

Winter Technical Session

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<u>Fundamentals of vapor retarders, air barriers</u> <u>and attic ventilation</u>



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Some fundamentals

Phases of moisture

- Gas phase -- moisture vapor
 - Above 212 F
- Liquid phase -- water
 - 32 F to 212 F
- Solid phase -- frost or ice
 - Below 32 F



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Humidity

The amount of water vapor in the air.

Relative humidity

Relative humidity is defined as the ratio of the partial pressure of water vapor in a parcel of air to the saturated vapor pressure of water vapor at a prescribed temperature.

Dew point

Condensation temperature

The temperature at which the air can now longer hold all of its water vapor, and some of the water vapor must condense into liquid water.

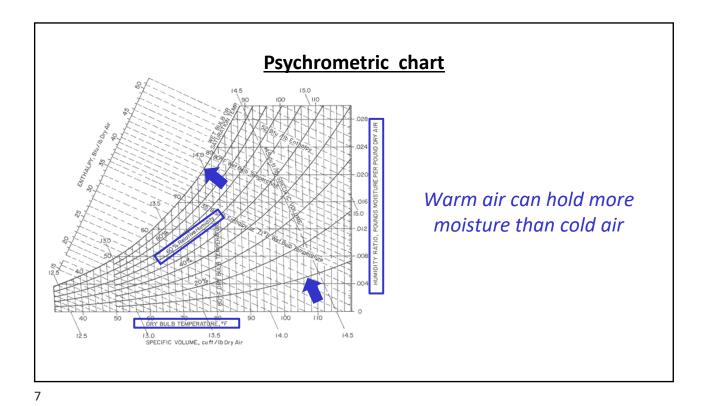
At 100% relative humidity, the dew point temperature and real temperature are the same, and condensation begins to form.

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Psychrometrics

The field of engineering concerned with the determination of physical and thermodynamic properties of gas-vapor mixtures.

Derived from the Greek *psuchron* meaning "cold" and *metron* meaning "means of measurement".



Thermodynamics

In physics, the study of energy conversion between heat and mechanical work, and subsequently the macroscopic variables such as temperature, volume and pressure.

Derived from the Greek *therme* meaning "heat" and *dynamis* meaning "power".

First law of thermodynamics

Energy can be transformed (changed from one form to another), but cannot be created or destroyed.

Law of conservation of energy

 $Solid \rightarrow Liquid \rightarrow Gas \rightarrow Liquid \rightarrow Solid...$

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Second law of thermodynamics

The entropy of an isolated system which is not in equilibrium will tend to increase over time, approaching a maximum value at equilibrium.

 $Heat \rightarrow Cold$

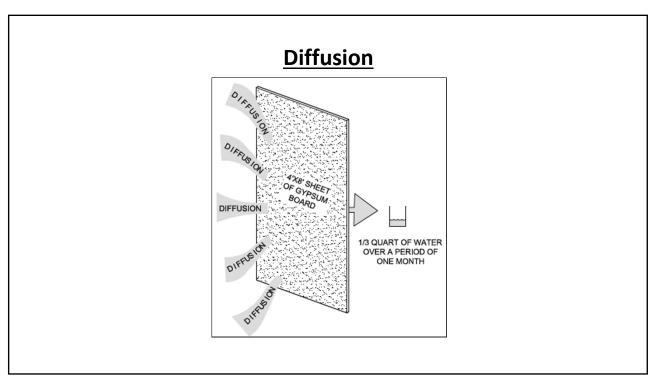
A practical application...



Is the glass "leaking"?

No... but we are studying thermodynamics

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Diffusion terminology

Permeability: the time rate of vapor transmission through a flat material of a unit thickness induced by vapor pressure difference between two specific surfaces under specified temperature and humidity.

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Diffusion terminology

Permeability: the time rate of vapor transmission through a flat material of a <u>unit thickness</u> induced by vapor pressure difference between two specific surfaces under specified temperature and humidity.

Expressed as "perm-inch" units

Diffusion terminology

Permeance: the time rate of vapor transmission through a flat material or construction assembly induced by vapor pressure difference between two specific surfaces under specified temperature and humidity.

