BRADLEY HILLS PRESBYTERIAN CHURCH NURSERY SCHOOL

# February 2020 Newsletter The Bear Facts

**Celebrating 62 Years of Early Childhood Education** 

Dear Parents,

February marks the mid-point of our school year. How have 5 months passed by so quickly? Now it's time to think ahead to Summer Camp and the 2020-2021 school year!

2020-2021 acceptance letters were sent home in mid-January. If you did not receive your child's acceptance letter stop by the office for a copy. We are almost fully enrolled for next school year. Thank you. If you have friends who are looking for next year, ask them to contact the office ASAP to tour and apply. If you have questions regarding your child's placement, contact the office. To confirm your child's space, deposits are due February 21st.

Parent/Teacher conferences will be held throughout February. Conferences are a time for the teachers to share their observations of your child in a school setting. It's a time to for you to share your child's accomplishments and challenges with us. BHPCNS is here to support your child's growth each and every day. Parents, teachers, working together with me, will ensure every child is receiving the appropriate pre-school education. See page 4 for more information on conferences.

Early Bird Camp Registrations are happening now. To receive discounted pricing we must have your application by February 28<sup>th</sup>. 2 YEAR OLDS WILL BE ACCEPTED AT CAMP, EVEN IF THEY ARE NOT POTTY TRAINED. There will be a \$75 up-charge for non-potty trained campers. See additional camp details on page 5.

In honor of Valentine's Day your classroom teachers and room parents will be sending you more information on the class parties and valentines to be distributed. We will celebrate on Thursday the 13<sup>th</sup> and Friday the 14<sup>th</sup>. We will also be having Sweetheart Breakfasts on the 13<sup>th</sup> and 14<sup>th</sup> for your child to have breakfast at school with a "special" person in their lives. Details in the Parents' Group info and have been sent home via tote bags.

Please know you are welcome to come in at any time to chat. Or, you may call me at the school office at 301-365-2909 or on my cell at 301-642-8166 or email me at <u>Lsobrino@bhpcns.org</u> to discuss any and all things related to BHPCNS.

Liz Sobrino, Director BHPCNS



#### FEBRARY FUN AT BHPCNS!

Parent Teacher Conferences throughout the month.

Second Semester of Art and Dance Stay and Plays begins.

Science for the 3s and 4s to learn about force.

Creative Movement to get everyone up and moving in the dreary weather.

Little Hands Music and Ms. Casey with her guitar will have everyone singing and dancing.

Our 12 week Drama unit will continue for our 4s' classes.

Valentine's Day Celebrations: Sweetheart Breakfast Special Classroom Snacks

Hearing Testing for the 3s and 4s

Picture Days for all classes: This is the one day of the year where children may wear their fanciest clothes to school. We will keep the paint closed on picture days!

## New this year!

The Parents' Group will be hosting a Sweetheart Breakfast on Thursday, February 13<sup>th</sup> and Friday, February 14<sup>th</sup> from 8:30 a.m. to 9:00 a.m. in Memorial Hall. Whoever your child's sweetheart may be--Mom, Dad, Grandma, Grandpa, Nanny, Sibling, is invited to join—to start the day off on a sweet note!

Use the below links to RSVP for the day that you plan to attend:

Thursday, 2/13/2020<a href="https://www.signupgenius.com/go/sweetheartthursday20">https://www.signupgenius.com/go/sweetheartthursday20</a>Friday, 2/14/2020<a href="https://www.signupgenius.com/go/sweetheartfriday20">https://www.signupgenius.com/go/sweetheartfriday20</a>



## Gala Volunteers Wanted!

The Parents Group is looking for two parents to co-chair the 2021 Gala. This biennial event is not only a fun social event for the parent community, but the funds raised will go toward supporting the nursery school and new initiatives to benefit the children. Our previous co-chairs have done a fabulous job of archiving previous contacts, documents, "lessons learned," etc. so no reinventing the wheel is needed! If you think that you would be interested in chairing the event, please let Maggie or Sarah know.

