanMiddlesworth, Linda Osborn, AJ Burr, Eva Dyer, Carol Steadham, Jessyca Carpenter, Connie White & Grace Tate

We had an amazing turnout at both our January and February meetings. Sister veteran Bernadette Dunn was one of our recent guest speakers and offered a free Mindful Art Class along with soothing breathing techniques to help relieve stress and anxiety.

One of our members, Kay Shelby, underwent total left hip surgery. While she was in rehabilitation, we surprised her with an Empath Hospice Veteran Pinning Ceremony and presentation of the Vietnam Veteran lapel pin!



February Meeting attendees (left to right) are Kathleen VanMiddlesworth, Stephanie Bryant, Rutha Burns, Cece Rauch, Connie White, Denise Vola, Grace Tate, Pat Watson & Bernadette Dunn



Surrounding Kay Shelby (seated) are (left to right) Grace Tate, Karen Warren, Cece Rauch, Kathleen VanMiddlesworth & Kristie Vaughn of Empath Hospice.

As February drew to a close, our unit hosted a Woman Veterans Meet & Greet for the Lakeland area. At this event, we welcomed our newest member, DJ Delgado.



Meet & Greet attendees (left to right around the table) are Linda Osborn, Karen Warren, Carol Steadham, Connie White, DJ Delgado, Kathleen VanMiddlesworth, DJ's goddaughter, Vanessa Nash, Denise Vola, Grace Tate & Cece Rauch.

Lakeland is located between Tampa and Orlando. Meetings are held monthly at 11am on the 4th Saturday at American Legion Post 4, 1375 Ariana Street, Lakeland. If you know any sister veteran who may be interested in joining us, please have her call (863) 450-5008 and leave a message for Kathleen VanMiddlesworth, or contact us by email at MilitaryWomenLakeland@gmail.com. We are also on Facebook at facebook.com/LRSofMWAN/.



MEMBER-AT-LARGE, FLORIDA

MWAN Life Member Dorothy "Pat" Rudd (pictured below) first joined WAVES National in 1988. Having served in various unit positions and with different units through the years, Pat is enjoying the quiet life of a member-at-large and residing at the Orlando VA Healthcare System's Community Living Center.

She was recently interviewed by Joseph Nunez, Public Affairs Specialist with the VA. His wonderfully-written article can be viewed at the following link:

https://www.va.gov/orlando-health-care/stories/fromwaves-to-the-orlando-va-a-century-of-strength-withdorothy-rudd/

An interview snippet follows:

"{Pat's} service took her to the then-Territory of Hawai'i, where she worked as an educator. teaching fellow service members literacy skills. Additionally. Rudd played a vital role in the war effort by helping in hospitals and caring for injured soldiers.

"I wanted to do my part," Rudd said. "My brother joined, and I felt inspired to follow the same path. I knew I could make a difference."



Among her most emotional memories of service was helping sailors communicate with their families while they were away at sea.

Rudd recalls, "I remember taking the time to sit with them and assist in writing letters home. For some, it was their sole connection to their loved ones. It meant the world to them, and it meant everything to me."

Thank you, Pat, for being a trailblazer and especially for your military service to our country. You are a true gem!

MEMBER-AT-LARGE, MICHIGAN

By, Kathleen "Kait" Melville-Hall, YNC, USNR (Retired)

Hi Ladies! I just finished reading another solid issue of our MWAN Bulletin. I was shocked & saddened to read about Dassa's passing. The Army had a slogan "Be all that you can be." Dassa exemplified that & more!

Since the MWAN groups in Michigan folded some years ago, those of us who served as WAVES and then Sailors at our uncle's pleasure are pretty much all MAL's. Michigan is so spread out, folks don't realize it's 500 miles from top to bottom. The Detroit area had one group, Michigan Unit 32. The other unit was in the Upper Peninsula. I believe it was SEM WAVES Unit 101. And I am guessing that my memory is accurate. Probably not. Sigh... Kait in 2014. →



For a time, I was on Facebook and was able to interact with other Bainbridge WAVES. My husband Doug & I actually attended a gathering in Branson, MO. Then Sound Of

Facebook and I parted company, so I no longer have any communication with the Bainbridge ladies. I hope they are still alive & well.

