

2018 Junior Sailing Program Checklist

- Lifejacket (please put name on life jacket with permanent marker)***
- Shoes, sandals, or water shoes***
- Sunscreen***
- Bathing Suit and Towel***
- Change of Clothes, Sweatshirt, Jacket, Hat***
- Liquids; bottled water, juice Etc. (please supply enough for the day so your child does not become dehydrated)***
- Snack***
- Medications – If needed, bring daily & give to the instructor for storage. Place it in a Ziploc bag with child's name on it & include instructions on how to administer it.***