



XANGO PiiX™ Product Profile

XANGO PiiX™ are fabulous, natural solutions to help combat the challenges of modern life. Based on the sound science behind herbal supplements, these PiiX tinctures represent the purest form of what makes herbs so potent and valuable. Because of the meticulous extraction process, PiiX deliver maximum “bioavailability” — or how the ingredients are absorbed by the body. The result is the fast-acting, safe and highly effective experience you’re looking for.

Men’s Vitality

XANGO PiiX™ Men’s Vitality contains a synergistic blend of nutrients formulated to support men’s vigor and vitality. Like all XANGO PiiX extracts, Men’s Vitality is highly bioavailable to assure maximum nutritional support.

Directions: Simply add PiiX Men’s Vitality to 1–3 ounces of XANGO® Juice, 2 times per day. Best taken morning and afternoon. We also recommend trying Eleviv® for increased vigor.

Ingredients like: Horny Goat Weed, Yohimbe Bark, Ginseng Root and Catuaba Bark have been used for their ability to support men’s health.

Four helpful lifestyle tips to maximize your male vitality goals:

Exercise: Men who exercise are more likely to experience improved male vitality.¹ Stat: Men who burned an average of at least 200 calories per day through exercise were far less likely to become impotent over time than men who didn’t exercise.²

Stop smoking and watch fat intake:

Buzzkill: If you’re in your 40s or 50s, you have probably experienced some narrowing of the arteries. This happens all over the body, and can negatively impact male vitality. Three of the best ways to boost male vitality and prevent atherosclerosis:

- Cut unhealthy fats from the diet
- Lose weight if you’re overweight
- Quit smoking. (Better yet, don’t start.)³

Check your medications: A drop in vitality may be a side effect of many commonly prescribed drugs. This possible side effect is, many times, linked to drugs that treat depression, high blood pressure, anxiety, heartburn, BPH, or cholesterol.⁴ Ask your doctor if you can switch to another medication.

Try meditation: Did you know that regular meditation can lead to improved male vitality? Among the many reasons to meditate include: increased endorphins, more focus, improved self-image, more DHEA, and better blood flow. Why not incorporate meditation into your life and put your vitality in overdrive?⁵

1 Medical Daily-Mar 24, 2015

2 Massachusetts Male Aging Study

3 What You Can Do to Prevent Atherosclerosis

4 Men: Troubleshoot Your Sex Life-Web MD

5 Increase libido through meditation

SUPPLEMENT FACTS	
Serving Size: 0.7 ml	
Servings per container: About 30	
Amount per serving:	%DV
Proprietary Blend: *	
Horny Goat Weed, Yohimbe Bark, Siberian Ginseng Root, Catuaba Bark, Tribulus Fruit, Tongkat Root, Damiana Leaf, Mucuna Pruriens Seed.	
*Daily Value not established	

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



XANGO PiiX™ Product Profile

Women's Vitality

XANGO PiiX™ Women's Vitality contains a synergistic blend of nutrients formulated to support a woman's wellness, balance and vitality. Like all XANGO PiiX extracts, Women's Vitality is highly bioavailable to assure maximum nutritional support.

Directions: Simply add PiiX Women's Vitality to 1–3 ounces of XANGO® Juice, 3 times per day. Best taken between meals. We also recommend trying Eleviv® for increased vigor.

Ingredients like: Ashwaghandha Root, Maca, Tongkat Root, Tribulus Fruit, and Ginseng have been used for their ability to support optimal female wellness.

Some helpful lifestyle tips to maximize your female vitality goals:

Exercise: Stating the obvious, physical exercise is an important part of a healthy lifestyle and can also help support some of the problems associated with hormone imbalances.¹ Plan a simple set of functional exercises that you can easily make time for every day. Your vitality goals will be that much easier to attain.

Sleep well: During slumber, your body is busy removing toxins, recharging the mind, and balancing hormones. Frequent sleep disruption can have a detrimental impact on hormones, so make a good night's sleep a top priority. Disturbed or shortened sleep can lead to hormone imbalances that upend your health and wellness goals.² (Hint: Consider XANGO PiiX™ Slumber to support a healthy bedtime routine.)

