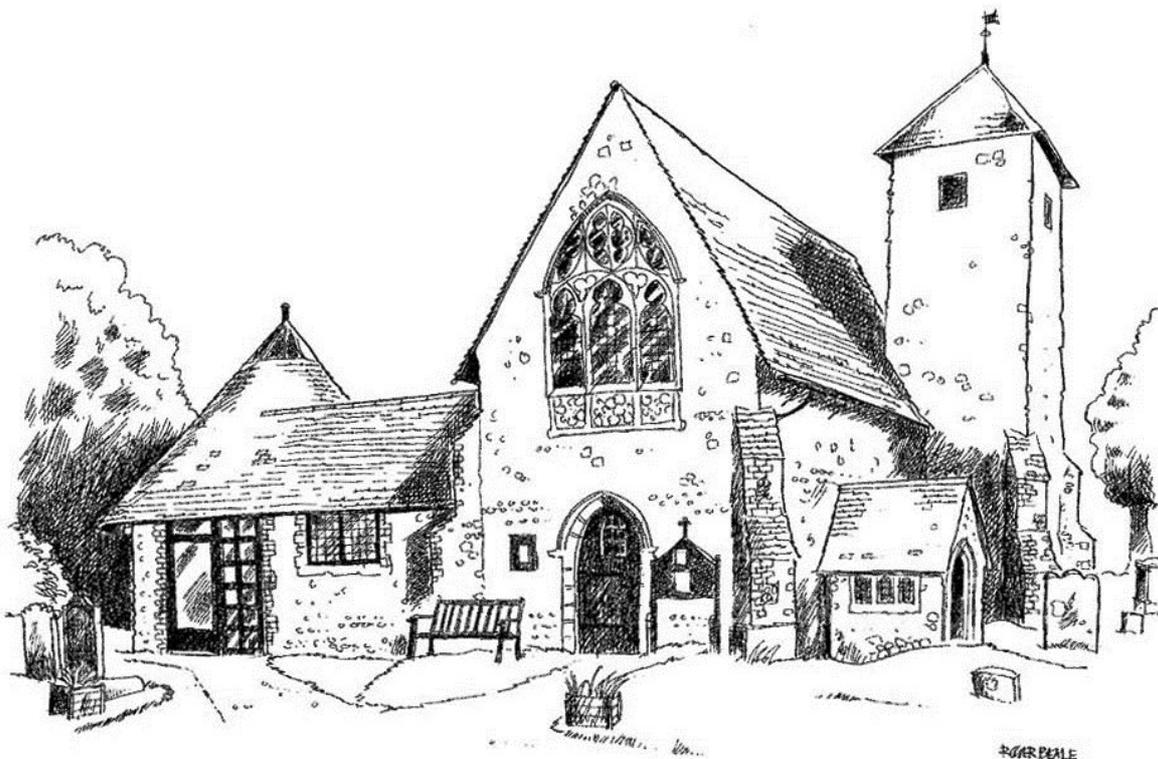


# **St. Edmund King & Martyr West Kingsdown**



## **An Order of the Eucharist for Ordinary Time**

## **The Gathering**

### **Opening Hymn:** Praise to the Lord

1. Praise to the Lord, the Almighty,  
the King of creation!  
O my soul, praise Him, for He is thy  
health and salvation!  
All ye who hear,  
Now to His temple draw near;  
Joining in glad adoration!
- 2 Praise to the Lord, who o'er all  
things so wondrously reigneth,  
Shieldeth thee gently from harm,  
or when fainting sustaineth  
Hast thou not seen  
How thy heart's wishes have been  
Granted in what He ordaineth?
- 3 Praise to the Lord, who doth prosper  
thy work and defend thee,  
Who from the heavens the streams of  
His mercy doth send thee.  
Ponder anew  
What the Almighty can do,  
Who with His love doth befriend thee.
- 4 Praise to the Lord! Oh, let all that  
is in me adore Him!  
All that hath life and breath, come  
now with praises before Him!  
Let the Amen  
Sound from His people again;  
Gladly for aye we adore Him.

### **Opening Sentence:**

Jesus entered history as a servant, to give his life as a ransom for many. Let us humble ourselves before him as we come together in worship, and strengthen our resolve to listen for God's call in our lives amid all the distractions, fears and temptations that beset us.

