

What can I do?

First and foremost participate in the program. If you have children, get them involved. Take them with you to the store and let them pick out the items that they would like to donate to a hungry child.

Volunteer

At your church, an organization or at a charity that collects and distributes food to the hungry.

Promote the program

At work, on your street, or in your neighborhood. Collect cans from coworkers or neighbors and deliver them to the nearest drop-off location or favorite charity.

Flyers are available for printing and distribution or email to friends, family, neighbors and coworkers.

Are promotional items available?

Banners, yard signs, and t-shirts, along with brochures and flyers for download or printing are available. Contact us or visit our website for more information.

Mission Statement

40 CANS FOR LENT[®] is a program given to us by God. Our mission is to fulfill God's will and put an end to hunger.

To that end, and through His compassion, grace and mercy, we will work tirelessly to promote His plan to people of all faiths and to those with no faith, so that all of His ministries may be united in His great cause.

Together we *Can* fight hunger!

I Can! You Can! We Can!

Contact us at:

40 CANS FOR LENT[®]

PO Box 602
Helotes, TX 78023

Phone: (210) 706-0379

Email: 40cans@gmail.com

Website: www.40cansforlent.org

 [www.facebook.com/pages/
40-CANS-for-LENT](http://www.facebook.com/pages/40-CANS-for-LENT)

 <http://twitter.com/40cans>

40 CANS FOR LENT

Because hunger has no season



What is 40 CANS FOR LENT®?

It is a program designed to help fight hunger. An opportunity to take a small sacrifice and turn it into a big difference in the lives of others.

40 CANS FOR LENT®

While Christian based, is entirely non-denominational. Christianity is not a requirement. The program is open to those of all beliefs and most especially to those with no belief. All that is required is the desire to help others.

The program is simple

Collect one can of food per day during the 40 days of Lent, which begins on Ash Wednesday, and then one extra can per person on Easter Sunday.

Drop off your cans at any time throughout the Season to **ANY** church, organization or charity that collects and distributes food to those in need.

Designated drop-off locations are preferred, but God doesn't care as long as it gets to the people that need it.

In the beginning ...

On September 25, 2010, Dennis Chaput woke up suddenly, needing food to raise his blood sugar. He got up, ate, and, while waiting for sleep to return, was given a vision from God. In this vision God outlined a plan to fight hunger around the world.

God told him...

As you prepare for Easter by sacrificing during Lent, remember the 40 days and nights that Christ spent in the desert, without food or water, praying and preparing for his sacrifice on behalf of mankind. During this Season, have each person donate one can of food each day.

God called His plan

40 CANS FOR LENT®

And then He asked Dennis "Will you feed my people?"

Dennis said, "YES".

Now God is asking you.

What will you say?

How can my church or organization help?

Encourage your members to participate and get involved not only as members of the organization but individually as well.

Be a Drop-Off Location

As donations come in they can be used to fill the organization's own pantry or forwarded on to the charities that are supported by the organization.

To help measure the success of the program, we ask, but do not require, that each church or organization track incoming donations as best they can.

We already do food drives

Wonderful! Don't change a thing. Simply accept donations along with those of your other programs and distribute them as you normally would. There is no requirement to promote the program as *40 CANS FOR LENT®*

Contact us to add your church or organization to our website as a drop-off location.