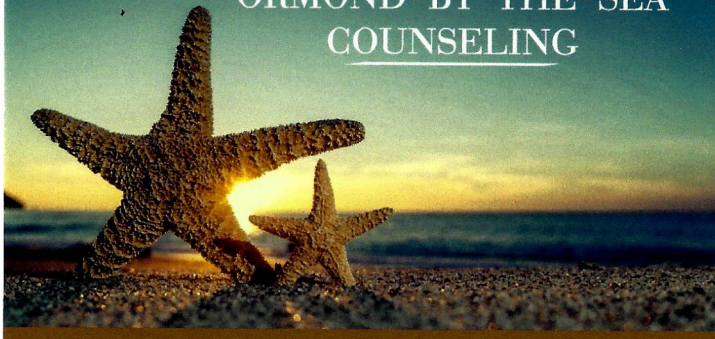


ORMOND-BY-THE-SEA COUNSELING



Encourage, Enlighten and Empower

Encourage- We believe everyone needs help sometimes. Counseling can provide the encouragement, support, and direction necessary to heal from life's hurts and to make a new start in life.

Enlighten- Sometimes it helps to have a different point of view or new information to make positive changes. We can help explore new ways of looking at life and develop new emotional responses to enable wise life choices.

Empower- We believe everyone is capable of growth in all areas of their lives (emotionally, relationally, vocationally, and spiritually) and we seek to facilitate a healthy, balanced approach to life.

Our Inspiration- "Faith, hope and love, these three remain but the greatest of these is love"

Karen Palpant, MA

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