Expressed as "perm" units

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Material ³	_	
	<u>Permeance</u>	Permeability
	(perm) ¹	(perm•Inch)1
Construction materials:		
Concrete (1:2:4 mix)		3.2
Brick masonry (4 inches thick)	0.8	
Concrete block (8 inches thick, cored)	2.4	
Plaster on metal lath (3/4 of an inch thick)	15	
Plaster on wood lath	11	
Gypsum wall board (3/4 of an inch thick, plain)	50	
Hardboard (1/8 of an inch thick, standard)	11	
Built-up roof membrane (hot applied)	0.0	
Plywood (1/4 of an inch thick, Douglas fir, exterior glue)	0.7	
Plywood (1/4 of an inch thick, Douglas fir, interior glue)	1.9	
Thermal insulation materials:		
Air (still)		120
Cellular glass		0
Expanded polystyrene		2.0-5.8
Extruded polystyrene		1.2 116
Mineral wool (unprotected) Polyisocyanurate ⁴		116
	2.77-4.49	
Unfaced	-	
Foil-faced	.03	
Glass fiber-faced	<1.0	
Plastic and metal foils and films:		
Aluminum foil (0.001 inches thick)	0.0	
Polyethylene (0.004 inches thick)	0.08	
Polyethylene (0.006 inches thick)	0.06	
Building paper, felts, roofing papers:		
Saturated and coated roll roofing (65 lbs./100 ft.2)	0.05	
Kraft paper and asphalt laminated, reinforced (6.8 lbs./100 ft.2)	0.3	
15-lb. asphalt felt	1.0	
15-lb. tar felt	4.0	
Asphalt (2 oz./ft.2)	0.5	
Asphalt (3.5 oz./ft.2)	0.1	
Self-adhering polymer-modified bitumen membrane (0.040 inches thick)	0.12	
Roof membranes		
Built-up roofing	<0.1	
Polymer-modified bitumen	<0.1	
EPDM	<0.1	
Thermoplastic	<0.1	
214 The NRCA Roofing Manual: Architectural Metal Flashing and Condensation Condensation and Air Leakage Control Chapter 1—Fundamentals of Condensation Condensation Condensation Condensation Condensation Condensation Co	n and Air Leakage Contr ondensation and Air Le	ol—2022 akage Control

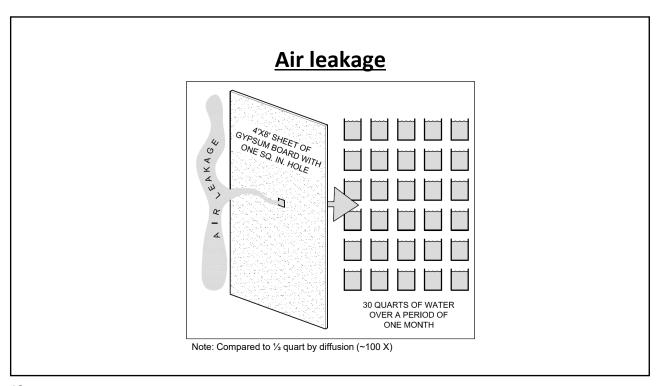
Vapor retarders

Classification	<u>Permeance</u>		
Class I vapor retarder	0.1 per or less		
Class II vapor retarder	1.0 perm or less, and greater than 0.1 perm		
Class III vapor retarder	10 perm or less, and greater than 1.0 perm		
Permeance determined according to ASTM E96, Test Method A (desiccant method or dry cup method)			

NRCA recommends effective vapor retarders have perm-ratings of 0.5 or less

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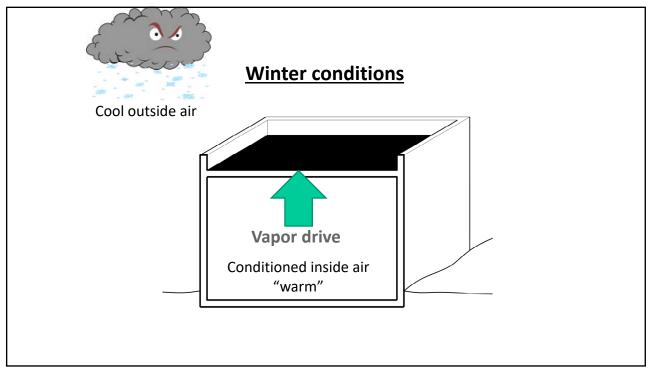
Continuity is critical.

