



THE UNRECABLES

NEWS

THE UNRECABLES • MEMBER CHAPTER OF MOVE UNITED

FALL ISSUE

OFFICIAL PUBLICATION OF
THE UNRECABLES

OCTOBER-DECEMBER 2024

GIVING THANKS TO OUR VOLUNTEERS & DONORS

PRESIDENT'S MESSAGE AMANDA DAVIS



Fall is fast approaching and that means time for giving thanks!! The Unrecables has been growing thanks to the efforts of **John Gray** and many of our other members. We are a service organization. If you have friends, family members that you feel could benefit from the services that our club provides, please have them reach out to any of our Board members to assist with getting them involved. Who knows...we might have to get a bigger condo for our Saturday evening dinners!

Big thanks to the **Darvish family** for their donation of a new bi-ski. It has been affectionately named "Dr. Bob's Wild Ride". We anticipate tons of fun to be had on the mountain in that new ski!!

Thank you for all the financial donations we have received this last year. Keep 'em coming.

We give a **BIG THANK YOU** to our friends at Mammoth Mountain for the incredible support for our club. We couldn't do what we do without them.

In the words for **John Gray**... "Think Snow". I look forward to seeing as many of you this ski season! ♦



A memorable May in Mammoth.

The Unrecables 2024-25 Ski Trips

- Nov 15-17 (*conditions permitting*)
- Dec 13-15 (*conditions permitting*)
- Jan 24-26
- Feb 21-23
- Mar 14-16
- Apr 11-13
- May 9-11
- June 6-8 (*conditions permitting*)

Contact Victor Chan

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2024-25 SKI SEASON PREVIEW
VICTOR CHAN



Hello again Unrecables Family! Summer sure heated up and for most people the frozen white stuff was far from their minds. I guess we're not most people. I was taking care of getting people's input on finalizing and then having Mammoth approve our dates for next season. I contacted Central Reservations to book some popular condos for our dates for most of the season. A pleasant surprise was that the condo costs are actually the same or even a bit better than last season!

Our weekends for this year are:

- Nov 15-17, 2024 (*conditions permitting*)
- Dec 13-15, 2024 (*conditions permitting; Mammoth "Night of Lights"*)
- Jan 24-26, 2025
- Feb 21-23
- Mar 14-16
- Apr 11-13

- May 9-11
- June 6-8 (conditions permitting)

There have been some minor changes to the volunteer and student information forms so please read them carefully. Once again this season you only need to fill out the info form once, but should let me know if there are changes during the season. **Hannah Nishimoto** is easing her way out of the Equipment Manager and waiver patrol roles, so **Bob Hayes** and I are giving it our best shot to take over those tasks so send those waivers to me this season.

The end of summer potluck party is scheduled for October 6th starting at 4:00pm. **Gordon Cardona** is our awesome host this time. Info and potluck sign up:

[https://www.signupgenius.com/go/20F0845ACAE29A75-51077906-unrecables# /](https://www.signupgenius.com/go/20F0845ACAE29A75-51077906-unrecables#/)

Hope to see you all there! ♦

Victor

CALENDAR OF EVENTS

October

- 6 Club Party
- 8 Social on Zoom @ 6:30p

November

- 12 Social on Zoom @ 6:30p
- 15-17 Instructors' trip—Mammoth

December

- 6-8 Ski Dazzle
- 9 Social on Zoom @ 6:30p
- 13-15 Mammoth trip

January

- 14 Social on Zoom @ 6:30p
- 24-26 Mammoth trip

February

- 11 Social on Zoom @ 6:30p
- 21-23 Mammoth trip

March

- 11 Social on Zoom @ 6:30p
- 14-16 Mammoth trip

April

- 8 Social on Zoom @ 6:30p
- 11-13 Mammoth trip

May

- 9-11 Mammoth trip
- 13 Social on Zoom @ 6:30p

June

- 6-8 Mammoth trip
- 13 Annual Meeting @ 6:30p

Ski Dazzle®
Winter Expo & Sale
DECEMBER 6, 7 & 8, 2024
LOS ANGELES CONVENTION CENTER

