## Norma Ervin and Betty Beck - Wilderness Food Bank

The Wilderness Food Bank has opportunities for service. Needs include assisting clients with selecting items, pick-up at Food Lion and Wal- Mart and the Food Bank in downtown Fredericksburg. The Food Bank requires a truck or SUV that can carry heavy boxes. You also need the strength to lift these boxes. If interested in serving please all to see which area is in need of volunteers. Betty Beck at 972-1872 will be able to answer any questions.