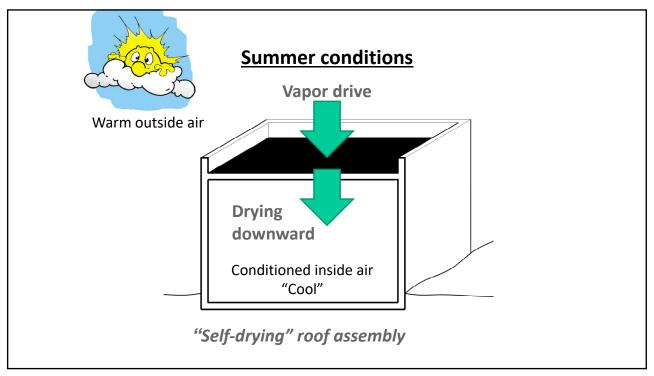


Air leakage, not vapor diffusion, can and does cause most of the moisture problems building envelopes suffer.

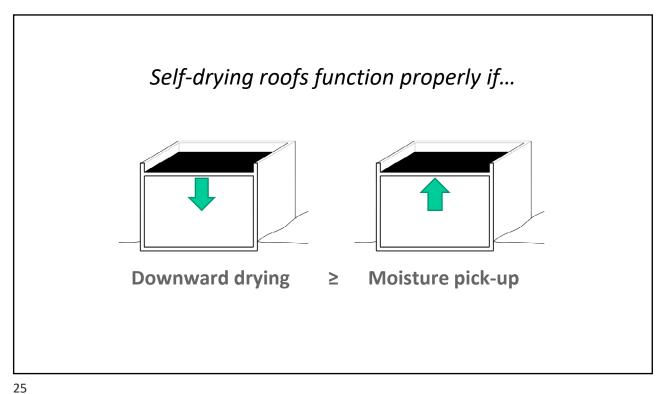
Now, pulling all these principles and fundamentals together into a roofing-specific example....

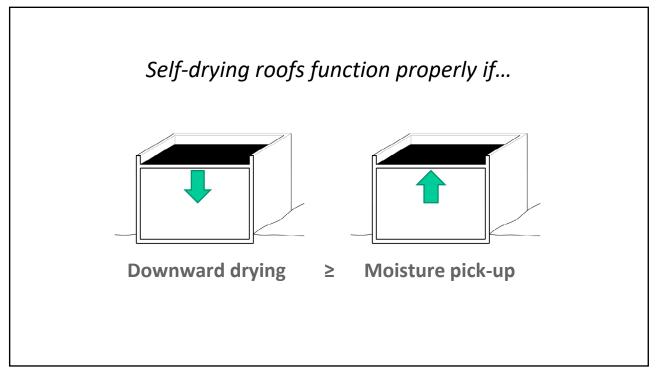
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Historically, most roof systems have effectively performed as "self-drying roofs"...



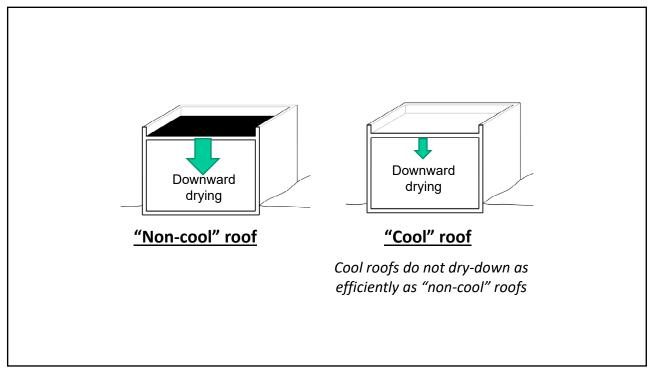


Unintended consequences

Unintended consequences are outcomes that are not the results originally intended by a particular action.