## John Henry and Potomac Pizza!

Mark your calendars for John Henry Pizza night on **March 12th!** Kids and parents alike will love dancing the night away to John Henry's famous music, while enjoying a pizza party with friends. Look for more information to come in your child's tote bag, including how to RSVP and pre-order pizza.





We've had a chilly few weeks, but our teachers LOVE to get the kiddos outside. With more snow to come, don't forget to label those hats, boots, gloves, snow suits, etc! Check out LabelDaddy for peel and stick labels to make labeling all your child's winter play clothes so much easier! These labels are machine washable and don't require any ironing or sewing. LabelDaddy will give you 10% off your order and give 15% back to BHPCNS when you visit their website labeldaddy.com and enter code BHPCNS at checkout.

As always, thank you for the support, and stay warm!

Maggie Maloney maggiewmaloney@gmail.com Sarah McGovern SarahLothrop@hotmail.com

#### NEWS FROM THE BHPCNS BOARD

Hello Nursery School Families!

The Nursery School Board continues to be very active and January was no exception. We met on January 16 for our regularly scheduled Board meeting and covered a variety of topics. Of note, we approved the 2020-2021 school calendar and tuition levels, discussed the 2020-2021 school budget, and received a status update from the Nursery School Safety Committee on the safety grant that the school was awarded and next steps related to that.

A big thank you to all of the parents who completed the survey from the Long Term Planning Committee. We were very pleased with the response rate and will be using your feedback to guide our strategic plan for the school. Stay tuned for more details on that in the coming months!

If you have any questions about this or any of the work going on with the Nursery School Board please do not hesitate to reach out. The Nursery School Board's next meeting is March 19, 2020 at 7pm. Parents are welcome to join us for the open portion of our Board meeting. Please send an email to <u>Board@bhpcns.org</u> to get more details. If you have other feedback for us, please contact us via that email address or fill out an anonymous form on the Board portion of the school website.

Happy Valentine's Day!

Missy Banashak, BHPCNS Board Chair

#### **BRADLEY HILLS PRESBYTERIAN CHURCH NEWS**

BHPC is looking ahead to our Annual Meeting on Sunday, February 9. The meeting will be after the 10:30 service. As part of the fun on the 9<sup>th</sup>, the BHPC Youth Group will be selling soup to help pay for their mission trip to Puerto Rico this summer. Everyone is welcome.

Other upcoming activities of interest at the church include:

- The BHPC handbell choir will be playing on February 9<sup>th</sup>, 10:30 service.
- David preaching in February on the book of Revelations: "What Heaven is Like."
- At our Ash Wednesday services, on February 26, at 1:00 pm and 7:30 pm, all are welcome to receive communion and ashes.
- Save the Date: March 8, after worship, will be the Family Connections lunch on involving our children in service to others including a hands-on opportunity.



#### **CROSSING THE MIDLINE IS IMPORTANT**

As we hold our conferences, you may hear your child's teacher talk about crossing the midline. You may wonder, "What is crossing the midline and why is it important?" Here's a brief description and a link to the entire article.

The term crossing midline is often used to describe the skill of moving your arm or leg across the imaginary line down the middle of your body. You'll see this term used a lot by Occupational Therapists and other professionals when they are working with children who have a decrease in fine motor skills, gross motor skills, or handwriting problems. Click here for the whole article.



#### 24 HOUR POLICY FOR ILLNESSES

Here are Crossing the Midline Activities for Kids of All Ages:

- 1. Playing with rhythm scarves (we do this in Creative Movement and in our Music classes)
- 2. Playing with blocks (stacking)
- 3. Dancing to music
- 4. Dusting or sweeping
- 5. Playing patty-cake
- 6. Playing with cars on a large path
- 7. Playing flashlight tag
- 8. Washing the car
- 9. Painting with a large roller
- 10. Completing cross crawls (touching hand to opposite foot or knee)
- 11. Wiping off a table with a towel using one hand
- 12. Throwing a water balloon or bean bag or ball at a target
- 13. Drawing a large figure 8 on a chalkboard or sidewalk
- 14. Playing Simon Says
- 15. Playing Twister

In the past 2 weeks we have had to send children home because they are sick. We have had cases of the flu, hand, foot and mouth, terrible colds with coughs, fevers, vomiting, and pick eye, reported to the office.

