

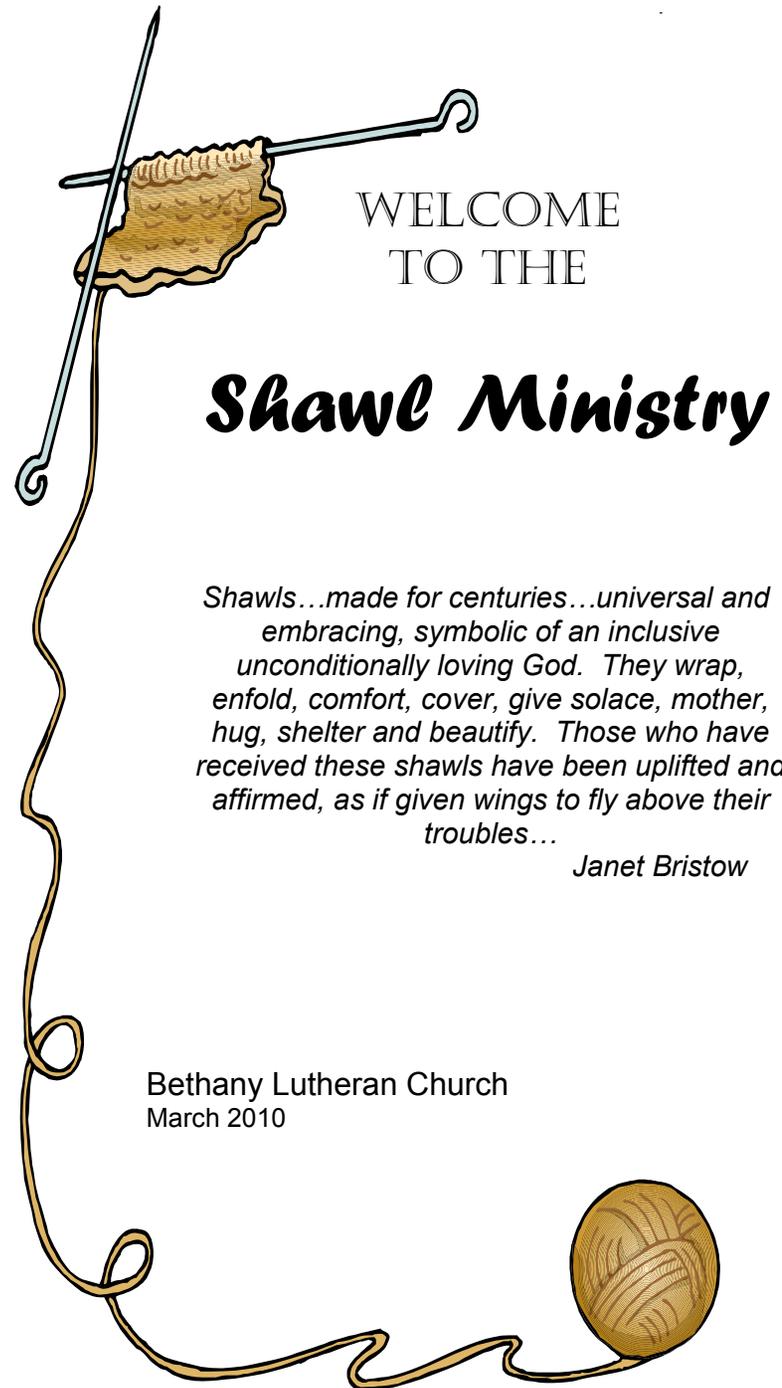
- Peach** – innocence, empathy, harmony, warmth, peace
- Yellow** – wisdom, learning, optimism, intuition, faith, well-being, friendship, energizing, happiness, sociability
- Green** – earth, healing, prosperity, fertility, clarity, sympathy, hope, renewal, health, balance, confidence, abundance, growth, life; this color is mentally and physically relaxing
- Aqua** – courage, balance, harmony, stability, soothing
- Turquoise** – happy, relaxing, refreshing, rejuvenating
- Blue** – water, healing, meditation, tranquility, honesty, loyalty, communication, peace, sincerity, wisdom, spirituality, faith, self-esteem, universal color, cool and calming
- Teal** – trustworthy, devotion
- Indigo** – wisdom, insight, instinct, integration, integrity, spiritual nature
- Violet** – Spirit, spirituality, intuition, truth, memory, nostalgia, humility, comfort during grief or mourning, peaceful
- Purple** – power, leadership, royalty, truth, justice, temperance, spirituality, wisdom
- Brown** – wholesome, honesty, steadfastness, simplicity, friendliness, dependability, down-to-earth, stability
- Beige** – optimism, simplicity, calming
- Black** – self confidence, strength, protection, absorbs negativity, mature wisdom
- White** – Spirit, innocence, protection, peace, purity, virtue, gentleness, perfection, illumination, reverence, humility
- Gold** – masculine energy, enlightenment
- Gray** – strength, balance, reliable

