

THE REMEDY



INSIDE THIS ISSUE:

<i>Letter from the President</i>	1
<i>What is Homeopathy</i>	1
<i>Upcoming Events</i>	2
<i>Holistic Moms</i>	2
<i>HWB in Haiti</i>	3
<i>Homeopathy</i>	3
<i>2013 Registration</i>	4
<i>2013 Conf. Flyer</i>	5

WHAT IS HOMEOPATHY?

Homeopathy is a system of therapy that uses very small doses of remedies. These remedies are prepared from substances found in nature. Nevertheless, homeopathy should not be confused with herbal medicine. These two systems are very different. Herbal medicine uses tinctures of botanical substances, whereas homeopaths use ultradilute "micro" doses made from not only plants, but minerals or any other substance found in nature.

(continued on page 2)

Dear Friends in Homeopathy

The 2013 FHS Annual conference will take place on Feb 16, 2013 in St Petersburg, FL. This is a change in format and in location. One of our goals is to get in contact with the homeopathic community in other parts of the state when we can manage to do it. The organization of the annual seminar requires a "hands on" person in the location. We have the good fortune to have Jen Marks as our Board Treasurer, who lives in St. Pete. Jen gets a big thank you for a job well done!

Our presenters, Dr Roger Morrison and his wife Nancy Herrick, are among our nation's most respected homeopaths. Dr. Morrison is the author of the familiar homeopathic classics [The Desktop Guide to Keynotes and Confirmatory Symptoms](#) and many other books and articles. Nancy Herrick is also a prolific author, homeopathic researcher and speaker. Together they have been involved in the Hahnemann College of Homeopathy in California for over 20 years. They will speak on how to discern if a client's remedy will be from the animal, plant or mineral kingdom. As an added treat, we will have an update over lunch from Nancy Gahles, D.C. past president of the NCH, who has been closely involved in ensuring homeopathy's inclusion in integrative health care reform. More information about the conference is contained within this newsletter.

The change to a one day program was a logistical one. We will be interested in your response to this format. The Seminar will be followed by the Annual meeting as usual. All members of FHS are invited to attend.

I became the FHS President after the resignation of our previous president in March of 2012. In such circumstances the office of President is to be fulfilled by the vice president, and I am honored to fill it.

What else has been happening this year in FHS? A major project has been the pursuit of full tax exempt status. This has proven to be a formidable task, but is almost at completion at the time of this writing. We have been in existence since early 2010 and have so far presented three successful and memorable seminars by Will Taylor and Frederik Schroyens (2011), and Ed Shalts (2012). Each of these conferences has offered an introductory session on Friday night by Ann Jerome, currently the President of the NCH. We continue to provide Continuing Education Credits to Acupuncture physicians.

The FHS Board has started a policy of offering one year's free membership to newly certified homeopaths in Florida. This year Florida has gained 4 newly certified homeopaths! We have updated our website and it is now possible to both register and pay for both conferences and dues online. We have decreased our Annual Dues to \$35 this year in the interest of increasing our membership. This is a grass roots organization, and membership support is both necessary and appreciated.

We hope to see you in St. Pete in February for our annual event, membership meeting, and the welcome fellowship in homeopathy. I wish each of you a Happy Holiday season and a Healthy New Year.

Polly Millet, President





Excerpt from Organon § 22:

When made ill by noxious agents, our life principle cannot do anything else than express its depression caused by disturbance of the regularity of its life, by symptoms, by means of which the intelligent physician is asked for aid. If this is not given, it strives to save by increasing the ailment, especially through violent evacuations, no matter what this entails, often with the largest sacrifices or destruction of life itself.

—*Samuel Hahnemann*
1755—1843

WHAT IS HOMEOPATHY?

(CONT. FROM P. 1)

The homeopath chooses the proper remedy by following a special rule of nature called the *Law of Similars* (*similia similibus curentur*).

This law states "like cures like," or that a medicine can cure a sick person if it can cause similar sickness in a healthy person.

—courtesy National Center for Homeopathy

UPCOMING EVENTS

FLORIDA

2013 Annual Florida State Homeopathic Conference,
February 16, 2013, St. Petersburg, Florida
Roger Morrison, MD DHt & Nancy Herrick, P.A.

"Animal, vegetable and mineral remedies with illustrative cases"

NATIONAL

8TH Annual Joint American Homeopathic Conference,

April 19-21, 2013, Reston, VA

"Meeting the Challenge: Successful Outcomes in Homeopathic Practice"

nationalcenterforhomeopathy.org/conference/home

HOLISTIC MOM'S CORNER— WELLNESS PAGE

Welcome to our Discover Wellness page!

Each month we will be highlighting a holistic lifestyle choice or therapy to help you learn about different wellness options available to you. Visit back often to learn more and to find resources in your area!