Sunshine

Michelle McCarthy & Family
*Robert, beloved husband & father,
passed July 23, 2024*

Jennifer Nerad & Family
*loss of her nephew-in-law,
friend's husband, Aunt Jo,
& neighbor in August*

Kenny & Victor Chan & Family
beloved mother passed August 5, 2024

Will Chung & Family
beloved father on hospice



FWSA has some exciting trips to Canada this coming year. Any member of The Unrecables is eligi-

ble to sign up for any of these trips. I used to organize some Unrecables trips with LAC/FWSA trips. If anybody in the club is interested, you might think about organizing a group of us.

January 25-February 1, 2025 Banff, Canada

There will be a Welcome Party, Picnic at Lake Louise Resort, Farewell Banquet, fun team ski races, and additional parties sponsored by the ski councils. Check the FWSA.org website for information about this trip.

March 23-28, 2025 Big White, Canada

This is a 5-day ski trip staying at The Inn at Big White. It is western Canada's largest night skiing resort. The trip package includes 5-nights lodging, Welcome Breakfast, and Farewell Dinner. Activities include a tube park, snowmobile tours, ice skating, dog sledding, horse-drawn sleigh rides, and cross-country skiing.

September 9-19, 2025 Fall Foliage Cruise on the Majestic Princess

This 10-night cruise starts in Quebec, Canada with stops in Saguenay, Charlottetown, Sydney, Halifax, and Saint John, Canada, and Portland, Maine before docking in Boston.

92nd Annual FWSA Convention June 12-15, 2025

Riviera Resort & Spa in Palm Springs (formerly Margaritaville Resort) The convention will be hosted by Orange Council of Ski Clubs, with volunteer assistance from other councils. There will be some exciting activities, including the aerial tram at Mt. San Jacinto State Park, a fun-filled Pub Crawl throughout downtown Palm Springs, a Spa Day at the resort, and the 18th Annual Michael German Memorial Golf Tournament. The 39th Annual Silent Auction & Trade Show will be held on Friday night, and the Awards Banquet on Saturday night.

The Paralympics in Paris were phenomenal! Hope many of you watched. Maybe there is a way for us, The Unrecables, to get involved in 2028? Participate or volunteer? Our own member **Laura Goodkind** has been competing internationally. Maybe she will be our Paralympian in 2028? Anybody else interested?

Ezra Frech of LA won 2 GOLD MEDALS in the high jump and the 100-meter. He and his father **Clayton Frech** founded Angel City Sports in 2013. He is a motivational speaker and disability advocate. Check him out online.

LAC President **Sandy Blackwell** reports LA Council has a new club: Arriba, which is an LTGB+ club.

Our friends, Century City Ski Club, always invite Unrecables to their events. You can find their ski trip dates on their website ccscsports.org.

Next LAC Zoom meeting is planned for October 7th at 7:00pm. ♦

Sigrid



LA COUNCIL 2024-25 BOARD OF DIRECTORS

Sandy Blackwell, President
Sandra Knapp, Secretary
Norbert Knapp, Treasurer
Gena Lighthouse, VP Membership
Iris Williams, VP Programs
Laura Preiss, VP Travel
Herb Daerendinger, VP Comm.
David Krupp, Past President

THE UNRECABLES STORE NOW OPEN

There are over 35 products to choose from. All profits (100%) from the items sold go directly to The Unrecables fund for continuing our mission to provide exciting and meaningful snow sports experiences on the slopes of Mammoth Mountain for individuals with disabilities. We continue to offer these services with no charge to the student for ski equipment, instruction, and lift tickets. The link to The Unrecables Store can be found on our Home page, unrecables.org. ♦

MEMBERSHIP MATTERS
JOHN GRAY



Unrecables Family: The 2024 - 25 Winter ski/snowboard season is upon us. We have high hopes for a great season of snow at Mammoth – starting early and ending late. Please join us for a weekend of fun, laughs, and adventure at Mammoth Mountain. We welcome all levels of students, volunteers, and experienced instructors. For more details about our trips this season, please go to Trips (unrecables.org).