Credits

For more information about the Prayer Shawl Ministry at Bethany Lutheran Church, please contact Joan Borg at 766-9792.
 For more information about this global ministry, its headquarters, its history and founders, go to www.shawlministry.com

Books you may find interesting:

The Prayer Shawl Companion by Janet Bristow and Victoria A. Cole-Galo
Annie's Attic-Prayer Shawls
The Prayer Shawl Ministry by Lion Brand Yarn



WELCOME
TO THE

Shawl Ministry

Shawls...made for centuries...universal and embracing, symbolic of an inclusive unconditionally loving God. They wrap, enfold, comfort, cover, give solace, mother, hug, shelter and beautify. Those who have received these shawls have been uplifted and affirmed, as if given wings to fly above their troubles...

Janet Bristow

Bethany Lutheran Church
March 2010

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Closing Prayers

Loving God, as we gaze upon this holy work within our group, may our hearts be filled by what we see. May we behold you in the steady flow of yarn to needle the growing length of the shawls, the many colors and textures here before us. Amen.

Generous God, thank you for bringing us together in this ministry. We thank you for the gift of knitting/crocheting and the gift of prayer. Amen.

Compassionate God, we ask you to bless all the people for whom these shawls are being made. May the shawls be a reminder of Your presence in their lives, and fill them with Your love, Your light, hope and joy. We thank you God for this time together. Amen.

Color Chart

This is a basic list of colors and some of the attributes associated with them. It might be helpful to use it as a guideline when you are selecting a color for a particular person for who you are knitting a Prayer Shawl.

- Red** – love, passion, respect, energy, enthusiasm, courage, understanding, motivation, strength, warmth, vigor
- Maroon** – bravery, strength
- Magenta** – spirituality, meditation, imagination, release, new beginnings
- Pink** – friendship, compassion, sensitivity, generosity, warm-heartedness, nurturing, soothing, admiration, gratitude, appreciation
- Orange** – thoughtfulness, vitality, attraction, creativity, energy, enthusiasm, warmth

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Row 7-61: Repeat rows 2-6 consecutively 11 times

Row 62-64: Repeat rows 2-4 at end of last row, fasten off

Pattern notes for Peace Shawl:

*Chain 2 at the beginning of row or round counts as first half double crochet unless otherwise noted.

**Chain 5 at the beginning of row or round counts as first treble crochet and chain 1 unless otherwise stated.

Prayers of Gathering

We give thanks for Your abiding presence and our shared joy that you are our God and we are Your people. We give you thanks for the shawls we create. We give you thanks for each other...for those here and those who could not be here. We give thanks for all those for whom we knit. Amen.

Bless, O God, our time together. Bless our hearts so that they may be filled with your Spirit. Bless our hands that they might be touched by Your creative power. Bless our knitting both as a group and at home on our own. May the shawls we make be a reminder for those who receive them that our community cares for them and that Your love for them is unending. Amen.