The unintended results may be foreseen or unforeseen, but they should be the logical or likely results of the action

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NRCA's recommendations specific to "cool" roofs

- Adhered roof covering (membrane)
- 2 or more layers of insulation
- Off-set board joints on insulation

--or--

- Don't rely on the "self-drying" concept:
 - Consider providing for a properly-placed vapor retarder

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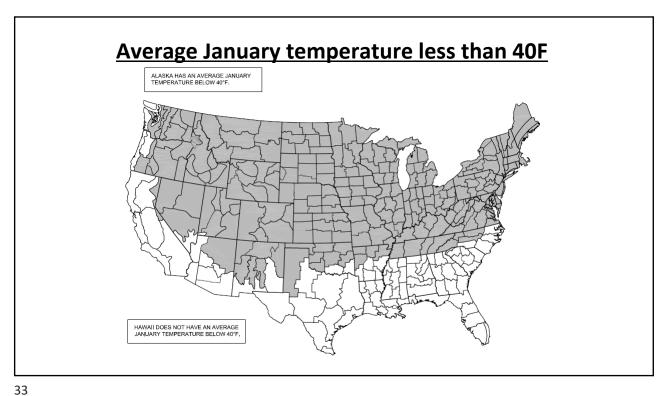
Vapor retarders



Vapor retarders should be considered

NRCA guidelines -- Low-slope roof assemblies

- Climate Zones 6A, 7 or 8
- High interior humidity occupancies (swimming pools)
- Coldest month < 40 F, interior RH ≥ 45%
 - US Army CRREL method enhancement
- Where there is a vapor retarder in the wall assembly



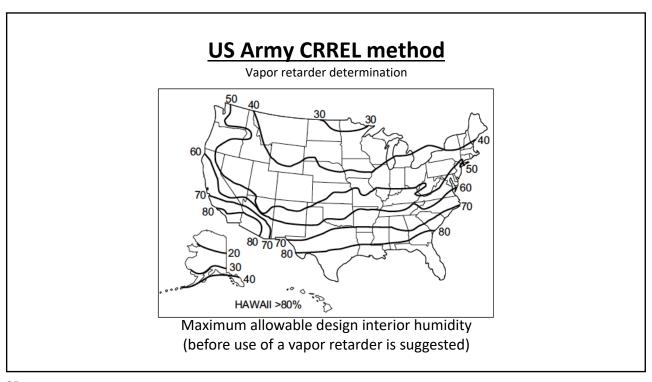
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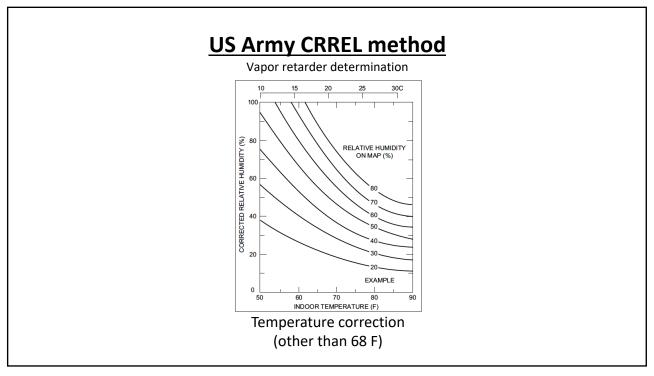
US Army CRREL method

Vapor retarder determination (CRREL: Cold Regions Research and Engineering Laboratory)

Enhances the "Coldest month < 40 F, interior RH ≥ 45%" guideline:

- Applies to adhered roof coverings (only)
- Provides interior RH thresholds for throughout the U.S. (68 F design interior temperature)
- Provides RH threshold corrections for design interior temperatures other than 68 F