Help us provide an exceptional experience this season for our adaptive skiers and snowboarders who are eager to get outside and race down the slopes of Mammoth Mountain. Please send in your MEMBERSHIP DUES and any additional DONATION you feel is appropriate to help us continue in support of our mission: “to promote adaptive sports (ex: skiing and snowboarding Mammoth Mountain), and encourage people with disabilities to participate in sports, recreational and social activities in their communities”.

To renew your membership, donate, or to become a member for the first time, please visit us at Membership (unrecables.org). If you are unable to join us on the slopes this upcoming season, we would still appreciate your membership dues.

We appreciate your participation and support!

Please contact our Membership Director, **John Gray**, with any questions: jgray@san.rr.com. ♦

John

BENEFITS OF MEMBERSHIP

- Four issues of the club newsletter (quarterly)
- Priority on all trips and activities
- Members do not pay any trip fees for ski trips to Mammoth
- Assistant instructors can ski/snowboard 1.5 days, per trip, for FREE.
- Students: No fees for the lifts, ski equipment or professional instruction
- Exclusive invitations to our parties and special events
- Members are invited to attend our Board and Social Meetings
- Eligible to run for office
- May assist with organizing trips and activities
- Your dues help us to continue to offer these FREE services.
- Gives you that really good feeling that you are doing the right thing!

We appreciate your Participation and Support

Membership categories:

Individual	\$40
Individual Lifetime	\$320
Family	\$60
Family Lifetime	\$480
Corp/Organization	\$50/year or \$200/five years

SUPPORT THE UNRECABLES AND SHOP RALPHS!

RE-REGISTER YOUR RALPHS CARD

1. Go to www.RALPHS.com
2. Scroll to bottom of the Home page.
3. Click “Kroger Community Rewards” under Community Contribution.
4. Click Link your Shopper’s Card.
5. Fill in your info (NPO # WY343).
6. Watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

Thank you for your support!

Contact Sigrid Noack
sigski@gmail.com



November 2, 2024 from 9am-4pm

Brookside Park (by the Rose Bowl)
360 N Arroyo Blvd, Pasadena

Who can play: Everyone can play! It’s all-inclusive FUN for the whole family.

Equipment: We will have everything you need to play.

Register:

<https://www.eventbrite.com/e/adaptive-sports-festival-2024-registration-942813499557?aff=oddtcreator>

Youth Camp: Interested in our Youth Camp at our Pasadena Adaptive Sports Festival? You will get a free tshirt, a chaperoned tour of the event, designated time to play each sport, and have lots of FUN. If you are under the age of 16, use a wheelchair (or have a mobility impairment) and want to experience our event with other kids and families.

Sponsors: Triumph Foundation is looking for sponsors to support this amazing event. Opportunities for booth in resource fair.

T-Shirts: First 25 participants with disabilities to arrive and register will receive a FREE event T-shirt.

Lunch will be provided to all adaptive athletes, if you have special dietary restrictions please bring your own.

Contact: info@triumphfoundation.org

The Unrecables Clothing & Merchandise Store



The Unrecables Merchandise and Clothing Store is now open! There are 38 products to choose from. All the profits (100%) from the items sold go directly to The Unrecables fund for continuing our mission to provide exciting and meaningful snow sports experiences on the slopes of Mammoth Mountain for individuals with a physical disability. We continue to offer these services with no charge to the student for ski equipment, ski instruction, and lift tickets. The link to The Unrecables Store can be found on our homepage (www.unrecables.org).

