



# CHSUC ANNUAL REPORT



## COMMUNITY HEALTH SERVICES OF UNION COUNTY, INC.

### *CHS reaches Level 3 Accreditation*

#### STAFF

**Cindy Cole, RN:** Executive Director  
**Dr. Gwen M. Perkins:** Medical Director  
**Terry Boyle:** Administrative Assistant  
**Amy Barnes, RN:** Nurse Supervisor  
**Nicole Cunningham:** MS, RD, CDE  
**Yvonne Ortel, RN:** CDE  
**Brenda Hamilton:** Bookkeeper  
**Norris Pierce:** Projects Manager  
**Carol Baucom, RN**  
**Martha Sain, RN**

#### BOARD MEMBERS

**John Ballard,** Chairman  
**Maxine Wally,** Vice Chair  
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**Florence Miller**  
**Dr. Gwendolyn Perkins**  
**Katherine Rinehardt**  
**Jeanette Sherrod**  
**Mark Spence**  
**Clara Wiggins**

#### MESSAGE FROM THE EXECUTIVE DIRECTOR

Community Health Services is proud to announce Level 3 Accreditation by the NC Association of Free Clinics. Level 3, awarded in June 2013, indicates CHS consistently performs at an exceptional level and is a 5-year accreditation. This is quite an achievement for our small agency.

#### 2012/2013 Review

Staff: 2 full-time and 9 Contract

Community Clinics:	810
Health Fairs:	380
Flu Shots:	1814
Grocery Program:	504
Prescription Assistance:	120
Lab Program:	7
Diabetes Free Clinic:	1041
Diabetes Education:	550
Diabetes Seminars:	50
<u>Diabetes Supplies</u>	<u>1949</u>
<b>Total:</b>	<b>7225</b>

CHS is proud to have assisted 53,340 patients in the last 11 years. As we continue to work with diabetes-affected patients, we learn more and more about the effects it has on untreated citizens of Union County.

We have faced budget cuts, Affordable Care Act challenges, yet the free clinic remains a true "gem" in this community. We appreciate the help and support of the community, our volunteers and our funders. Together, we are making a difference in the lives of the uninsured in our community!

*Cindy Cole, RN*  
*Executive Director*

We're on the web: [www.chsuc.org](http://www.chsuc.org)

**MISSION STATEMENT**

TO IMPROVE THE LIVES OF UNION COUNTY RESIDENTS LIVING WITH DIABETES AND ITS RELATED COMPLICATIONS.

**Goals for 2014**

- Offer Union County's uninsured diabetic residents an appropriate plan of treatment
- Provide diabetes education to equip patients with tools to self-manage their disease
- Successful outcomes as a result of therapeutic lifestyle changes
- Develop long-term healthcare solutions through community collaborations

**Services:**

- Diabetes Free Clinic
- Offsite Labs
- In-house Screenings
- Community-based Clinics
- Diabetes Education
- Prescription Assistance
- Nutrition Classes
- Diabetes Awareness Seminars
- Diabetes Supplies
- Specialty Referrals
- Wellness Program (injections)
- Grocery Program

**Grant Funding and Donations provide:**

- Primary Physician Care
- In-home Glucose Testing Equipment and Supplies
- 30-day Prescription Assistance
- Education/Monitoring by a Certified Diabetes Educator
- Follow-up Screenings (Physician, CDE and Community Clinics)
- Diabetic Shoes
- Groceries
- Seasonal Vaccines

CHS continues to focus on diabetes and it's related complications. CHS Diabetes Program targets uninsured, unemployed, working poor (ages 18+) of Union County who are without insurance, Medicare or Medicaid and who have no physician. Eligibility guidelines require residency in Union County and annual income at or below 200% of Federal Poverty Guidelines. Union County has 5,581 unemployed residents out of a work force of 101,728 as of December, 2013 (NC Dept. of Commerce).

The most at-risk for developing diabetes are women, certain racial groups, obese individuals and the elderly. The US Center for Disease Control has identified a wide swath across 15 Southern states with diabetes rates as high as 11.3%, compared to 8.5% for the rest of the country. 30% of the risk of developing Type 2 diabetes is modifiable with routine healthcare, education, improved diet and more physical activity. The prevalence of diagnosed diabetes in adults ages 20-64 is 14.3%. The CHS Wellness program targets adults 18+ to identify pre-diabetic/diabetic patients and offers immunizations.

***We salute our volunteers***

- ◆ During 2013, 98 volunteers gave 3150 of their time to assist our clients.
- ◆ At the 2013 Volunteer Luncheon, Clara Wiggins was named Volunteer of the Year.
- ◆ CHS Volunteer Healthcare providers are shown at the right.



Community Health Services of Union County is grateful for the support we have received from local primary care providers, specialists and other medical professionals who provide services to our patients. In particular we would like to thank Dr. Gwendolyn Perkins, Dr. Roy Blank, Dr. Eric Ward, Dr. Howard Guthmann, Dr. Kevin Killian, Adriana Lever, PA, and other PA's, Kristene Diggins, FNP, Sherry Massey, FNP, RN's, MOA's, Solstas Labs, Sanofi and Novo Nordisk for the support they have provided in the past year. Partnerships like these are what make our CHS mission possible.

**CHS Revenue Sources 2012-2013**

Private Grants	\$ 43,409
Sisters of Mercy of NC	\$ 61,100
United Way	\$127,677
Donations & Contributions	\$ 15,258
Program Services Fees	\$ 66,237
Other Income/Bus/Gov.	\$ 4,491
<b>Total</b>	<b>\$318,172</b>