



5602 Arsenal St.  
St. Louis, MO 63139

HOURS: 9am-3pm Monday-Wednesday-Friday  
314-645-3477 — FAX: 314-645-3813  
www.stlactivitycenter.com

**PLEASE NOTE: THE CENTER WILL BE CLOSED ON FRIDAY, APRIL 18TH FOR GOOD FRIDAY!**

**POT OF GOLD—DRAWING, MONDAY, MARCH 31ST—APRIL TICKET SALES BEGIN WEDNESDAY, APRIL 2ND—**

On Wednesday, April 2nd, we will start Pot of Gold ticket sales for the drawing on Monday, April 28th! See Alice Jennings to purchase tickets. COST: 1 ticket = \$1.00; 6 tickets = \$5.00. You need not be present to win.

**EXERCISE PROGRAM—Our Exercise Program** is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!

**COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE—**On Mondays after exercise, Alice Jennings will be hosting a Coffee Talk! Come join us as we discuss interesting topics along with coffee & dessert for \$1.00!

**PINOCHLE PLAYERS—MONDAYS @ 9:00AM—**On Mondays at 9:00am, a group gets together at the Center to play Pinochle! If you would like to play Pinochle, you are welcome to join them!

**POLISH RUMMY—FRIDAY, APRIL 4TH, AT 10:00AM—**On Friday, April 4th, at 10:00am, a group will be playing Polish Rummy at the Center! They will be playing the first Friday of the month ongoing. If you would like to join them, come on in!

**BIRTHDAY CELEBRATION—WEDNESDAY, APRIL 9TH, AT 10:45AM—**On Wednesday, April 9th, we will celebrate our April birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

**RIVER CITY CASINO—WEDNESDAY, APRIL 9TH—**On Wednesday, April 9th, we will be going to River City Casino! **We will depart from the Center at 10:00am. COST: \$8.00 for transportation.** Come join us for a good time!

**BOWLING AT SHREWSBURY LANES—FRIDAY, APRIL 11TH, AT 11:30AM—**On Friday, April 11th, we will be bowling at Shrewsbury Lanes! COST: \$12.00/Members, \$17.00/Non Members, includes shoes, bowling, & transportation

**BOOK CLUB—MONDAY, APRIL 14TH, AT 10:45AM—**Our Book Club is reading “On Mystic Lake” by Kristin Hannah. The Book Club will meet on Monday, April 14th at 10:45am to discuss this book. Come and join them!

**EASTER LUNCH—WEDNESDAY, APRIL 16TH, AT 11:30AM—**On Wednesday, April 16th, we will have an Easter lunch with ham, potato salad, coleslaw, baked beans and a dessert at the Center. COST: \$10 for members and \$15 for Non-Members.

**SHELDON COFFEE CONCERT—THE BOSMAN TWINS, WEDNESDAY, APRIL 16TH—**Born in St. Louis, Dwayne & Dwight Bosman started performing professionally as The Bosman Twins at age 14. Their unique style & renditions of jazz, rhythm & blues, funk & gospel have earned them national & international acclaim. **COST: \$30.00** (incl. transportation, coffee, doughnuts, & the show). **Must have made reservation & payment by Wednesday, April 2nd! We will depart from the Center at 8:30am** so you can enjoy coffee & doughnuts before the show!

**ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, APRIL 16TH, 10:30-11:45AM—**The St. Louis Public Library will be at the Center on Wednesday, April 16th, from 10:30-11:45am. Visit their table to see what they have to offer you!

**BINGO—THURSDAY, APRIL 17TH, 10:30AM—**On Thursday, April 17th, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

**HORSE HOOKY TUESDAYS @ FAIRMOUNT PARK IS BACK!—TUESDAY, APRIL 22ND & 29TH—**Join us as we go to Fairmount Park for horse racing! Cost for transportation: \$10 Members; \$15 NonMembers. You are on your own for admission, food, etc. **Please sign up at the front desk and pay by Monday, April 21st & 28th. We will depart the Center at 11:30am.**

**DIGITAL LITERACY SESSION WISARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, APRIL 23RD, 10:30-11:30AM—**Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!