What Is . . . Homeopathy?

Homeopathy is an effective, 200+ year-old system of holistic medicine that uses extremely minute doses of natural substances to stimulate healing based on the law of similars, which states "what a substance can cause, it can cure."

Who will benefit?

Individuals with chronic illness such as fibromyalgia, rheumatoid arthritis or food allergies, as well as anyone looking for holistic treatments for colds, flu, coughs, seasonal allergies and more. Since homeopathic remedies are 100% non-toxic, non-addictive, and are approved and regulated by the Food and Drug Administration, they can be used safely by the very young, the very old and even animals.

What can I expect?

Homeopathic remedies for cold, flu, or common childhood illness are available for purchase over the counter at pharmacies. Or you can see a practitioner trained in homeopathy to address your specific concerns. Classical homeopaths will take a detailed medical history, including notes on all of your previous and current symptoms, before making a diagnosis or offering remedies.

holisticmoms.org/wp-content/uploads/2010/09/Homeopathy-Final1.pdf

HOMEOPATHS WITHOUT BORDERS— NORTH AMERICA IN HAITI

On November 4th 2012, a team of four volunteers representing Homeopaths Without Borders headed to Haiti to “teach and treat” Haitians with homeopathic remedies. This will be the final trip for the year 2012. During this trip the first graduating class will be receiving their completion certificates for “Fundamentals in Homeopathy”. These Haitians have been studying, attending classes, leading or participating in study groups, gathering together to share what they’ve been taught, and will be able to treat their neighbors while awaiting return trips from HWB in 2013.

Part of a field report from Karen Allen, CCH:

I have been translating our PowerPoint presentation into French, which had been our method at the class in Port-au-Prince... Bekert thinks the PowerPoint should be in Kreyol for this group, and we hurriedly rework the presentation for the class. As we walk to the meeting room, children wave, and we exchange 'Bon jour' with many of the curious. People are already waiting half an hour before class will begin - several of them have traveled hours to get here. It is hot, the electricity works, the one fan in the room diligently stirring the air. The projector works, we begin.

I introduce the concepts of homeopathic medicine, describe the nature of the training program and the goals of creating community service homeopaths who will work in their villages for acute and lessional therapeutics, epidemic prophylaxis and health education. We ask the 26 students who have gathered to tell us what the health problems are in their areas: malaria, cholera, typhoid, hypertension, anemia, malnutrition, epilepsy, yellow fever, dengue fever, flu and diarrhea, asthma, coughs, gastritis, vaginal infections and fibroids... mostly the same issues we saw in clinics in Port-au-Prince and LesPinasse, but with more epidemic disease. 24 of the attendees decide to enroll in the program, and complete applications. Most speak and read French as well as Kreyol, very few have work, some have volunteer experience, some have medical training. On their enrollment forms, when asked about the health problems Haitian people face, we read again and again: no clinics, no doctors, no medications available in their area. They ask if there will be more classes offered after the initial program, how the medicines will be supplied and resupplied, whether clinics can be opened in their villages. We give out small introductory dispensing kits for each village/area and teach about the use of 5 remedies for injury/trauma – enough to get the new enrollees started. We let them know the next training session will be in November, taught by one of the strongest Haitian students from the Port-au-Prince class with support from me and Holly. This is a big step to begin having Haitians teach Haitians, a milestone in the program to help Haiti have some self-sufficiency in local health care.

For more information see homeopathswithoutborders-na.org. Anyone interested in volunteering may contact Holly@homeopathswithoutborders-na.org.

BOOK RECOMMENDATION

The Homeopathic Revolution: Why Famous People and Cultural Heroes Choose Homeopathy

“Dana Ullman has done a major service in showing that many of the smartest and most successful people in recent history have publicly expressed appreciation for the benefits they have received from homeopathy.” - John Robbins, author of Diet for a New America and Healthy at 100

HOMEOPATHY IN THE NEWS & GREAT ARTICLES

Please visit the National Center for Homeopathy website:

www.nationalcenterforhomeopathy.org

...for news and expert recommendations & articles on homeopathy in areas such as autism, dengue fever, whooping cough, addictions — on almost every topic imaginable!

Please join and support the National Center for Homeopathy!

floridahomeopathicsociety.org

Florida Study Groups, Practitioners and Education

Academy of Classical Homeopathy
Academyofclassicalhomeopathy.org

Everglades University

evergladesuniversity.edu

Please visit the NCH site for a comprehensive list of educational institutions elsewhere.

NCH

nationalcenterforhomeopathy.org

Certification

For certification, please see
homeopathicdirectory.com

Study Groups

[nationalcenterforhomeopathy.org/
study-groups](http://nationalcenterforhomeopathy.org/study-groups)

Practitioners

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