

OFBCA N.E. REGIONAL / STATE POWERLIFTING FORM

MIAMI HIGH SCHOOL / EL RENO HIGH SCHOOL

SCHOOL: \_\_\_\_\_ COACH: \_\_\_\_\_

SCHOOL CLASSIFICATION: (CIRCLE ONE)

**LARGE SCHOOL** (6A 5A 4A 3A)

**SMALL SCHOOL** (2A A B C)

**123**

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**157**

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**198**

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**275**

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**132**

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**168**

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**220**

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**HWT**

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**145**

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**181**

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**242**

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NOTE: You can ONLY have 3 lifters per weight class and ALL COACHES on the floor must be a 2018/2019 member of the OFBCA.

ATTENTION: Please email and/or FAX this regional roster in by Friday March 1, 2019.

EMAIL: [mlefay@miamips.net](mailto:mlefay@miamips.net) FAX: 918.542.7421 Attn: Zach Gardner

*(If you have athletes trying to make a weight class just bring an extra roster sheet with you in case it doesn't work out. Please write names legibly and make sure they have correct spelling! This will speed up the whole meet process!)*