

## What's Cooking in the Kitchen: For the Week of: July 22—26, 2019

### MONDAY

BREAKFAST: **WARM** Bagels, Freshly Whipped Honey Cream Cheese, Applesauce, Milk

AM SNACK: Juice Break

LUNCH: French Bread Pepperoni Pizza, Caesar Salad, Cantaloupe, Milk

PM SNACK: Vanilla Greek Yogurt, **ORGANIC** Strawberry Quarters, Graham Crackers, Water

### TUESDAY

BREAKFAST: Special K w/Red Berries Cereal, Bananas, Milk

AM SNACK: Juice Break

LUNCH: Grilled Cheese Sandwiches on **WW**, Sun Chips, **ORGANIC** Carrots (Infants through Young Toddlers: Cooked Carrots), Honeydew Melon, Milk

PM SNACK: String Cheese, Wheat Thins (**Infants: Low Sodium Saltines**), Multi-Colored Bell Pepper Strips, Water

### WEDNESDAY

BREAKFAST: French Toast made w/ **WW** Bread and **ORGANIC** Eggs, Syrup on Request, Sausage Patties, **THAWED ORGANIC** Mixed Berries (fr Frozen), Milk

AM SNACK: Juice Break

LUNCH: Crispy Chicken Tenders, BBQ Sauce to Dip, Baked Beans, Watermelon, Milk

PM SNACK: **ORGANIC** Tortilla Chips, Plain Guacamole, Fresh Pear Slices, Water

### THURSDAY

BREAKFAST: Oatmeal w/Hint of Cinnamon, Mango Slices, Milk

AM SNACK: Juice Break

LUNCH: Bacon, Hashbrown & Cheddar Quiche, Cucumber Spears, Ranch to Dip, Kiwi, Milk

PM SNACK: **PLAIN** Hummus, Pita Wedges, Black Olive Slices, Celery Sticks, Water

### FRIDAY

BREAKFAST: **ORGANIC** Hard Boiled Eggs, Griddled English Muffins w/Margarine, Cuties, Milk

AM SNACK: Juice Break

LUNCH: BBQ Pork Sliders on **WW** Rolls, Cole Slaw, Fruit Salad, Milk

PM SNACK: Soft Pretzels, Cheese Sauce, **RED** Apple Slices, Water