



NEW! 2020 Women's Walk Elkhart Lake, WI September 10 – 13th

Home of historic ROAD AMERICA!

I think Elkhart Lake, Wisconsin is an unknown treasure! Small-town beauty with a great historic past of racing! Cute shops, close small towns to investigate...

What's in store for this year? Elkhart Lake has a Lake Geneva vibe to it with a wonderful 5-mile walk around the lake. It is a well-marked trail around the lake, homes to look at, quirky paths to follow, fun signage to mark the way!

Also, on the agenda – **WALKING!** Take advantage of the Kettle Moraine Forest to hike! I want to make sure we really get out and **MOVE!**

****Horseback riding is on the agenda if we can get at least 10 people!**

ROAD AMERICA

Have I got an adventure for you!!!

Half-day Adventure Program with off-road driving and geocaching, Go-cart track and more! Access to Road America and probably see the cars on the historic 4-mile track as we will be right on the grounds. Refreshments provided while at the site! Road America has acres of trails to hike if we have time.

What else is on the agenda?

Walking.... Of course!

Elkhart Lake – Every Saturday is a Farmer's Market and a Fall Fest is scheduled for the weekend we will be there. Great food choices; brewing company or gelato?

Sheboygan Falls – One of my favorite stores!! – **Evans!** A combination Ben Franklin, Toys'R Us, gift shop! Or Bemis Bath Shoppe, Magpie Cottage... If you miss Door County you will get the same vibe! Maybe a stop in Plymouth also.

COST: \$450.00 Deposit of \$100 due by March 15th, 2020. Final deposit due by August 1, 2020. Cost as always covers transportation, meals. Road America Adventure and lodging!
Plan to leave Thursday, Sept 10th by 9:00am. Pick-up spots will be determined. This is a shorter trip so we should be at our destination by noon at the latest! Come home Sunday late morning.
Any questions please contact Connie Udell at SOL Fitness and Personal Training at 608-302-7088 or cjudell@hotmail.com.