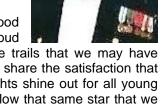
The ill-fated year of 2020 was to have been a travel summer for us. I have two great grandchildren in Oregon and had planned to go out to the Pacific Northwest to visit both sons and their offspring. I believe we were also thinking about Doug's USMC group's reunion and more. So much for COVID.

Since getting 'long in the tooth', my traveling seems to be between Alpena & the Saginaw VA. While there I get to meet other ladies like us. We're a special breed of cat! Most of us have gone places that others read about in books. Many of us have gone into harm's way and returned wiser and attuned to our unique places in the evolution of women in the military of the United States.

I remember when on a nine-month deployment to HQEUCOM at Patch Barracks outside of Stuttgart, Germany, in the 1990's. I had the opportunity to attend the 39th annual Military Pilgrimage to Lourdes, France. It was extraordinary! Here were military people from all over the world. Italy, Korea, Germany, Poland, Spain, USA, Canada, and more - those are just the countries I recall. We all were in uniform and gathered together to pray for peace.

I recently read an article about it and it is STILL ongoing! The year I attended I was the only female American military person uniform! There were other women who were military spouses and also some in reserve status, but they came as civilians. They vowed if they ever attended in the future. they would Kait in dinner uniform.→ uniforms!

We belong to a unique sisterhood of which we can be proud. Proud



of what we have done and the trails that we may have blazed for others to follow. We share the satisfaction that we are here today to let our lights shine out for all young women who might decide to follow that same star that we saw and hitched our wagons to.

After deployment to Southwest Asia, I returned home & joined the VFW holding offices and participating as I could. There are many ways we can still share our knowledge with others. Sometimes it is just swapping experiences we had. Other times we can help another veteran get on track with knowledge we have gleaned. When people see the Navy plate on my vehicle they ask "Was your husband in the Navy?" It's fun to see the expression on their faces when I tell them "No, I was. He is my own personal Marine."

I'd love to hear from other MAL's if you have the desire to log in. As the years progress, travel gets less appealing and more of us are like that Little Petunia in the onion patch.

Editor's Note: Kait's contact information may be obtained by MWAN Members Only, by contacting the Region 5 Representative listed on Page 10 of this bulletin.

MEMBER-AT-LARGE, VIRGINIA



Jill Blakeney of Unit #144 checked in on MAL Helen Bostick of Ashland to find her celebrating her 92nd Birthday with family and friends.



MEMBER-AT-LARGE. WEST VIRGINIA

<u>Editor's Note:</u> In the February issue of MWB, I wrote an article about Su (Escandor) Carroll which not only had an incorrect photo, but contained erroneous information. Please accept my apologies for this mis-adventure. What follows is a corrected article thanks to a sweet, follow-up letter from Su.

Sandra 'Su' (Escandor) Carroll at the urging of her husband, took time to pen and mail a letter to fill us in on what's been happening in her little corner of the nation.

A 40-plus year member of WAVES National (WN)/MWAN, Su served as WN National Historian for two terms (1984-1988) before becoming the founding president of West Virginia Eastern Panhandle Unit #85 in 1990.

Su retired from the US Navy/Reserve in 1991 as a Yeoman 2nd Class and took a job as correspondent with the "*Evening Journal of Martinsburg*" which segued into freelance writing. She continued to be very active with her unit until it folded in 2003. Since that time, she has been quietly serving as a MAL.

When she joined WN in 1980, Anne Anderson. WN Past National President from 1984-1988, was her mentor. Su included a "Shout Out" to all who knew, loved and admired Ann.

Su was born in Detroit 'Motown', MI, but at age nine, her

family moved to Sorsogon, Philippines, where she graduated high school in 1956. Recently, she was recognized for her significant support of her father's hometown's first library. Her letter explains:

"Gubat {in Sorsogon} is the Tagalog word for "forest," and the name of my father's hometown. It's been around since the time of the Spaniards. The town built it's first library in 2017.



"Being a bookaholic, I started sending all the books I have already read, and some friends have donated to the library. I hope after I die, my daughter will forward the rest of them to Gubat."

The people of Gubat Public Library awarded a resolution to Su *(pictured above)* expressing their "heartfelt gratitude" for her invaluable support to the people of Gubat.

Regional Rattle

Region 1 - California, Hawaii & Nevada

Representative Lynne Pine ~ RR1@MilWomen.org

EVERYONE is invited to cruise out of San Diego on a four-day California Retreat cruise October 21st-25th, 2025.