ANNUAL SKI TRIP

2025 Far West Ski Association

BANFF • LAKE LOUISE • SUNSHINE

JAN 25 THRU 2025 FEB 1



FWSA ANNUAL SKI TRIP

Trip leader: Laura Priess

We're going to Canada!! Sign up and relax, your club takes care of everything.

Price includes:

- 7 nights lodging
- Welcome reception
- Council dinner
- GS race and Council challenge
- Banquet dinner & dance
- Council apres events and much more

Please select your accommodations

Caribou Lodge \$1,380 (Hotel rooms - QQ or King on request) (single supplement \$750.00)
 Mini fridge, hot water pot, and coffee pot. Breakfast included. Complimentary internet. Ski storage, full spa, swimming pool and hot tub. Complimentary bus pass to Downtown and ski resorts are available in front of hotel. Coin laundry in garage, no charge for parking.

Moose Lodge \$2,030.00 (king or QQ, mini suite w/efficiency kitchen) (single supplement \$1,400)
 Mini fridge, hot water pot, and coffee pot, microwave, toaster and dishes. Breakfast included
 Complimentary internet. Ski storage, full spa available (not included in room rate), swimming pool and hot tub. No charge for parking.
 Complimentary bus to ski resorts is available in front of hotel.

NOTICE

Bring your passport - it **MUST** be valid for at least six (6) months after January 25, 2025*

*Under Canadian Law, if you have a felony or a criminal record, or DUI, you cannot legally enter Canada. We are not responsible for any costs incurred to you if you are not allowed to enter Canada or complete this trip for this reason. See www.canadianembassy.org for more information.

Trip insurance is highly recommended

Payment Schedule

Make check payable to LA Council of Ski Clubs • Send to: PO Box 10266, Glendale, CA 91209
 Deposit at signup: \$700
 Second payment by Aug 1, 2024: Balance before air & ground payment
 Third payment Oct 1, 2024: Air and ground payment. FWSA will be arranging air into Calgary and ground transportation into Banff at an additional cost.

Cancellation Policy: Before August 26, 2024, participants may be refunded most of their trip purchases. Refunds not given for trip insurance fees, credit card fees, IKON pass purchase, or non-refundable deposits paid to travel vendors. After August 26, 2024, participants may receive most of their trip purchase if suitable replacement is found to fill canceled portion of the participant's trip. Refunds not given for trip insurance fees, IKON pass purchase, credit card fees or non-refundable payments or deposits paid to vendor. Air/ground transportation not transferable to replacement participant. Cancellation without replacement, participant responsible for single supplement fee plus any non-refundable fees.

Lift Tickets

5-day adult \$539 5-day Senior \$446
 6-day adult \$652 5-day senior \$527

\$50 Off trip package when buying your IKON pass from Skigroup.net. They will have a separate online site for IKON passes available in March

For more information: 📞 Laura Priess (818) 800-3166 e-mail: buffyNzoom@aol.com

Legal Name: _____ Name for your badge _____
You must use the exact name that appears on your passport! FWSA/LAC is NOT responsible for discrepancies between the name on your I.D. and name on your airline ticket.

Name of your ski club or FWSA direct member # _____

Address: _____ City: _____

State: _____ Zip Code _____ Phone #: _____ email: _____

Roommate Preference: _____ Lodging choice _____ QQ or King (not guaranteed)

Do you need lift tickets yes no • Single supplement yes no • Do you want FWSA ground and air yes no

"The Voice of the Western Skier"



92nd Annual
**Far West Ski Association
Convention**

June 12 - 15, 2025

at

Margaritaville Resort

1600 N. Indian Canyon Drive
Palm Springs, CA 92262



Hosted by the *Orange Council of Ski Clubs*

Margaritaville Resort

1600 N. Indian Canyon Drive, Palm Springs, CA 92262

Reservations:

Call **760-327-8311**; Group Name: **Far West Ski Association**.