Please, for the safety and well-being of the children, young siblings, parents, caregivers, teachers, staff:

- 1. DO NOT SEND YOUR CHILD TO SCHOOL IF THEY ARE SICK.
- IF YOUR CHILD IS ILL, THEY MUST BE FREE OF SYMPTOMS, WITHOU'T MEDICATION BEFORE THEY MAY RETURN TO SCHOOL.
  UPON ARRIVING AT SCHOOL <u>WASH YOUR</u> <u>CHILD'S HANDS WITH SOAP AND WATER</u>.

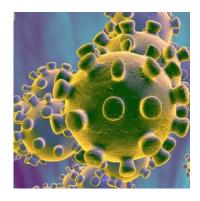


Thank you to all the families who are respectful of the policy. We really appreciate your consideration of all the members of the community.

## What You Need to Know About The Coronavirus

#### Starr Stevenson, RN Child Care Health Consultation

Although there are no confirmed cases of the coronavirus in Maryland, Virginia or the District of Columbia, we wanted to address the situation due to the high number of calls we have received. The corona viruses commonly affect animals and humans. Human corona viruses cause respiratory illness and are so common that you have likely had one in your lifetime. It is rare for an animal corona virus to evolve and gain the ability to spread infection from person to person. When it happens, it is called a novel or new virus. The most recent novel corona virus (2019-nCoV) was discovered in Wuhan City, China. The CDC considers this outbreak a very serious public health threat, using "an abundance of caution" in their response to contain and prevent its spread. The outbreak continues to spread rapidly in China and most of the cases in and outside of China are linked to travel from Wuhan City. There are 5 contained



cases in the US and there has not been any spread from person to person in the U.S.

The risk to the general public is very low. However, as with any illness, preventative actions such as handwashing, covering your cough, and staying home when you are sick, should be practiced. County officials have participated in several informational conference calls with the Centers for Disease Control in Atlanta and the Maryland Department of Health to learn all they can. You can continue to monitor local updates by visiting our County's <u>website</u>.



## What should you do?

- Continue to follow best practices for preventing the spread of illness.
- Encourage and monitor hand washing 100% of the time it is required and using 100% <u>correct</u> <u>technique</u>.
- Maintain a clean environment by following the <u>schedule</u> recommended by <u>Caring for Our</u> <u>Children</u> and using the correct procedure and EPA registered <u>sanitizing and/or disinfecting</u> <u>agent.</u>
- Check for signs of illness when greeting children in the morning and monitor for illness throughout the day.
- Encourage everyone to cover coughs and sneezes and stay home if they are sick.
- Stay calm and get a flu shot! We are in the middle of our annual flu virus epidemic. So far this year it is associated with over 800 hospitalizations and 8 deaths in the state of Maryland alone.
- Stay informed by following updates on the <u>CDC's 2019-nCoV Situation Summary</u> web page.

>>> Here is a one page handout created by the CDC on what you need to know about <u>Novel</u> <u>Coronavirus 2019</u> that you can share with your families.

#### VALENTINE'S FUN AT BHPCNS FEBRUARY 13<sup>TH</sup> AND 14<sup>TH</sup>



#### Valentine's Day Classroom Special Snacks will be held on:

Thursday, February 13 for our Tuesday/Thursday classes Friday, February 14 for our Monday/Wednesday/Friday and Monday through Friday classes

Children should bring a valentine for each child in their class. Please do not address the valentines to individual children. Just sign your child's name on the cards. Include a card for your child. They like to put a card in for themselves!

Party details will be shared with all families via your child's teacher or your room parents. Thank you in advance for making Valentine's Day so much fun!