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen**

The Lord be with you  
**and also with you**

### **Prayer of Preparation:**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord  
Amen.**

### **Prayers of Penitence:**

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**Amen. Lord have mercy.**

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbour as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy, and walk  
humbly, with you our God. Amen**

### **The Absolution**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord. **Amen**

**Gloria in Excelsis:**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father**

**Amen**

**The Collect:**

Almighty god,  
you have broken the tyranny of sin  
and have sent the Spirit of your Son into our hearts  
whereby we call you Father:  
give us grace to dedicate our freedom to your service,  
that we and all creation may be brought  
to the glorious liberty of the children of God;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen

## **The Liturgy of the Word**

### **New Testament Reading** 2 Corinthians 6:1-13

A reading from the second letter of Paul to the Corinthians

As we work together with him, we urge you also not to accept the grace of God in vain. <sup>2</sup>For he says,

“At an acceptable time I have listened to you,  
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! <sup>3</sup>We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, <sup>4</sup>but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, <sup>5</sup>beatings, imprisonments, riots, labors, sleepless nights, hunger; <sup>6</sup>by purity, knowledge, patience, kindness, holiness of spirit, genuine love, <sup>7</sup>truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; <sup>8</sup>in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; <sup>9</sup>as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; <sup>10</sup>as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

<sup>11</sup>We have spoken frankly to you Corinthians; our heart is wide open to you. <sup>12</sup>There is no restriction in our affections, but only in yours. <sup>13</sup>In return—I speak as to children—open wide your hearts also.

For the word of the Lord.

**Thanks be to God.**

## **Gospel Reading**

Alleluia, alleluia.

Speak, Lord, for your servant is listening.

You have the words of eternal life

**Alleluia.**

Hear the Gospel of our Lord Jesus Christ

according to Mark

**Glory to you, O Lord**

<sup>35</sup> When evening had come, he said to them, "Let us go across to the other side." <sup>36</sup> And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. <sup>37</sup> A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. <sup>38</sup> But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" <sup>39</sup> He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. <sup>40</sup> He said to them, "Why are you afraid? Have you still no faith?" <sup>41</sup> And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**The Sermon:**

May I speak in the name of God who is Father, Son and Holy Spirit and may he place into your hearts this day what is missing in my words. Amen

I know that I have shared this with you many times before but our church school has four Christian values which underpins all that it does as a school both as

individuals and collectively, they are Love, Trust, Respect and Courage. Someone who professes not to be Christian could well argue that these values are values that all people should live by and question what makes them particularly Christian values. Ask any of the children from our school and hopefully they would tell you that they are Christian values because they can all be related back to stories, events and teachings in the Bible. Christian values are a very important part of their lives and it's wonderful to see how they live them out and relate them to all aspects of their school day.

Today's gospel reading of Jesus calming the storm is a very well-known story and I believe a story that illustrates the need for all four of the Christian values of Love, Trust, Respect and Courage.

Jesus had, had another extremely full-on day. His ministry, still in its infancy, was causing great excitement and people had flocked to see him. He had been teaching them about God's kingdom by way of parables (two of which we heard last week) and the crowds had been clamouring to see and hear him, they couldn't get enough of him, neither could they get close enough to him.

Because of this Jesus got into a boat on the lake leaving the crowds on the shore. As evening approached Jesus said to his disciples, who had remained on the shore with the crowds, "Let's go to the other side of the lake", and so the disciples joined him on the boat and they set sail. Exhausted Jesus fell asleep in the stern of the boat. A great gale arose and Jesus and the disciples were caught in it.

The geographical location of the Lake of Galilee is such that the weather conditions can indeed change very suddenly. I have been fortunate enough to sail out on the

lake on several occasions and in different weather conditions. On one occasion it was so calm and still that we were absolutely becalmed and on another the weather conditions, that had been very favourable only 30 minutes before we were meant to sail, became so rough and choppy that the journey across the lake was, at the last minute, changed to a short trip sailing as close to the edge of the lake as possible.

For such a violent storm to blow up so quickly is not then unsurprising, what is surprising is the reaction of the disciples, some of whom we must remember were hardy tough fishermen before being called to leave their nets and follow Jesus. The storm arises, the disciples panic and run to the stern, where Jesus is asleep, and they accuse him of not caring about them, implicitly demanding that he help them. While he does indeed still the storm, he doesn't seem terribly willing or cheery about doing so – he has, after all, just woken up.

What is apparent is that the disciples clearly take the miraculous deeds they have seen Jesus perform for granted: "This is the man who walks on water and raises people from the dead," they seem to think. "Surely changing the weather will be nothing to him?" But when he doesn't immediately respond to their request they panic. Where is their Love, Trust, Respect and Courage? Have they so easily and quickly forgotten about His love for them, do they not trust Him, where is their respect for the person they have given up their all to follow, and their courage appears to have completely disappeared.

They are in a situation they feel is completely out of their control. Jesus' response to them is, "Have you still no faith?" Just because he is not immediately, dramatically making things better or changing things, this does not mean that he has forgotten about those who love him,

and are supposed to trust in him. "Have you still no faith?" In other words, "Don't you trust me?"

God will fix things, but it's not necessarily what he's for. God is not some kind of religious genie who makes difficulties disappear when you ask nicely. What God would far prefer us to do, and what he frequently requires us to do, is use our own initiative and our own courage to get through difficulties and hard times. What we cannot do is what the disciples do in this passage – run to Jesus with our problems and expect instant, miraculous change, then fall into despair when this change doesn't immediately materialise.

