

Kinship with Horses Bringing It Together Clinic Gail Pearles and Debra Borer

'Bringing it Together' is a hybrid approach to horsemanship where we examine the human athlete and the equine athlete together.



Debra Borer brings twenty-seven years of human massage therapy and personal training to the coaching session. Debra will work on locating where your muscle imbalance is and how correcting the root cause will improve your ride.

Gail Pearles has been coaching horses and riders for thirty years. Believing that keeping the horse in the horse and meeting him where he is at, every day, is a necessity.

Coaching together during each riding session, they will be spotlighting the importance of timing, balance, and feel. The collaboration of each, what is the role of the rider, how that dialogue affects the horse, and how does fascia play a part in the process. This unique dialogue will provide a deeper understanding of how the relationship works when we go 'together'.

Time: 9:00am - 6:00pm

**Location: Kinship with Horses Farm
9324 North Otto Rd, Cattaraugus, NY 14719**

Rider fee: \$350.00 includes 2 rides

Spectator fee: \$25 and over 65, no charge

Registration: Call Gail Pearles

Bring a chair. Pack a lunch or pre-order at the clinic (cash, please)

Contact: gailpearles@yahoo.com - 716.982.5180 - www.kinshipwithhorses.net