### New this year!

The Parents' Group will be hosting a Sweetheart Breakfast on Thursday, February 13<sup>th</sup> and Friday, February 14<sup>th</sup> from 8:30 a.m. to 9:00 a.m. in Memorial Hall. Whoever your child's sweetheart may be--Mom, Dad, Grandma, Grandpa, Nanny, Sibling, is invited to join—to start the day off on a sweet note!

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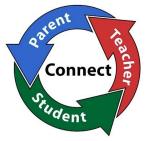


#### PARENT-TEACHER CONFERENCE TIPS

Parent/Teacher Conferences are scheduled throughout February. Here's some tips to get the most out of the conference experience.

- Conferences are scheduled for 15 minutes. Please be on time or notify the office if you are running late for your conference. If you think you will need more than 15 minutes, please make special arrangements with your child's teacher in advance.
- Conferences are for adults only. Classes will be held during conferences. Babies are welcome to attend, however baby-sitting arrangements should be made for older siblings.
- Conferences are an opportunity for us to share your child's strengths, concerns, readiness, with you and for you to share what's special, unique or concerning you about your child.
- As the Director of the school, I work with the teachers to ensure we are providing the best possible experience for your child. It's possible I will sit in on your child's conference to learn more about your child, support a teacher, offer ideas on your child's development. Please, do not worry if I'm at your conference. I am there as a resource, support, educator, for your child and family.

Please let me know if you have any questions or would like me to participate in your child's conference. Working together as a team is important to each child's progress in pre-school.



#### MARK YOUR CALENDARS FOR POTOMAC PIZZA AND JOHN HENRY!





#### Come out for a fun filled evening of pizza and music.

Who: BHPCNS students and their families. This is not a drop off event. Children must be with an adult. When: March 12, 2020

Dinner Picnic between 5:30 and 6:15

John Henry performs between 6:15 and 7:00 pm on the stage.

Where: Memorial Hall

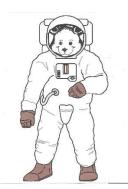
What: Preorder from Potomac Pizza or pack a picnic dinner from home. BHPCNS will provide lemonade, water, and ice cream sundaes for dessert. Order sheets will be going home later in February.

Wanted: Volunteers to:

- 1. set up Memorial Hall on Tuesday morning after drop off
- 2. to assist with the distribution of dinner
- 3. to man ice cream station

If you are able to help or have questions, please contact Maggie Maloney or Sarah McGovern! Thank you!

#### SUMMER CAMP: A PRESCHOOLER'S GUIDE TO THE GALAXY!



Blast Off to Outer Space! BHPCNS Summer Camp! This year our campers will be exploring all things related to outer space. Our 2020 camp programming is changing a bit from previous years. There will still be lots of fun both inside and outside.

- There will be one camp session that runs for 9 days. Camp will run from Tuesday, June 16<sup>th</sup> through Friday, June 26<sup>th</sup> between 9:00 am & 12:30 pm. each day.
- There will be early morning drop off available at 8:00 am.
- All currently enrolled BHPCNS children, including those in our 2s' programs, may attend camp. For children not completely potty trained there will be an additional fee of \$75.
- For more details, stop by the office. Registration forms have gone home in your child's tote bag. Additional copies are available outside the office.
- Register by February 28 for an Early Bird discount.



#### IS THERE A RISING MCPS KINDERGARTENER IN YOUR HOUSE?



MCPS elementary schools need to know if your child will be attending their school in September 2020. To register your child, call your local elementary school. It is very helpful to the elementary schools to know the number of children attending for next fall as soon as possible. Based on projected enrollments your child's elementary school may need to add another class, add another teacher, increase class size, and/or close a class. While your child won't start school until September, the elementary schools are already making their staffing projections for the fall.

