



# Multi-Vitamin Complex

Enhanced Absorption and Bioavailability



## Dietary Supplement

Professional Use Only

### 60 Vegetarian Capsules

## Supplement Facts

Serving Size 1 Capsule • Servings Per Container 60

Amount Per Capsule	% Daily Value	
Vitamin A (50% (750 mcg RAE) as natural carotenes (beta-carotene, alpha-carotene and beta-cytophanthin) from <i>D. salina</i> and 50% (750 mcg RAE) as vitamin A acetate)	1,500 mcg RAE	167%
Vitamin C (as L-ascorbic acid and calcium ascorbate)	120 mg	133%
Vitamin D <sub>3</sub> (as cholecalciferol)	5 mcg	25%
Vitamin E (as <i>all rac</i> -alpha tocopheryl acetate)	13.5 mg	90%
Thiamine (as thiamine HCl)	4.5 mg	375%
Riboflavin	5.1 mg	392%
Niacin (as niacinamide)	60 mg	375%
Vitamin B <sub>6</sub> (55% as pyridoxine HCl and 45% as pyridoxal 5'-phosphate)	11 mg	647%
Folate (as Metafolin <sup>®</sup> ‡ L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B <sub>12</sub> (as methylcobalamin)	18 mcg	750%
Biotin	300 mcg	1000%
Pantothenic Acid (as calcium D-pantothenate)	30 mg	600%
Choline (as choline bitartrate)	40 mg	7%
<i>para</i> -Aminobenzoic Acid	50 mg	*
Inositol	40 mg	*

\*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, L-valine, and cellulose.

Distributed by: ADAPTOGEN RESEARCH<sup>®</sup>  
625 Barksdale Road, Ste. 113 • Newark, DE 19711  
Report any adverse reactions to (302) 213-0030

**Suggested Use:** As a dietary supplement, take 1 capsule daily with food or as directed by your healthcare practitioner.

‡Metafolin<sup>®</sup> is a registered trademark of Merck KGaA, Darmstadt, Germany 

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. KEEP OUT OF REACH OF CHILDREN.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

**Notice:** Color, size or shape may appear different between lots.

