



*Our staff is dedicated to helping children and their families improve everyday functioning and enhance meaningful occupations of life.*

Collaboration with all team members involved with your child is encouraged.

Continuing education is a high priority! Classes are held onsite, as well as in-services to the community to provide education on early detection and intervention.

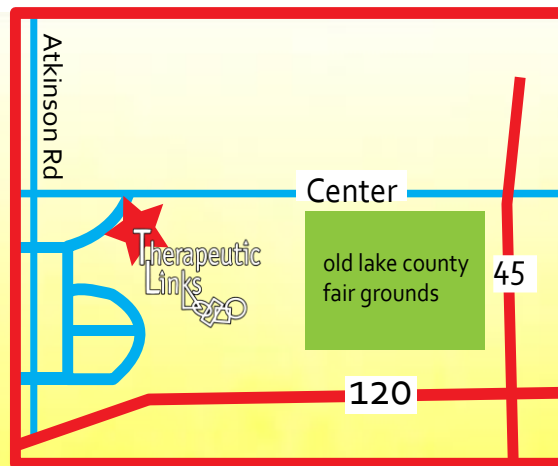


## Signs that your child might need OT

- **Fine motor/visual motor difficulties**, such as poor handwriting, immature utensil use, lack of hand dominance
- **Difficulties with motor skills**, including poor balance, lack of coordination, poor ball skills
- **Challenges with self-care skills** (i.e. dressing, feeding, hygiene)
- **Over or under-sensitive** to touch, sounds, smells, movements, etc.
- **Decreased attention and focus**
- **Hyperactivity or low energy**
- **Difficulty interacting socially** with peers
- **Frequent tantrums**, aggressive outbursts, impulsivity, anxiety
- **Difficulty organizing** auditory and visual information

## Who Works And Plays Hard At Therapeutic Links?

- Individuals from birth to adult (Staff are enrolled with Illinois Early Intervention Program)
- Individuals with a variety of diagnoses and needs:
  - ADHD
  - Sensory Processing Disorder
  - Autism
  - Cerebral Palsy
  - Developmental Delays
  - Lack of motor coordination
  - Low muscle tone
  - Down Syndrome
  - Social-emotional difficulties
  - Unintegrated reflexes or primary movement patterns
  - Other orthopedic and neurological disorders



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[www.therapeuticlinks.com](http://www.therapeuticlinks.com)

There is an office manager to assist you in the verification of insurance benefits and to clarify questions you have about the facility.



## Occupational Therapy

Linking Mind, Body and Movement



Services offered in:  
Grayslake, IL  
McHenry, IL  
Gurnee, IL  
Pleasant Prairie, WI

Established in 2002

## Services Offered:

### *Main Clinic- Grayslake*

Our main clinic offers a spacious gym, as well as small treatment rooms for 1:1 attention for fine motor facilitation and specialized programs. We offer evaluations, weekly individual sessions, and group sessions at our clinic. Sessions are usually 60-120 minutes in duration. In depth written reports are provided to parents after an evaluation, as well as weekly session notes via e-mail/internet. New clinic space is now available in McHenry, as well!



### *In Home/Day Care/Preschool Services*

OT sessions are offered in a variety of locations. Offsite locations offer the possibility for children to work on their goals through their natural environments!



### *Aquatic Therapy*

Aquatic OT is evidence-based practice offered by our certified Aquatic Therapists at the Pleasant Prairie RecPlex. Aquatic OT interventions are client-centered and work to develop, improve and/or maintain: function, aerobic capacity, balance, coordination, postural stabilization, sensory regulation, and more!



### *OT at Ultimate Gymnastics-Gurnee*

Occupational therapy goals are targeted while utilizing gymnastics equipment in a multi-sensory environment. As the student progresses with gymnastic skills, they gain strength and coordination for independent skills of daily living.



### *Specialized Treatment Strategies:*

Therapeutic Links offers a variety of treatment strategies, including but not limited to:

- Parent coaching
- Home programming
- Behavioral support
- Sensory diets
- Interactive Metronome™
- Therapeutic Listening®
- Superflex®
- The Zones of Regulation®
- Alert Program- How Does Your Engine Run?®
- Relationship based approaches (i.e. Floortime™)
- NeuroDevelopmental Treatment
- Craniosacral Therapy
- MNRI (Masgutova Neurosensorimotor Reflex Integration)
- Myofascial Release
- Bal-a-vis-x
- Braingym
- Handwriting Without Tears
- Rhythmic Movement Training