

What's happening

Thursday

■ **Davis Little League registration opens** for the spring season. Little League is open to boys and girls ages 4-14 (based on player's age as of April 30, 2013). DLL has levels from Tee-ball to Juniors and serves nearly 1,000 Davis players each season. Register at <http://davislittleleague.org/index.php>: Costs are \$100 for Tee-ball; \$155 for Farm ball, AA, AAA, and Majors; and \$250 for Juniors. Late fees apply on and after Jan. 1, so register now.

Friday

■ The deadline for entries in the "Through the Lens of a Teen" photo contest has been extended. Photos need to be submitted by 5 p.m. to the Community Services Office, 600 A St., Suite C. Visit <http://www.davisteenscene.org> or call 530-757-5626 for more information and entry forms. Email Christine Foster at cfoster@cityofdavis.org with specific questions or concerns.

Saturday

■ **Join Girl Scout Troop 1765 at the Davis Food Co-op**, 620 G St., from 1 to 4 p.m. as they make a Tree of Hope to donate to the Albie Carson Breast Cancer Foundation. Girl Scouts and other community members participating in the free, drop-in workshop will make jewelry and wearable art to hang on the tree, which will be displayed at Outdoor Davis, 623 Second St., during November.

Sunday

■ **Enjoy an afternoon of wine tasting, food and music at Uncork for Music**, an event sponsored by Davis High School's Advanced Treble Choir. The event will be at the Pence Gallery, 212 D St., from 3 to 5 p.m. Live music will be provided by DHS' ATC, and there will be a silent auction benefitting the choir's music enrichment program and their upcoming tour to Boston and Canada. Guests can view the Pence Gallery's exhibit of "Malaquias Montoya: Women That I Have Encountered." Tickets are available in advance for \$20 from ATC members or at Watermelon Music, 207 E St. prior to the event. Tickets may be purchased at the door for \$25. For more information about Uncork for Music, contact Lisa at slabachs@yahoo.com.

Street Smarts poster contest under way

ENTERPRISE STAFF

The city of Davis Street Smarts program invites children in grades K-6 to design a traffic safety poster for the annual Street Smarts Traffic Safety Poster Contest. New this year: Winning artwork will be featured on special-edition Street Smarts bookmarks that will be available at downtown Davis stores, as well as schools and libraries.

There also will be the usual prizes for the best entries, and all entered artwork will be displayed at a Street Smarts Art Show at the Davis Art Center, Dec. 7-15.

Prizes will be awarded in two age groups: grades K-3 and 4-6.

Find rules, tips and judging criteria and download an entry form at www.street-smarts.cityofdavis.org.

Submissions should be no larger than 11-by-17-inches. Entries should be mailed or delivered to the city of Davis Public Works Department, City Hall, 23 Russell Blvd., by 5 p.m. Wednesday, Nov. 14.

For more information and to find out the themes, contact the street smarts coordinator at rhartsough@cityofdavis.org or 530-757-5640.

Helping the 'kneady'

Learn. Bake. Share.

By Anne Ternus-Bellamy
ENTERPRISE STAFF WRITER

Learn how to make bread. Go home and bake some. Then share it with your family and community.

That's the motto and purpose of the life skills program that Vermont-based King Arthur Flour has been bringing into elementary schools for the past 20 years. Last week, it was instructor Pam Jensen who brought the program to fourth-, fifth- and sixth-graders at Birch Lane Elementary School.

Alongside student assistants Megan Abbanat and Maya Parker — both sixth-graders at Birch Lane — Jensen taught a multipurpose room full of kids how bread is made from scratch.

They mixed together the water, flour and other ingredients, kneaded the dough, and left it to rise. Later, they learned how to cut and shape the dough to make bread loaves, cinnamon rolls and even pizza.

Along the way they practiced their math skills, followed a recipe and learned the science behind rising dough.

Megan learned how to braid dough to make an attractive-looking loaf, while Maya practiced the art of tossing pizza



Birch Lane sixth-grader Megan Abbanat, above, right, cuts the dough she and fellow Davis student Maya Parker mixed up during last week's King Arthur Flour life skills assembly at their school. Maya, right, said her favorite part of the workshop was learning how to toss pizza dough.

dough — her favorite part of the morning.

At the end of the day, all of the students went home with a bag full of flour, yeast and other ingredients, as well as instructions, so each could bake two loaves of bread — one to share with family and another that will be donated to Davis Community Meals, which serves three meals a week at the Episcopal Church of St. Martin in Davis.

Teacher Amy George, who organized the event, reminded the students that "it's your job to do this — not your parent's, not your grandparent's."

"This is something you are going to do using your own hands, your own time, to help people," George said. "A lot

Making cinnamon rolls helped the kids get into the spirit of baking.



who don't have as many resources as the rest of us," she told students. "Not everyone can provide enough food for themselves, and the bread you all are baking is going to go to

Jen Danzer, case manager at Davis Community Meals, tells Birch Lane Elementary School students about the community meal program and thanks them for being willing to make bread to serve at the meals.

the people at our meals and who we provide shelter for.

