

SCHEDULE THROWERS CLUB MEET #1 - MAY 26, 2018 **REVISED**

| TIME | WEST HAMMER/DISCUS | WEST SHOT | EAST SHOT | EAST JAVELIN |
|----------|--------------------|-----------|-------------|--------------|
| 9:30AM | HAMMER | | PARA SEATED | |
| 10:00 AM | | | | |
| 10:30 AM | | SHOT FL#1 | | |
| 11:00 AM | | | | |
| 11:30 AM | DISCUS MASTER | SHOT FL#2 | | |
| 12:00 PM | | | | |
| 12:30 PM | | | | |
| 1:00 PM | | | | |
| 1:30 PM | DISCUS-JUNIOR | | | JAVELIN FL#1 |
| 2:00 PM | | | | JAVELIN FL#2 |
| 2:30 PM | WGT MASTER | | | |
| 3:00 PM | | | | |
| 3:30 PM | | | | |



Events include:

Throws Pentathlon (hammer, shot put, discus, j **TIMES ARE APPROXIMATE**

Throws Triathlon (shot put, discus & javelin - 3 throws)

Single Events (hammer, shot put, discus, javelin & weight throw - 6 throws)

Masters, Open, Junior, Para (Ambulatory & Seated)

Revised May 25, 2018

JJ