# College Community Services Wellness Center Central Advisory Board MEETING MINUTES

# Friday, December 18, 2015 – 1:00pm to 3:00pm Wellness Center of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Heidi Sweeney, Anthony Pflaum, Ruben Estrada, Alonzo Whitson, Kristen Pankratz,

Michelle Montero, Babu Pillutla and, Armand Tercroce

Guest: Sohail Eftekharzadeh, Dansha Soto, and Patti Pettit

# I. Call to Order – 12:57pm

- a. Welcome Heidi Sweeney welcomed MAB members.
- b. Approval of Agenda The agenda for December 18, 2015 was approved by Anthony Pflaum and seconded by Michelle Montero.
- c. Approval of Minutes The minutes from November 20, 2015 was approved by Heidi Sweeney and seconded by Anthony Pflaum.

### II. Reports

- a. Program Director Report Patti Pettit
  - i. Patti Pettit spoke of highlights of program for the month of November.
- b. President's Report Heidi Sweeney
  - i. Heidi Sweeney thanked each and every board member for their dedication and hard work for the past year.
- c. Sub-Committee Reports All reports sent to the County on November 13, 2015.
  - o Health and Wellness (Ruben Estrada)
  - o Arts and Music (Anthony Pflaum/Alonzo Whitson)
  - o Data Outcomes (Armand Tercroce)
  - o Evaluations and Survey's (Adam Goldman/Babu Pillutla)
  - o Special Events (Michelle Montero)
  - o Membership Outreach (Heidi Sweeney/Kristen Pankratz)
  - o Comments and Suggestions (Heidi Sweeney)

#### III. Unfinished Business

a. Adam Goldman was to be voted in as a board alternate, however, Adam Goldman had an emergency and was unable to attend the meeting. The MAB will vote on Adam Goldman becoming an alternate at the January 15, 2016 meeting.

#### IV. New Business

a. Heidi Sweeney nominated Frank Williams to become a Board Alternate. A vote was cast and all board members voted in favor. Frank Williams was brought to the board

table. Susan McCoy was also to be voted in as a board alternate, however, Susan McCoy had an emergency and was unable to attend the meeting. The MAB will vote on Susan McCoy becoming an alternate at the January 15, 2016 meeting.

The meeting was adjourned early as the board members chose to continue to celebrate in the Holiday MAB Party Festivities.

# V. Upcoming Calendar

- a. Lunar New Year Friday, February 25, 2016, 5:00pm to 8:00pm
- b. Next Meeting Friday, February 19, 2016, 1:00pm to 3:00pm
- c. Black History Month Thursday, February 25, 2016, 1:00pm to 4:00pm

## VI. Adjournment

a. Heidi Sweeney adjourned the meeting at 2:00pm