Local Elementary Schools and their phone numbers: Ashburton: 240-740-1300 Bannockburn: 240-740-1270 Bethesda: 240-204-5300 Bradley Hills: 240-204-5210 Burning Tree: 240-740-1750 Carderock Springs: 240-740-0540 Rosemary Hills: 301-9209990 Garrett Park: 240-740-0700 Kensington Parkwood: 240-740-3700

Seven Locks: 240-740-0940 Wood Acres: 240-740-1120 Wyngate: 240-740-1080 Bells Mill: 240.740.0480 Beverly Farm: 301-469-1050 Richie Park: 301-279-8475 Westbrook: 240-740-1040 Somerset: 240-740-1100

When contacting your local elementary school ask if they are hosting any informational kindergarten meetings for parents. Several schools have monthly tours available to give you an overview of their school. For more information about MCPS and Kindergarten, visit the MCPS website by clicking <u>here</u>. Kindergarten orientation dates are available on the MCPS website as well.

#### MARK YOUR CALENDARS FOR BHPCNS' "EVERYTHING YOU'VE EVER WANTED TO KNOW ABOUT KINDERGARTEN" INFORMATIONAL MEETING ON APRIL 15th!

#### PICTURE DAYS ARE COMING: FEBRUARY 25, 26, and 27!



#### Picture Days will be February 25, 26, and 27th of February!

Your child's picture day will be noted on your child's classroom calendars. See flyer that was sent home in your child's tote bag in early February. Families will have an opportunity to review a portrait package.

In addition to individual pictures, sibling pictures may be taken. Details have been sent home with your child in their tote bags!

Picture Day outfits can be special. We will close the easels and other messy activities for picture days!

#### MORE IMPORTANT NEWS FOR BHPCNS FAMILIES

**Long Term Planning Committee Survey Results:** The BHPCNS Board and Director would like to thank the more than 110 parents who responded to our survey. The results are being tabulated and will be made available to anyone who is interested in reviewing the results. Your feedback will be used to help the school map out what the future of BHPCNS may look like as move forward.

**STAY AND PLAY PROGRAMMING:** It's time to register for the second semester ART or DANCE programs. If your child is continuing in these programs, you do not need to do anything. If your child would like to join these programs, contact the office, ASAP at 301-365-2909. If your child is withdrawing from ART or DANCE, please let us know ASAP.

#### MORE IMPORTANT NEWS FOR BHPCNS FAMILIES CONTINUED....

#### Presidents' Day: February 17th BHPCNS is closed!

Lost and Found Bin: The Lost and Found bin, by Room 117, is getting filled with warm jackets, hair bows, sweaters, & other lost items. Please check the bin for any missing belongings. We will be donating unclaimed items.

**Boots for Outdoor Playtime:** Please continue to send your children to school with boots, labeled with their name, which can be worn outside to the playgrounds. Snowy or muddy playgrounds will not keep us indoors!

**BHPCNS Office Number:** Please add the office number 301-365-2909 to your contacts in your cell phones. This way you'll never miss a call from the office because you didn't recognize the school's phone number. You never know when the power will go out or there is some other unexpected emergency that requires us to call you.

Facebook: Friend Bradley Bear and like the Bradley Hills Presbyterian Church Nursery School to stay in the know!

#### FEBRUARY BIRTHDAYS

Lily Pratt Toby Miksatko Iris Brown Jasper Kimball Desi Kimball Mihika Choudhury Iris Brown Poppy Nash Gabriel de Raet



Seraphina Conti Ellie Barrett Ikuto Yoshitake Maddie Schneck Emily Walker Addison Sellers Charlie Cassidy Hayley Yaeger Luke Yaeger

## Happy Birthday to Our Cubs!

Reminder: If sending in birthday treats, please send in **small** cupcakes, mini muffins, fruit kabobs, etc., keeping classroom food allergies in mind. We share birthday treats at snack time! If you have any questions, please reach out to your child's teacher or the office!

#### SPRING BREAK APRIL 6<sup>TH</sup> THROUGH APRIL 13<sup>ND</sup>



#### Spring Break:

BHPCNS will close Friday, April 3rd at 12:30 pm. There will not be Stay & Play on Friday the 3rd. There will be Early Morning and Lunch Bunch on Friday, the 3rd.

We will reopen on Tuesday, April 14th. Early Morning, Lunch Bunch, and Stay & Play will be held on April 14th.

