Integral wellbeing is a complementary therapy based on biomagnetic pairs also addressing emotional, spiritual and genetic matters



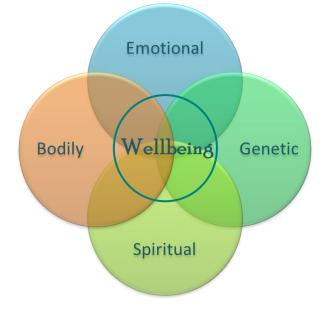
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## Regain your life Achieve Wellness

Integral Wellbeing is a complementary therapy that combines biomagnetic pairs, a form of biomagnetism, kinesiology and energy healing. Taking a holistic approach, it aims to restore health and promote wellness. It does this through the identification and rebalancing of magnetic disturbances in the body in order to heal the body while also identifying and rebalancing emotional, spiritual and genetic issues that might also be part of the illness process. It is a very deep form of healing.

After 30 years in a mainstream health profession, your therapist gained a postgraduate certificate in Biomagnetic Pairs Therapy. She was taught by Dr Isaac Goiz, the discoverer of this form of therapy, at a university in Spain. More recently she has attended an extension course with Marisa Andrade, who developed Integral Wellbeing.



- Few treatments are needed
- Treatments are given while fully clothed
- Permanent magnets may be applied
- Based on empirical research, not on any belief system
- Used alongside prescribed medical and complementary treatments
- Painless therapy with no known side effects
- Sessions take 90 to 120 minutes

## Some conditions that may be treated

- Autoimmune disorders: lupus, fibromyalgia, arthritis
- Fungal and viral: candidiasis, mycoses, herpes
- Nervous system: migraines, chronic fatigue, insomnia
- Skin diseases: psoriasis, atopic dermatitis, acne
- Glandular dysfunctions: thyroid, parathyroid, menopause
- Digestion problems: irritable bowel, gastritis, food intolerances
- Female disorders: painful periods, cysts, fibroids
- Urinary tract conditions: recurrent infections, prostate problems
- **Respiratory diseases:** asthma, bronchitis, laryngitis, sinusitis