"We have a lot of volunteers," she added, "and now you guys are volunteers, too."

Danzer said she doesn't recall children ever baking bread for the program before, adding, "this is a really fun project and it gets the kids involved in the community."

They join the legion of young bakers that King Arthur has inspired over the 20 years its life skills program has been around. Jensen, who has been an instructor for two years, recently returned to a school in San Francisco that she first visited two years ago and learned that some of the children she taught bread-making skills to back then were still regularly baking bread.

"I hope there's somebody in this room who wants to make bread of the rest of their lives," she said of the students.

Learn more about King Arthur's life skills program at www.kingarthurfLOUR.com/baking/life-skills-baking.html.

— Reach Anne Ternus-Bellamy at aternus@davisenterprise.net or 530-747-8051. Follow her on Twitter at @ATernusBellamy

Time for the college application season rally cry

Everywhere I go these days, I see acute signs of "application-itis." You may have noticed the symptoms in many high school seniors and their families ... that fatigued, overwhelmed look of heightened stress that students — and parents — suffer while in the midst of the college application process. There's a common panic in their voices. Their main concern? How to survive this college application season and make sure they get into a college they want to attend.

I admit it can be a worrisome condition, but as is the case with many unpleasant situations, a healthy dose of useful information and some perseverance is key.

To stave off application-itis, students need to know the requirements and deadlines for the colleges to which they are applying; then, just get those applications done!

I say "students" because it is crucial that high school seniors take ownership of their application process, and not rely on Mom and Dad. Not only is this the best way to ensure an outcome that is a good fit, but it's good practice for how to be a successful college freshman.

So, high school seniors, here's the rally cry ... Muscle through this application season and achieve your college goals! Parents of high school seniors, here's your rally cry ... Let your children lead the way through this process.

Meet the four main types of college applications

First, it's important to be familiar with the four main types of applications you might face this season.

■ **California community colleges:** Grades and test scores do not determine eligibility; no essay is required. Apply online to most campuses at www.cccapply.org. There is no application fee.

■ **California State University:** There is essentially one application to fill out online at www.csumentor.edu; once there, check off all campuses to which you want to apply. Input classes taken and test scores; there is no essay or letters of recommendation. Application fee is \$55 per campus.

■ **The University of California:** This is a

comprehensive application. Fill it out online at www.universityofcalifornia.edu and indicate each campus to which you want to apply. List classes taken, test scores, activities and awards. Two SAT subject tests are "recommended," which means take them if possible. The two short essays have a combined 1,000-word maximum. Application fee is \$70 per campus.

■ **Private and out-of-state schools:** Many of these schools (about 400) use the Common Application at www.commonapp.org. It requires the same details as the UC's application, along with two letters of recommendation and a different essay. Most schools have "supplemental forms" that must be completed as well. Application fees vary by schools.

Deadlines vary. (See box). Fee waivers for application costs are available to students who qualify.

Tips to survive "Application-itis"

Now that you have a sense of what's expected for the different types of applications, here are some tips to help you be more effective:

■ Set up a college email account. Check often so you don't miss deadlines. Colleges do not look favorably on students who miss deadlines.

■ Create accounts at online application sites. Start early. Have on hand a copy of high school transcripts, test score results, social security numbers (as appropriate) and a figure for family income.

■ Make sure to enter everything correctly! Have someone else double-check before submitting it. Mistakes can cause disquali-



Application deadlines

California community colleges: Check individual schools for exact dates. Usually apply February of senior year

CSUs: Due Oct. 1 through Nov. 30

UCs: Due Oct. 1 through Nov. 30

Private schools and out-of-state colleges: Depends, but most are due by mid-January

fication or admissions offers being rescinded. Once you hit submit, you cannot change a thing.

■ Submit early! Do not take the chance that the system could have problems and you are unable to submit on time.

■ Check schools' websites to make sure your choice for a major isn't impacted. Engineering often is impacted.

■ For UC essays, answer the questions and get to the point. Tell them details and facts about yourself that aren't in the rest of your application. Here's a good overview of what to do: <http://admissions.sa.ucsb.edu/Pdf/PersonalStatement.pdf>. Use the "Additional Comments Box" on the UC application if you need to explain an extenuating circumstance such as a not-so-stellar grade.

■ For common application essays, make sure your unique voice shows through; it should not come across as a résumé. Use specific examples and descriptive words. Get the attention of the admissions officer who may have read 50 essays that day. A helpful book for essay writing is "Do-It Write," by G. Gary Ripple.

■ For letters of recommendation, ask teachers from core subjects ... the more recent the teacher the better.

■ Keep a hard copy of everything you submit.

■ Be honest. Do the application yourself; colleges can detect adult involvement.

Stay strong and enjoy applying yourself during this application season. Take heart and remember there is a college out there for everyone! Good luck to all.

— Jennifer Borenstein is an independent college adviser in Davis and owner of The Right College For You. Her column is published on the last Tuesday of the month. She lives in Davis with her family. Reach her at jenniferborenstein@therightcollegeforyou.org, or visit www.therightcollegeforyou.org.