



February Training

WHEN: Beginning the first week of February

WHERE: Westwood Sports Center
1900 Westwood Dr, Sterling IL 61081



As a result of Covid restrictions becoming lighter, Westwood opening up, and school sports finally able to start we are going to offer a month long of training and scrimmages to continue on from our fall 2020 Covid season. These training sessions will conclude at the end of February as school volleyball is set to begin in March. We will have one age level 2 hour training session per week and an interclub age level blind draw scrimmage on every Sunday of the month. The scrimmages will include every age level every Sunday. The fee for this month of training will be \$200. This fee will be due at the beginning of the first training session for your athlete. You may send cash or check with your athlete to the first training session or if you are wanting to pay with a card you may do so at the first training session. Any new athletes that did not participate in the 2020 Covid fall season will need to register with the Iowa region to participate in this month-long training. Please check our website for a google form that needs to be completed before the first training session.

Contact: Kelsey Thurman:
kelseypiercenlv@gmail.com

Check out our **Facebook** or visit our **website** for more information: www.nolimitsvolleyball.com

Age Groups:
10u-14u

Tuesdays

Time: 6:30pm-8:30pm

15u-16u

Wednesdays

Time: 6:30pm-8:30pm

17u-18u

Thursdays

Time: 6:30pm-8:30pm

Important Information!

-New athletes that did not participate in our 2020 Covid season will need to register for the Iowa region. Links and information can be found on our website.

-www.nolimitsvolleyball.com
-Unfortunately, spectators still need to stay under 25 total people so we will still have closed practices and will have a sign up system for parents to come and watch Sunday scrimmages again.

-Due to covid-19 we at NLV want to do our very best to protect our athletes and their families. As a result, masks will be required at all times by parents, coaches, and athletes alike.

-Please have the Google Form filled out by Sunday January 31st to be able to attend the training sessions the first week of February.