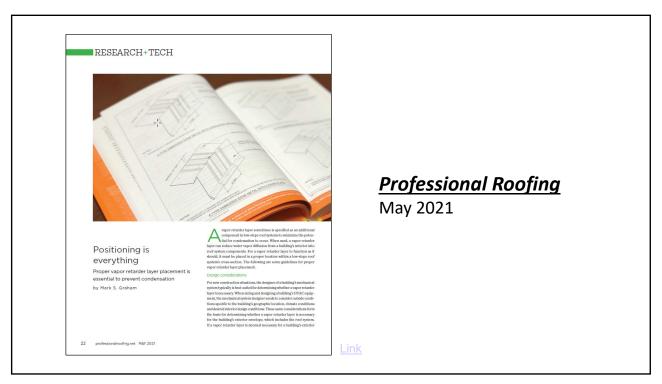


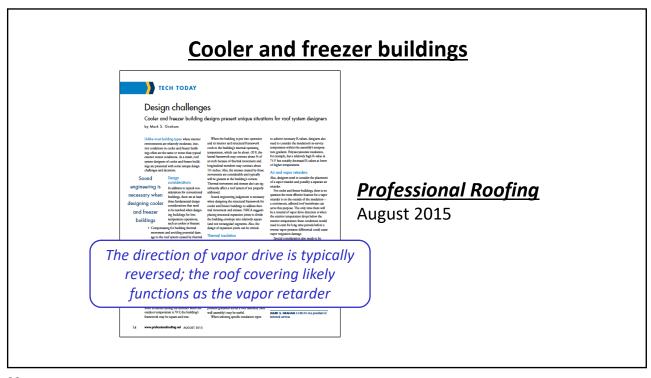
Vapor retarder fundamentals

- Evaluate the dew point temperature during winter design conditions (in North America)
- To prevent the formation of condensation on the interior side of a vapor retarder, the temperature at the vapor retarder level must be warmer than the dew point temperature.

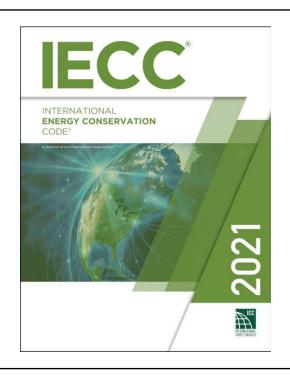
Position the vapor retarder as close to the "warm side" as possible.

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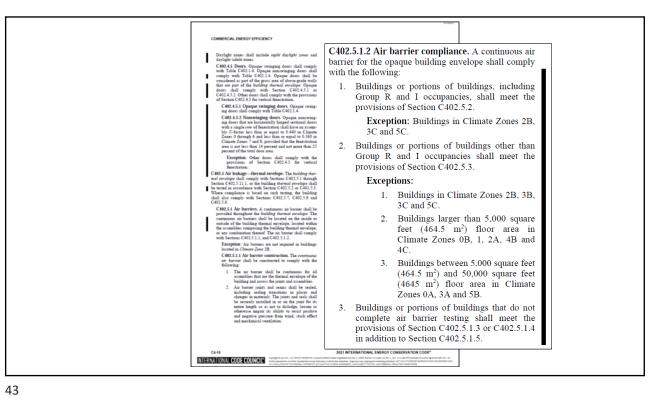
Air retarders