Please consider joining us on Monday, October 20th for our Region One Conference, then sail away on the Holland America Koningsdam, departing on the 21st and returning to San Diego early on the 25th. There's plenty of room!

Contact David Badyal at Badyal.David@ace.aaa.com or

call (619) 397-6418. Ask him to put you on this four-day California Retreat cruise October 21st-25th (Voyage K566 on Holland America's Koningsdam). Contact Lynne Pine (RR1@milwomen.org) for more information.



Region 9 – Iowa, Kansas, Missouri & Nebraska

Representative Michele Batliner ~ RR9@MilWomen.org

A good friend of mine, Catherine Anthony, a WWII Navy Nurse, passed away at 103 years young on February 22nd. I met her when I joined an "all-female" American Legion post 10 years ago. She was a charter member and the only other Navy member! We became immediate friends.

She was 93 at the time and very active in the post, the auxiliary and her local parish. She was very happy to tell her story about her 1943 commission as a Navy Nurse Corps Ensign, and caring for the wounded GI's returning



home from the Pacific. She served in the Navy until WWII ended and was discharged as a Lieutenant Junior Grade. Catherine continued nursing for many years, teaching other women who aspired to become nurses at Graceland College in Independence, MO. She also earned a master's degree in education and taught school until her retirement in 1999.

The Kansas City, MO, VA recently honored her with a centenarian recognition award (*Catherine pictured above with her award*). She led a life of true servanthood, and was an inspiration to all the women veterans she came in contact with. Fair winds and following seas my friend. Until we meet again on the other side.

Region 10 – Georgia, North Carolina, South Carolina & Tennessee

Representative Patty Parks ~ RR10@MilWomen.org

Other than a few changes, such as the actual location, our Region 10 Conference is still on! Set for Saturday, April 26^{th,} in Greenville, SC, I have received 17 reservations with a couple more promised!

There is still time to register, so please let me know if you'd like more details about our ~ Appalachian Adventure!

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Military Women Across the Nation

MEMBERSHIP APPLICATION

| Name: | | | | Phone: (|) | |
|-----------------------------|-----------------------|------------------------------|---------------------|--|--------------|------------------------|
| First | Middle | Maiden | Last | · | • | |
| Mailing Address | :Stree | t | | City | State | Zip |
| E-Mail Address: | | | | Unit No. | | |
| Birthday: Day | Month | Year | Bran | nch of Service: | | |
| Dates of Service | : From: | | <i>T</i> | o: | | |
| Highest Rank/Ra | ıte: | Basic Training: | | | | |
| Training schools | s: | | | | | |
| Primary/Last dut | y station: | | | | | |
| College/special t | alents: | | | Referred b | y: | |
| U.S. Armed Ford | ces, both regula | ar and reserve o | components | n who served or a to include the Na Military Women's | ational Gua | ard and Maritime |
| • | | • | • | ts of MWAN ar ble service/dis | • | |
| Applicant Signat | :ure: | | | C |)ate: | |
| | | | | he period of 1 ers joining after 1 | | |
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| LIFE MEMBER | RSHIP IS AVAII | LABLE TO ME | MBERS <u>90</u> | YEARS OF AGE | AND OLD | <u>ER</u> for \$30.00. |
| | and signed app | lication to the L | _ocal Unit T | check payable to reasurer, who w | | |
| New Members application to: | - at-Large mal | ke check payab | ole to " MWA | N " and mail with | this compl | eted and signed |
| | | ooney, MWAI 750841, Petal | | | | |
| A tax-deductibl | le donation to l | MWAN in the a | amount of \$ | FOR YOURSELF <i>is incluc</i> | ded in the a | attached check. |
| (For office use o | nly) | | | MWAN N | ational ID#_ | |
| | | | | | | _ |

April 2025

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2024-2026 Regional Representatives

REGION 1: California, Hawaii, Nevada Representative: Lynne Pine (CA)

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REGION 2: Alaska, Idaho, Oregon, Washington Representative: Patricia Hutchinson (WA) RR2@ MilWomen.org or 701-740-2093

REGION 3: Arizona, Colorado, New Mexico, Utah

Representative: Martha Alderman (AZ)

