Recommended Use: As a dietary supplement, take six capsules per day with meals, or as directed by your health care practitioner (divided dosing recommended).

Warning:Consult your health care practitioner before using this product if you are taking Coumadin, warfarin or other anticoagulant medications.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Notice: Color, size or shape may appear different between lots

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PRE180-PL-3

STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.





Prenatal Supreme



Dietary Supplement Professional Use Only 180 Vegetarian Capsules

Supplement Facts

Serving Size 6 capsules Servings Per Container 30

Amount Per Serving % Dail		y Value	Amount Per Serving	% Da	% Daily Value	
Vitamin A (as Mixed Carotenoids from Palm Tree F	ruit) 5000 IU	100%	Zinc (TRAACS® Zinc Bisglycinate Chelate)	20 mg	133%	
Vitamin C (as Ascorbic Acid)	500 mg	833%	Selenium (as Selenium Glycinate Complex)	200 mcg	286%	
Vitamin D (as Cholecalciferol)	1000 IU	250%	Copper (TRAACS® Copper Glycinate Chelate)	1 mg	50%	
Vitamin E (as d-alpha tocopherol)	40 IU	133%	Manganese	3 mg	150%	
Vitamin K (as Vitamin K1 Phytonadione)	100 mcg	125%	(TRAACS® Manganese Bisglycinate Chelate)		
Thiamin (Vitamin B-1)(as Thiamin HCI)	50 mg	3333%	Chromium	400 mcg	333%	
Riboflavin (Vitamin B-2)	30 mg	1765%	(TRAACS® Chromium Nicotinate Glycinate Chelate)			
Niacin (Vitamin B-3)(as Niacinamide)	30 mg	150%	Molybdenum	100 mcg	133%	
Vitamin B-6 (as Pyridoxine HCI)	50 mg	2500%	(TRAACS® Molybdenum Glycinate Chelate)			
Folate (NatureFolate™ blend)	800 mcg	200%				
Vitamin B-12 (as Methylcobalamin)	500 mcg	8333%	High Gamma Mixed Tocopherols	250 mg	*	
Biotin (as d-Biotin)	300 mcg	100%	(as d-gamma, d-delta, d-alpha, d-beta)			
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%	Choline Dihydrogen Citrate	100 mg	*	
Calcium (as DimaCal® Di-Calcium Malate)	450 mg	45%	Inositol	100 mg	*	
Iron	30 mg	167%	Grape Seed Extract (Vitis vinifera)(seed)	50 mg	*	
(as Ferrochel® Ferrous Bisglycinate Chelate)			[standardized to contain 95% proanthocya			
Iodine (as Potassium Iodide)	200 mcg	133%	Boron (as Bororganic Glycine)	1 mg	*	
Magnesium (as Di-Magnesium Malate)	200 mg	50%	*Daily Value not established			

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, silicon dioxide, vegetable stearate.



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