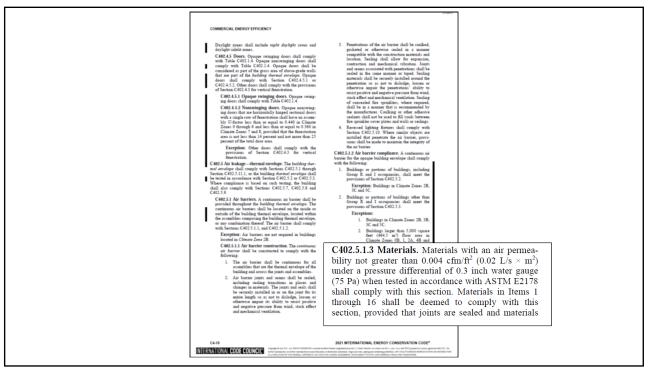


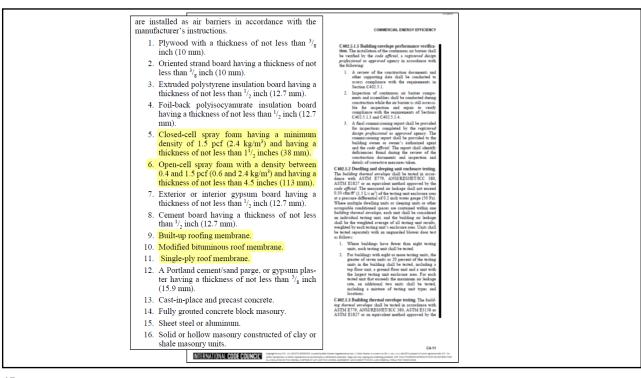
The Energy Code dictates minimum air retarder requirements

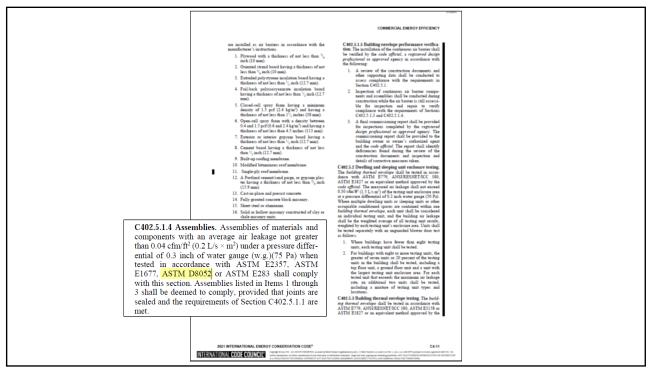
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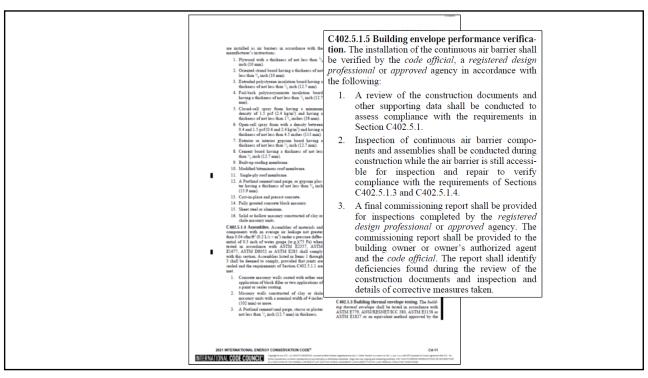
IECC 2021 Commercial – Air Retarders C402.5 Air leakage—thermal envelope. The building thermal envelope shall comply with Sections C402.5.1 through Section C402.5.11.1, or the building thermal envelope shall be tested in accordance with Section C402.5.2 or C402.5.3. Where compliance is based on such testing, the building shall also comply with Sections C402.5.7, C402.5.8 and C402.5.9. C402.5.1 Air barriers. A continuous air barrier shall be provided throughout the building thermal envelope. The continuous air barriers shall be located on the inside or outside of the building thermal envelope, located within the assemblies composing the building thermal envelope, or any combination thereof. The air barrier shall comply with Sections C402.5.1.1, and C402.5.1.2. Exception: Air barriers are not required in buildings located in Climate Zone 2B. INTERNATIONAL CODE COUNCIL