As we gather for this time of knitting and crocheting together:
May Your spirit of comfort ease the burden of the day,
May Your spirit of peace descend upon us.
May Your spirit of love open our listening hearts,
May Your spirit of wisdom guide the work of our hands,
May we be filled with a spirit of gratitude for this time together.
Amen.

Welcome to the Prayer Shawl Ministry

Are you looking for a ministry of prayer and care for others? The Prayer Shawl Ministry may be a way for you, your church, or your community to reach out with love and care to others who are hurting or who may need a special blessing. Hundreds of people from churches and in communities around the world are using the patterns for making prayer shawls.

God has inspired many, many people for many generations to serve the Lord through prayer using blankets and shawls in diverse ways. How great is our God to lead and guide so many people over so many years to create handmade gifts using different materials, praying similar and diverse prayers, and for many different ministry uses.

Prayer and knitting has been combined for the ministry of others in the United States for many years. For more than 10 years, hospice patients, the elderly and other worldwide that needed a special blessing have been given knitted and crocheted gifts. This ministry strives to bring God's love through the comfort and warmth of handmade items.

The purpose of a prayer shawl ministry at Bethany Lutheran is to offer a symbol of God's love and comfort through the giving of prayer shawls. The shawl, created with the spirit of God's love, reminds the recipient that God's love is wrapped around them, that He cares and so do we.

About the Prayer Shawl Ministry

In 1998, Janet Bristow and Victoria Galo, two graduates of the 1997 Women's Leadership Institute at the Hartford Seminary in Hartford, Connecticut, gave birth to a ministry as a result of their experience in this program of applied Feminist Spirituality under the direction of Pastor Miriam Therese Winter, MMS. Care and the love of knitting have been combined into a prayerful ministry that reaches out to those in need of comfort and solace. Many blessings are knitted into every shawl.

As we gather our yarn and needles, we turn to the Lord to guide us as we create these shawls. As we begin to knit we begin to pray for the recipient, asking God to wrap them in His compassionate love. We need to realize that even though we are knitting for an unknown person, the love and prayers that are given during the process are just as powerful and important as they are for those knitted and designated individuals.

It is comforting to find a quiet, cozy spot in your home to begin your shawl, interweaving the yarn with your prayers. Although a lot of the weaving of shawls will be done in your homes, they may go with you as you travel, wait for appointments, and become part of you. Once completed, the shawls will be brought to the Prayer Shawl meeting where a blessing will be made by the group and a prayer for the recipient will be attached as well.

The Prayer Shawl Ministry of Bethany Lutheran Church was started in March of 2010. If you have any questions, contact: Joan Borg at 766-9792.

Crochet Patterns

Original Crocheted Prayer Shawl

Crochet hook H Approximately: 3-4 skeins
Desired length: 50"-60"

Chain 54 stitches or desired width of shawl, 18"-24"
Chain 1, turn, single crochet in each of the stitches to end.
Chain 3, and turn. Double crochet in top of each single crochet.
Repeat this row 2 more times. Chain 1 and do 1 row of single crochet to end. Chain 3 and turn. Do 3 rows of double crochet. Repeat pattern to end (1 row single, 3 rows double). End with 1 row of single. Finish with fringe.

Rectangular Stole

Crochet hook K Approximately: 6 skeins

Chain 72 stitches using crochet hook K.
Row 1: sc in second sc from hook and in each ch across 71 sc
Row 2: Chain 3 (counts as first dc), turn; dc in next sc *ch 1, skip next sc, dc in next 2 sc; repeat from * across: 48 dc and 23 ch—1 sps.
Row 3: ch 1, turn; sc in each dc and in each ch—1 sp across: 71 sc
Repeat rows 2 and 3 until stole measures approximately 66"-72" from beginning ch, ending by working row 3.