Room Rates per night plus tax, single or double occupancy —
\$169 per night

Room Registration Deadline: May 19, 2025

Hotel Features

- Fins Up Fitness Center
- St. Somewhere Spa
- Joe Merchants Coffee and sundries
- JWB Grill
- 5 O'Clock Somewhere Pool Bar
- Tropics Lounge
- Lone Palm Pool

Transportation

- Air transportation via Palm Springs International Airport (4 minutes away)
- Transportation to the airport is available by rental car, Uber, or Lyft.

Convention Highlights

- Silent Auction & Trade Show
- Guest Speakers
- Snowsports Leadership Academy
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- **Thursday**
 - 28th Annual Pub Crawl
- **Friday**
 - 18th Annual Michael German Memorial Golf Tournament
 - Pool Party
 - Club Happy Hour

Debbi Kor
Co-Convention Chair
fwsadebbi@comcast.net
or 503-314-7078

Jane Wyckoff
Co-Convention Chair
fwsajane@gmail.com
or 949-933-9607

Barbara Razo
Silent Auction Chairperson
SilentAuction@fwsa.org
or 714-401-7341

Sheila Van Guilder
Host Council Convention
Coordinator
svanguil@yahoo.com
or 714-656-6032

A portion of the Silent Auction proceeds will benefit: TBA.

www.fwsa.org

"The Voice of the Western Skier"



FAR WEST SKI ASSOCIATION MINI SKI TRIP **March 23—28, 2025**

Big White, Canada

\$745

TRIP PACKAGE

*Based on double occupancy. Single supplement pricing is available.
Price does NOT include air, transfer, or lift tickets.*

*Sign up by October 1st and you will get a discount on your trip price.
Early Bird discount expires October 2, 2024*

*Trip Insurance is highly recommended to protect your trip costs
should you need to cancel.*

The Inn at Big White features an outdoor heated pool, hot tub, games room, fitness center, 24-hour Front Desk, complimentary WIFI, heated underground parking, and ski locker storage. Rooms include mini-refrigerator, microwave, and induction cooker. Units have 1 Queen bed and 1 Queen Murphy bed.

Included:

Five Night's Lodging
Welcome Breakfast
Farewell Dinner

Optional for Purchase:

3-day Adult Lift Ticket-- \$311
3-day Senior Lift Ticket--\$301
4-day Adult Lift Ticket-- \$398
4-day Senior Lift Ticket--\$333

Discounted Equipment Rental

Optional Activities:

- Tube Park
- Ice Skating
- Ice Climbing
- Sleigh Ride Dinners
- Snowshoe Tours
- Dog Sled Tours
- Free Mountain Tours
- Snowmobile Tours
- Horse Drawn Sleigh Rides
- Day Spas

Contact: Nancy Ellis – 530-414-8261 – FWSAtravelnancy@sbcglobal.net

Information & Online Signup: <http://fwsaminiBW.sat.tours>

FWSA CST #2036983-40



THE UNRECABLES

MEMBERSHIP APPLICATION

Name _____ Date _____

Family Members _____ Mobile _____

Address _____ Phone (home) _____

City, State, Zip _____ E-mail _____

Name & DOB _____ Name & DOB _____

Disability _____

Medical Equipment (i.e., wheelchair) _____

Medications _____ Dosage _____ Allergies _____

Physician's Name _____ Phone _____

Address _____ City, State, Zip _____

Emergency Name _____ Emerg Ph _____ Relation _____

Healthcare Insurance Co. _____ Healthcare I.D. No. (i.e., Medicare/Kaiser) _____

Are you a U.S. Veteran? Yes No Military Branch & Years _____

Describe any medical conditions limiting your participation in strenuous activities (i.e., heart condition, seizure disorder, etc.):

What sport or activity could you teach/lead/assist? _____

Are you interested in serving on any of the following committees? (Check all that apply)

_____ Publicity/PR _____ Winter Trips _____ Equipment _____ Transportation

_____ Fundraising _____ Social Programs _____ Newsletter/Web site/Social Media

**Read & Sign
the Waiver on back!**

I consent to adding my contact information to the Membership Directory that is distributed to members. Yes ___ No ___