Avoid unwholesome chemicals:

Unhealthy chemicals are in many daily-use products like pesticides and household cleaners. There are countless chemicals found in personal care products that have never been tested for long-term safety. Educate yourself on ingredients and avoid the bad ones. You'll be making big improvements towards hormonal balance.³

A healthy diet: Eating a well-balanced diet is essential in optimal hormone balance. Meals packed with vitamins, minerals, EFA's, and antioxidants, will make a world of difference in your wellness goals. Talk to a nutrition expert about what's best for your body type. The difference can be dramatic.⁴

Fun hint: Chocolate can be a healthy treat in moderation. Good quality chocolate contains natural substances that stimulate the brain generating feelings of comfort and love.⁵ (A little is all you need.)

1 Can Exercise Balance Out Hormones in Women?

—DARLA FERRARA. Jul 20, 2015

2 The Impact of Sleep Deprivation on Hormones and Metabolism—Eve Van Cauter, PhD

3 5 Causes of Hormonal Imbalance You May Be Exposed to Daily—Dalene Barton-Schuster

4 How to eat for hormonal balance—(CTCA) Oct. 30, 2013

5 Hormone Health Network: Your Hormones & Chocolate

SUPPLEMENT FACTS	
Serving Size: 0.7 ml	
Servings per container: About 30	
Amount per serving:	%DV
Proprietary Blend: *	
Ashwaghandha Root, Maca, Tongkat Root, Tribulus Fruit, Siberian Ginseng Root, Damiana Leaf, Catuaba Bark, Horny Goat Weed, Kelp, Mucuna Pruriens Seed, Suma Root, Wild Yam Root, Cocoa.	
*Daily Value not established	

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XANGO PiiX™ Product Profile

Immunity

XANGO PiiX™ Immunity formula contains a concentrated blend of herbs and natural ingredients formulated to nutritionally support the body's immune system. Like all XANGO PiiX extracts, Immune is highly bioavailable to assure maximum nutritional support.

Directions: Simply add PiiX Immunity to 1–3 ounces of XANGO® Juice, 2 to 3 times per day. Best taken between meals.

Ingredients like: Peppermint Leaf, Echinacea Purpurea Herb, Goldenseal Leaf, and Slippery Elm have been used for their ability to nutritionally support the body's immune system.

A few easy lifestyle tips to avoid getting ill:

Regularly wash your hands: It's very easy to catch a bug from contact with other people's hands. Regularly washing your hands greatly decreases your risk of catching someone else's illness. Sound easy? It really is. The simple act of washing your hands thoroughly with soap and water will physically remove the germs.¹

Boost immunity with sleep: Still not sold on the importance of sleep? How about this from the researchers at Carnegie Mellon University: "Scientists recruited 153 healthy men and women who agreed to be quarantined and then have cold viruses injected into their nostrils. Over the next five days, those who slept less than seven hours were nearly three times more likely to come

down with colds than those who racked up eight hours or more of sleep."² (Hint: Consider XANGO PiiX™ Slumber to support a healthy bedtime routine.)

Don't bite your nails: Fact: Germs easily accumulate under your fingernails. Biting your nails is a very efficient way to inhale them.³

Hydrate: When you're drinking enough water (eight glasses daily) you flush out unwanted bacteria. Dehydration causes the body to create a lot of histamines. Not good.⁴ (BTW: Beer and wine don't count as hydration. Alcohol can actually contribute to dehydration. Sorry.)

Use a Kleenex once: "Single use" is the rule about tissues. Leaving a used tissue on the nightstand for a second or third use is frugal, but you could be duplicating the problem.⁵

1 Wash your hands—CDC

2 Don't let a cold get you down—WebMD

3 10 Terrifying Reasons to Stop Nail Biting—For Good! —Shape Magazine

4 "Why water can ward o_ flu". —Mail Online-Health

5 Coughing and Sneezing—CDC

SUPPLEMENT FACTS	
Serving Size: 0.7 ml	
Servings per container: About 30	
Amount per serving:	%DV
Proprietary Blend: *	
Peppermint Leaf, Echinacea Purpurea Herb, Goldenseal Leaf, Slippery Elm Bark, Elder Berries, Olive Leaf, Ginger Root, Siberian Ginseng Root, Pau D'Arco Bark, Astragalus Root, Oregano Leaf, Turmeric Rhizome, Garlic.	
*Daily Value not established.	

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