RR3@ MilWomen.org or 623-810-9328

REGION 4: Montana, North Dakota, South Dakota, Wyoming

Representative: Rosalie Cooper (WY)

RR4@ MilWomen.org or 585-403-1390

REGION 5: Michigan, Minnesota, Wisconsin Representative: Monica O'Hara (MN)

RR5@ MilWomen.org or 619-507-0572

REGION 6: Florida

Representative: Kathleen VanMiddlesworth (FL)

RR6@ MilWomen.org or 863-450-5008

REGION 7: Oklahoma, Texas

Representative: Erika Westbrook (RI)

RR7@ MilWomen.org or 763-567-9831/RI

REGION 8: Alabama, Arkansas, Louisiana, Mississippi

Representative: Denise Duke (AL)

RR8@ MilWomen.org or 334-289-3142

REGION 9: Iowa, Kansas, Missouri, Nebraska Representative: Michele Batliner (MO)

RR9@ MilWomen.org or 816-315-9229

REGION 10: Georgia, North Carolina, South Carolina, Tennessee

Representative: Patty Parks (TN)

RR10@ MilWomen.org or 423-987-0405

REGION 11: Kentucky, Illinois, Indiana, Ohio, West Virginia

Representative: Jennifer Baun (OH)

RR11@ MilWomen.org or 314-803-8643

REGION 12: Delaware, District of Columbia, Maryland,

New Jersey, New York, Pennsylvania, Virginia

Representative: Terri Cook (VA)

RR12@ MilWomen.org or 678-230-2272

REGION 13: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont

Representative: Alicia Rodriguez (RI)

RR13@MilWomen.org or 401-924-2589

MWAN Regional Map



TRACTO SIMILATING OF 181 SET 2500

Representative is provided in the chart to the right.

MWAN Supply Locker Al

APRIL 2025

| Naille | (willy flot use a return address laber flere:) | |
|--|---|-------------|
| Address: | City ST 2 | Zip |
| Did you circle the type/size and/or color on items?? Do | uble Check please! **Phone Number: () | |
| Price per pieceX Number you wa | | |
| <u>PATCHES</u> | <u>MWAN CLOTHING ITEMS</u> | |
| MWAN 2½" (caps) \$3 X = | Neck Tabs, Black w/Velcro \$12 X | = |
| MWAN 3" (shirts) \$4 X = | MWAN Visor \$15 X | = |
| MWAN 8½" (vest) \$10 X = | MWAN Ball Cap \$15 X | = |
| USN Women Veteran \$6 X = | American Flag Ball Cap \$15 X | = |
| Patches: Navy Flag or Services \$4 X = | MWAN T-Shirt \$18 X | = |
| (USN, USAF, USMC, USCG, ARMY) | Sizes: S, M, L, XL, 2XL, 3XL, 4XL MWAN Polo Shirt \$36 X | |
| American Flag Patch (3½"x2") \$4 X = | MWAN Polo Shirt \$36 X | = |
| WAVES Anchor (old style) \$4 X = | Gray OR White Sizes: S, M, L, XL, 2X | |
| Vietnam Era Eagle \$6 X = | | = |
| <u>JEWELRY & PINS</u> | Sizes: S, M, L, XL, 2XL, 3XL | |
| MWAN Coin \$10 X = | | = |
| MWAN Lapel pin \$4 X = | Sizes: S, M, L, XL, 2XL, 3XL, 4XL | |
| MWAN Charm \$7 X = | | = |
| MWAN Earrings \$12 X = | Sizes: S, M, L, XL, 2XL, 3XL, 4XL, 5XL | |
| MWAN Coin Keychain \$12 X = | Patriotic Scarf (100% Polyester) \$4 X | _ = |
| Original Hat Pin \$10 X = | <u>ITEMS OF INTEREST</u> | |
| American Veteran Bracelet \$5 X = | MWAN Mouse Pad \$6 X = | |
| Anchor & Prop Earrings \$14 X = | MWAN Playing Cards \$10 X | = |
| Anchor & Prop Charm \$7 X = | Canvas Key Chain/Stars & Stripes \$6 X | = |
| Anchor & Prop Lapel Pin \$4 X = | MWAN Window Decal \$3 X | _= |
| Veteran Lapel Pins \$4 X = | MWAN Magnets \$2 X | _= |
| (USN, USAF, USMC, ARMY) | MWAN Car Magnet (8" Oval) \$5 X | _= |
| Honor-Courage-Sacrifice Veterans Pin \$5 X = | _ MWAN Pencils (2 each) \$1 X | _= |
| Vietnam Era Pins \$6 X = | MWAN Pens (4 each) \$4 X | _= |
| Freedom Forever Eagle Pin \$5 X = | | _ = |
| US Flag & Service Flag Pin \$4 X = | MWAN Flags (3'x5') \$115 X | _ = |
| (USN, USAF, USMC) | MWAN Table Coverings \$120 X | _ = |
| US Navy Lapel Pin \$4 X = | MWAN PopSockets \$10 X | _ = |
| USN Patriotic Ribbon Pin \$4 X = | Flag Pill Box (3 compartments) \$8 X | |
| POW/MIA Lapel Pin \$5 X = | NAME BADGE W/MWAN PUCK \$15 X _ | |
| Flag Peace Sign Pin \$6 X = | Double Clutch back OR Magnet back (circle | e one) |
| Service Crest Lapel \$5 X = | Name on Badge: | |
| (USN, USAF, USMC, USCG, ARMY, Nat Guard) | Nickname/Maiden: | |
| Service Dogtag Pins \$5 X = | Unit or Other Info: Years / From | |
| (USN, USA, USAF, USMC, USCG, VETERANS) Veterans Flag Lapel Pin \$7 X = | (Use back of form if you need more | |
| | | |
| Honoring Women Veterans Pin \$6 X = | Merchandise SUBTOTAL . \$ | |
| Poppy Flower Lapel Pin \$5 X = | **Shipping Costs** | |
| NO PHONE ORDERS | <i>Up to</i> \$40 = \$9; \$41-\$100 = \$17; \$101 & | above = \$2 |
| Make checks/Money Orders payable to | ADD Shipping Charge \$ | |
| MWAN SUPPLY LOCKÉR | TOTAL DUE \$ | |
| Mail payment with completed Order Form to: | Check/MO #: | |
| Linda Coffield OF Varnan C | troot Atoko TNI 20004 7774 | |
| · | treet, Atoka, TN 38004-7771 | |
| Questions? Call: (901) 488-4153 | or Email: Supplies@MilWomen.org | |
| | ess Shirt RUN SMALL (Ladies cut). | |
| | rger: I suggest you order a size smaller | |