ANNUAL MEMBERSHIP FEES	
<i>(includes memberships in Move United, LAC, FWSA)</i>	
_____ Individual \$40.00	_____ Family \$60.00
_____ Individual Lifetime \$320.00	_____ Family Lifetime \$480.00
_____ Organization (1 year) \$50.00	_____ Organization (5 years) \$200.00

Please pay your membership dues online at unrecables.org. Send this application, along with the signed Waiver and Release of Liability Agreement (attached), to our Membership Director John Gray at jcgray@san.rr.com. Please e-mail questions to our Membership Director.

Move United Waiver & Release of Liability Agreement

Move United, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. The purpose of this Move United Waiver & Release of Liability Agreement is to exempt, waive, and relieve Released Parties from any and all liability for any harm, wrongful death, personal injury, property damage, claim or cause of action, including, but not limited to liability arising from the negligence of Released Parties. “Released Parties” include Move United, Disabled Sports USA Los Angeles - The Unrecables, and their affiliates, successors, predecessors, parents, subsidiaries, owners, representatives, administrators, directors, officers, agents, coaches, employees, contractors, assigns, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

In consideration of the undersigned Participant being allowed to participate in any way in Move United and/or Disabled Sports USA Los Angeles - The Unrecables related events and activities, the Undersigned (“Undersigned” means the Participant or the Participant’s parent, legal guardian, or legal representative when the Participant is under the age of 18 or legally incapacitated) agrees and acknowledges as follows:

1. Risks of Activity. Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.

2. Risks of Participation. The Undersigned recognizes and understands that while Released Parties have undertaken reasonable steps to lessen the risk of transmission of communicable diseases, including but not limited to, COVID-19, in connection with participation in the activities, the Released Parties are not responsible in any manner for any risks related to communicable diseases in connection with Participant’s participation in the activities. Specifically, the Undersigned understands that COVID-19 is a highly contagious and dangerous disease, and that contact with the virus that causes COVID-19 may result in significant personal injury or death. The Undersigned is fully aware that participation in the activities carries with it certain inherent risks related to transmission of communicable diseases (“Inherent Risks”) that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying a communicable disease; (2) the risk of transmitting or contracting a communicable disease, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from communicable diseases or the treatment thereof. Further, the Undersigned understands that the risks of all communicable diseases are not fully understood, and that contact with, or transmission of, a communicable disease may result in risks to the Participant including but not limited to loss, personal injury, sickness, death, damage, and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks.

The Undersigned hereby voluntarily accepts and assumes all risk of loss, personal injury, sickness, death, damage, and expense for the Participant arising from such Inherent Risks. Furthermore, the Undersigned represents and warrants that Participant does not knowingly carry any communicable diseases that may be transmitted during participation in the activities.

3. Release and Indemnification. Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant’s participation in any Move United/Disabled Sports USA Los Angeles - The Unrecables events or activities or the Participant’s presence on or travel to the premises where such events or activities take place, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims, or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant’s participation in such events or activities or the Participant’s presence on or travel to the premises where such events or activities take place.

4. Helmet Use. Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant’s failure to use a helmet.

HAPPY BIRTHDAY!

OCTOBER

- 1 Ron Bass
- 13 Kathy Knott-Faris
- 17 Devin Riley
- 26 Fran Weber-Melville
- 27 Kim Vuong
- 30 Matt Horn
- 31 Christiane Kosger

NOVEMBER

- 3 Ann Page
- 6 Amanda Davis
- 7 Mike Trujillo
- 7 Kathy Paisley
- 9 Paula Nerniroff
- 10 Richard Wu
- 15 Maggie Riley
- 17 Allison Aries
- 25 Jennifer Nerad-Sultan
- 28 Scott England
- 30 Amanda Arsenault Fraenkel
- 30 Eric Lue



DECEMBER

- 1 Daniel Garcia
- 5 Debbie Beaudin
- 7 Glenda Phillips
- 9 Glenn Green
- 10 Diane Lenkin
- 19 J. Davis
- 27 John Melville

FWSA ANNUAL SKI WEEK 2025

Banff, Alberta, Canada
January 25-February 1, 2025

Contact: Laura Priess
LAC VP of Travel
Call: 818-800-3166
Email: rokcaracers@aol.com

THE UNRECABLES ADVISORY BOARD

Bob Darvish, M.D.