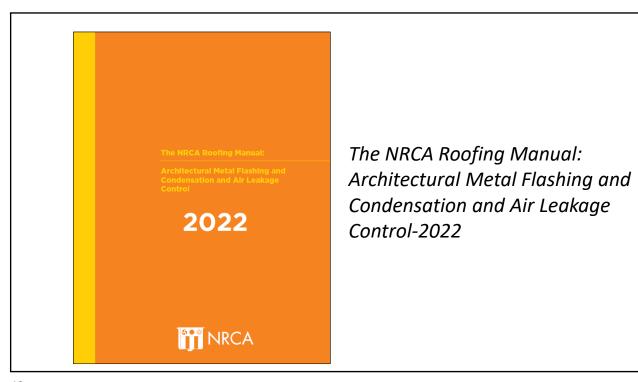


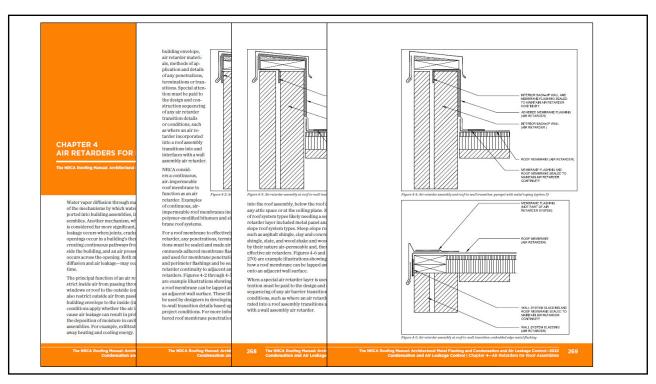


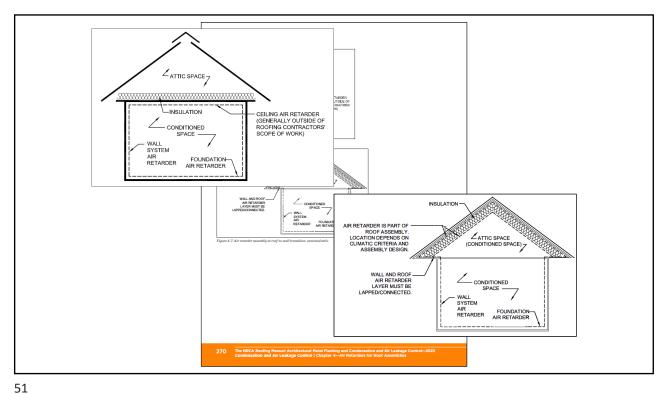


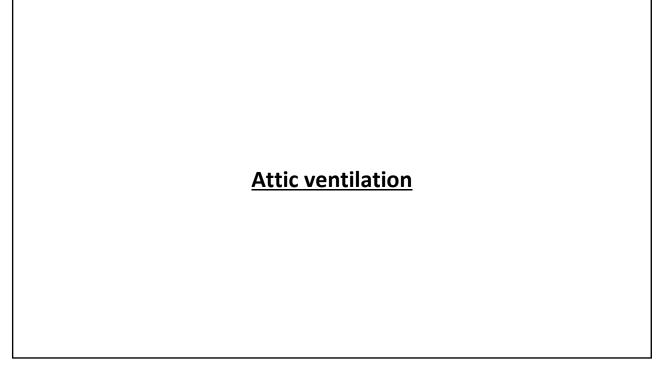


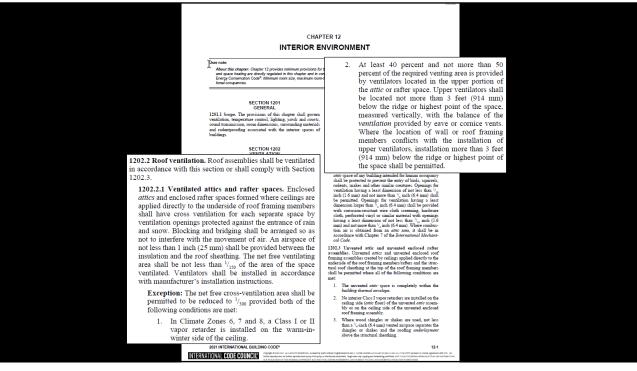
Roof system manufacturers should be providing air retarder information, including construction details specific to their products functioning as an air retarder.







