

January 2025

LUNCH MENU

The Girls School Austin

GF – Gluten Free DF – Dairy Free V – Vegetarian EF– Egg free				
2	3	4	5	3
6	7	8	9	10
<p>No Haute Lunch</p>	<p>Beef Tacos DF EF Cilantro Rice GF DF EF V Beans GF DF EF V Fruit *Veggie Taco *Taco Salad Turkey & Cheese Bento</p>	<p>Pork Lo Mein DF EF Broccoli GF DF EF V Fruit *Tofu *Asian Chicken Salad *Chicken Salad Bento</p>	<p>Chicken & Dumplings Peas GF DF EF V Fruit *Chickn' Veggie Buddha Bowl Ham & Cheese Bento</p>	<p>Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Cobb Salad *Sunbutter Bento</p>
13	14	15	16	17
<p>Broccoli, Cheese, Rice Casserole GF EF V Fruit *Caesar Egg Salad Bento</p>	<p>Chicken Tortilla Soup GFEF Roasted Vegetables GF DF EF V Fruit *Veggie Tortilla Soup *Taco Salad Roast Beef Bento</p>	<p>Turkey Meatloaf DF Mashed Potatoes GF EF V Peas GF DF EF V Fruit *Green Goddess *Turkey & Cheese Bento</p>	<p>Pasta & Meatballs GF DF EF Green Beans DF V GF EF Fruit *Veggie balls *Italian Mista *Italian Sub Bento</p>	<p>Pulled pork sliders Coleslaw Tater Tots GF DF EF V *Spinach Salad</p>
20	21	22	23	24
<p>MLK Day!!! No Haute Lunch</p>	<p>Soft Chicken Tacos DF EF Corn Salad GF DF V EF Fruit *Chickn' *Taco Salad Turkey & Cheese Bento</p>	<p>Hot Italian Beef Veggie Straws GF DF EF V fruit *Hot Italian Mushroom *Italian Mista *Ham & Cheese Bento</p>	<p>Turkey Chili GF DF V EF Cornbread Veggies DF V EF Fruit *Veggie Chili *Cobb Salad *Tomato Basil Mozzarella</p>	<p>Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit *Caesar Salad *Sunbutter Bento</p>
27	28	29	30	31
<p>Beef Stew DF EF Cornbread DF V Fruit *Tofu *Green Goddess Turkey & Cheese Bento</p>	<p>Cheese Enchiladas GF V Rice & V+Beans GF DF EF V Taco Salad Roast Beef Bento</p>	<p>Chicken Pot Pie Veggies GF DF EF V Fruit *Veggie Pot Pie *Greek Salad *Ham & Cheese Bento</p>	<p>Turkey Cubanos EF V plantanos GF DF V EF veggies GF DF V EF Fruit *Tofurkey *Spinach Salad</p>	<p>Teriyaki Pork DF Stir Fry Veggie GF DF V EF Rice GF DF V EF Fruit *veggie *Chicken Chinese Salad *BLT Bento</p>