★ ★ ★ CLOSE OUT SALE...SEE PAGE #2 FOR DETAILS ★ ★ ★



www.MilWomen.org



U.S. Navy

| Lynda A. (Gelhar) Graham | MAL/CA |
|--------------------------------|--------|
| Esther A. (Cullingford) O'Kane | MAL/CO |
| Jeanne D. (McCracken) Strauss | MAL/FL |
| Jean (Knablein) Francisco | MAL/KS |
| Annette G. (Butz) Dunseth | MAL/ND |
| Dorothy M. Barkelew | MAL/NJ |
| Jeanne (Seybolt) Rey * | MAL/NJ |
| Florine Judah | MAL/NY |
| Kathleen (Shaw) Coppings | MAL/TN |
| Susan Regina (Wahl) D'Ambrosio | MAL/TX |

U.S. Marine Corps

Florence A. (Van Dee) Moellers MAL/IA



Gone, but never forgotten

MAL = Member at large * Denotes Charter Member of WAVES National Submit all MWAN member Silver Taps info to Patty Parks, 6920 Sawtooth Dr., Ooltewah TN 37363 or HERStory@MilWomen.org

| MEMBER-AT-LARGE ME (Dues period 1 January to 31 Dec | MBERSHIP RENEWAL FORM cember) | PLEASE PRINT | | |
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| Name: | | Member ID #: | | |
| Address: | | | | |
| City: | State: | Zip Code: | | |
| Email Address: | | | | |
| Phone: | Life Membership for those 90 years & | older is a one-time payment of \$30. | | |
| National Dues for 1 year are \$25.00 + Tax Deductible Donation \$ = Total Amount: \$ Please enclose a check or money order made payable to "MWAN", and submit with this form to: Maura Mooney, MWAN VP, P.O. Box 750841, Petaluma CA 94975-0841 First-time applicants must use the MWAN membership application available online at www.MilWomen.org | | | | |