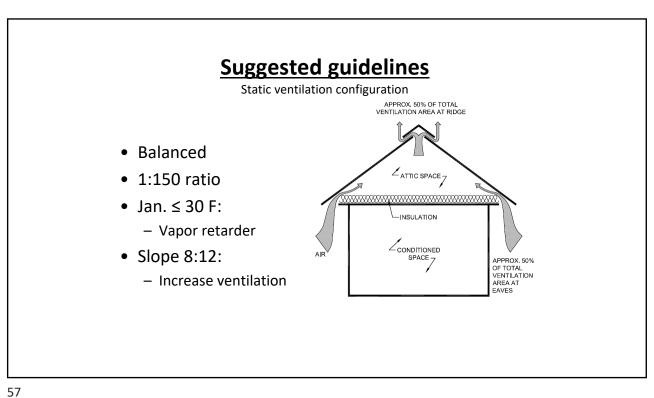




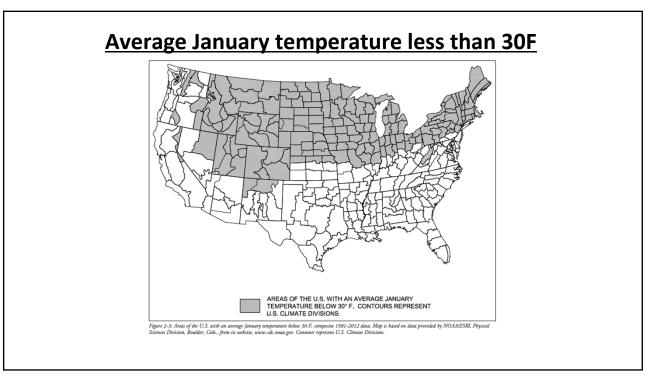
Research has shown there is little or no technical basis for these historic attic ventilation guidelines

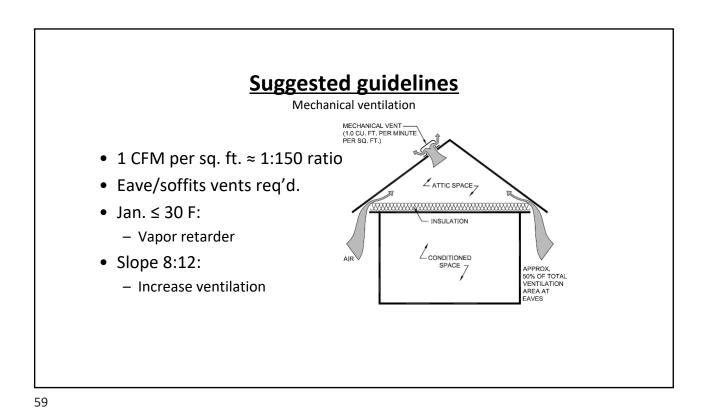






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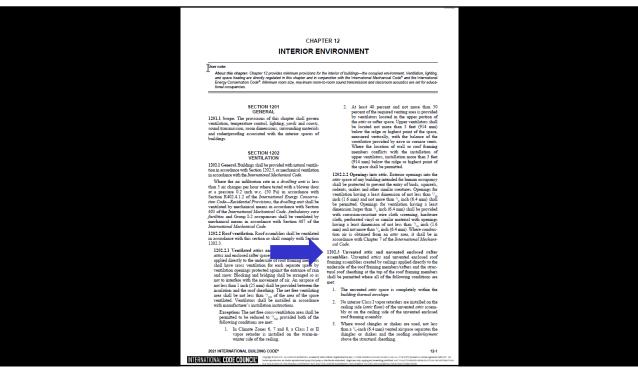




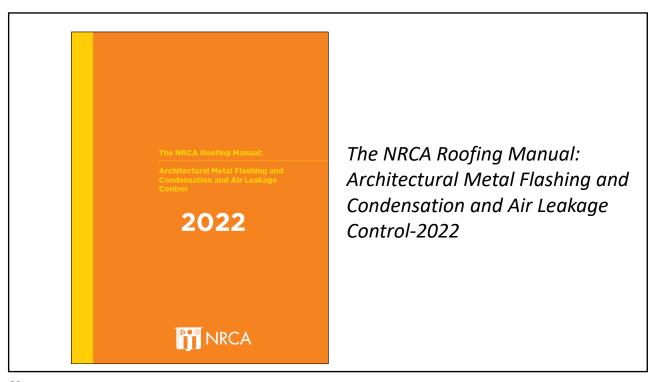
An alternative: Unvented, conditioned attic

ATTIC SPACE (CONDITIONED SPACE)

CONDITIONED SPACE 7



The conditioned, unvented attic is considered a viable alternative to attic ventilation





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