

Citric C Tab—A Delicious Chewable Vitamin C Tablet from Whole Food Sources...

Vitamin C is a very popular supplement, used by adults and children alike. However, there is a great deal of difference in the quality of different Vitamin C tablets. Many companies use synthetic Vitamin C. Natural sources are much better for the body and are used much more efficiently. Unlike other Vitamin C tablets, Sunrider's formulation contains a number of natural sources (like rosehips and citrus) for Vitamin C, which makes it more likely to be absorbed and made available to our bodies. According to Dr. Van Beveran, Sunrider's Vitamin C contains all 9 parts of the Vitamin C complex, the most important being the enzyme in the center. And ***Citric C Tab's*** delicious, sweet-tart, citrus flavor makes it a real treat! Unlike other Vitamin C tablets, ***Sunrider's formulation, Citric C Tabs, contain citrus bioflavonoids, rose hips, and green tea extract***, each known for their antioxidant properties. Bio-flavonoids perform antiviral, anti-carcinogenic, anti-inflammatory, anti-histamine, as well as antioxidant activities. There is a special class of bio-flavonoids called polyphenols. The most important of these polyphenols are the catechins, and these are found abundantly in the green tea leaf extract. These bio-flavonoids also increase Vitamin C absorption. Vitamin C helps boost immunity, assists in healing (especially the skin and connective tissues), and helps in forming red blood cells. Two or three tabs a day should be plenty! ***Citric C Tabs*** are the best choice for Vitamin C—chewable, assimilable, with a delicious orange taste!