#### STAY AND PLAY UPDATES

#### Monday: The Artist's Corner



Scientist Barnett Investigates:

The month of February will be full of exciting science experiments. Initially we will explore the feeling of our heart beat and why and when our heart beat changes. The next experiment will be the sense of smell. We will experiment and attempt to identify several mystery scents. Finally, we will conclude the month with a balance scale, investigating what items have equal and which items have different weights.

Monday: Wigglin' Wizards



#### Tuesdays: Barnyard



**From Farmer Cardoni:** Our Bradley farmers are learning about the role of all types of animals on a farm. We've learned about cows and goats and will continue this theme learning about sheep and pigs in February. We'll learn about the benefits of having these animals on the farm. We'll also learn what the farmer must do to keep these animals healthy (shear, provide clean hay, water, etc.). Our first compost bin is in the "curing" stage, no more food or other items can be added at this time. We're hoping this first batch will be ready to fertilize our spring crops. We will start our second compost bin in February. This second compost will be ready for our fall crops when we return to school next school year!

Artist in Residence: Nancy McCullough reports: Happy

Valentine's Day. While we still have the chance of snow, the art classes will be painting a winter landscape with lots of snow. We will be creating a snow globe without a globe. And towards the end of the month we will begin working on Monet's "lily pond" project.

Tuesday Wednesday: Bradley Bear Dance We are so proud of our Bradley Bears Dance Company. Their Winter Wonderland performance was wonderful! Now, it is time to gear up for our Spring Performance and some fresh movement vocabulary. Look for more turning and leaping as well as the 5 dance positions the semester. We will be focusing on the structure of dance class, symmetrical vs. asymmetrical movement, and remembering 3 step patterns.

**Chef McCauley's Upcoming Menu:** It is hard to believe that you can teach a three, four or five-year-old to cook, but trust us you can! Learning how to crack an egg, make fresh-squeezed juice, flip a pancake makes a child confident, teaches math, increases vocabulary and teaches them an essential life skill all while making (usually) a big mess and having lots of fun. So why not do it? Each week we send home recipes and hope that our little chefs are showing off their newly acquired culinary skills in their own kitchens. This month, the sweetest month, we'll be making sweet treats to recreate at home for our sweets. Two of our recipes will "in-a-mug" and for those we ask that you send in a coffee mug with your chef. Mugs will be needed February 19<sup>th</sup> and 26<sup>th</sup>. Reminders will be sent home Fruit Danish, Cherry Pie, Cinnamon Rolls and Coffee Cake recipes will have us rolling, measuring, stirring, folding and saying, "Yum!"

#### Wednesday: Cooking w/ Bradley Bear

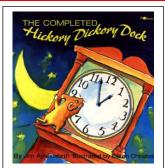


Thursday: Where in the World is Bradley Bear? HAPPY LUNAR NEW YEAR **Travel Enthusiast Mrs. Choi:** Gong Xie Fa Choy (Happy New Year)! In February Bradley Bear cubs will be in China one more week celebrating Chinese New Year. The lunar New Year started on January 25th this year and the festival lasts for 15 days. We will also learn to speak and write some Chinese. After exploring Chinese culture, the cubs will go to Germany. It will be a long flight from Asia to Europe!

**Yogi Cardoni:** Weekly our Yogi Bears practice poses, breathing techniques, and mindfulness. During February we will take a yoga-inspired tour of Washington DC in honor of President's Day, we will move and pose with partners for Valentine's Day celebrating family, friends and love and finally toward the end of the month we will use our imagination when we master poses inspired by Superheroes and Fairies.



