

Policy and Procedures for Team Advancement

Four criteria have been established to evaluate who will be invited to join the River Falls Gymnastics Club Competitive Team. This along with Training Team coach's rankings will help to determine which gymnasts are invited to Team.

Criteria 1: Is based off of the Training Team meets that the gymnast participated in during the current competitive season. Each event is entered into data base and compared to the other gymnast's scores and ranked according to scores.

Criteria 2: Is a skill evaluation done by at least two independent judges that are current or former officials with National High School Federation, USAG or MAGA. Skills are assessed with the following marks:

- X+ Proficient can be completed by themselves with good form=6
- X Proficient can be completed by themselves=5
- /+ Can sometimes complete by themselves with good form =4
- / Can sometimes complete by themselves=3
- S+ Can do skill with spot and good form=2
- S Can do skill with spot=1
- Cannot do skill or facilitated by coach=0

Criteria 3: Is an evaluation by Training Team coaches of the gymnast's performance in the gym during practice that takes into account a gymnast's effort and hard work. The student is rated by all Training Team coaches on a scale of 1-10 on four areas such as listening skills, following directions, being prepared for practice and making good use of gym time.

Criteria 4: Is an additional evaluation by Training Team coaches as to the overall readiness of each gymnast to progress to team.

All the above criteria are then entered in to the evaluation database and each gymnast is ranked according to scores of criteria 1-4. The Training Team coaches then rank the gymnasts in order of their preference of promotion to Team. This is then compared to evaluation data base to ensure that decisions by Training Team coaches are consistent with data base results.

Results are then communicated to Team coaches where invitations to Team are prepared and the decision of how many to invite to Team are determined. Rankings by database and Training Team coaches are given priority over Team coach's preferences.