*Physical Medicine & Rehabilitation,
V.A. Medical Center, West L.A.*

Billy Kidd

*Olympic Silver Medalist
Director of Skiing, Steamboat Ski Resort*

Jon Halperin, MD

*Chief of Physiatry
Sharp Rees-Stealy in San Diego
Ski Patrol Snow Valley*

FWSA TRIPS

FWSA Annual Ski Week 2025

Banff, Alberta, Canada
January 25-February 1, 2025

FWSA Mini Ski Week 2025

Big White, BC, Canada
March 23-28, 2025

FWSA Cruise

Fall Foilage Cruise
Quebec City to Boston
Majestic Princess
September 9-18, 2025

FWSA Annual Ski Week 2026

Crested Butte, CO
January 24-31, 2026

International Ski & Snowboard Adventures

Tignes & Val d'Isere, France
March 1-8, 2025
Extension: March 8-14, 2025

Summer Ski Week 2025

Val Nevado, Chile with extension to the
Atacama Desert

Check out details at fwsa.org.

THE UNRECABLES 2024-25 BOARD OF DIRECTORS

Amanda Davis, President

*amanda.davis.home@cox.net
949-887-3690*

Richard Olmsted, Vice President

*olmstedrr@yahoo.com
805-368-7977*

Kenny Chan, Secretary

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858-382-8164*

Will Chung, Treasurer

*will90254@yahoo.com
310-562-5396*

John Gray, Membership Director

*jcgray@san.rr.com
858-740-8017*

APPOINTED BOARD MEMBERS

Soo Lee, Ski Director

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310-895-6274*

Victor Chan, Winter Trips Director

*vicjchan@juno.com
858-208-6088*

Bob Hayes, Equipment Manager

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Jessica Han, Public Relations Manager

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Sigrid Noack, Sunshine/LAC Rep

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310-499-8181*

Dee Armstrong, Webmaster

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323-605-3396*

Michelle McCarthy, Past President

*mvdpt@yahoo.com
310-795-5517*

Gordon Cardona, Communications Dir.

*gwcardona68@gmail.com
562-480-4398 (text)*

THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: DEC 2

Coming up in the next issue:

- Ski trips ... and much more

UNRECABLES SOCIALS ON ZOOM

2ND TUESDAY
MONTHLY
6:30 PM

Oct 8
Nov 12
Dec 10
Jan 14

*Check your e-mail or Facebook
for Zoom meeting link,
or e-mail
gwcardona68@gmail.com.*

SPECIAL THANKS

Victor Chan
Amanda Davis
John Gray
Sigrid Noack

Photos Courtesy

Victor Chan
Sigrid Noack

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CARDONA COMMUNICATIONS

Gordon W. Cardona
Publisher

gwcardona68@gmail.com

THE UNRECABLES MEETINGS

SOCIALS: Every second Tuesday monthly at 6:30pm on Zoom. Check your e-mail or Facebook for the Zoom link.

BOARD MEETINGS: Every second Tuesday monthly, following the Social on Zoom.

LA COUNCIL MEETINGS: First Monday quarterly at 7:00pm on Zoom. E-mail our LA Council Representative for Zoom meeting link. Everyone is welcome.

FAR WEST SKI ASSOCIATION SAFETY SLOGAN

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES.
FIRST WITH SAFETY AWARENESS

CONTACT THE UNRECABLES

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