



Served By: Fr. Paul Bisson
 Box 776, Russell, MB R0J 1W0
 Phone Office: 204-773-2924
 Deacon Darin Douglas: 204-532-2157
 Email: stjoewkr@gmail.com
 Website: www.stjosephrussell.com
 Archdiocese of Winnipeg www.archwinnipeg.ca



St. Joseph The Worker Parish, Russell, MB St. Theresa's Parish Rossburn, MB

Responsorial Psalm (Psalm 78): The Lord gave them the bread of heaven.

St. Joseph The Worker News:

Please remember in your prayers those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.

Praying with Pope Francis August: *For political leaders: We pray political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.*

Mass Intentions For This Week:

18th Sunday in Ordinary Time

Saturday Aug 3 7:30 p.m. Russell For all parishioners by Father Paul
 Sunday Aug 4 9:00 a.m. Russell Fr Paul req by Jim & Bev Roszell
 11:00 a.m. Rossburn For all parishioners by Father Paul
 Monday Aug 5 No Mass
 Tuesday Aug 6 No Mass
 Wed Aug 7 **Russell Personal Care Home with Deacon Darin**
 Thurs Aug 8 No Mass
 Friday Aug 9 8:30 a.m. Russell Adoration
 9:00 a.m. Mass David Haney req by Doug and Donalda Wishart
 10:30 a.m. **Rossburn Personal Care Home Mass & Music**

19th Sunday in Ordinary Time

Saturday Aug 10 7:30 p.m. Russell + Roy Joseph Lazarte & Consorcio Buensuceso Jr.
 req by Mark & Jean Lazarte & family
 Sunday Aug 11 9:00 a.m. Russell For all parishioners by Father Paul
 11:00 a.m. Rossburn + John Ryshylylo req by Allie Macdenski & family
Cemetery Blessing Rossburn after Mass

Here is an update on the amount collected for Mary's Meals this year by St Theresa's parish: \$1675.00

Oakburn Farm Church Mass will be on Sunday August 18, 2024 at 11:00 a.m.

Followed by the blessing of the cemetery and graves.

A good lunch will follow after Mass so plan to visit a while.

The blessing of the Oakburn Cemetery will be around 2:00 p.m.

We are planning to clean the church on Monday August 12 at 9:00 am. If you are able to help.

Kaposvar Pilgrimage will be held August 18th at Our Lady of Lourdes Shrine – 3 miles South and ½ mile West of Esterhazy on Grid 637. Please see poster at the back of the church.

St. Philomena Walking Pilgrimage August 11 – 14. From Yorkton to the shrine of Our Lady of Lourdes, Rama, SK. A supported pilgrimage sponsored by the Archdiocese of Regina. Come on a



Whoever
 comes to me
 will never
 be hungry.

Jn 6:35

walking pilgrimage to have time to pray and spend time with God. Looking for peace or healing? This may be a good time to do it! Register at www.stphilomena.ca

Scripture lessons: The first reading shows us how God satisfied the physical hunger of His chosen people in the desert by giving them manna and quail. The restrictions imposed by God for the collecting of manna remind us to acknowledge humbly our total dependence on God and to trust that He will always provide for what we need. Today's Responsorial Psalm (Ps 78) refers to manna as "Heavenly bread" and the "bread of angels" which God provided for Israel and provides for us today. In the second reading, St. Paul advises the Ephesians to satisfy their spiritual hunger by turning away from their former evil ways and by leading renewed lives of love, kindness, compassion, and forgiveness. Paul reminds us that our acceptance of Jesus as the real source of our life and the nourishment of our souls, produces a total transformation in us. Having been nourished by the Bread from Heaven and the word of God, we need to bear witness to Christ by living lives renewed by the Holy Spirit. Today's Gospel passage is taken from the "Bread of Life Discourse" in John's Gospel. Here, Jesus makes the unique, bold claim, "I am the Bread of Life; whoever comes to Me will never hunger, and whoever believes in Me will never thirst." Jesus is offering the crowd Bread from Heaven, Bread that will nourish them for eternal life, the Bread available to people who have Faith in Jesus Christ — the presence and indwelling of God in their hearts. When Jesus instructed those who had sought after him for earthly food that they should be fed by the Bread that Jesus would give them, some accepted this teaching. But others turned away disappointed, because Jesus' challenge required a commitment that they were unwilling to make.

Life messages: 1) **We need to receive our spiritual nourishment from the word of God.** In the Holy Mass, the Church offers us two types of bread: a) the Bread of Life, contained in God's Word and b) the Bread of Life, contained in the Holy Eucharist. a) The powerful word of God gives us strength and inspiration to fight and conquer our temptations and to practice Christian love by serving others sacrificially and helping others by sharing our blessings with them. b) This word of God convinces us of our missionary duty of witnessing to Jesus by our ideal Christian life and convicts us of our sins.

2 We need to appreciate and gain the benefits of our Holy Communion with Jesus. Just as our normal food nourishes and strengthens our body, enables us to work, promotes physical growth, and dispels fatigue, our spiritual food in the word of God and in the Holy Eucharist do these things and much more in our soul. Holy Communion (1) Unites us most closely to Jesus Himself, ("He that eats My Flesh and drinks My Blood, abides in Me, and I in him" Jn 6:57); (2) Unites each of us individually to each individual member of the human race through Jesus; (3), Imparts actual graces, including strength, the power to withstand temptation, and the desire to practice virtue, while maintaining, deepening, and increasing Sanctifying Grace in the soul; (4) Lessens the force of concupiscence of the eyes, concupiscence of the flesh and the pride of life (5) Gives us more self-control, freeing us from repented venial sins of anger, envy, evil thoughts and desires, and other evil propensities; and (7) Cancels the temporal penalties of sin according to the measure of our devotion. (https://bellarmineforum.org/bf_catechism/the-catechism-explained/).

