

# JUNE 2018



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| CALENDAR MONTH  | JUNE   |
| CALENDAR YEAR   | 2018   |
| 1ST DAY OF WEEK | MONDAY |

| Monday  | Tuesday                | Wednesday   | Thursday            | Friday  | Saturday | Sunday |
|---|------------------------|---|---------------------|---|----------|--------|
| 28  | 29                     | 30  | 31                  | 1   | 2        | 3      |
| No Workouts   | No Workouts            | No Workouts   | No Workouts         | FCA Captain's Camp                                    | OFF      | OFF    |
| 4   | 5                      | 6   | 7                   | 8   | 9        | 10     |
| Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | Conditioning/OTA<br>#1 | Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | Conditioning OTA #2 | Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | OFF      | OFF    |
| 11  | 12                     | 13  | 14                  | 15  | 16       | 17     |
| Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | Conditioning OTA #3    | Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | Conditioning OTA #4 | Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | OFF      | OFF    |
| 18  | 19                     | 20  | 21                  | 22  | 23       | 24     |
| Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | Conditioning OTA #5    | Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | Conditioning OTA #6 | Workouts Group #1<br>7:30-8:45 Group #2<br>8:45-10:00 | OFF      | TSSAA  |
| 25  | 26                     | 27  | 28                  | 29  | 30       | 1      |
| DEAD  | PERIOD                 | No Workouts   | TSSAA               | DEAD  |          |        |
| 2   | 3                      | Notes   |                     |   |          |        |

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