**SALVAGE YARD BAR & GRILL—WEDNESDAY, APRIL 23RD, AT 11:30AM—**On Wednesday, April 23rd, we will be going to the Salvage Yard Bar & Grill for lunch. COST: \$8.00 for transportation. Lunch is on your own. Please sign up at the front desk.

**TOUR CHOCOLATE, CHOCOLATE, CHOCOLATE. Friday April 23rd** 11:00 Join us for a tour of the Chocolate, Chocolate, Chocolate Company. \$8.00 Only 15 spots available!



**CRAFTING WITH SUE—MONDAY, APRIL 28TH, AT 10:45AM—**Sue Molz will be having her Craft Class on Monday, April 28th, at 10:45am. Come join Sue and make something decorative for your home!

**TOWN HALL MEETING —WEDNESDAY, APRIL 30TH, AT 11:00AM—**On Wednesday, April 30th, at 11:00am, we will be holding a Town Hall Meeting at the Center!

**TRANSPORTATION SERVICES** are available for lunch & activities at the Center, medical appointments, business, essential shopping (5 bag limit), recreation, etc. **PLEASE NOTE: DUE TO INCREASED FUEL COSTS, SUGGESTED BUS DONATIONS HAVE CHANGED TO \$8.00 ROUND TRIP FOR ALL TRIPS. TRANSPORTATION TO ST. LOUIS COUNTY**

# St. Louis Activity Center Calendar

April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>7</b> 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch</p>	<p><b>1</b> TRANSPORTATION AVAILABLE</p>	<p><b>2</b> DEADLINE FOR SHELDON Pot of Gold Sales Begin 10:00am Exercise 11:30am Lunch</p>	<p><b>3</b> TRANSPORTATION AVAILABLE</p>	<p><b>4</b> 10:00am Exercise 10:00 Polish Rummy 11:30am Lunch</p>
<p><b>14</b> 9:00am Pinochle 10:00am Exercise 10:45am Book Club</p>	<p><b>8</b> TRANSPORTATION AVAILABLE</p>	<p><b>9</b> 10:00am Exercise 10:00am River City Casino 10:45am Birthday Cake 11:30am Lunch</p>	<p><b>10</b> TRANSPORTATION AVAILABLE</p>	<p><b>11</b> 10:00am Exercise 11:30am Lunch 11:30am Bowling</p>
<p><b>21</b> 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch</p>	<p><b>15</b> TRANSPORTATION AVAILABLE</p>	<p><b>16</b> 8:30am Sheldon Coffee Concert 10:00am Exercise 10:30-11:45am St. Louis Public Library 11:30am Easter Lunch</p>	<p><b>17</b> 10:30am BINGO 11:30am Lunch 12:00pm BINGO</p>	<p><b>18</b>  GOOD FRIDAY <b>HOLIDAY</b></p>
<p><b>28</b> Pot of Gold Drawing 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 10:45am Crafting w/Sue 11:30am Lunch</p>	<p><b>22</b> 11:30am HORSE HOOKY <u>TUESDAY</u> NO OTHER ACTIVITIES NO OTHER TRANSPORTATION AVAILABLE</p>	<p><b>23</b> 10:00am Exercise 10:30-11:30am Digital Literacy w/Sarah-St. Louis Public Library 11:30am Salvage Yard Bar &amp; Grill/Lunch 11:30am Lunch</p>	<p><b>24</b> TRANSPORTATION AVAILABLE</p>	<p><b>25</b> 10:00am Exercise 11:30am Lunch 11:00 Tour Chocolate, Chocolate, Chocolate.</p>
	<p><b>29</b> 11:30am HORSE HOOKY <u>TUESDAY</u> NO OTHER ACTIVITIES NO OTHER TRANSPORTATION AVAILABLE</p>	<p><b>30</b> 10:00am Exercise 11:00am Town Hall Meeting 11:30am Lunch</p>	