What we must remember, what we must never forget, is that God is with us always, but that his time span on things is not necessarily the same as ours. So, will we be like the disciples, running to God with our troubles, asking him to solve them instantly and maybe setting ourselves up for a crisis and maybe disillusionment? Or will we "have faith" in ourselves, and in the strength that God can give us through prayer and trust in his love?

Love, Trust, Respect and Courage maybe these, like our children at our church school, should be the values that we live by day by day. Knowing of God's love for us, trusting that He hears and listens to our prayers, respecting that His time frame is often different from our own and having the courage to hang on in there particularly when we are caught up in the storms of life. Amen

### **The Creed:**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,**

**of all that is, seen and unseen  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came  
down from heaven,  
was incarnate from the Holy Spirit and  
the Virgin Mary and was made man.  
For our sake he was crucified under  
Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated  
at the right hand of the Father.  
He will come again in glory to judge the  
living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the  
Son, who with the Father and the Son is  
worshipped and glorified  
who has spoken through the prophets.  
We believe in one holy catholic and  
apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen**

We grow in deeper communion with Christ as we spend time with him in prayer. Jesus travels with us on our journey in life, never leaving our side, and never letting anything affect our identity as his children. We come before him now in humility to name the concerns closest to our hearts.

### **Prayers of Intercession:**

*The response to* Lord, in your mercy.  
*is* **Hear our prayer.**

Merciful Father,  
**accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

### **The Liturgy of the Sacrament:**

#### **The Peace:**

We are the body of Christ.  
In the one Spirit we were all baptised into the one body.  
Let us pursue all that makes for peace and builds up our common life.

The peace of the Lord be with you.  
**And also with you.**

#### **Preparation of the table:**

Yours, Lord, is the greatness, the power, the glory, the splendour and the majesty; for everything in heaven and on earth is yours.

**All things come from you, and of your own do we give you.**

Blessed are you, Lord God of all creation;  
through your goodness we have this bread  
to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation;  
through your goodness we have this wine  
to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**

### **The Eucharistic Prayer:**

The Lord is here

**His spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God.

From sunrise to sunset this day is holy,  
for Christ has risen from the tomb  
and scattered the darkness of death  
with light that will not fade.

This day the risen Lord walks with your gathered people,  
unfolds for us your word,  
and makes himself known in the breaking of the bread.

And though the night will overtake this day  
you summon us to live in endless light,  
the never-ceasing sabbath of the Lord.

And so, with choirs of angels

and with all the heavenly host,  
we proclaim your glory  
and join their unending song of praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again:**

And so, Father calling to mind his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice  
of praise and thanksgiving.

We bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of St. Edmund  
and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

Amen

### **The Lord's Prayer:**

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;**

**but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

**Breaking the Bread:**

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in the one bread.**

**Lamb of God,  
you take away the sin of the world,  
Have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
Have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
Grant us peace.**

**Giving of Communion:**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

**We do not presume to come to this your table,  
merciful Lord, trusting in our own righteousness,  
but in your manifold and great mercies.**

**We are not worthy so much as to gather up the  
crumbs under your table.**

**But you are the same Lord whose nature is always  
to have mercy.**

**Grant us therefore, gracious Lord,**

**so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

*During Communion we will listen to 'Be still for the presence of the Lord', Give thanks with a grateful heart' and Such Love'.*

*For those of you sharing with us at home you are invited to make your own Act of Spiritual Communion*

### **An act of Spiritual Communion**

**My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.**

### **Prayer after Communion:**

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour.  
Amen.

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen**

### **The Dismissal**

**Closing Hymn:** Dear Lord and Father of Mankind

Dear Lord and Father of mankind,  
Forgive our foolish ways!  
Reclothe us in our rightful mind,  
In purer lives Thy service find,  
In deeper reverence, praise.

In simple trust like theirs who heard  
Beside the Syrian sea  
The gracious calling of the Lord,  
Let us, like them, without a word  
Rise up and follow Thee.

O Sabbath rest by Galilee!  
O calm of hills above,  
Where Jesus knelt to share with Thee  
The silence of eternity  
Interpreted by love!

Drop Thy still dews of quietness,  
Till all our strivings cease;  
Take from our souls the strain and stress,  
And let our ordered lives confess  
The beauty of Thy peace.

Breathe through the heats of our desire  
Thy coolness and Thy balm;  
Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind, and fire,  
O still, small voice of calm.

**The Blessing:**

May God the Father keep you rooted in place.  
May God the Son inspire you to live in service.  
May God the Holy Spirit abide with you through all things.  
And the blessing of God almighty, the Father, the Son,  
and the Holy Spirit, be among you and remain with you  
always.

**Amen**

**The Sending Out:**

The Eucharist has ended.  
Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

### **Acknowledgements**

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