

Summer Camp FAQs

Q. What are the times and days available for camp?

A. A camp day is 9:00 am – 3:00 pm. We do not offer a half day option at this time. Camp is offered Mondays through Fridays starting the week of June 28, 2021 and ending on Friday, August 20, 2021. You can sign up for single days or a full week. Make your own schedule!

Q. Do you offer early drop off or late pick up?

A. No, we do not. We do allow students to come in later than 9:00 am or get picked earlier than 3:00 pm if necessary. Please keep in mind that we do not discount the price of a day if that is ever the case.

Q. What is the cost of camp?

A. The cost of a single day is \$55 per participant. The cost of a full week (Monday – Friday) is \$250 per participant. We offer a 10% discount for siblings. Right now, we are offering a fabulous camp deal until **May 10, 2021**. Please make sure to check that out!

Q. Do you allow drop ins?

A. No. All camps must be paid for in advance so that we can be as prepared as possible on our end.

Q. What ages do you offer summer camp?

A. We offer camp for ages 3 and older. Campers must be potty-trained and able and willing to stay the day with us. As far as an age limit, we typically say that camp is appropriate for up to an 8th grader (age 13/14). For older students, the same applies. They must be willing to participate in all of the camp activities, including crafts and games.

Q. Do you accept both boys and girls?

A. Yes! Everyone is welcome.

Q. Do you require gymnastics experience?

A. No! We accept all levels of gymnastics experience from beginners to competitive team members. Our camps are what the child makes of them. Our instructors try to meet all students at their level, either skill or willingness. It is often a wonderful place to start a gymnastics career. A student will get to experience so much of what gymnastics has to offer. Many first-timers end up enrolling in classes after a camp experience. It could also be simply a place for a great workout!

Q. Do you separate the participants into groups?

A. Typically yes. Because we offer the opportunity to sign up for individual days of camp, our rosters are often different day to day. We try our best to make the groups based on ability and age if possible. We also understand that sometimes it is necessary for siblings/friends to be together. We do our best to make groups that will make the day as successful as possible.

Q. What is your student to instructor ratio?

A. Our typical ratio is 8:1. Some groups require lower ratios.

Q. What is the drop off procedure?

A. When you arrive at the gym, please park in the parking lot in front of the gym. One of our staff will meet you out at the car. At this time, they will take a quick temperature check of the camper(s) to make sure they are in range, and then they will come into the building. In the case of preschool campers, if you feel like it is necessary to escort them into the building, that is fine. We ask that you ready them for their camp day once inside the building and prepare to send them off by the time we are ready to start our day.

Q. What does pick up look like?

A. We ready the campers to go home around 3:00 pm. We will bring them to back entrance of our building with all of their belongings. Please park in our back parking lot while you wait. We will make sure all campers go where they are supposed to go.

If you will be having someone new pick up a camper, please give us a call to let us know.

We have been trying to limit the amount of traffic in and out of our facility for the past year. We do understand that this may not sit well with everyone and very much appreciate all who comply. We thank everyone for being understanding.

Q. What if I signed up for camp and my child is sick the day of or something comes up?

A. Please call us immediately so we can be prepared. If we are able to sneak you into a make-up day, we will gladly do so. Please do, however, keep in mind that we may not have room. We will try our best though.

Q. What are your COVID procedures?

A. Please take a look at the **REGISTRATION** page of our website. This gives you all of the ins and outs of our world over the last year, what all of our protocol are, and what to expect. Everything changes day to day, but please expect that your child will have to wear a mask.

Q. What does a typical day of camp look like?

A. A typical day at day starts off with a warm up and stretch and a welcome activity. We split our campers up into their groups then start our gymnastics rotations. We bring them out to the tables in our lobby for a snack and craft around 10:30 am. We then go back into the gym for some more gymnastics rotations. Lunch is from 12:00 – 12:30. After lunch, we head back into the gym area for more gymnastics, games and activities. A little before 3:00 pm, we gather everyone to get all of their stuff together to get ready to go home. The majority of the day is spent working gymnastics skills on all of the events.

Q. What do they need to wear to camp?

A. Attire is something comfortable that they can easily move around in. We recommend leotards, tank tops, tee shirts, yoga pants, sweat pants, soft shorts. Please no buttons or zippers. All long hair must be tied back. Everyone goes into the gym area barefoot for the best traction.

Q. What do they need to bring to camp?

A. All campers need to bring a lunch with a few snacks and a refillable water bottle. We have a water system in our locker room that they can use to refill their water bottle as needed. We recommend packing an extra set of clothing, just in case. We also recommend packing multiple masks. Other than that, please pack light. Campers should not bring electronics or anything that can be broken or stolen.

Q. Do you have food restrictions?

A. No. We can make arrangements at snack and lunch time to make sure that any allergies are addressed. Students wash hands and hand sanitize before and after eating.

Q. Do you have themes to your camp weeks?

A. Yes! Our themes are different and exciting each week. All activities, crafts, music, decorations each week correlate to the theme!

Q. Do you take/post pictures/videos of the campers?

A. We do try to take a few of each every week. We make sure that we have permission to post anything before doing so. Permission is given on your initial release forms. Keep an eye out on our social media for everything!

Q. Do you go outside?

A. No. If we ever decided to do any outdoor activities, you would be made aware well ahead of time so you could prepare.

Q. Do you have a lost and found?

A. Yes. We have a lost and found in our locker room. We do not keep hair accessories or under garments. We also only keep items in the lost and found for a few weeks.