* Jesus' challenge: Be more concerned with spiritual food than physical food; get spiritual food regularly from the word of God and from the Holy Eucharist because only God can satisfy the various forms of our spiritual hunger.

* **This week nobody died:** The story is told of two old friends who bumped into one another on the street one day. One of them looked forlorn, almost on the verge of tears. His friend asked, "What has the world done to you, my old friend?" The sad fellow said, "Let me tell you. Three weeks ago, an uncle died and left me \$40,000." "That's a lot of money." "But, two weeks ago, a cousin I never even knew, died, and left me \$85,000 free and clear." "Sounds like you've been blessed..." "You don't understand!" he interrupted. "Last week my great aunt passed away. I inherited almost a quarter of a million." Now he was really confused. "Then, why do you look so glum?" "This week ... nothing!" — Gratitude is something that you only feel when a gift is truly appreciated. Today's Gospel describes Jesus correcting the wrong attitude of his listeners who had gathered around. Fr. Tony (<https://frtonyshomilies.com/>).

** **Grace at dinner party**: A woman was hosting a dinner party and at the table she asked her six-year-old son to say grace. “*But I wouldn’t know what to say,*” Jimmy responded. “*Just say what you hear Mommy say,*” replied the mother. Little Jimmy nodded, bowed his head, and prayed, “*Dear Lord, why in the world did I invite all these people to dinner?*”

Dear Padre,

Are Catholic statues the same as “graven images”?

God forbade the making of idols, images of false gods (Exodus 20:4–5). But God did not forbid the making of all images. Images of cherubim were placed on the Ark of the Covenant (Exodus 37:7–9), and the Book of Numbers tells how God commanded Moses to make a bronze serpent and put it on a pole as a sign of healing (Numbers 21:7–9).

Not only is the making of images or representations of people not forbidden by God, it is so common that we take it for granted. People keep photographs of those they love. In the same way, we Catholics love the saints as family members who have gone before us, and we keep images of them in our homes and churches.

Catholics do not worship the saints; we worship and adore God alone. But we do honor the saints, remembering their holy lives as we try to imitate them. There is nothing unusual about keeping statues and paintings in prominent places. Many cities display statues of leaders and important citizens. If we are given only secular models to imitate, we will be denied models who can guide us to Jesus and to eternal life. Images of the saints are reminders of God’s grace and goodness fleshed out in the lives of people very much like us. ●

The Redemptorists / DearPadre.org



JORDART / SHUTTERSTOCK

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
August 5	August 6	August 7	August 8	August 9	August 10	August 11
Weekday	Transfiguration	Weekday	St. Dominic,	Weekday	St. Lawrence,	Nineteenth
Jer 28:1–17	of the Lord	Jer 31:1–7	Priest	Na 2:1, 3;	Deacon and	Sunday in
Mt 14:13–21	Dn 7:9–10,	Mt 15:21–28	Jer 31:31–34	3:1–3, 6–7	Martyr	Ordinary Time
	13–14		Mt 16:13–23	Mt 16:24–28	2 Cor 9:6–10	1 Kgs 19:4–8
	2 Pt 1:16–19				Jn 12:24–26	Eph 4:30–5:2
	Mk 9:2–10					Jn 6:41–51

Our Parish COMMUNITY

August 4, 2024

Eighteenth Sunday in Ordinary Time (B)

Exodus 16:2–4, 12–15 / Ephesians 4:17, 20–24 / John 6:24–35



“I’m Hungry!”

FR. JOSEPH JUKNIALIS

Besides the meals we eat, we also feed various other hungers throughout the day.

Try “fasting” from your smartphone or computer for a day—no texting, no emails, no surfing the internet. If you are a news junkie, try going a day without your fix of the latest word from Washington or a sports update. At a creativity workshop, I was once given an assignment of not reading for an entire week, not even a cereal box at breakfast or the day’s TV schedule. The goal was to discover what I would do with all my extra time. Think about what feeds our daily hungers and interests.

What, then, does it mean to say that Jesus is our bread, that he is the one who feeds us and quenches our thirst? To come to him, to have faith in him, to follow him, is to live as he lived. When we do so, we find that our lives take on new meaning. Living as people who forgive feeds our hunger for peace with one another. Generosity breeds generosity; as we meet the needs of others, we find that others also meet our needs, and slowly the world begins to care and heal. Surrendering to God’s ways opens us to a wellspring of strength previously unknown. With Jesus as our bread, we find ourselves fed beyond our trivial hungers. ●

Reflect

Are you finding healthy ways to feed your hungers?

Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.”

JOHN 6:35



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A WORD FROM POPE FRANCIS

When we seek first and foremost the satisfaction of our needs, we risk using people and exploiting situations for our own ends.... Let us welcome Jesus as the bread of life and...learn to love each other.... Love given freely and without calculation, without using people, freely, with generosity, with magnanimity.

ANGELUS, ROME, AUGUST 1, 2021