Vol 8: Issue 5 May 2025



RecoveryWerks!

Changing the world through recovery one **under-**served community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

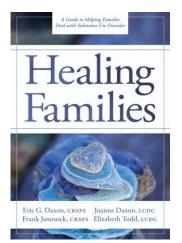
Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to
RecoveryWerks! are tax
deductible and have a huge
impact in bringing recovery to
teens and families in our
community.
Visit our website for online

giving or for more info. www.recoverywerks.org

<u>www.recoverywerks.org</u> Thank you!

RecoveryWerks! Staff Coauthor Book for Peer Coaches Working with Family Members



Two members of our staff (Eric Daxon and Joanne Daxon) and two of their colleagues (Frank Janosek and Elizabeth Todd) recently wrote and published *Healing Families*. This book guides peer coaches as they work towards helping family members get their lives back and enjoy life again.

When asked why they wrote the book, Eric said, "There were three reasons. First, there are many self-help books and books for clinicians working in addiction, but there are very few for peer coaches working with families. Second, we wanted to document the approach we use to help family members. We use the peer-based system pioneerd by the Palmer Drug Abuse Program

(PDAP) in 1971. Last, but not least, we wanted to document the unique recovery culture that is a part of every PDAP-styled program."

The book is available in paperback and electronic formats from Amazon and other book dealers. The RecoveryWerks! Training Institute will be offering a four-part training series on working with family members based on *Healing Families*. Stay tuned for more information.

Thank You NB Women GO for Your \$10,000 Donation!!!

NB Women Go gave RecoveryWerks! \$10,000 to remodel our kitchen. Food is an important part of what we do because a hungry teenager is not a happy teenager. For that matter, a hungry adult is not too happy either! This wonderful group of ladies donates to non-profits in New Braunfels and Comal County. Thanks again for this wonderful gift!



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Meeting Schedule

Teens (up to 18):

Monday & Wednesday

7-8pm

790 Landa Street, New Braunfels

Young Adults (18+):

Wednesday

12:30-1:30pm 790 Landa Street, New Braunfels

Thursday

7-8pm

790 Landa Street, New Braunfels

<u>Family Members (18+):</u> Monday & Wednesday

7-8pm *

790 Landa Street, New Braunfels *Call for Zoom option

Wednesday

12:30-1:30pm 790 Landa Street, New Braunfels

Thursday Education

7-8pm in person only 790 Landa Street, New Braunfels

New Gens (Family members

between 9-17) *Must have a family member participating in the program

Monday

7-8pm

790 Landa Street, New Braunfels

Our services are available at no cost to clients because of generous support from our community.











Fayette Community Foundation





RecoveryWerks! Training Institute Provides Continuing Education Training for Addiction and Mental Health

On Friday April 25, 2025, Joanne Daxon presented a 2-hour "Lunch and Learn" entitled, "Conflict Resolution: Styles, Strategies, & Healthy Communications." Joanne works with the families of people afflicted with substance use disorder (SUD) and knows how important healthy conflict resolution is to the recovery of the family and the recovery of the person with SUD.



RecoveryWerks! Alumni BBQ in Celebration of Our 10th Anniversary

RecoveryWerks! held its first alumni barbecue on April 12, 2025, to help celebrate our 10th anniversary. We invited past and present RecoveryWerks! members and their families for an afternoon of good food and good fun! Attendees ranged from those who attended those first meetings in Debi's living room to people new to the program. The waterslide, the food, and the reminiscing made for a wonderful afternoon!



Stay Connected





Follow RecoveryWerks! on Facebook & Instagram.

For more resources visit www.recoverywerks.org
790 Landa Street, New Braunfels, TX 78130 - (830) 310-2456 or (830) 310-2585