



STATEWIDE RESOURCE LIST

NEVADA 2-1-1

A free service that includes information about health and human service programs and resources that are available throughout the state. Access online at nevada211.org, by dialing 2-1-1 or by texting your zip code to 898211. A free mobile app is also available in the Apple App store and Google Play.

MENTAL HEALTH AND COPING

Crisis Support Services of Nevada – 1-800-273-8255; text CARE to 839863 for 24/7 crisis services.

Crisis Text Line – Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis.

Disaster Distress Hotline – Call 1-800-985-5990 or text TalkWithUs to 66746. The Disaster Distress Helpline is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. People with deafness or hearing loss can use their preferred relay service to call 1-800-985-5990.

National Suicide Prevention Lifeline – If you feel you or someone you know may need emotional support, please visit the Lifeline’s website at suicidepreventionlifeline.org for helpful resources or call 1-800-273-TALK (8255). The Lifeline is free, confidential, and available to everyone in the U.S. You do not have to be suicidal to call the Lifeline.

Nevada Health Response – For additional resources, including fact and tip sheets, visit nvhealthresponse.nv.gov/info/coping/

NEVADA STATE EMPLOYEE ASSISTANCE PROGRAM

The State’s Employee Assistance Program (EAP) provides support, resources and information for personal and work issues. Services are confidential and provided at no charge to qualifying employees and their dependents. Services include financial information and resources, legal support and resources, work-life solutions, clinical counseling and critical incident stress management. Visit [hr.nv.gov/StateEmployees/Employee_Assistance_Program\(EAP\)/](http://hr.nv.gov/StateEmployees/Employee_Assistance_Program(EAP)/)

DOMESTIC VIOLENCE

Crisis Support Services of Nevada

800-273-8255

Text CARE to 839863

cssnv.org

To report suspected child abuse or neglect

Clark County Department of Family Services: 702-399-0081

Washoe County Human Services Agency: 775-785-8600

(For all other counties in Nevada) Division of Child and Family Services: 833-803-1183

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP), NEVADA MEDICAID, OR OTHER ASSISTANCE

Nevada Division of Welfare and Supportive Services – Call 800-992-0900 or visit accessnevada.dwss.nv.gov

NEVADA UNEMPLOYMENT INSURANCE

Northern Nevada: 775-684-0350

Southern Nevada: 702-486-0350

Rural areas and out-of-state callers: 888-890-8211

General Question Hotline: 800-603-9671

ui.nv.gov

VETERAN RESOURCES

Carson City Veteran Community Council: carson.org/residents/veterans

Department of Veterans Affairs benefits: va.gov/

Disabled veteran resources: veterans.nv.gov/benefits-and-services/disabled-veteran-resources/

Family member employment assistance: workforwarriorsnv.org/

Legal assistance: veterans.nv.gov/benefits-and-services/legal-assistance-nevada/

Military OneSource: militaryonesource.mil/

Nevada National Guard financial counseling: PFC1.NV.NG@Zeiders.com

Veterans Business Outreach Center: vbocix.org/

Veteran Crisis Line: 1-800-273-8255

Veterans Service Officers: veterans.nv.gov/benefits-and-services/veterans-service-officers/