





AUGUST 2022

Activity Venues (Activity fees applied refer to current fees schedule)

-  Bowling, Tenpin City Lidcombe, 92 Parramatta Road, Lidcombe
-  Saturday afternoon at Belmore Senior Citizen Centre, Redman Parade Belmore
-  PCYC Auburn, Wyatt Park, Church Street, Lidcombe
-  Aerialize, 7-9 Close Street, Canterbury

WEEKDAY AFTERNOON PROGRAM

Monday	5:00pm to 6:00pm	Fitness Gym Class	PCYC Auburn
Friday	4:30pm to 5:30pm	Aerial Circus	Aerialize, Canterbury

WEEKEND PROGRAM

	Junior Group	Youth Group	
	Afternoon 3:00pm to 4:30/5:00pm	Morning	Afternoon 2:30pm to 4:00/4:30pm
06/08	Music Therapy by Christine 3:00-4:30	Tenpin Bowling 11am – 12:30pm	Art class at AFA Academy, 46 Edward St, Summer Hill 2:30-4:30
13/08	Fun with Music 3:00-4:30	Tenpin Bowling 11am – 12:30pm	Art class at AFA Academy, 46 Edward St, Summer Hill 2:30-4:30
20/08	Zumba with Norma 3:00-4:00 Taekwondo with Khon 4:00-5:00	Tenpin Bowling 11am – 12:30pm	Taekwondo with Khon 2:30-4:00
27/08	Exercise Physiology by Amelia 3:00-4:30	Tenpin Bowling 11am – 12:30pm	Chair Yoga / Pilates / Dance By Monica 2:30-4:00

The above programs may be changed without prior notice due to unforeseen reasons.