#### MONTHLY SPECIAL CLASSES UPDATES



Little Hands Music 2s, 3s, & 4s **Ms. Beth Reports:** Little Hands LOVES making music with Bradley Bears. Keeping a steady beat is a foundational skill for all music-making. Clock rhymes and songs help children mimic and imagine a steady pattern. Here's one rhyme we're doing in Little Hands class this month: **Tick tock tick tock, I'm a little cuckoo clock. Tick tock tick tock, STOP! What time is it? It's ONE o'clock. ("Cuckoo!")**Enjoy saying this verse with your child, changing the time, and either jumping up and swinging arms, or chiming the number of the hour on a small bell or triangle. *The Completed Hickory Dickory Dock* by Jim Aylesworth and Eileen Christelowe is a fun story we're singing and reading in class and that you can find at the library this month! We all know about the mouse and the clock, but what happened after the clock struck one? Follow the energetic mouse through the other eleven hours of nonstop fun in an appealing book that begs to be read aloud. Silly words in rhymes and songs abound in "Little Hands Sing Me a Story!" We enjoy singing Ram-Sam-Sam and Sarasponda, as well as the many other silly word rhymes in the book - Apple-eye, dapple-eye day, and Nibble-on, bibble-on bees, to name a few.

**Scientist Delfin Reports:** In Science this month, we are going to talk about something invisible that touches and affects everything around us, including us! We are going to talk about why things move, what makes them move, how they move and what makes them move fast or slow. Those things are called FORCES. Through hands on experiments and observation, we will discover the rate at which different items fall to the ground and the force that affects the fall. We will make predictions and notice how our bodies use gravity with our own 2 legs! We'll discover the force that helps keeps paper airplanes in the sky and our feet on the ground!

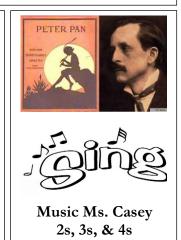




#### Mrs. Stevens Reports:

This month in Creative Movement, the children will jump, swim, gallop, splash, and sit down to the song I Feel So Crazy So I Sit in the Soup. They will swirl, twirl, spin, and gallop to the song Snowflakes Falling Down. This month the parachute will be introduced for the first time this school year. The parachute strengthens muscles in the shoulders, arms, and hands. Parachute play encourages teamwork and listening skills plus it is lots of FUN!!!

**Ms. Casey Sings:** We've had an excellent return to singing classes in January with everyone 'rocking around the clock' to ring in the New Year. Mother Nature's indecisiveness hasn't prevented us from creating a musical winter wonderland with songs exploring the versatility of snow. January also gave us an opportunity to remember Dr. Martin Luther King's legacy of love and kindness through song, and how these values can live on in us. The four-year-olds in particular embrace these ideas with sincerity and a determination to put them into action! The threes are newly inspired after their brilliant performance over the holidays. They share a new found attentiveness to unfamiliar songs (thanks also to the fact that they're growing SO fast!) Our two-year-olds are in full dance party mode having fully adjusted to the cadence of school some of them boldly making song requests! In January we also welcomed our littlest bear cubs to school. As can be expected with such young children, this wandering minstrel was met with everything from full on song to healthy skepticism – but no tears! Small miracles. We all have our individual seasons and I excitedly await watching the children grow over the months to come. "If you cannot teach me to fly, teach me to sing." – J.M. Barrie





Spanish 3s &4s

#### Sra. Cardoni Shares:

In Spanish we finished up our lesson on our body (cuerpo). We have learned Spanish words for our body parts and can sing "Head, Shoulders, Knees and Toes" in Spanish (Cabeza, Hombros, Piernas, Pies) and dance the Hokey Pokey! We read <u>De la Cabeza a los Pies (From Head to Feet)</u> the Eric Carle book translated into Spanish. In the 4s'cClasses, the children are learning to speak in complete sentences answering questions about how many arms/fingers/eyes/etc. they have, their names and how olds they are. In February we will be learning about feelings (sentimentos). The children will be singing "If You're Happy and You Know It" in Spanish but changing the words a bit to sing if you're happy (feliz)-clap (aplaude), if you're mad (enojado)-stomp (marcha), if you're sad (triste)-cry (llora) and if you're silly (tonto)-shout (grita). We will be reading <u>Asi Me Siento Yo (The Way that I Feel)</u> by Janan Cain, a lovely rhyming book about feelings and <u>Como Dicen "Estoy Enojado" Los Dinosaurios? How Do Dinosaurs Say "I'm Mad"</u> by Jane Yolen. We continue to review all of the words we've learned and are amassing quite a vocabulary!