Peace Shawl

Hook size K Approximately 6 skeins

Row 1: ch 116, sc in 2nd ch from hook (hdc in next ch, sc in next ch) across, turn (115 sts)
*Row 2: ch 2 (sc in next st, hdc in next st) across, turn
Row 3: ch 1, sc in first st, (hdc in next st, sc in next st) across, turn
Row 4: Repeat row 2
**Row 5: ch 5, skip next st, tr in next st (ch 1, skip next st, tr in next st) across, turn
Row 6: ch 1, sc in first st (hdc in next ch sp, sc in next st) across, turn

(Continued on page 10)

Knitting Patterns

Garden Rows Knit

Size #11 (8) needles

Approximately: 4-5 skeins

Cast on 54 stitches – width between 18” – 24” wide.

Multiple of 3 stitches

Row 1: knit

Row 2: pearl

Row 3: *K1, P2* repeat between *’s to end

Row 4: *K2, P1* repeat between *’s to end

Repeat four rows until desired length of 50” – 60” long. Bind off.

Fringe may or may not be added.

Trinity Pattern

Size # 11 or 13 needles

Approximately: 3-4 skeins

Cast on 57 stitches for size 13 (9) needles, 63 for size 11 (8). The pattern is K3, P3 every row. This means that you will always begin with K3 and end with K3. Any odd multiple of three will work, depending on how wide you want to make it: 57-63-69-75-81 and so on.

Desired length: 50”-60”. Bind off.

Desired width: 20”-24”.

Fringe may or may not be added.

Beginner’s Shawl

Cast on 68 stitches on size #11 needles.

Knit every row until shawl measures 50”-60” in length.

Bind off.

Weaver’s Prayers

Dear Lord, please bless these needles and yarn that I may make a shawl woven in faith and love. May the shawl provide a mantle of comfort and remind the recipient they are not alone; God is with them and they are loved and prayed for. Amen.

Dear Lord, please bless me as I knit/crochet; touch my hands with love, my needles with compassion, and my yarn with kindness. Fill my heart with peace, and my mind with silence. Bless my work that it may pass the knowledge that the recipient is love, cared about and prayed for. Amen.

Dear Lord, bless my hands as I knit/crochet today. May each twist of the yarn guide me to create a pattern of love and comfort in my work and remind me of Your ultimate protection. Wrap me in Your spirit so that I will be more caring toward those in need. Grant me patience as I create this shawl. Bless my handiwork as it travels to bring comfort and peace to someone in need of Your warming embrace. Amen.

Creator God, who leads me to create, take the blessings I have in my hands into this yarn, through these needles, and into this prayer shawl. May these blessings be multiplied by the number of stitches until the receiver can feel Your love and the love from the people of this congregation.

Recipient's Prayers

May this prayer shawl, made for you with love, be a mantle and sign of God's healing presence. May it warm you when you are weary. May it surround you with ease in your suffering. May it encircle you with caring when you are in pain. May it comfort you when you feel alone. May it remind you of God's abiding love. Amen.

Every lovingly crafted stitch contains a special prayer that God will send His peace to you and keep you in His care. As the shawl drapes around your shoulders in morning or at night, know that He is with you always to make your burden light.

This is a prayer shawl, knitted with hymns, woven with prayers, created to soft melodies and peaceful thoughts. In the warmth of the shawl may you feel God's comfort and the spirit of healing, in a time of need through the power of prayer.

May this shawl knitted or crocheted with love and many prayers bless the one receiving it. May that person feel the comfort, healing, peace and love of God the Father, Jesus the Son, and the Holy Spirit knitted or crocheted into every stitch by a loving, praying person. May the warmth it brings and the colors it bears soothe the body, heart, mind and soul of the wearer.

Prayer of Blessing

May God's grace be upon this shawl...warming, comforting, enfolding and embracing. May this mantle be a safe haven... a sacred place of security and well being...sustaining and embracing in good times as well as difficult ones. May the one who receives this shawl be cradled in hope, kept in joy, graced with peace and wrapped in love.

Heavenly Father,

Thank you for helping us complete this shawl. We pray that it will bring comfort, joy and peace to the recipient in good times and in those especially difficult times. May it be a constant reminder that you are always with the recipient and the he/she is loved and cared for. May it warm not only the body, but the heart as well. We ask your blessing on the recipient of this shawl. Amen.